Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Nov 2, 2026 thru Nov 30, 2026

Menu Name: NORTHFIELD MIDDLE SCHOOL LUNCH **Include Cost:** No

Site:

Use Alternate Menu Name: No

Monday - 11/02/2026 **Reimbursable Meal Total 480**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	450	500	5.25	1015	*0.00	*N/A*	21.50	0.00	82	40.00	4.50	35.50	*N/A*	160.0	0.00	2.86
000567 Veg Medley	1/2 cup	300	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	400	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	200	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.18	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			819	*5.01	*1260	*26.86	*0.00	*26.42	*0.00	*88	98.05	*12.49	*47.67	*139	*510.2	*48.50	*4.30
% of Calories				*5.51%		*13.12 %	*0.00%	*29.0%	*0.0%		47.9%		*23.3%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Tuesday - 11/03/2026 **Reimbursable Meal Total 480**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	450	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	350	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			569	*6.65	*704	*29.80	*0.00	*17.78	*0.00	*41	75.45	*9.01	*30.11	*111	*725.5	*61.27	*3.72
% of Calories				*10.52 %		*20.95 %	*0.00%	*28.1%	*0.0%		53.0%		*21.2%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Wednesday - 11/04/2026 **Reimbursable Meal Total 390**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000637 Taco in a Bag	serving	350	476	*7.25	940	*1.16	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	*N/A*	306.6	2.40	2.24
000699 Assorted Taco Toppings	1/2 cup	350	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	300	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	20	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			854	*7.49	*1403	*24.05	*0.00	*28.75	*0.00	*83	99.37	*16.15	*46.02	*23	*622.2	*41.04	*5.02
% of Calories				*7.89%		*11.26 %	*0.00%	*30.3%	*0.0%		46.5%		*21.6%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Thursday - 11/05/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990206 Chicken Drumstick, WG	piece	250	219	2.99	527	0.00	*N/A*	12.94	0.00	60	5.97	1.00	18.91	*N/A*	*N/A*	*N/A*	*N/A*
001095 Bread,WG dinner roll	roll	100	70	0.00	125	3.00	*N/A*	1.00	0.00	0	14.00	1.00	3.00	*N/A*	20.0	0.00	1.08
000775 Potatoes OR Lightly Seasoned P	Serving 5-6Pot	300	90	0.00	370	*N/A*	*N/A*	2.00	0.00	0	16.00	2.00	2.00	*N/A*	*N/A*	9.00	1.08
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.10	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	325	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	325	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			503	*2.63	*853	*22.05	*0.00	*17.00	*0.00	*52	65.48	*8.09	*22.55	*16	*330.1	*65.15	*1.98
% of Calories				*4.71%		*17.53 %	*0.00%	*30.4%	*0.0%		52.1%		*17.9%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Friday - 11/06/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Monday - 11/09/2026 **Reimbursable Meal Total 200**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990220 Tikka Masala, Chicken	3 oz spoodle	200	180	1.00	370	17.00	*N/A*	4.00	0.00	50	20.00	0.00	16.00	*N/A*	*N/A*	*N/A*	*N/A*
000426 Veg Green Beans	1/2 cup	200	19	0.03	1	1.27	0.00	0.12	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000601 Brown Rice	1/2 cup	200	109	0.16	1	*N/A*	0.00	0.81	*N/A*	0	22.92	1.76	2.26	0	9.8	0.00	0.52
990221 Naan Bread, WG; 1 oz	each	200	70	0.00	100	1.00	*N/A*	1.00	0.00	0	12.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.18	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	200	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	200	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	200	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			734	*1.31	*788	*46.37	*0.00	*13.13	*0.00	*60	120.61	*12.74	*34.74	*35	*380.2	*58.18	*2.35
% of Calories				*1.61%		*25.27 %	*0.00%	*16.1%	*0.0%		65.7%		*18.9%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Tuesday - 11/10/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	3 tenders	300	260	2.00	520	0.00	*N/A*	11.00	0.00	60	15.00	1.00	24.00	*N/A*	0.0	0.00	1.60
990029 Sauces Assorted *RESIZED*	2 oz	300	46	0.06	672	*3.34	*N/A*	1.25	0.00	0	8.48	0.28	1.33	*N/A*	23.8	0.00	0.57
000704 Pasta Salad,Vegetarian	serving(1/2c)	300	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
000977 Potato Crinkle Sweet Potato	oz	300	50	0.33	57	*N/A*	*N/A*	2.00	0.00	0	7.34	1.00	0.33	*N/A*	0.0	5.40	0.66
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	325	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	325	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			573	*1.81	*1279	*25.35	*0.00	*15.35	*0.00	*50	79.51	*7.00	*29.55	*29	*330.6	*62.38	*3.35
% of Calories				*2.84%		*17.70 %	*0.00%	*24.1%	*0.0%		55.5%		*20.6%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Wednesday - 11/11/2026 **Reimbursable Meal Total 430**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001231 Hamburger/Cheese/Veggie Secondary	sandwich	200	310	5.28	586	*0.12	*0.06	14.00	*0.01	51	29.75	3.32	19.73	*N/A*	*128.8	*0.00	*1.54
000939 Veggie Burgers,Black Bean Spicy	Sandwich	5	306	1.67	615	*2.34	*1.17	7.35	0.00	6	46.73	8.85	20.39	*N/A*	150.2	0.00	2.96
000845 Assorted Veggie Toppings	1/2 cup	400	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			506	*2.57	*694	*33.11	*0.04	*9.68	*0.00	*33	85.43	*10.84	*23.35	*113	*412.0	*47.62	*3.08
% of Calories				*4.57%		*26.17 %	*0.03%	*17.2%	*0.0%		67.5%		*18.5%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Thursday - 11/12/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000532 Pasta w/Meatsauce Sec	serving	200	331	*4.22	622	*6.67	*N/A*	11.02	0.36	45	34.72	6.70	24.24	*N/A*	79.0	*54.00	4.23
000667 Pasta w/Sauce Sec	1 serving	200	158	*0.00	137	*6.67	*N/A*	0.75	0.00	0	32.00	5.33	6.83	*N/A*	42.0	54.00	1.87
001248 Vegetable, Zucchini	1/2 cup	200	16	0.10	8	2.45	*N/A*	0.30	0.00	0	3.00	1.00	1.20	*N/A*	15.0	17.40	0.27
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000612 Garlic Breadstick 6"	1 stick	350	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	*N/A*	0.0	0.00	0.00
000571 Fruit Choice	1/2 cup	325	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	325	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			548	*2.63	*635	*28.55	*0.00	*11.97	*0.16	*30	86.46	*10.79	*26.08	*16	*365.3	*99.67	*3.63
% of Calories				*4.32%		*20.84 %	*0.00%	*19.7%	*0.3%		63.1%		*19.0%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Friday - 11/13/2026 **Reimbursable Meal Total 370**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990301 Pancake, WG 3.75"	2 each	300	140	0.00	367	5.30	4.00	2.00	0.00	7	27.30	2.78	2.78	*N/A*	*N/A*	*N/A*	*N/A*
000098 STRAWBERRIES: frozen	1/2 CUP	200	122	0.01	4	30.61	*N/A*	0.17	0.00	0	33.05	2.42	0.68	1	14.0	52.78	0.75
000834 Toppings fruit	Servings 2TB	200	12	0.00	0	2.90	*N/A*	0.02	0.00	0	3.25	0.31	0.07	*0	1.3	3.22	0.06
000548 Yogurt	4 oz	300	90	0.00	50	14.00	*N/A*	0.00	0.00	3	19.00	0.00	3.00	*N/A*	300.0	1.20	0.00
000558 Potato Choice	1/2 cup	350	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			606	*0.51	*675	*54.90	*3.24	*9.16	*0.00	*17	117.20	*10.15	*16.36	*17	*571.5	*80.71	*1.55
% of Calories				*0.76%		*36.24 %	*2.14%	*13.6%	*0.0%		77.4%		*10.8%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Monday - 11/16/2026 **Reimbursable Meal Total 460**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001202 Loaded Oven Fries/Tater Totchos	serving	400	379	*5.90	1222	*N/A*	*N/A*	*20.52	*0.24	*38	31.40	*3.58	*17.77	*N/A*	124.7	*8.26	2.93
990192 Cheese Sauce	1.82 oz	250	112	4.90	414	1.00	*N/A*	9.00	0.00	26	2.00	0.00	6.00	*N/A*	204.0	*N/A*	0.00
000845 Assorted Veggie Toppings	1/2 cup	400	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
990108 Bean, Tx Ranchero Pinto	1/2 cup	300	96	0.00	427	0.87	*N/A*	0.44	0.00	0	17.45	4.36	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990237 Brown Rice with salsa	1/2 cup	100	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			711	*7.90	*1738	*23.73	*0.00	*26.03	*0.21	*56	89.13	*10.79	*31.23	*101	*514.1	*36.48	*3.48
% of Calories				*10.00 %		*13.35 %	*0.00%	*32.9%	*0.3%		50.1%		*17.6%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Tuesday - 11/17/2026 **Reimbursable Meal Total 400**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001092 Pasta,Alfredo&Chic,WG rot Sec	serving	350	358	*8.81	991	*N/A*	*N/A*	18.77	0.00	71	28.61	7.00	18.03	*N/A*	*14.7	*0.40	*1.28
000920 Breadsticks Whole Wheat, New York	1 stick	300	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	20	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			663	*7.86	*1192	*26.69	*0.00	*21.06	*0.00	*72	91.17	*14.18	*29.84	*256	*367.6	*50.34	*2.94
% of Calories				*10.67 %		*16.10 %	*0.00%	*28.6%	*0.0%		55.0%		*18.0%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Wednesday - 11/18/2026 **Reimbursable Meal Total 480**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	200	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000258 Broccoli	1/2 cup	350	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			569	*7.05	*686	*25.64	*0.00	*18.15	*0.00	*47	74.86	*9.03	*29.04	*47	*531.8	*60.27	*2.44
% of Calories				*11.15 %		*18.02 %	*0.00%	*28.7%	*0.0%		52.6%		*20.4%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Thursday - 11/19/2026 **Reimbursable Meal Total 430**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	400	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000774 Vegetables Squash	1/2 cup	100	149	2.46	99	*N/A*	*N/A*	8.70	*0.00	0	19.48	3.40	2.16	*N/A*	63.5	27.90	1.32
001093 Beans, baked vegetarian,Bushs, Low Na	1/2 cup	350	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	5.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			673	*2.05	*1138	*31.22	*0.00	*12.93	*0.00	*65	108.68	*13.16	*36.23	*86	*436.1	*46.83	*3.96
% of Calories				*2.74%		*18.56 %	*0.00%	*17.3%	*0.0%		64.6%		*21.5%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Friday - 11/20/2026 **Reimbursable Meal Total 470**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001215 Shrimp Poppers, WG RIch's	3/4c	400	230	2.00	490	1.00	*N/A*	11.00	0.00	60	22.00	3.00	12.00	*N/A*	31.0	1.00	2.30
000487 French Fries	4 oz serving	200	101	0.00	12	*N/A*	*N/A*	0.00	0.00	0	23.81	2.24	3.40	*N/A*	20.9	14.62	1.19
990193 Cucumber Ranch Salad	1/4 CUP	300	188	3.00	171	*1.00	*N/A*	19.00	0.00	15	3.00	*0.00	*0.00	*N/A*	20.6	1.34	0.24
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			581	*3.69	*660	*22.31	*0.00	*23.98	*0.00	*68	74.35	*8.35	*19.48	*17	*304.6	*52.35	*3.42
% of Calories				*5.72%		*15.36 %	*0.00%	*37.1%	*0.0%		51.2%		*13.4%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Monday - 11/23/2026 **Reimbursable Meal Total 400**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001020 Chicken Parmesan, Secondary	Serving	400	290	4.46	875	*0.13	*0.00	15.32	*0.00	51	19.43	2.35	21.27	*32	221.6	4.65	0.97
990177 Pasta Rotini, Secondary	6 oz scoop	350	105	*N/A*	10	*N/A*	*N/A*	0.75	0.00	0	22.00	2.00	3.50	*N/A*	8.6	0.00	0.67
000426 Veg Green Beans	1/2 cup	350	19	0.03	1	1.27	0.00	0.12	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000803 Fruit Fresh Choice	1/2cup portion	175	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000571 Fruit Choice	1/2 cup	175	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			581	*4.55	*1029	*18.33	*0.00	*18.86	*0.00	*60	73.97	*9.21	*33.63	*57	*541.0	*42.57	*2.50
% of Calories				*7.05%		*12.62 %	*0.00%	*29.2%	*0.0%		50.9%		*23.2%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Tuesday - 11/24/2026 **Reimbursable Meal Total 460**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001214 Burrito Bowl, chicken or beef MS/E	serving	250	390	*4.25	798	*2.38	*0.00	*10.59	*0.20	*58	48.12	*4.99	*24.06	*72	237.9	0.51	2.69
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
990108 Bean, Tx Ranchero Pinto	1/2 cup	300	96	0.00	427	0.87	*N/A*	0.44	0.00	0	17.45	4.36	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990237 Brown Rice with salsa	1/2 cup	100	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	400	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			571	*2.83	*1033	*24.95	*0.00	*11.94	*0.11	*40	90.28	*11.74	*25.79	*57	*423.0	*34.91	*2.57
% of Calories				*4.46%		*17.48 %	*0.00%	*18.8%	*0.2%		63.2%		*18.1%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Wednesday - 11/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Thursday - 11/26/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Friday - 11/27/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

Monday - 11/30/2026 **Reimbursable Meal Total 480**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	450	500	5.25	1015	*0.00	*N/A*	21.50	0.00	82	40.00	4.50	35.50	*N/A*	160.0	0.00	2.86
000567 Veg Medley	1/2 cup	300	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	400	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	200	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.18	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000299 PB & J Jamwich Wheat	2.8 OZ SANDWICH	10	308	*1.35	*154	*N/A*	*N/A*	16.50	*0.00	*N/A*	34.65	*1.50	*6.00	*N/A*	*79.2	*0.01	*0.18
Weighted Daily Average			819	*5.01	*1260	*26.86	*0.00	*26.42	*0.00	*88	98.05	*12.49	*47.67	*139	*510.2	*48.50	*4.30
% of Calories				*5.51%		*13.12 %	*0.00%	*29.0%	*0.0%		47.9%		*23.3%				
Weekly Nutrient Guideline			600 - 700	<10	<=1225		<10	<=30									

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		640	*4.21	*1002	*28.87	*0.19	*18.15	*0.03	*56	89.89	*10.95	*31.14	*74	*463.3	*55.10	*3.21
% of Calories			*5.92%		*18.04 %	*0.12%	*25.5%	*0.0%		56.2%		*19.5%				

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.