# Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Feb 2, 2026 thru Feb 27, 2026

**Menu Name:** NORTHFIELD MIDDLE SCHOOL LUNCH **Include Cost:** No

**Site:**

**Use Alternate Menu Name:** No

**Monday - 02/02/2026** **Reimbursable Meal Total 480**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001259 Sampler Platter, Mini | portion | 450 | 312 | 3.88 | 621 | *0.63 | *N/A* | 13.96 | 0.00 | 37 | 28.78 | 3.82 | 17.79 | *N/A* | 160.0 | 0.00 | 1.76 |
| 000567 Veg Medley | 1/2 cup | 300 | 59 | 0.03 | 32 | 2.84 | 0.00 | 0.14 | 0.00 | 0 | 11.91 | 4.00 | 2.60 | 195 | 22.8 | 2.91 | 0.75 |
| 000529 Fresh Vegetables | 1/2 cup | 400 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 990126 Hummus, Grecin | 2 oz | 200 | 142 | 0.00 | 283 | 2.02 | *N/A* | 7.09 | 0.00 | 0 | 14.17 | 2.02 | 6.08 | *N/A* | 0.0 | 0.00 | 0.81 |
| 000571 Fruit Choice | 1/2 cup | 400 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 400 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 500 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 643 | *5.29 | *891 | *27.45 | *0.00 | *19.36 | *0.00 | *45 | 87.52 | *11.84 | *31.07 | *139 | *510.2 | *48.50 | *3.27 |
| % of Calories | | | | *7.40% | | *17.08 % | *N/A* | *27.1% | *0.0% | | 54.4% | | *19.3% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Tuesday - 02/03/2026** **Reimbursable Meal Total 480**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001161 Pizza, WG Primo Cheese, 8ct | slice | 450 | 360 | 7.00 | 600 | 9.00 | *N/A* | 16.00 | 0.00 | 35 | 34.00 | 3.00 | 21.00 | *N/A* | 450.0 | 0.00 | 2.70 |
| 000845 Assorted Veggie Toppings | 1/2 cup | 300 | 8 | 0.01 | 2 | 0.66 | 0.00 | 0.08 | 0.00 | 0 | 1.61 | 0.65 | 0.39 | 102 | 9.8 | 1.61 | 0.25 |
| 000258 Broccoli | 1/2 cup | 350 | 26 | 0.02 | 10 | 1.35 | 0.00 | 0.11 | 0.00 | 0 | 4.92 | 2.76 | 2.85 | 47 | 30.4 | 36.89 | 0.56 |
| 000529 Fresh Vegetables | 1/2 cup | 200 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 350 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 350 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 569 | *7.90 | *704 | *29.80 | *0.00 | *17.78 | *0.00 | *41 | 75.45 | *9.01 | *30.11 | *111 | *725.5 | *61.27 | *3.72 |
| % of Calories | | | | *12.50 % | | *20.95 % | *N/A* | *28.1% | *0.0% | | 53.0% | | *21.2% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Wednesday - 02/04/2026** **Reimbursable Meal Total 390**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000637 Taco in a Bag | serving | 350 | 476 | *7.25 | 940 | *1.16 | *N/A* | *21.12 | *0.00 | *83 | 33.57 | *2.00 | *32.61 | *N/A* | 306.6 | 2.40 | 2.24 |
| 000699 Assorted Taco Toppings | 1/2 cup | 350 | 105 | 0.98 | 346 | *2.40 | *0.00 | 6.80 | *0.00 | 0 | 11.02 | 4.40 | 1.24 | *14 | 17.0 | 15.49 | 0.90 |
| 000515 Beans Refried | 1/2 CUP | 300 | 144 | *N/A* | 144 | *N/A* | *N/A* | 0.51 | *N/A* | *N/A* | 24.63 | 9.24 | 9.24 | *N/A* | 51.3 | 0.00 | 2.16 |
| 000571 Fruit Choice | 1/2 cup | 300 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000803 Fruit Fresh Choice | 1/2cup portion | 300 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 350 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 20 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 854 | *8.83 | *1403 | *24.05 | *0.00 | *28.75 | *0.00 | *83 | 99.37 | *16.15 | *46.02 | *23 | *622.2 | *41.04 | *5.02 |
| % of Calories | | | | *9.31% | | *11.26 % | *N/A* | *30.3% | *0.0% | | 46.5% | | *21.6% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Thursday - 02/05/2026** **Reimbursable Meal Total 200**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 990309 Thai Sweet Chili Chicken Yang's | 4 oz scoop | 200 | 133 | 0.00 | 337 | 5.10 | 5.10 | 3.06 | 0.00 | 41 | 15.31 | 0.00 | 11.23 | *N/A* | 10.2 | *N/A* | 0.71 |
| 000426 Veg Green Beans | 1/2 cup | 200 | 19 | 0.03 | 1 | 1.27 | 0.00 | 0.11 | 0.00 | 0 | 4.35 | 2.02 | 1.01 | 14 | 28.4 | 2.77 | 0.45 |
| 000601 Brown Rice | 1/2 cup | 200 | 109 | 0.16 | 1 | *N/A* | 0.00 | 0.81 | *N/A* | 0 | 22.92 | 1.76 | 2.26 | 0 | 9.8 | 0.00 | 0.52 |
| 000529 Fresh Vegetables | 1/2 cup | 200 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 200 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 200 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 200 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 1 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 532 | *1.75 | *506 | *32.46 | *5.10 | *6.91 | *0.00 | *51 | 95.28 | *9.66 | *24.66 | *35 | *386.9 | *58.18 | *2.65 |
| % of Calories | | | | *2.96% | | *24.41 % | *3.84% | *11.7% | *0.0% | | 71.6% | | *18.5% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Friday - 02/06/2026** **Reimbursable Meal Total 420**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000814 Sandwich Grilled Cheese Sec | Sandwich | 200 | 324 | 8.62 | 783 | *1.27 | *N/A* | 18.97 | 0.00 | 34 | 28.04 | 3.57 | 15.97 | *N/A* | 418.7 | 0.00 | 1.29 |
| 000790 Sandwich Spicy Grilled Cheese | Sandwich | 200 | 374 | 11.44 | 807 | *1.01 | *N/A* | 23.98 | 0.00 | 46 | 28.04 | 3.57 | 17.75 | *N/A* | 462.2 | 0.00 | 1.29 |
| 000557 Carrot Coins | 1/2 cup | 300 | 27 | 0.09 | 43 | 2.98 | 0.00 | 0.50 | 0.00 | 0 | 5.64 | 2.41 | 0.42 | 618 | 25.6 | 1.68 | 0.39 |
| 000354 SUN CHIPS ORIGINAL 1 OZ | 1 PKG 1 OZ | 150 | 142 | 0.51 | 111 | *N/A* | *N/A* | 6.07 | 0.00 | 0 | 19.24 | 2.02 | 2.02 | *N/A* | 10.1 | 0.00 | 0.61 |
| 000304 SUN CHIPS HARVEST CHEDDAR | 1 OZ | 150 | 140 | 1.00 | 160 | *N/A* | *N/A* | 6.00 | 0.00 | 0 | 19.00 | 2.00 | 2.00 | *N/A* | 0.0 | 0.00 | 0.36 |
| 000529 Fresh Vegetables | 1/2 cup | 250 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 001032 Ranch dressing, Light Ken's | serving(2T) | 350 | 80 | 1.00 | 340 | 1.00 | *N/A* | 7.00 | 0.00 | 5 | 2.00 | 0.00 | 1.00 | *N/A* | 20.0 | 0.00 | 1.44 |
| 000571 Fruit Choice | 1/2 cup | 400 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 400 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 500 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 803 | *12.85 | *1356 | *31.40 | *0.00 | *34.62 | *0.00 | *54 | 98.40 | *11.58 | *30.05 | *459 | *848.7 | *46.22 | *3.88 |
| % of Calories | | | | *14.40 % | | *15.64 % | *N/A* | *38.8% | *0.0% | | 49.0% | | *15.0% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Monday - 02/09/2026** **Reimbursable Meal Total 440**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 990107 Pasta w/Meatballs, WG Rotini Secondary | Serving | 200 | 483 | *6.00 | 371 | *7.67 | *N/A* | 15.80 | 0.00 | 35 | 66.80 | 12.73 | 25.73 | *N/A* | 94.0 | 55.20 | 4.25 |
| 000667 Pasta w/Sauce Sec | 1 serving | 200 | 293 | *0.00 | 151 | *6.67 | *N/A* | 1.80 | 0.00 | 0 | 62.80 | 11.73 | 11.73 | *N/A* | 54.0 | 54.00 | 2.81 |
| 001248 Vegetable, Zucchini | 1/2 cup | 200 | 16 | 0.10 | 8 | 2.45 | *N/A* | 0.30 | 0.00 | 0 | 3.00 | 1.00 | 1.20 | *N/A* | 15.0 | 17.40 | 0.27 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000612 Garlic Breadstick 6" | 1 stick | 350 | 115 | 0.75 | 170 | *N/A* | *N/A* | 4.50 | 0.00 | 0 | 16.00 | 0.50 | 3.00 | *N/A* | 0.0 | 0.00 | 0.00 |
| 000571 Fruit Choice | 1/2 cup | 325 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 325 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 678 | *4.80 | *527 | *29.00 | *0.00 | *14.62 | *0.00 | *25 | 115.05 | *16.44 | *28.99 | *16 | *377.6 | *100.21 | *4.07 |
| % of Calories | | | | *6.37% | | *17.11 % | *N/A* | *19.4% | *0.0% | | 67.9% | | *17.1% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Tuesday - 02/10/2026** **Reimbursable Meal Total 440**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001138 Chicken tenders, WG crispy | serving(2) | 300 | 230 | 2.00 | 400 | 2.00 | *N/A* | 11.00 | 0.00 | 45 | 12.00 | 1.00 | 20.00 | *N/A* | 0.0 | 0.00 | 1.60 |
| 990029 Sauces Assorted *RESIZED* | 2 oz | 300 | 46 | 0.06 | 672 | *3.34 | *N/A* | 1.25 | 0.00 | 0 | 8.48 | 0.28 | 1.33 | *N/A* | 23.8 | 0.00 | 0.57 |
| 001095 Bread,WG dinner roll | roll | 300 | 70 | 0.00 | 125 | 3.00 | *N/A* | 1.00 | 0.00 | 0 | 14.00 | 1.00 | 3.00 | *N/A* | 20.0 | 0.00 | 1.08 |
| 000977 Potato Crinkle Sweet Potato | oz | 300 | 50 | 0.33 | 57 | *N/A* | *N/A* | 2.00 | 0.00 | 0 | 7.34 | 1.00 | 0.33 | *N/A* | 0.0 | 5.40 | 0.66 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 325 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 325 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 497 | *3.06 | *1006 | *27.06 | *0.00 | *13.30 | *0.00 | *40 | 70.56 | *6.70 | *25.84 | *16 | *333.4 | *46.35 | *3.40 |
| % of Calories | | | | *5.54% | | *21.78 % | *N/A* | *24.1% | *0.0% | | 56.8% | | *20.8% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Wednesday - 02/11/2026** **Reimbursable Meal Total 430**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001231 Hamburger/Cheese/Veggie Secondary | sandwich | 200 | 310 | 5.28 | 586 | *0.12 | *0.06 | 14.00 | *0.01 | 51 | 29.75 | 3.32 | 19.73 | *N/A* | *128.8 | *0.00 | *1.54 |
| 000939 Veggie Burgers,Black Bean Spicy | Sandwich | 5 | 306 | 1.67 | 615 | *2.34 | *1.17 | 7.35 | 0.00 | 6 | 46.73 | 8.85 | 20.39 | *N/A* | 150.2 | 0.00 | 2.96 |
| 000845 Assorted Veggie Toppings | 1/2 cup | 400 | 8 | 0.01 | 2 | 0.66 | 0.00 | 0.08 | 0.00 | 0 | 1.61 | 0.65 | 0.39 | 102 | 9.8 | 1.61 | 0.25 |
| 000505 Baked Beans, Veg LS | 1/2 Cup | 300 | 140 | 0.00 | 370 | 12.00 | *N/A* | 0.00 | 0.00 | 0 | 30.00 | 5.00 | 6.00 | *N/A* | 40.0 | 0.00 | 1.80 |
| 000529 Fresh Vegetables | 1/2 cup | 300 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 400 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 400 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 506 | *3.96 | *694 | *33.11 | *0.04 | *9.68 | *0.00 | *33 | 85.43 | *10.84 | *23.35 | *113 | *412.0 | *47.62 | *3.08 |
| % of Calories | | | | *7.04% | | *26.17 % | *0.05% | *17.2% | *0.0% | | 67.5% | | *18.5% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Thursday - 02/12/2026** **Reimbursable Meal Total 370**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 990312 waffle, nordic (berries and cream) WG | each | 300 | 220 | 4.00 | 70 | 10.00 | 7.00 | 7.00 | 0.00 | 45 | 35.00 | 3.00 | 8.00 | *N/A* | *N/A* | *N/A* | 2.00 |
| 990301 Pancake, WG 3.75" | 2 each | 300 | 140 | 0.00 | 367 | 5.30 | 4.00 | 2.00 | 0.00 | 7 | 27.30 | 2.78 | 2.78 | *N/A* | *N/A* | *N/A* | *N/A* |
| 000098 STRAWBERRIES: frozen | 1/2 CUP | 200 | 122 | 0.01 | 4 | 30.61 | *N/A* | 0.17 | 0.00 | 0 | 33.05 | 2.42 | 0.68 | 1 | 14.0 | 52.78 | 0.75 |
| 000834 Toppings fruit | Servings 2TB | 200 | 12 | 0.00 | 0 | 2.90 | *N/A* | 0.02 | 0.00 | 0 | 3.25 | 0.31 | 0.07 | *0 | 1.3 | 3.22 | 0.06 |
| 990114 Sausage Link, Chkn, Jones | 2 each | 200 | 80 | 2.00 | 270 | 0.00 | *N/A* | 5.00 | 0.00 | 40 | 0.00 | 0.00 | 8.00 | *N/A* | 0.0 | 0.00 | 0.00 |
| 000558 Potato Choice | 1/2 cup | 350 | 128 | 0.45 | 186 | *N/A* | *N/A* | 4.62 | *0.00 | *0 | 19.97 | 2.07 | 2.00 | *N/A* | *4.8 | *5.35 | *0.40 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 250 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 250 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 350 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 755 | *6.25 | *837 | *51.66 | *8.92 | *17.53 | *0.00 | *73 | 130.17 | *12.58 | *24.74 | *17 | *328.2 | *79.73 | *3.17 |
| % of Calories | | | | *7.45% | | *27.37 % | *3.71% | *20.9% | *0.0% | | 69.0% | | *13.1% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Friday - 02/13/2026** **Reimbursable Meal Total 440**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 990113 Chicken Wings, Bone-In | 4 each | 300 | 285 | 6.12 | 336 | 0.00 | *N/A* | 22.43 | 0.00 | 127 | 1.02 | 0.00 | 18.35 | *N/A* | 0.0 | 0.00 | 0.73 |
| 990074 Roll, Sister Shuber WG | 1 each | 300 | 160 | 0.00 | 200 | 5.00 | *N/A* | 2.00 | 0.00 | 5 | 30.00 | 3.00 | 5.00 | *N/A* | 0.0 | 0.00 | 1.80 |
| 000775 Potatoes OR Lightly Seasoned P | Serving 5-6Pot | 300 | 90 | 0.00 | 370 | *N/A* | *N/A* | 2.00 | 0.00 | 0 | 16.00 | 2.00 | 2.00 | *N/A* | *N/A* | 9.00 | 1.08 |
| 001192 Jicama Apple Slaw | portion | 100 | 70 | 0.02 | 32 | *1.56 | *0.00 | 0.15 | 0.00 | 1 | 15.50 | 5.02 | 2.12 | *0 | 58.5 | 17.72 | 0.67 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 325 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 325 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 607 | *5.61 | *776 | *25.14 | *0.00 | *20.95 | *0.00 | *100 | 77.63 | *9.02 | *26.79 | *16 | *316.8 | *52.83 | *3.35 |
| % of Calories | | | | *8.32% | | *16.57 % | *N/A* | *31.1% | *0.0% | | 51.2% | | *17.7% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Monday - 02/16/2026** **Reimbursable Meal Total 1**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000145 No School | | | | | | | | | | | | | | | | | |
| Weighted Daily Average | | | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| % of Calories | | | | 0% | | 0% | *N/A* | 0% | 0% | | 0% | | 0% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Tuesday - 02/17/2026** **Reimbursable Meal Total 400**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001092 Pasta,Alfredo&Chic,WG rot Sec | serving | 350 | 493 | *8.81 | 1005 | *N/A* | *N/A* | 19.82 | 0.00 | 71 | 59.41 | 13.40 | 22.93 | *N/A* | *26.8 | *0.40 | *2.22 |
| 000920 Breadsticks Whole Wheat, New York | 1 stick | 300 | 80 | 0.00 | 160 | *N/A* | *N/A* | 1.00 | 0.00 | 0 | 16.00 | 2.00 | 3.00 | *N/A* | 0.0 | 0.00 | 0.70 |
| 990034 PEAS & CARROTS: frozen,boiled *RESIZED* | 1/2 CUP | 250 | 38 | 0.06 | 54 | 3.49 | 0.00 | 0.34 | 0.00 | 0 | 8.10 | 2.48 | 2.47 | 381 | 18.4 | 6.48 | 0.75 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000529 Fresh Vegetables | 1/2 cup | 300 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 350 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 350 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 410 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 20 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 781 | *9.40 | *1205 | *26.69 | *0.00 | *21.97 | *0.00 | *72 | 118.12 | *19.78 | *34.13 | *256 | *378.1 | *50.34 | *3.76 |
| % of Calories | | | | *10.83 % | | *13.67 % | *N/A* | *25.3% | *0.0% | | 60.5% | | *17.5% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Wednesday - 02/18/2026** **Reimbursable Meal Total 480**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001161 Pizza, WG Primo Cheese, 8ct | slice | 450 | 360 | 7.00 | 600 | 9.00 | *N/A* | 16.00 | 0.00 | 35 | 34.00 | 3.00 | 21.00 | *N/A* | 450.0 | 0.00 | 2.70 |
| 000845 Assorted Veggie Toppings | 1/2 cup | 300 | 8 | 0.01 | 2 | 0.66 | 0.00 | 0.08 | 0.00 | 0 | 1.61 | 0.65 | 0.39 | 102 | 9.8 | 1.61 | 0.25 |
| 000258 Broccoli | 1/2 cup | 350 | 26 | 0.02 | 10 | 1.35 | 0.00 | 0.11 | 0.00 | 0 | 4.92 | 2.76 | 2.85 | 47 | 30.4 | 36.89 | 0.56 |
| 000529 Fresh Vegetables | 1/2 cup | 200 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 350 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 350 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 569 | *7.90 | *704 | *29.80 | *0.00 | *17.78 | *0.00 | *41 | 75.45 | *9.01 | *30.11 | *111 | *725.5 | *61.27 | *3.72 |
| % of Calories | | | | *12.50 % | | *20.95 % | *N/A* | *28.1% | *0.0% | | 53.0% | | *21.2% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Thursday - 02/19/2026** **Reimbursable Meal Total 430**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000306 Sandwich, Chicken crispy filet | 1 Sandwich | 400 | 320 | 1.50 | 710 | *0.00 | *0.00 | 8.50 | 0.00 | 60 | 41.00 | 4.00 | 24.00 | *N/A* | *80.0 | *0.00 | *1.44 |
| 000845 Assorted Veggie Toppings | 1/2 cup | 300 | 8 | 0.01 | 2 | 0.66 | 0.00 | 0.08 | 0.00 | 0 | 1.61 | 0.65 | 0.39 | 102 | 9.8 | 1.61 | 0.25 |
| 001093 Beans, baked vegetarian,Bushs, Low Na | 1/2 cup | 350 | 140 | 0.00 | 370 | 12.00 | *N/A* | 0.00 | 0.00 | 0 | 30.00 | 5.00 | 5.00 | *N/A* | 40.0 | 0.00 | 1.80 |
| 000529 Fresh Vegetables | 1/2 cup | 300 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 300 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 300 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 638 | *2.87 | *1115 | *31.22 | *0.00 | *10.91 | *0.00 | *65 | 104.15 | *12.37 | *35.73 | *86 | *421.4 | *40.34 | *3.66 |
| % of Calories | | | | *4.05% | | *19.57 % | *0.00% | *15.4% | *0.0% | | 65.3% | | *22.4% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Friday - 02/20/2026** **Reimbursable Meal Total 470**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001215 Shrimp Poppers, WG RIch's | 3/4c | 400 | 230 | 2.00 | 490 | 1.00 | *N/A* | 11.00 | 0.00 | 60 | 22.00 | 3.00 | 12.00 | *N/A* | 31.0 | 1.00 | 2.30 |
| 000487 French Fries | 4 oz serving | 200 | 101 | 0.00 | 12 | *N/A* | *N/A* | 0.00 | 0.00 | 0 | 23.81 | 2.24 | 3.40 | *N/A* | 20.9 | 14.62 | 1.19 |
| 990193 Cucumber Ranch Salad | 1/4 CUP | 300 | 188 | 3.00 | 171 | *1.00 | *N/A* | 19.00 | 0.00 | 15 | 3.00 | *0.00 | *0.00 | *N/A* | 20.6 | 1.34 | 0.24 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 400 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 400 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 350 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 581 | *4.81 | *660 | *22.31 | *0.00 | *23.98 | *0.00 | *68 | 74.35 | *8.35 | *19.48 | *17 | *304.6 | *52.35 | *3.42 |
| % of Calories | | | | *7.45% | | *15.36 % | *N/A* | *37.1% | *0.0% | | 51.2% | | *13.4% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Monday - 02/23/2026** **Reimbursable Meal Total 400**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001020 Chicken Parmesan, Secondary | Serving | 400 | 290 | 4.46 | 875 | *0.13 | *0.00 | 15.33 | *0.00 | 51 | 19.43 | 2.35 | 21.27 | *32 | 221.6 | 4.65 | 0.97 |
| 990177 Pasta Rotini, Secondary | 6 oz scoop | 350 | 243 | 0.00 | 0 | *N/A* | *N/A* | 1.22 | 0.00 | 0 | 48.60 | 1.22 | 8.50 | *N/A* | 0.0 | 0.00 | 1.75 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000426 Veg Green Beans | 1/2 cup | 350 | 19 | 0.03 | 1 | 1.27 | 0.00 | 0.11 | 0.00 | 0 | 4.35 | 2.02 | 1.01 | 14 | 28.4 | 2.77 | 0.45 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 175 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000571 Fruit Choice | 1/2 cup | 175 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 350 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 702 | *5.86 | *1020 | *18.33 | *0.00 | *19.27 | *0.00 | *60 | 97.25 | *8.53 | *38.01 | *57 | *533.4 | *42.57 | *3.44 |
| % of Calories | | | | *7.51% | | *10.44 % | *0.00% | *24.7% | *0.0% | | 55.4% | | *21.7% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Tuesday - 02/24/2026** **Reimbursable Meal Total 460**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001214 Burrito Bowl, chicken or beef MS/E | serving | 250 | 390 | *4.25 | 798 | *2.38 | *0.00 | *10.59 | *0.20 | *58 | 48.12 | *4.99 | *24.06 | *72 | 237.9 | 0.51 | 2.69 |
| 000699 Assorted Taco Toppings | 1/2 cup | 200 | 105 | 0.98 | 346 | *2.40 | *0.00 | 6.80 | *0.00 | 0 | 11.02 | 4.40 | 1.24 | *14 | 17.0 | 15.49 | 0.90 |
| 990108 Bean, Tx Ranchero Pinto | 1/2 cup | 300 | 96 | 0.00 | 427 | 0.87 | *N/A* | 0.44 | 0.00 | 0 | 17.45 | 4.36 | 5.23 | *N/A* | *N/A* | *N/A* | *N/A* |
| 990237 Brown Rice with salsa | 1/2 cup | 100 | 124 | 0.16 | 177 | *1.00 | 0.00 | 0.81 | *0.00 | 0 | 24.92 | 2.76 | 2.26 | *0 | *9.8 | *0.00 | *0.52 |
| 000571 Fruit Choice | 1/2 cup | 400 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 400 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 571 | *4.14 | *1033 | *24.95 | *0.00 | *11.94 | *0.11 | *40 | 90.28 | *11.74 | *25.79 | *57 | *423.0 | *34.91 | *2.57 |
| % of Calories | | | | *6.53% | | *17.48 % | *0.00% | *18.8% | *0.2% | | 63.2% | | *18.1% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Wednesday - 02/25/2026** **Reimbursable Meal Total 370**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001146 WG cinnamon roll, BakerBoy | each | 300 | 219 | 2.01 | 291 | *4.48 | *4.38 | 5.02 | 0.00 | 15 | 38.67 | 3.02 | 5.06 | *N/A* | *22.7 | *0.02 | *1.44 |
| 000541 Cheese Omelet | serving 2.1 oz | 300 | 130 | 4.00 | 300 | *N/A* | *N/A* | 10.00 | 0.00 | 180 | 2.00 | 0.00 | 7.00 | *N/A* | 80.0 | 0.00 | 0.70 |
| 000558 Potato Choice | 1/2 cup | 350 | 128 | 0.45 | 186 | *N/A* | *N/A* | 4.62 | *0.00 | *0 | 19.97 | 2.07 | 2.00 | *N/A* | *4.8 | *5.35 | *0.40 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 250 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 250 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 350 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 630 | *6.80 | *814 | *24.77 | *3.56 | *19.61 | *0.00 | *168 | 93.01 | *8.86 | *21.05 | *16 | *403.2 | *49.48 | *2.85 |
| % of Calories | | | | *9.71% | | *15.73 % | *2.78% | *28.0% | *0.0% | | 59.1% | | *13.4% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Thursday - 02/26/2026** **Reimbursable Meal Total 370**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001182 Hotdog, all beef on WG bun | each | 350 | 302 | 6.48 | 788 | 1.00 | *N/A* | 18.11 | 0.99 | 30 | 23.62 | 1.16 | 9.62 | *N/A* | *59.8 | *0.00 | *1.36 |
| 000505 Baked Beans, Veg LS | 1/2 Cup | 200 | 140 | 0.00 | 370 | 12.00 | *N/A* | 0.00 | 0.00 | 0 | 30.00 | 5.00 | 6.00 | *N/A* | 40.0 | 0.00 | 1.80 |
| 001197 Coleslaw | 1/2 cup | 100 | 165 | 1.89 | 267 | *N/A* | *N/A* | 11.34 | 0.00 | 19 | 13.09 | 3.24 | 1.62 | *N/A* | 48.6 | 35.96 | 0.58 |
| 000529 Fresh Vegetables | 1/2 cup | 300 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 250 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 350 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 350 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 647 | *8.15 | *1175 | *30.68 | *0.00 | *23.30 | *0.94 | *43 | 87.12 | *9.57 | *22.29 | *19 | *409.3 | *57.48 | *3.23 |
| % of Calories | | | | *11.34 % | | *18.97 % | *N/A* | *32.4% | *1.3% | | 53.9% | | *13.8% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

**Friday - 02/27/2026** **Reimbursable Meal Total 470**

| | Portion Size | Reimb Qty | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 001145 WG cheese bread, Tony's | each | 300 | 290 | 3.50 | 570 | *N/A* | *N/A* | 10.00 | 0.00 | 15 | 29.00 | 3.00 | 21.00 | *N/A* | 400.0 | 0.00 | 1.80 |
| 990033 Marinara Sauce | 1/2 cup | 300 | 54 | 0.00 | 441 | *N/A* | *N/A* | 0.90 | 0.00 | 0 | 9.90 | 2.70 | 1.80 | *N/A* | 36.0 | 8.10 | 0.97 |
| 000687 Salad,Small Caesar | Serving | 200 | 121 | 2.58 | 370 | 0.60 | *0.00 | 10.60 | *0.00 | 5 | 3.29 | 1.14 | 3.49 | *216 | 110.9 | 1.96 | 0.58 |
| 000529 Fresh Vegetables | 1/2 cup | 350 | 20 | 0.02 | *20 | *0.99 | *0.00 | 0.07 | 0.00 | 0 | 4.46 | 1.68 | 0.77 | *7 | *13.4 | *23.33 | *0.28 |
| 000571 Fruit Choice | 1/2 cup | 350 | 75 | 0.00 | 7 | *4.80 | *0.00 | 0.06 | *0.00 | 0 | 18.45 | 1.74 | 0.49 | *N/A* | *8.3 | *5.59 | *0.28 |
| 000803 Fruit Fresh Choice | 1/2cup portion | 350 | 65 | *0.03 | 4 | *8.30 | *0.00 | *0.20 | *0.00 | *0 | 16.60 | 2.45 | 0.87 | *14 | 16.5 | 24.09 | 0.42 |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz | 400 | 110 | 1.50 | 135 | 12.00 | *N/A* | 2.50 | 0.00 | 10 | 13.00 | 0.00 | 8.00 | *N/A* | 300.0 | 2.40 | 0.00 |
| 000299 PB & J Jamwich Wheat | 2.8 OZ SANDWICH | 10 | 308 | *1.35 | *154 | *N/A* | *N/A* | 16.50 | *0.00 | *N/A* | 34.65 | *1.50 | *6.00 | *N/A* | *79.2 | *0.01 | *0.18 |
| Weighted Daily Average | | | 490 | *4.68 | *945 | *20.96 | *0.00 | *14.20 | *0.00 | *20 | 67.46 | *8.52 | *24.56 | *108 | *610.9 | *47.53 | *2.74 |
| % of Calories | | | | *8.60% | | *17.11 % | *N/A* | *26.1% | *0.0% | | 55.1% | | *20.0% | | | | |
| Weekly Nutrient Guideline | | | 600 - 700 | <10 | 1225 | | <10 | <=30 | | | | | | | | | |

| | | Cals[1] (kcal) | S-Fat[1] (g) | Sodm[1] (mg) | Total Sugars (g) | Added Sugars[1] (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Weighted Averages | | 634 | *6.05 | *914 | *28.47 | *0.93 | *18.23 | *0.06 | *59 | 91.69 | *11.08 | *28.57 | *88 | *477.4 | *53.59 | *3.42 |
| % of Calories | | | *8.59% | | *17.96 % | *N/A* | *25.9% | *0.1% | | 57.8% | | *18.0% | | | | |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
**[1] - denotes required nutrient values**
**Added Sugars target is informational only, with an effective date of July 1, 2027.**

***NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***