

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 10, 2026

**Menu Name:** NORTHFIELD HIGH SCHOOL LUNCH **Include Cost:** No

**Site:**

**Use Alternate Menu Name:** No

### Monday - 06/01/2026

**Reimbursable Meal Total 465**

|  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001259 Sampler Platter, Mini                           | portion         | 200       | 312                      | 3.88                   | 621                    | *0.63            | *N/A*                         | 13.96     | 0.00       | 37          | 28.78    | 3.82      | 17.79     | *N/A*           | 160.0                  | 0.00       | 1.76      |
| 000567 Veg Medley                                      | 1/2 cup         | 300       | 59                       | 0.03                   | 32                     | 2.84             | 0.00                          | 0.14      | 0.00       | 0           | 11.91    | 4.00      | 2.60      | 195             | 22.8                   | 2.91       | 0.75      |
| 000529 Fresh Vegetables                                | 1/2 cup         | 350       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 990126 Hummus, Grecin                                  | 2 oz            | 100       | 142                      | 0.00                   | 283                    | 2.02             | *N/A*                         | 7.09      | 0.00       | 0           | 14.17    | 2.02      | 6.08      | *N/A*           | 0.0                    | 0.00       | 0.81      |
| 000571 Fruit Choice                                    | 1/2 cup         | 350       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice                              | 1/2cup portion  | 350       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |
| 000445 MILK (skim, 1% and NF Choc)                     | 8 oz            | 450       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| 001161 Pizza, WG Primo Cheese, 8ct                     | slice           | 100       | 360                      | 7.00                   | 600                    | 9.00             | *N/A*                         | 16.00     | 0.00       | 35          | 34.00    | 3.00      | 21.00     | *N/A*           | 450.0                  | 0.00       | 2.70      |
| 990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut | slice           | 100       | 370                      | 8.00                   | 560                    | *N/A*            | *N/A*                         | 17.00     | 0.00       | 50          | 35.00    | 4.00      | 19.00     | *N/A*           | *N/A*                  | 0.00       | *N/A*     |
| 000491 SANDWICH UNCRUST PB STWBR LG                    | 5.3 OZ SANDWICH | 25        | 600                      | 6.00                   | 540                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | *N/A*      | 2.00      |
| 000410 UNCRUSTABLE PB&J GR WHEAT SMUC                  | 1 SNDWICH 5.3   | 25        | 600                      | 7.00                   | 530                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | 0.00       | 2.00      |
| 990305 Sub sandwich, MS/HS ham                         | sandwich        | 5         | 273                      | 3.18                   | 1078                   | *2.34            | *0.00                         | 7.26      | 0.00       | 38          | 32.82    | 4.43      | 19.50     | *70             | *109.9                 | *6.64      | *1.17     |
| 001118 Sub sandwich, MS/HS turkey                      | sandwich        | 5         | 267                      | 2.67                   | 635                    | *1.32            | *0.00                         | 7.49      | 0.00       | 30          | 31.81    | 4.43      | 18.88     | *70             | 109.9                  | 6.64       | 1.37      |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 10, 2026

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 000695 Sandwich, Turkey or Combo Sub | sandwich     | 5         | 250                      | 2.00                   | 650                    | 5.00             | *N/A*                         | 6.50      | 0.00       | 30          | 30.00    | 4.00      | 18.00     | *N/A*           | 161.5                  | 0.00       | 1.25      |
| Weighted Daily Average               |              |           | 660                      | *5.74                  | *836                   | *26.78           | *0.00                         | *21.27    | *0.00      | *45         | 88.17    | 11.47     | 31.13     | *143            | *512.9                 | *44.25     | *2.98     |
| % of Calories                        |              |           |                          | *7.83%                 |                        | *16.23 %         | *0.00%                        | *29.0%    | *0.0%      |             | 53.4%    |           | 18.9%     |                 |                        |            |           |
| Weekly Nutrient Guideline            |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

## Tuesday - 06/02/2026

Reimbursable Meal Total 515

|  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001161 Pizza, WG Primo Cheese, 8ct                     | slice           | 250       | 360                      | 7.00                   | 600                    | 9.00             | *N/A*                         | 16.00     | 0.00       | 35          | 34.00    | 3.00      | 21.00     | *N/A*           | 450.0                  | 0.00       | 2.70      |
| 990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut | slice           | 250       | 370                      | 8.00                   | 560                    | *N/A*            | *N/A*                         | 17.00     | 0.00       | 50          | 35.00    | 4.00      | 19.00     | *N/A*           | *N/A*                  | 0.00       | *N/A*     |
| 000845 Assorted Veggie Toppings                        | 1/2 cup         | 300       | 8                        | 0.01                   | 2                      | 0.66             | 0.00                          | 0.08      | 0.00       | 0           | 1.61     | 0.65      | 0.39      | 102             | 9.8                    | 1.61       | 0.25      |
| 000258 Broccoli  | 1/2 cup         | 400       | 26                       | 0.02                   | 10                     | 1.35             | 0.00                          | 0.11      | 0.00       | 0           | 4.92     | 2.76      | 2.85      | 47              | 30.4                   | 36.89      | 0.56      |
| 000529 Fresh Vegetables                                | 1/2 cup         | 300       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 000571 Fruit Choice                                    | 1/2 cup         | 500       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice                              | 1/2cup portion  | 500       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |
| 000445 MILK (skim, 1% and NF Choc)                     | 8 oz            | 500       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| 000491 SANDWICH UNCRUST PB STWBR LG                    | 5.3 OZ SANDWICH | 25        | 600                      | 6.00                   | 540                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | *N/A*      | 2.00      |
| 000410 UNCRUSTABLE PB&J GR WHEAT SMUC                  | 1 SNDWICH 5.3   | 25        | 600                      | 7.00                   | 530                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | 0.00       | 2.00      |
| 990305 Sub sandwich, MS/HS ham                         | sandwich        | 5         | 273                      | 3.18                   | 1078                   | *2.34            | *0.00                         | 7.26      | 0.00       | 38          | 32.82    | 4.43      | 19.50     | *70             | *109.9                 | *6.64      | *1.17     |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 10, 2026

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001118 Sub sandwich, MS/HS turkey    | sandwich     | 5         | 267                      | 2.67                   | 635                    | *1.32            | *0.00                         | 7.49      | 0.00       | 30          | 31.81    | 4.43      | 18.88     | *70             | 109.9                  | 6.64       | 1.37      |
| 000695 Sandwich, Turkey or Combo Sub | sandwich     | 5         | 250                      | 2.00                   | 650                    | 5.00             | *N/A*                         | 6.50      | 0.00       | 30          | 30.00    | 4.00      | 18.00     | *N/A*           | 161.5                  | 0.00       | 1.25      |
| Weighted Daily Average               |              |           | 699                      | *8.06                  | *801                   | *30.84           | *0.00                         | *22.39    | *0.00      | *52         | 94.65    | 11.77     | 33.69     | *115            | *583.1                 | *74.46     | *2.96     |
| % of Calories                        |              |           |                          | *10.38 %               |                        | *17.65 %         | *0.00%                        | *28.8%    | *0.0%      |             | 54.2%    |           | 19.3%     |                 |                        |            |           |
| Weekly Nutrient Guideline            |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

## Wednesday - 06/03/2026

Reimbursable Meal Total 465

|  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 000637 Taco in a Bag                                   | serving         | 200       | 476                      | *7.25                  | 940                    | *1.16            | *N/A*                         | *21.12    | *0.00      | *83         | 33.57    | *2.00     | *32.61    | *N/A*           | 306.6                  | 2.40       | 2.24      |
| 000699 Assorted Taco Toppings                          | 1/2 cup         | 200       | 105                      | 0.98                   | 346                    | *2.40            | *0.00                         | 6.80      | *0.00      | 0           | 11.02    | 4.40      | 1.24      | *14             | 17.0                   | 15.49      | 0.90      |
| 000515 Beans Refried                                   | 1/2 CUP         | 350       | 144                      | *N/A*                  | 144                    | *N/A*            | *N/A*                         | 0.51      | *N/A*      | *N/A*       | 24.63    | 9.24      | 9.24      | *N/A*           | 51.3                   | 0.00       | 2.16      |
| 000529 Fresh Vegetables                                | 1/2 cup         | 100       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 000571 Fruit Choice                                    | 1/2 cup         | 550       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice                              | 1/2cup portion  | 550       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |
| 000445 MILK (skim, 1% and NF Choc)                     | 8 oz            | 450       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| 001161 Pizza, WG Primo Cheese, 8ct                     | slice           | 100       | 360                      | 7.00                   | 600                    | 9.00             | *N/A*                         | 16.00     | 0.00       | 35          | 34.00    | 3.00      | 21.00     | *N/A*           | 450.0                  | 0.00       | 2.70      |
| 990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut | slice           | 100       | 370                      | 8.00                   | 560                    | *N/A*            | *N/A*                         | 17.00     | 0.00       | 50          | 35.00    | 4.00      | 19.00     | *N/A*           | *N/A*                  | 0.00       | *N/A*     |
| 000491 SANDWICH UNCRUST PB STWBR LG                    | 5.3 OZ SANDWICH | 25        | 600                      | 6.00                   | 540                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | *N/A*      | 2.00      |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 10, 2026

|                                       | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 000410 UNCRUSTABLE PB&J GR WHEAT SMUC | 1 SANDWICH 5.3 | 25        | 600                      | 7.00                   | 530                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | 0.00       | 2.00      |
| 990305 Sub sandwich, MS/HS ham        | sandwich       | 5         | 273                      | 3.18                   | 1078                   | *2.34            | *0.00                         | 7.26      | 0.00       | 38          | 32.82    | 4.43      | 19.50     | *70             | *109.9                 | *6.64      | *1.17     |
| 001118 Sub sandwich, MS/HS turkey     | sandwich       | 5         | 267                      | 2.67                   | 635                    | *1.32            | *0.00                         | 7.49      | 0.00       | 30          | 31.81    | 4.43      | 18.88     | *70             | 109.9                  | 6.64       | 1.37      |
| 000695 Sandwich, Turkey or Combo Sub  | sandwich       | 5         | 250                      | 2.00                   | 650                    | 5.00             | *N/A*                         | 6.50      | 0.00       | 30          | 30.00    | 4.00      | 18.00     | *N/A*           | 161.5                  | 0.00       | 1.25      |
| Weighted Daily Average                |                |           | 864                      | *7.60                  | *1143                  | *30.89           | *0.00                         | *26.13    | *0.00      | *65         | 115.46   | *17.42    | *42.17    | *25             | *610.7                 | *50.29     | *4.69     |
| % of Calories                         |                |           |                          | *7.92%                 |                        | *14.30 %         | *0.00%                        | *27.2%    | *0.0%      |             | 53.5%    |           | *19.5%    |                 |                        |            |           |
| Weekly Nutrient Guideline             |                |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

### Thursday - 06/04/2026

Reimbursable Meal Total 465

|  | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 990133 Teriyaki Chicken, Yang            | 3 oz           | 200       | 144                      | 1.25                   | 413                    | 7.50             | *N/A*                         | 4.38      | 0.00       | 88          | 7.50     | 0.00      | 18.76     | *N/A*           | *N/A*                  | *N/A*      | *N/A*     |
| 000782 Chicken FC Mandarin Orange Yang's | Serving 3.6 oz | 200       | 150                      | 0.50                   | 280                    | 10.00            | *N/A*                         | 3.00      | 0.00       | 40          | 19.00    | 0.00      | 11.00     | *N/A*           | 0.0                    | 1.20       | 0.70      |
| 000607 Oriental Vegetables               | 1/2 cup        | 380       | 17                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 2.66     | 1.33      | 0.66      | *N/A*           | 11.3                   | 8.33       | 0.17      |
| 000919 Rice Vegetable Fried Brown Asi    | Serving 4oz    | 400       | 137                      | 0.00                   | 341                    | *N/A*            | *N/A*                         | 1.00      | 0.00       | 0           | 28.00    | 1.00      | 4.00      | *N/A*           | 30.0                   | 1.20       | 1.08      |
| 000529 Fresh Vegetables                  | 1/2 cup        | 200       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 001243 Egg Roll, Veg WG                  | each           | 200       | 140                      | 1.00                   | 240                    | 3.00             | *N/A*                         | 4.50      | 0.00       | 0           | 21.00    | 3.00      | 4.00      | *N/A*           | 30.0                   | 11.00      | 1.10      |
| 000571 Fruit Choice                      | 1/2 cup        | 380       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice                | 1/2cup portion | 320       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 10, 2026

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 000445 MILK (skim, 1% and NF Choc)                      | 8 oz            | 450       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| 001161 Pizza, WG Primo Cheese, 8ct                      | slice           | 100       | 360                      | 7.00                   | 600                    | 9.00             | *N/A*                         | 16.00     | 0.00       | 35          | 34.00    | 3.00      | 21.00     | *N/A*           | 450.0                  | 0.00       | 2.70      |
| 990241 Pizza Big Daddys Pepp, 16" Primo Par Baked 8 cut | slice           | 100       | 370                      | 8.00                   | 560                    | *N/A*            | *N/A*                         | 17.00     | 0.00       | 50          | 35.00    | 4.00      | 19.00     | *N/A*           | *N/A*                  | 0.00       | *N/A*     |
| 000491 SANDWICH UNCRUST PB STWBR LG                     | 5.3 OZ SANDWICH | 25        | 600                      | 6.00                   | 540                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | *N/A*      | 2.00      |
| 000410 UNCRUSTABLE PB&J GR WHEAT SMUC                   | 1 SNDWICH 5.3   | 25        | 600                      | 7.00                   | 530                    | *N/A*            | *N/A*                         | 34.00     | 0.00       | 0           | 64.00    | 7.00      | 18.00     | *N/A*           | 88.0                   | 0.00       | 2.00      |
| 990305 Sub sandwich, MS/HS ham                          | sandwich        | 5         | 273                      | 3.18                   | 1078                   | *2.34            | *0.00                         | 7.26      | 0.00       | 38          | 32.82    | 4.43      | 19.50     | *70             | *109.9                 | *6.64      | *1.17     |
| 001118 Sub sandwich, MS/HS turkey                       | sandwich        | 5         | 267                      | 2.67                   | 635                    | *1.32            | *0.00                         | 7.49      | 0.00       | 30          | 31.81    | 4.43      | 18.88     | *70             | 109.9                  | 6.64       | 1.37      |
| 000695 Sandwich, Turkey or Combo Sub                    | sandwich        | 5         | 250                      | 2.00                   | 650                    | 5.00             | *N/A*                         | 6.50      | 0.00       | 30          | 30.00    | 4.00      | 18.00     | *N/A*           | 161.5                  | 0.00       | 1.25      |
| Weighted Daily Average                                  |                 |           | 769                      | *5.23                  | *1183                  | *32.52           | *0.00                         | *19.59    | *0.00      | *84         | 110.44   | 9.46      | 38.72     | *14             | *472.5                 | *46.74     | *3.31     |
| % of Calories   |                 |           |                          | *6.12%                 |                        | *16.92 %         | *0.00%                        | *22.9%    | *0.0%      |             | 57.4%    |           | 20.1%     |                 |                        |            |           |
| Weekly Nutrient Guideline                               |                 |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

### Friday - 06/05/2026

Reimbursable Meal Total 300

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001115 PBJ, meal elem               | entree       | 300       | 502                      | 7.68                   | 670                    | *13.00           | *N/A*                         | 25.76     | *0.00      | 21          | 46.71    | 4.00      | 20.08     | *N/A*           | 248.7                  | 0.00       | 1.52      |
| 000572 SANDWICH, TURKEY & CHEESE WG | SANDWICH     | 300       | 246                      | 3.03                   | 638                    | *2.02            | *N/A*                         | 7.30      | 0.00       | 38          | 30.02    | 4.00      | 19.59     | *N/A*           | 248.1                  | *0.00      | *1.64     |
| 000529 Fresh Vegetables             | 1/2 cup      | 300       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 000571 Fruit Choice                 | 1/2 cup      | 300       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |

**Base Menu Spreadsheet**

Portion Values

Jun 1, 2026 thru Jun 10, 2026

|                                    | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 000803 Fruit Fresh Choice          | 1/2cup portion | 300       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |
| 000445 MILK (skim, 1% and NF Choc) | 8 oz           | 300       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| Weighted Daily Average             |                |           | 1018                     | *10.76                 | *1475                  | *41.12           | *0.00                         | *35.90    | *0.00      | *69         | 129.25   | 13.87     | 49.80     | *21             | *834.9                 | *55.42     | *4.13     |
| % of Calories                      |                |           |                          | *9.51%                 |                        | *16.16 %         | *0.00%                        | *31.7%    | *0.0%      |             | 50.8%    |           | 19.6%     |                 |                        |            |           |
| Weekly Nutrient Guideline          |                |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

**Monday - 06/08/2026**

**Reimbursable Meal Total 300**

|                                     | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001115 PBJ, meal elem               | entree         | 300       | 502                      | 7.68                   | 670                    | *13.00           | *N/A*                         | 25.76     | *0.00      | 21          | 46.71    | 4.00      | 20.08     | *N/A*           | 248.7                  | 0.00       | 1.52      |
| 000572 SANDWICH, TURKEY & CHEESE WG | SANDWICH       | 300       | 246                      | 3.03                   | 638                    | *2.02            | *N/A*                         | 7.30      | 0.00       | 38          | 30.02    | 4.00      | 19.59     | *N/A*           | 248.1                  | *0.00      | *1.64     |
| 000529 Fresh Vegetables             | 1/2 cup        | 300       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 000571 Fruit Choice                 | 1/2 cup        | 300       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice           | 1/2cup portion | 300       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |
| 000445 MILK (skim, 1% and NF Choc)  | 8 oz           | 300       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| Weighted Daily Average              |                |           | 1018                     | *10.76                 | *1475                  | *41.12           | *0.00                         | *35.90    | *0.00      | *69         | 129.25   | 13.87     | 49.80     | *21             | *834.9                 | *55.42     | *4.13     |
| % of Calories                       |                |           |                          | *9.51%                 |                        | *16.16 %         | *0.00%                        | *31.7%    | *0.0%      |             | 50.8%    |           | 19.6%     |                 |                        |            |           |
| Weekly Nutrient Guideline           |                |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

**Tuesday - 06/09/2026**

**Reimbursable Meal Total 300**

|                                     | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001115 PBJ, meal elem               | entree         | 300       | 502                      | 7.68                   | 670                    | *13.00           | *N/A*                         | 25.76     | *0.00      | 21          | 46.71    | 4.00      | 20.08     | *N/A*           | 248.7                  | 0.00       | 1.52      |
| 000572 SANDWICH, TURKEY & CHEESE WG | SANDWICH       | 300       | 246                      | 3.03                   | 638                    | *2.02            | *N/A*                         | 7.30      | 0.00       | 38          | 30.02    | 4.00      | 19.59     | *N/A*           | 248.1                  | *0.00      | *1.64     |
| 000529 Fresh Vegetables             | 1/2 cup        | 300       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 000571 Fruit Choice                 | 1/2 cup        | 300       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice           | 1/2cup portion | 300       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |
| 000445 MILK (skim, 1% and NF Choc)  | 8 oz           | 300       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| Weighted Daily Average              |                |           | 1018                     | *10.76                 | *1475                  | *41.12           | *0.00                         | *35.90    | *0.00      | *69         | 129.25   | 13.87     | 49.80     | *21             | *834.9                 | *55.42     | *4.13     |
| % of Calories                       |                |           |                          | *9.51%                 |                        | *16.16 %         | *0.00%                        | *31.7%    | *0.0%      |             | 50.8%    |           | 19.6%     |                 |                        |            |           |
| Weekly Nutrient Guideline           |                |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

Wednesday - 06/10/2026

Reimbursable Meal Total 300

|                                     | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 001115 PBJ, meal elem               | entree         | 300       | 502                      | 7.68                   | 670                    | *13.00           | *N/A*                         | 25.76     | *0.00      | 21          | 46.71    | 4.00      | 20.08     | *N/A*           | 248.7                  | 0.00       | 1.52      |
| 000572 SANDWICH, TURKEY & CHEESE WG | SANDWICH       | 300       | 246                      | 3.03                   | 638                    | *2.02            | *N/A*                         | 7.30      | 0.00       | 38          | 30.02    | 4.00      | 19.59     | *N/A*           | 248.1                  | *0.00      | *1.64     |
| 000529 Fresh Vegetables             | 1/2 cup        | 300       | 20                       | 0.02                   | *20                    | *0.99            | *0.00                         | 0.07      | 0.00       | 0           | 4.46     | 1.68      | 0.77      | *7              | *13.4                  | *23.33     | *0.28     |
| 000571 Fruit Choice                 | 1/2 cup        | 300       | 75                       | 0.00                   | 7                      | *4.80            | *0.00                         | 0.06      | *0.00      | 0           | 18.45    | 1.74      | 0.49      | *N/A*           | *8.3                   | *5.59      | *0.28     |
| 000803 Fruit Fresh Choice           | 1/2cup portion | 300       | 65                       | *0.03                  | 4                      | *8.30            | *0.00                         | *0.20     | *0.00      | *0          | 16.60    | 2.45      | 0.87      | *14             | 16.5                   | 24.09      | 0.42      |

# Base Menu Spreadsheet

## Portion Values

Jun 1, 2026 thru Jun 10, 2026

|                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| 000445 MILK (skim, 1% and NF Choc) | 8 oz         | 300       | 110                      | 0.00                   | 135                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 10          | 13.00    | 0.00      | 8.00      | *N/A*           | 300.0                  | 2.40       | 0.00      |
| Weighted Daily Average             |              |           | 1018                     | *10.76                 | *1475                  | *41.12           | *0.00                         | *35.90    | *0.00      | *69         | 129.25   | 13.87     | 49.80     | *21             | *834.9                 | *55.42     | *4.13     |
| % of Calories                      |              |           |                          | *9.51%                 |                        | *16.16 %         | *0.00%                        | *31.7%    | *0.0%      |             | 50.8%    |           | 19.6%     |                 |                        |            |           |
| Weekly Nutrient Guideline          |              |           | 750 - 850                | <10                    | 1280                   |                  | <10                           | <=30      |            |             |          |           |           |                 |                        |            |           |

|                   | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|
| Weighted Averages | 883                      | *8.71                  | *1233                  | *35.69           | *0.00                         | *29.12    | *0.00      | *65         | 115.72   | *13.20    | *43.11    | *48             | *689.8                 | *54.68     | *3.81     |
| % of Calories     |                          | *8.88%                 |                        | *16.17 %         | *0.00%                        | *29.7%    | *0.0%      |             | 52.4%    |           | *19.5%    |                 |                        |            |           |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.