

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

Menu Name:

NORTHFIELD HIGH SCHOOL LUNCH

Include Cost:

No

Site:

Use Alternate Menu Name:

No

Thursday - 10/01/2026Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001182 Hotdog, all beef on WG bun	each	200	302	6.48	788	1.00	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*N/A*	*59.8	*0.00	*1.36
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			705	*7.65	*1143	*28.77	*0.00	*25.78	*0.43	*48	92.70	11.29	27.29	*59	*435.4	*49.28	*3.52
% of Calories				*9.77%		*16.32 %	*0.00%	*32.9%	*0.5%		52.6%		15.5%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Friday - 10/02/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	200	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990033 Marinara Sauce	1/2 cup	200	54	0.00	441	*N/A*	*N/A*	0.90	0.00	0	9.90	2.70	1.80	*N/A*	36.0	8.10	0.97
000687 Salad,Small Caesar	Serving	400	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			752	*7.78	*1242	*28.89	*0.00	*27.54	*0.00	*40	95.45	11.41	33.66	*207	*718.9	*54.60	*3.45
% of Calories				*9.31%		*15.37 %	*0.00%	*33.0%	*0.0%		50.8%		17.9%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Monday - 10/05/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	200	500	5.25	1015	*0.00	*N/A*	21.50	0.00	82	40.00	4.50	35.50	*N/A*	160.0	0.00	2.86
000567 Veg Medley	1/2 cup	300	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			741	*6.33	*1005	*26.51	*0.00	*24.51	*0.00	*64	93.00	11.77	38.74	*143	*512.9	*44.25	*3.45
% of Calories				*7.69%		*14.31 %	*0.00%	*29.8%	*0.0%		50.2%		20.9%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Tuesday - 10/06/2026

Reimbursable Meal Total 515

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	250	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	400	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			699	*8.06	*801	*30.84	*0.00	*22.39	*0.00	*52	94.65	11.77	33.69	*115	*583.1	*74.46	*2.96
% of Calories				*10.38 %		*17.65 %	*0.00%	*28.8%	*0.0%		54.2%		19.3%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Wednesday - 10/07/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000637 Taco in a Bag	serving	200	476	*7.25	940	*1.16	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	*N/A*	306.6	2.40	2.24
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	350	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			864	*7.60	*1143	*30.89	*0.00	*26.13	*0.00	*65	115.46	*17.42	*42.17	*25	*610.7	*50.29	*4.69
% of Calories				*7.92%		*14.30 %	*0.00%	*27.2%	*0.0%		53.5%		*19.5%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Thursday - 10/08/2026 Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990113 Chicken Wings, Bone-In	4 each	200	285	6.12	336	0.00	*N/A*	22.43	0.00	127	1.02	0.00	18.35	*N/A*	0.0	0.00	0.73
000942 Sauces Assorted	1 oz	200	23	0.03	336	*1.67	*N/A*	0.62	0.00	0	4.24	0.14	0.67	*N/A*	11.9	0.00	0.28
990281 potato, halves rst herb and parm seasoned	1/2 cup	200	120	1.00	190	1.00	0.00	3.50	0.00	0	17.00	2.00	4.00	*N/A*	30.0	2.00	0.90
001192 Jicama Apple Slaw	portion	100	70	0.02	32	*1.56	*0.00	0.15	0.00	1	15.50	5.02	2.12	*0	58.5	17.72	0.67

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)
990074 Roll, Sister Shuber WG	1 each	200	160	0.00	200	5.00	*N/A*	2.00	0.00	5	30.00	3.00	5.00	*N/A*	0.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	200	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	200	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			897	*10.36	*1202	*31.22	*0.00	*33.09	*0.00	*104	109.48	12.06	41.74	*19	*559.5	*50.23	*3.97
% of Calories				*10.39 %		*13.92 %	*0.00%	*33.2%	*0.0%		48.8%		18.6%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Friday - 10/09/2026

Reimbursable Meal Total 465

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)
990323 Sandwich, shredded pork on WG pretzel bun	each	300	383	5.05	506	*2.00	*2.00	12.62	0.00	51	47.22	3.00	21.20	*0	26.0	0.00	2.61
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	100	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	*N/A*	0.0	0.00	0.36
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	*N/A*	10.1	0.00	0.61
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			931	*8.48	*1021	*34.57	*1.29	*30.00	*0.00	*72	130.07	14.12	38.68	*32	*562.7	*72.91	*4.30
% of Calories				*8.20%		*14.85 %	*0.55%	*29.0%	*0.0%		55.9%		16.6%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Monday - 10/12/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990324 Sweet n Sour Meatballs, Beef	4 each	250	195	*3.50	400	*2.00	*0.00	*9.00	*0.60	36	15.25	1.12	12.06	*N/A*	*0.6	*4.61	*0.02
000601 Brown Rice	1/2 cup	200	109	0.16	1	*N/A*	0.00	0.81	*N/A*	0	22.92	1.76	2.26	0	9.8	0.00	0.52
000607 Oriental Vegetables	1/2 cup	380	17	0.00	10	0.00	*N/A*	0.00	0.00	0	2.66	1.33	0.66	*N/A*	11.3	8.33	0.17
001095 Bread,WG dinner roll	roll	200	70	0.00	125	3.00	*N/A*	1.00	0.00	0	14.00	1.00	3.00	*N/A*	20.0	0.00	1.08
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	380	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	320	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			647	*5.99	*758	*26.07	*0.00	*19.24	*0.32	*48	90.00	9.10	29.51	*14	*446.9	*42.94	*2.31
% of Calories				*8.33%		*16.12 %	*0.00%	*26.8%	*0.4%		55.6%		18.2%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Tuesday - 10/13/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	3 tenders	100	260	2.00	520	0.00	*N/A*	11.00	0.00	60	15.00	1.00	24.00	*N/A*	0.0	0.00	1.60
990313 Tender, Chicken Spicy FC WG	3 tenders	100	220	1.00	380	2.00	0.00	10.00	0.00	60	17.00	4.00	17.00	*N/A*	*N/A*	*N/A*	*N/A*
000942 Sauces Assorted	1 oz	200	23	0.03	336	*1.67	*N/A*	0.62	0.00	0	4.24	0.14	0.67	*N/A*	11.9	0.00	0.28
000704 Pasta Salad,Vegetarian	serving(1/2c)	200	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
990280 sweet potato waffle, Redstone Canyon	3 oz(11 pieces	200	160	1.50	320	0.00	0.00	10.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	*N/A*	0.40
990074 Roll, Sister Shuber WG	1 each	200	160	0.00	200	5.00	*N/A*	2.00	0.00	5	30.00	3.00	5.00	*N/A*	0.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			788	*5.42	*1225	*30.03	*0.00	*25.35	*0.00	*57	108.99	*10.74	*34.66	*27	*444.1	*55.67	*3.49
% of Calories				*6.19%		*15.24 %	*0.00%	*29.0%	*0.0%		55.3%		*17.6%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Wednesday - 10/14/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001231 Hamburger/Cheese/Veggie Secondary	sandwich	200	310	5.28	586	*0.12	*0.06	14.00	*0.01	51	29.75	3.32	19.73	*N/A*	*128.8	*0.00	*1.54
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			699	*6.33	*980	*33.73	*0.03	*19.74	*0.00	*51	101.68	12.20	33.16	*63	*517.5	*46.25	*3.57
% of Calories				*8.15%		*19.30 %	*0.02%	*25.4%	*0.0%		58.2%		19.0%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Thursday - 10/15/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Friday - 10/16/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Monday - 10/19/2026Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001202 Loaded Oven Fries/Tater Totchos	serving	200	379	*5.90	1222	*N/A*	*N/A*	*20.52	*0.24	*38	31.40	*3.58	*17.77	*N/A*	124.7	*8.26	2.93
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
990108 Bean, Tx Ranchero Pinto	1/2 cup	100	96	0.00	427	0.87	*N/A*	0.44	0.00	0	17.45	4.36	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)
001095 Bread, WG dinner roll	roll	200	70	0.00	125	3.00	*N/A*	1.00	0.00	0	14.00	1.00	3.00	*N/A*	20.0	0.00	1.08
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp, 16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			763	*6.67	*1246	*30.23	*0.00	*23.69	*0.10	*46	107.25	*11.54	*32.59	*62	*533.3	*45.73	*3.68
% of Calories				*7.87%		*15.85 %	*0.00%	*27.9%	*0.1%		56.2%		*17.1%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Tuesday - 10/20/2026

Reimbursable Meal Total 465

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990274 Chicken Parmesan Alfredo (Secondary)	4 oz scoop	200	197	4.50	887	1.00	1.00	8.67	0.00	80	6.00	0.00	23.33	*N/A*	*170.0	*N/A*	*0.00
990275 Pasta, FC WG rotini, Marz	6 oz scoop	200	105	*N/A*	10	*N/A*	*N/A*	0.75	0.00	0	22.00	2.00	3.50	*N/A*	8.6	0.00	0.67
000920 Breadsticks Whole Wheat, New York	1 stick	200	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			640	*6.02	*969	*26.45	*0.43	*18.31	*0.00	*63	87.86	9.69	34.57	*221	*514.7	*43.34	*2.53
% of Calories				*8.47%		*16.53 %	*0.27%	*25.7%	*0.0%		54.9%		21.6%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

Wednesday - 10/21/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	250	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	400	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			762	*8.92	*873	*32.86	*0.00	*24.52	*0.00	*56	103.42	13.03	36.45	*127	*613.6	*82.21	*3.27
% of Calories				*10.54 %		*17.25 %	*0.00%	*29.0%	*0.0%		54.3%		19.1%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

Thursday - 10/22/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	200	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000774 Vegetables Squash	1/2 cup	150	149	2.46	99	*N/A*	*N/A*	8.69	*0.00	0	19.48	3.40	2.16	*N/A*	63.5	27.90	1.32
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			762	*5.51	*987	*35.08	*0.00	*20.24	*0.00	*55	116.83	13.54	34.67	*44	*512.9	*61.97	*3.71
% of Calories				*6.51%		*18.41 %	*0.00%	*23.9%	*0.0%		61.3%		18.2%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Friday - 10/23/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001215 Shrimp Poppers, WG Rich's	3/4c	200	230	2.00	490	1.00	*N/A*	11.00	0.00	60	22.00	3.00	12.00	*N/A*	31.0	1.00	2.30
990183 Three Cheese Mac (Cavatappi)	6 oz Serving	200	321	9.20	803	3.00	*N/A*	16.00	0.00	47	27.00	2.00	16.00	*N/A*	*N/A*	*N/A*	*N/A*
000557 Carrot Coins	1/2 cup	300	27	0.09	43	2.98	0.00	0.50	0.00	0	5.64	2.41	0.42	618	25.6	1.68	0.39
990193 Cucumber Ranch Salad	1/4 CUP	100	188	3.00	171	*1.00	*N/A*	19.00	0.00	15	3.00	*0.00	*0.00	*N/A*	20.6	1.34	0.24
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			812	*9.59	*1113	*33.74	*0.00	*29.79	*0.00	*78	105.50	*12.32	*33.39	*422	*474.3	*56.94	*3.16
% of Calories				*10.63 %		*16.62 %	*0.00%	*33.0%	*0.0%		52.0%		*16.4%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Monday - 10/26/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001020 Chicken Parmesan, Secondary	Serving	200	290	4.46	875	*0.13	*0.00	15.33	*0.00	51	19.43	2.35	21.27	*32	221.6	4.65	0.97
990177 Pasta Rotini, Secondary	6 oz scoop	200	105	*N/A*	10	*N/A*	*N/A*	0.75	0.00	0	22.00	2.00	3.50	*N/A*	8.6	0.00	0.67
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000803 Fruit Fresh Choice	1/2cup portion	175	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000571 Fruit Choice	1/2 cup	175	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	200	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			662	*7.48	*991	*22.02	*0.00	*23.98	*0.00	*59	79.33	8.88	35.71	*35	*632.7	*32.48	*2.85
% of Calories				*10.17 %		*13.31 %	*0.00%	*32.6%	*0.0%		47.9%		21.6%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Tuesday - 10/27/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990326 Tacos Soft Shell (Secondary) Chicken Carnitas	1 Shell	200	175	1.02	375	*0.04	*0.00	3.12	*0.00	39	22.63	4.24	16.15	*5	*46.3	*0.12	*1.38
001218 Fajita Peppers and Onions	1/2 cup	100	30	0.02	3	*2.45	*0.00	0.06	0.00	0	7.05	1.71	1.00	*0	16.8	44.47	0.25
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	300	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			739	*4.98	*962	*27.35	*0.00	*18.62	*0.00	*46	109.99	17.95	35.02	*25	*495.9	*54.31	*4.20
% of Calories				*6.06%		*14.80 %	*0.00%	*22.7%	*0.0%		59.5%		19.0%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Wednesday - 10/28/2026 Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001146 WG cinnamon roll, BakerBoy	each	250	219	2.01	291	*4.48	*4.38	5.02	0.00	15	38.67	3.02	5.06	*N/A*	*22.7	*0.02	*1.44
000541 Cheese Omelet	serving 2.1 oz	250	130	4.00	300	*N/A*	*N/A*	10.00	0.00	180	2.00	0.00	7.00	*N/A*	80.0	0.00	0.70

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990281 potato, halves rst herb and parm seasoned	1/2 cup	200	120	1.00	190	1.00	0.00	3.50	0.00	0	17.00	2.00	4.00	*N/A*	30.0	2.00	0.90
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			755	*7.72	*948	*30.24	*2.36	*24.81	*0.00	*134	104.35	10.45	30.21	*19	*501.4	*47.12	*3.40
% of Calories				*9.20%		*16.02 %	*1.25%	*29.6%	*0.0%		55.3%		16.0%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Thursday - 10/29/2026

Reimbursable Meal Total 465

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001182 Hotdog, all beef on WG bun	each	200	302	6.48	788	1.00	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*N/A*	*59.8	*0.00	*1.36
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			705	*7.65	*1143	*28.77	*0.00	*25.78	*0.43	*48	92.70	11.29	27.29	*59	*435.4	*49.28	*3.52
% of Calories				*9.77%		*16.32 %	*0.00%	*32.9%	*0.5%		52.6%		15.5%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Oct 1, 2026 thru Oct 30, 2026

Friday - 10/30/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	200	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990033 Marinara Sauce	1/2 cup	200	54	0.00	441	*N/A*	*N/A*	0.90	0.00	0	9.90	2.70	1.80	*N/A*	36.0	8.10	0.97
000687 Salad, Small Caesar	Serving	400	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp, 16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			752	*7.78	*1242	*28.89	*0.00	*27.54	*0.00	*40	95.45	11.41	33.66	*207	*718.9	*54.60	*3.45
% of Calories				*9.31%		*15.37 %	*0.00%	*33.0%	*0.0%		50.8%		17.9%				
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10	<=30									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		754	*7.32	*1050	*29.86	*0.21	*24.55	*0.06	*61	101.71	*12.10	*34.34	*96	*541.2	*53.44	*3.47
% of Calories			*8.74%		*15.84 %	*0.11%	*29.3%	*0.1%		54.0%		*18.2%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.