

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Menu Name: NORTHFIELD HIGH SCHOOL LUNCH
Site:
Use Alternate Menu Name: No

Include Cost: Yes
Report Style: Detailed

Wednesday - 05/01/2024 Reimbursable Meal Total 625

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990133 Teriyaki Chicken, Yang	3 oz	200	144	1.25	413	8	*N/A*	4.38	0.00	88	7.50	0.00	18.76	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	200	150	0.50	280	10	*N/A*	3.00	0.00	40	19.00	0.00	11.00	100	0.0	1.20	0.70	\$0.000
000607 Oriental Vegetables	1/2 cup	380	17	0.00	10	0	*N/A*	0.00	0.00	0	2.66	1.33	0.66	155	11.3	8.33	0.17	\$0.000
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	400	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	1150	30.0	1.20	1.08	\$0.000
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
001243 Egg Roll, Veg WG	each	200	140	1.00	240	3	*N/A*	4.50	0.00	0	21.00	3.00	4.00	600	30.0	11.00	1.10	\$0.000
000571 Fruit Choice	1/2 cup	380	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	320	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	425	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			390	*1.93	*627	*21	*0	*6.31	*0.00	*48	63.11	5.05	20.10	*2461	*257.4	*34.57	*1.84	\$0.000
% of Calories				*4.45%		*21.5%	*0%	*14.6%	*0.0%		64.7%		20.6%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Thursday - 05/02/2024 Reimbursable Meal Total 550

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000637 Taco in a Bag	serving	450	476	*7.25	940	*1	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	579	306.6	2.40	2.24	\$0.000
000699 Assorted Taco Toppings	1/2 cup	450	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
000515 Beans Refried	1/4 CUP	350	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	0	51.3	0.00	2.16	\$0.000
000571 Fruit Choice	1/2 cup	550	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	550	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			805	*8.27	1290	*26	*0	*25.94	*0.00	*78	97.54	*14.97	*42.77	2733	622.2	46.72	4.64	\$0.000
% of Calories				*9.25%		*12.9%	*0%	*29.0%	*0.0%		48.5%		*21.3%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Friday - 05/03/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000692 Hamburger/Cheeseburger/Veggie	sandwich	450	308	4.66	606	*0	*N/A*	12.38	*0.00	58	30.10	3.15	22.32	162	130.2	0.00	3.45	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	450	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	400	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	400	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			522	*5.04	*813	*26	*0	*12.26	*0.00	*54	77.70	9.37	29.41	*3908	*420.4	*38.53	*4.53	\$0.000
% of Calories				*8.69%		*19.9%	*0%	*21.1%	*0.0%		59.5%		22.5%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Monday - 05/06/2024

Reimbursable Meal Total 550

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990231 Pupusa, Beef and Cheese, WG	each	400	240	2.50	700	1	0	10.00	0.00	20	29.00	0.00	10.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000515 Beans Refried	1/4 CUP	350	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	0	51.3	0.00	2.16	\$0.000
000699 Assorted Taco Toppings	1/2 cup	450	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
990232 Coleslaw, Veggie Slaw (Curtido)	1/2 cup	100	39	0.01	24	*0	*N/A*	0.02	*0.00	0	7.35	3.43	1.70	633	52.8	36.82	0.66	\$0.000
000820 Chips and Salsa	Serving	300	148	1.02	565	*2	*N/A*	5.16	*0.00	0	24.01	1.08	2.89	261	57.5	1.08	0.60	\$0.000
000571 Fruit Choice	1/2 cup	550	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	550	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			678	*4.72	1342	*27	*0	*18.75	*0.00	*25	105.61	14.54	25.24	*2517	*412.4	*52.04	*3.25	\$0.000
% of Calories				*6.27%		*15.9%	*0%	*24.9%	*0.0%		62.3%		14.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Tuesday - 05/07/2024

Reimbursable Meal Total 520

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990113 Chicken Wings, Bone-In	4 each	400	285	6.12	336	0	*N/A*	22.43	0.00	127	1.02	0.00	18.35	0	0.0	0.00	0.73	\$0.000
000942 Sauces Assorted	1 oz	400	23	0.03	336	*2	*N/A*	0.62	0.00	0	4.24	0.14	0.67	250	11.9	0.00	0.28	\$0.000
000775 Potatoes OR Lightly Seasoned P	Serving 5-6Pot	300	90	0.00	370	*N/A*	*N/A*	2.00	0.00	0	16.00	2.00	2.00	*N/A*	*N/A*	9.00	1.08	\$0.000
000258 Broccoli	1/2 cup	300	26	0.02	10	1	*N/A*	0.11	0.00	0	4.92	2.76	2.85	930	30.4	36.89	0.56	\$0.000
990074 Roll, Sister Shuber WG	1 each	300	160	0.00	200	5	*N/A*	2.00	0.00	5	30.00	3.00	5.00	0	0.0	0.00	1.80	\$0.000
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	400	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	400	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			614	*6.22	*1004	*25	*0	*22.76	*0.00	*111	73.84	8.68	29.44	*3100	*343.2	*67.32	*3.49	\$0.000
% of Calories				*9.12%		*16.3%	*0%	*33.4%	*0.0%		48.1%		19.2%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Wednesday - 05/08/2024

Reimbursable Meal Total 550

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000532 Pasta w/Meatsauce Sec	serving	400	466	*4.22	636	*7	*N/A*	12.07	0.36	45	65.52	13.10	29.14	4545	91.1	*54.00	5.17	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000667 Pasta w/Sauce Sec	1/2 cup	50	293	*0.00	151	*7	*N/A*	1.80	0.00	0	62.80	11.73	11.73	4500	54.0	54.00	2.81	\$0.000
001248 Vegetable, Zucchini	1/2 cup	400	16	0.10	8	2	*N/A*	0.30	0.00	0	3.00	1.00	1.20	175	15.0	17.40	0.27	\$0.000
000529 Fresh Vegetables	1/2 cup	450	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000612 Garlic Breadstick 6"	1 stick	450	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	0	0.0	0.00	0.00	\$0.000
000571 Fruit Choice	1/2 cup	500	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	500	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			705	*5.17	*770	*29	*0	*15.42	*0.26	*42	113.54	16.61	34.57	*6567	*388.3	*105.09	*5.07	\$0.000
% of Calories				*6.60%		*16.5%	*0%	*19.7%	*0.3%		64.4%		19.6%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Thursday - 05/09/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001138 Chicken tenders, WG crispy	1/2 cup	450	230	2.00	400	2	*N/A*	11.00	0.00	45	12.00	1.00	20.00	0	0.0	0.00	1.60	\$0.000
990029 Sauces Assorted *RESIZED*	2 oz	400	46	0.06	672	*3	*N/A*	1.25	0.00	0	8.48	0.28	1.33	500	23.8	0.00	0.57	\$0.000
000704 Pasta Salad, Vegetarian	1/2 cup	300	152	*0.16	406	*2	*N/A*	4.01	*0.00	*0	24.13	*1.44	*4.44	*376	*16.0	*23.51	*1.01	\$0.000
990028 Potato Crinkle Sweet Potato	1/2 cup	450	200	1.33	227	*N/A*	*N/A*	8.00	0.00	0	29.35	4.00	1.33	133	0.0	21.61	2.64	\$0.000
000529 Fresh Vegetables	1/2 cup	400	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001095 Bread, WG dinner roll	roll	200	70	0.00	125	3	*N/A*	1.00	0.00	0	14.00	1.00	3.00	0	20.0	0.00	1.08	\$0.000
000571 Fruit Choice	1/2 cup	400	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	400	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			677	*4.11	*1364	*25	*0	*20.77	*0.00	*44	93.47	*9.14	*29.56	*2956	*322.1	*68.74	*5.34	\$0.000
% of Calories				*5.46%		*14.8%	*0%	*27.6%	*0.0%		55.2%		*17.5%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Friday - 05/10/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990220 Tikka Masala, Chicken	4 oz serving	400	180	1.00	370	17	*N/A*	4.00	0.00	50	20.00	0.00	16.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000602 Cauliflower	1/2 cup	300	17	0.03	16	1	*N/A*	0.20	0.00	0	3.38	2.43	1.45	9	15.3	28.17	0.37	\$0.000
990221 Naan Bread, WG; 1 oz	each	400	70	0.00	100	1	*N/A*	1.00	0.00	0	12.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000601 Brown Rice	1/2 cup	300	109	0.16	1	*N/A*	*N/A*	0.81	*N/A*	0	22.92	1.76	2.26	0	9.8	0.00	0.52	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
990126 Hummus, Grecin	2.5 oz	100	152	1.27	291	3	*N/A*	11.39	0.00	0	10.12	2.53	5.06	0	0.0	0.00	1.01	\$0.000
000571 Fruit Choice	1/2 cup	450	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	450	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			477	*2.38	*528	*33	*0	*8.48	*0.00	*44	77.40	7.98	23.84	*2124	*303.0	*52.65	*1.34	\$0.000
% of Calories				*4.49%		*27.7%	*0%	*16.0%	*0.0%		64.9%		20.0%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Monday - 05/13/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001202 Loaded Oven Fries/Tater Totchos	serving	450	379	*5.90	1222	*N/A*	*N/A*	*20.52	*0.24	*38	31.40	*3.58	*17.77	*166	124.7	*8.26	2.93	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	450	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
001095 Bread, WG dinner roll	roll	300	70	0.00	125	3	*N/A*	1.00	0.00	0	14.00	1.00	3.00	0	20.0	0.00	1.08	\$0.000
000601 Brown Rice	1/2 cup	300	109	0.16	1	*N/A*	*N/A*	0.81	*N/A*	0	22.92	1.76	2.26	0	9.8	0.00	0.52	\$0.000
000571 Fruit Choice	1/2 cup	450	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	450	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			597	*6.10	1160	*21	*0	*19.62	*0.19	*39	82.47	*7.83	*25.07	*3033	404.6	*33.33	3.90	\$0.000
% of Calories				*9.20%		*14.1%	*0%	*29.6%	*0.3%		55.3%		*16.8%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Tuesday - 05/14/2024

Reimbursable Meal Total 450

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001092 Pasta,Alfredo&Chic,WG rot Sec	-serving	350	493	*8.81	1005	*N/A*	*N/A*	19.82	0.00	71	59.41	13.40	22.93	*36	*26.8	*0.40	*2.22	\$0.000
000920 Breadsticks Whole Wheat, New York	stick	300	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	0	0.0	0.00	0.70	\$0.000
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3	*N/A*	0.34	0.00	0	8.10	2.48	2.47	7611	18.4	6.48	0.75	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			671	*8.29	*1063	*22	*0	*18.80	*0.00	*64	101.38	17.25	29.94	*6602	*332.6	*44.74	*3.33	\$0.000
% of Calories				*11.12 %		*13.1%	*0%	*25.2%	*0.0%		60.4%		17.8%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Wednesday - 05/15/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001161 Pizza, WG Primo Cheese, 8ct	each	450	360	7.00	600	9	*N/A*	16.00	0.00	35	34.00	3.00	21.00	400	450.0	0.00	2.70	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000258 Broccoli	1/2 cup	400	26	0.02	10	1	*N/A*	0.11	0.00	0	4.92	2.76	2.85	930	30.4	36.89	0.56	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000571 Fruit Choice	1/2 cup	500	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	500	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			526	*6.90	*621	*29	*0	*15.22	*0.00	*36	73.31	8.91	27.25	*4259	*673.7	*67.16	*3.41	\$0.000
% of Calories				*11.81 %		*22.1%	*0%	*26.0%	*0.0%		55.7%		20.7%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Thursday - 05/16/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990228 Turkey Patty, Dill, WG Sandwich	each	200	360	2.00	930	*1	*N/A*	10.50	0.00	35	46.00	4.00	22.00	*0	*80.0	*0.00	*1.44	\$0.000
000306 Sandwich, Chicken crispy filet	Sandwich	200	360	2.50	620	*N/A*	*N/A*	11.50	0.00	50	42.00	4.00	26.00	0	100.0	0.00	2.88	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000
990193 Cucumber Ranch Salad	1/4 CUP	200	188	3.00	171	*1	*N/A*	19.00	0.00	15	3.00	*0.00	*0.00	*50	20.6	1.34	0.24	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	550	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	550	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			609	*4.13	*886	*28	*0	*17.11	*0.00	*45	88.88	*9.28	*28.29	*2728	*406.6	*43.99	*3.09	\$0.000
% of Calories				*6.10%		*18.4%	*0%	*25.3%	*0.0%		58.4%		*18.6%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Friday - 05/17/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001145 WG cheese bread, Tony's	each	300	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	300	400.0	0.00	1.80	\$0.000
990042 Bosco WG Cheese Breadstick *RESIZED*	2 each	300	300	5.00	440	2	*N/A*	10.00	0.00	30	34.00	4.00	20.00	600	400.0	0.00	2.16	\$0.000
990033 Marinara Sauce	1/2 cup	450	54	0.00	441	*N/A*	*N/A*	0.90	0.00	0	9.90	2.70	1.80	270	36.0	8.10	0.97	\$0.000
000687 Salad, Small Caesar	Serving	450	121	2.58	370	1	*N/A*	10.60	*0.00	5	3.29	1.14	3.49	4153	110.9	1.96	0.58	\$0.000
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	500	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	500	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			665	*7.87	*1307	*22	*0	*22.06	*0.00	*37	84.95	10.68	34.09	*5901	*826.7	*44.27	*4.01	\$0.000
% of Calories				*10.65 %		*13.2%	*0%	*29.9%	*0.0%		51.1%		20.5%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Monday - 05/20/2024

Reimbursable Meal Total 495

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001020 Chicken Parmesan, Secondary	Serving	350	290	4.46	875	*0	*N/A*	15.33	*0.00	51	19.43	2.35	21.27	8658	221.6	4.65	0.97	\$0.000
990177 Pasta Rotini, Secondary	6 oz Serving	350	243	0.00	0	*N/A*	*N/A*	1.22	0.00	0	48.60	1.22	8.50	0	0.0	0.00	1.75	\$0.000
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1	*N/A*	0.11	0.00	0	4.35	2.02	1.01	283	28.4	2.77	0.45	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	175	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000571 Fruit Choice	1/2 cup	175	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			524	*4.26	*731	*14	*0	*13.67	*0.00	*43	74.09	6.13	28.21	*7985	*402.9	*31.30	*2.61	\$0.000
% of Calories				*7.32%		*10.7%	*0%	*23.5%	*0.0%		56.6%		21.5%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Tuesday - 05/21/2024

Reimbursable Meal Total 450

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001182 Hotdog, all beef on WG bun	each	350	302	6.48	788	1	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*0	*59.8	*0.00	*1.36	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
001197	Coleslaw	1/2 cup	175	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	162	48.6	35.96	0.58	\$0.000
000529	Fresh Vegetables	1/2 cup	200	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571	Fruit Choice	1/2 cup	250	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803	Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445	MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average				577	*6.99	*1086	*27	*0	*20.72	*0.77	*38	78.32	9.36	19.79	*3331	*355.3	*49.14	*3.25	\$0.000
% of Calories					*10.90 %		*18.7%	*0%	*32.3%	*1.2%		54.3%		13.7%					
Weekly Nutrient Guideline				750 - 850	<10	1280			<=30										

Wednesday - 05/22/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000983	Omlt Colby Cheese Skillete 2.	each	450	110	3.50	215	*N/A*	*N/A*	8.00	0.00	195	1.00	0.00	8.00	405	35.0	2.00	0.60	\$0.000
000187	CINNAMON ROLLS	2 oz	500	211	0.76	294	*11	*N/A*	4.75	*0.01	1	37.77	1.73	4.66	9	39.0	0.28	1.71	\$0.000
000558	Potato Choice	1/2 cup	450	127	0.44	183	*N/A*	*N/A*	4.57	*0.00	*0	19.79	2.05	1.99	*N/A*	*4.8	*5.31	*0.39	\$0.000
000529	Fresh Vegetables	1/2 cup	350	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571	Fruit Choice	1/2 cup	550	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803	Fruit Fresh Choice	Serving 1/2cup	550	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			604	*5.14	*713	*31	*0	*16.58	*0.01	*164	94.95	7.89	20.61	*2774	*360.9	*51.10	*3.13	\$0.000
% of Calories				*7.66%		*20.5%	*0%	*24.7%	*0.0%		62.9%		13.6%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Thursday - 05/23/2024

Reimbursable Meal Total 390

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001257 Pork Nachos w/Tostitos	Serving	400	310	6.75	500	*0	*N/A*	14.00	0.00	65	20.50	2.00	18.00	350	230.0	0.00	0.90	\$0.000
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
990125 Black beans, Taco Fiesta	serving(1/2c)	250	110	0.00	470	2	*N/A*	1.00	0.00	0	20.00	4.00	5.00	0	40.0	0.00	1.80	\$0.000
000975 Rice Mexican Infusion	servings(1/2c)	250	125	0.72	465	*0	*N/A*	3.34	0.00	0	22.64	0.00	2.11	13	12.8	0.00	0.95	\$0.000
000571 Fruit Choice	1/2 cup	300	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	300	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			720	*9.26	1420	*22	*0	*23.08	*0.00	*76	90.59	9.84	31.75	2072	566.8	32.93	3.68	\$0.000
% of Calories				*11.58 %		*12.2%	*0%	*28.8%	*0.0%		50.3%		17.6%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Friday - 05/24/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000145 No School																			
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%	0%		0%		0%						
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30											

Monday - 05/27/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000145 No School																			
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%	0%		0%		0%						
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30											

Tuesday - 05/28/2024

Reimbursable Meal Total 570

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001161 Pizza, WG Primo Cheese, 8ct	each	450	360	7.00	600	9	*N/A*	16.00	0.00	35	34.00	3.00	21.00	400	450.0	0.00	2.70	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000258 Broccoli	1/2 cup	400	26	0.02	10	1	*N/A*	0.11	0.00	0	4.92	2.76	2.85	930	30.4	36.89	0.56	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	500	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	500	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			526	*6.90	*621	*29	*0	*15.22	*0.00	*36	73.31	8.91	27.25	*4259	*673.7	*67.16	*3.41	\$0.000
% of Calories				*11.81 %		*22.1%	*0%	*26.0%	*0.0%		55.7%		20.7%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Wednesday - 05/29/2024

Reimbursable Meal Total 625

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990133 Teriyaki Chicken, Yang	3 oz	200	144	1.25	413	8	*N/A*	4.38	0.00	88	7.50	0.00	18.76	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	200	150	0.50	280	10	*N/A*	3.00	0.00	40	19.00	0.00	11.00	100	0.0	1.20	0.70	\$0.000
000607 Oriental Vegetables	1/2 cup	380	17	0.00	10	0	*N/A*	0.00	0.00	0	2.66	1.33	0.66	155	11.3	8.33	0.17	\$0.000
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	400	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	1150	30.0	1.20	1.08	\$0.000
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
001243 Egg Roll, Veg WG	each	200	140	1.00	240	3	*N/A*	4.50	0.00	0	21.00	3.00	4.00	600	30.0	11.00	1.10	\$0.000
000571 Fruit Choice	1/2 cup	380	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	320	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000445 MILK (skim, 1% and NF Choc)	8 oz	425	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			390	*1.93	*627	*21	*0	*6.31	*0.00	*48	63.11	5.05	20.10	*2461	*257.4	*34.57	*1.84	\$0.000
% of Calories				*4.45%		*21.5%	*0%	*14.6%	*0.0%		64.7%		20.6%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Thursday - 05/30/2024

Reimbursable Meal Total 550

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000637 Taco in a Bag	serving	450	476	*7.25	940	*1	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	579	306.6	2.40	2.24	\$0.000
000699 Assorted Taco Toppings	1/2 cup	450	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
000515 Beans Refried	1/4 CUP	350	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	0	51.3	0.00	2.16	\$0.000
000571 Fruit Choice	1/2 cup	550	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	550	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average			805	*8.27	1290	*26	*0	*25.94	*0.00	*78	97.54	*14.97	*42.77	2733	622.2	46.72	4.64	\$0.000
% of Calories				*9.25%		*12.9%	*0%	*29.0%	*0.0%		48.5%		*21.3%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=30										

Friday - 05/31/2024

Reimbursable Meal Total 570

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000692	Hamburger/Cheeseburger/Veggie	sandwich	450	308	4.66	606	*0	*N/A*	12.38	*0.00	58	30.10	3.15	22.32	162	130.2	0.00	3.45	\$0.000
000845	Assorted Veggie Toppings	1/2 cup	450	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000505	Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000
000529	Fresh Vegetables	1/2 cup	350	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571	Fruit Choice	1/2 cup	400	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803	Fruit Fresh Choice	Serving 1/2cup	400	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445	MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
Weighted Daily Average				522	*5.04	*813	*26	*0	*12.26	*0.00	*54	77.70	9.37	29.41	*3908	*420.4	*38.53	*4.53	\$0.000
% of Calories					*8.69%		*19.9%	*0%	*21.1%	*0.0%		59.5%		22.5%					
Weekly Nutrient Guideline				750 - 850	<10	1280			<=30										

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	600	*5.66	*956	*25	*0	*17.01	*0.06	*57	84.90	*10.09	*28.55	*3734	*446.3	*50.03	*3.54	\$0.000
% of Calories		*8.49%		*16.7%	*0%	*25.5%	*0.1%		56.6%		*19.0%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.