

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

Menu Name: NORTHFIELD HIGH SCHOOL LUNCH Include Cost: No
 Site:
 Use Alternate Menu Name: No

Friday - 05/01/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Monday - 05/04/2026 Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	200	312	3.88	621	*0.63	*N/A*	13.96	0.00	37	28.78	3.82	17.79	*N/A*	160.0	0.00	1.76
000567 Veg Medley	1/2 cup	300	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			660	*5.74	*836	*26.78	*0.00	*21.27	*0.00	*45	88.17	11.47	31.13	*143	*512.9	*44.25	*2.98
% of Calories				*7.83%		*16.23 %	*0.00%	*29.0%	*0.0%		53.4%		18.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Tuesday - 05/05/2026

Reimbursable Meal Total 515

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	250	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	400	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			699	*8.06	*801	*30.84	*0.00	*22.39	*0.00	*52	94.65	11.77	33.69	*115	*583.1	*74.46	*2.96
% of Calories				*10.38 %		*17.65 %	*0.00%	*28.8%	*0.0%		54.2%		19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Wednesday - 05/06/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000637 Taco in a Bag	serving	200	476	*7.25	940	*1.16	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	*N/A*	306.6	2.40	2.24
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	350	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			864	*7.60	*1143	*30.89	*0.00	*26.13	*0.00	*65	115.46	*17.42	*42.17	*25	*610.7	*50.29	*4.69
% of Calories				*7.92%		*14.30 %	*0.00%	*27.2%	*0.0%		53.5%		*19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Thursday - 05/07/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990133 Teriyaki Chicken, Yang	3 oz	200	144	1.25	413	7.50	*N/A*	4.38	0.00	88	7.50	0.00	18.76	*N/A*	*N/A*	*N/A*	*N/A*
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	200	150	0.50	280	10.00	*N/A*	3.00	0.00	40	19.00	0.00	11.00	*N/A*	0.0	1.20	0.70

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000607 Oriental Vegetables	1/2 cup	380	17	0.00	10	0.00	*N/A*	0.00	0.00	0	2.66	1.33	0.66	*N/A*	11.3	8.33	0.17
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	400	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	*N/A*	30.0	1.20	1.08
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
001243 Egg Roll, Veg WG	each	200	140	1.00	240	3.00	*N/A*	4.50	0.00	0	21.00	3.00	4.00	*N/A*	30.0	11.00	1.10
000571 Fruit Choice	1/2 cup	380	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	320	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			769	*5.23	*1183	*32.52	*0.00	*19.59	*0.00	*84	110.44	9.46	38.72	*14	*472.5	*46.74	*3.31
% of Calories				*6.12%		*16.92 %	*0.00%	*22.9%	*0.0%		57.4%		20.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Friday - 05/08/2026

Reimbursable Meal Total 465

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001136 Sandwich, shredded pork	each	200	333	4.05	646	*4.00	*N/A*	11.62	0.00	51	39.22	3.00	20.20	*N/A*	40.0	0.00	2.25
001197 Coleslaw	1/2 cup	300	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	100	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	*N/A*	0.0	0.00	0.36
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	*N/A*	10.1	0.00	0.61
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			863	*7.37	*1030	*35.00	*0.00	*29.29	*0.00	*65	119.29	14.17	34.04	*32	*573.6	*80.64	*3.71
% of Calories				*7.69%		*16.22 %	*0.00%	*30.5%	*0.0%		55.3%		15.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Monday - 05/11/2026

Reimbursable Meal Total 515

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990107 Pasta w/Meatballs, WG Rotini Secondary	Serving	200	483	*6.00	371	*7.67	*N/A*	15.80	0.00	35	66.80	12.73	25.73	*N/A*	94.0	55.20	4.25
000667 Pasta w/Sauce Sec	1 serving	50	293	*0.00	151	*6.67	*N/A*	1.80	0.00	0	62.80	11.73	11.73	*N/A*	54.0	54.00	2.81
001248 Vegetable, Zucchini	1/2 cup	200	16	0.10	8	2.45	*N/A*	0.30	0.00	0	3.00	1.00	1.20	*N/A*	15.0	17.40	0.27
000529 Fresh Vegetables	1/2 cup	450	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000612 Garlic Breadstick 6"	1 stick	450	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	*N/A*	0.0	0.00	0.00
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SANDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			780	*6.70	*757	*30.48	*0.00	*22.78	*0.00	*40	117.01	14.61	33.27	*21	*445.1	*84.87	*3.70
% of Calories				*7.73%		*15.63 %	*0.00%	*26.3%	*0.0%		60.0%		17.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Tuesday - 05/12/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	serving(2)	100	230	2.00	400	2.00	*N/A*	11.00	0.00	45	12.00	1.00	20.00	*N/A*	0.0	0.00	1.60
990313 Tender, Chicken Spicy FC WG	3 tenders	100	220	1.00	380	2.00	0.00	10.00	0.00	60	17.00	4.00	17.00	*N/A*	*N/A*	*N/A*	*N/A*
000942 Sauces Assorted	1 oz	200	23	0.03	336	*1.67	*N/A*	0.62	0.00	0	4.24	0.14	0.67	*N/A*	11.9	0.00	0.28
000704 Pasta Salad, Vegetarian	serving(1/2c)	200	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
990074 Roll, Sister Shuber WG	1 each	200	160	0.00	200	5.00	*N/A*	2.00	0.00	5	30.00	3.00	5.00	*N/A*	0.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp, 16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			713	*4.78	*1061	*30.46	*0.00	*21.05	*0.00	*54	100.17	*10.31	*32.94	*27	*444.1	*55.67	*3.31
% of Calories				*6.03%		*17.09 %	*0.00%	*26.6%	*0.0%		56.2%		*18.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Wednesday - 05/13/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001231 Hamburger/Cheese/Veggie Secondary	sandwich	200	310	5.28	586	*0.12	*0.06	14.00	*0.01	51	29.75	3.32	19.73	*N/A*	*128.8	*0.00	*1.54
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			699	*6.33	*980	*33.73	*0.03	*19.74	*0.00	*51	101.68	12.20	33.16	*63	*517.5	*46.25	*3.57
% of Calories				*8.15%		*19.30 %	*0.02%	*25.4%	*0.0%		58.2%		19.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Thursday - 05/14/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001146 WG cinnamon roll, BakerBoy	each	250	219	2.01	291	*4.48	*4.38	5.02	0.00	15	38.67	3.02	5.06	*N/A*	*22.7	*0.02	*1.44
990260 Egg Bite, Pork Bacon and Cheese	2 each	250	220	7.00	620	2.00	0.00	16.00	0.00	230	4.00	0.00	16.00	*N/A*	140.0	*N/A*	1.20

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
000558	Potato Choice	1/2 cup	200	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529	Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
001038	Hummus, red pepper GrecDel	serving(2T)	50	50	0.00	120	*N/A*	*N/A*	3.50	0.00	0	4.00	1.00	1.00	*N/A*	0.0	2.40	0.36
000571	Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803	Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445	MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161	Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241	Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491	SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410	UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305	Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118	Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695	Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average				814	*9.11	*1075	*33.37	*2.36	*27.44	*0.00	*161	112.10	11.23	33.37	*23	*529.6	*57.71	*3.50
% of Calories					*10.07 %		*16.40 %	*1.16%	*30.3%	*0.0%		55.1%		16.4%				
Weekly Nutrient Guideline				750 - 850	<10	1280		<10	<=30									

Friday - 05/15/2026

Reimbursable Meal Total 465

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990113 Chicken Wings, Bone-In	4 each	200	285	6.12	336	0.00	*N/A*	22.43	0.00	127	1.02	0.00	18.35	*N/A*	0.0	0.00	0.73
000942 Sauces Assorted	1 oz	200	23	0.03	336	*1.67	*N/A*	0.62	0.00	0	4.24	0.14	0.67	*N/A*	11.9	0.00	0.28
990280 sweet potato waffle, Redstone Canyon	3 oz(11 pieces	200	160	1.50	320	0.00	0.00	10.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	*N/A*	0.40
001192 Jicama Apple Slaw	portion	100	70	0.02	32	*1.56	*0.00	0.15	0.00	1	15.50	5.02	2.12	*0	58.5	17.72	0.67
001197 Coleslaw	1/2 cup	100	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
990074 Roll, Sister Shuber WG	1 each	200	160	0.00	200	5.00	*N/A*	2.00	0.00	5	30.00	3.00	5.00	*N/A*	0.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	200	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	200	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			950	*10.98	*1315	*30.79	*0.00	*38.33	*0.00	*108	113.16	12.33	41.23	*19	*557.0	*57.11	*3.88
% of Calories				*10.40 %		*12.96 %	*0.00%	*36.3%	*0.0%		47.6%		17.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Monday - 05/18/2026

Reimbursable Meal Total 460

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001257 Pork Nachos w/Tostitos	Serving	300	310	6.75	500	*0.00	*N/A*	14.00	0.00	65	20.50	2.00	18.00	*N/A*	230.0	0.00	0.90
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
990108 Bean, Tx Ranchero Pinto	1/2 cup	300	96	0.00	427	0.87	*N/A*	0.44	0.00	0	17.45	4.36	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990237 Brown Rice with salsa	1/2 cup	100	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			794	*8.54	*1148	*29.56	*0.00	*23.75	*0.00	*73	104.56	12.42	37.52	*85	*626.2	*42.98	*2.51
% of Calories				*9.68%		*14.89 %	*0.00%	*26.9%	*0.0%		52.7%		18.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Tuesday - 05/19/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990274 Chicken Parmesan Alfredo (Secondary)	4 oz scoop	200	197	4.50	887	1.00	1.00	8.67	0.00	80	6.00	0.00	23.33	*N/A*	*170.0	*N/A*	*0.00
990275 Pasta, FC WG rotini, Marz	6 oz scoop	200	200	*N/A*	20	*N/A*	*N/A*	1.50	0.00	0	44.00	7.00	7.00	*N/A*	17.2	0.00	1.34
000920 Breadsticks Whole Wheat, New York	1 stick	200	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			680	*6.02	*973	*26.45	*0.43	*18.63	*0.00	*63	97.32	11.84	36.07	*221	*518.4	*43.34	*2.82
% of Calories				*7.97%		*15.56 %	*0.25%	*24.7%	*0.0%		57.2%		21.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Wednesday - 05/20/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	250	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	400	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			762	*8.92	*873	*32.86	*0.00	*24.52	*0.00	*56	103.42	13.03	36.45	*127	*613.6	*82.21	*3.27
% of Calories				*10.54 %		*17.25 %	*0.00%	*29.0%	*0.0%		54.3%		19.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Thursday - 05/21/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	200	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000774 Vegetables Squash	1/2 cup	150	149	2.46	99	*N/A*	*N/A*	8.69	*0.00	0	19.48	3.40	2.16	*N/A*	63.5	27.90	1.32
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			762	*5.51	*987	*35.08	*0.00	*20.24	*0.00	*55	116.83	13.54	34.67	*44	*512.9	*61.97	*3.71
% of Calories				*6.51%		*18.41 %	*0.00%	*23.9%	*0.0%		61.3%		18.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Friday - 05/22/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Monday - 05/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Tuesday - 05/26/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000615 Tacos Soft Shell (Secondary)	1 Shell	200	306	*2.97	605	*0.00	*N/A*	*9.93	*0.00	*67	27.00	*4.00	*25.90	*N/A*	40.0	2.40	2.89
001218 Fajita Peppers and Onions	1/2 cup	100	30	0.02	3	*2.45	*0.00	0.06	0.00	0	7.05	1.71	1.00	*0	16.8	44.47	0.25
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	300	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			795	*5.82	*1060	*27.33	*0.00	*21.55	*0.00	*58	111.87	*17.85	*39.21	*22	*493.2	*55.29	*4.85
% of Calories				*6.59%		*13.75 %	*0.00%	*24.4%	*0.0%		56.3%		*19.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Wednesday - 05/27/2026

Reimbursable Meal Total 465

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001146 WG cinnamon roll, BakerBoy	each	250	219	2.01	291	*4.48	*4.38	5.02	0.00	15	38.67	3.02	5.06	*N/A*	*22.7	*0.02	*1.44
000541 Cheese Omelet	serving 2.1 oz	250	130	4.00	300	*N/A*	*N/A*	10.00	0.00	180	2.00	0.00	7.00	*N/A*	80.0	0.00	0.70
990281 potato, halves rst herb and parm seasoned	1/2 cup	200	120	1.00	190	1.00	0.00	3.50	0.00	0	17.00	2.00	4.00	*N/A*	30.0	2.00	0.90
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			755	*7.72	*948	*30.24	*2.36	*24.81	*0.00	*134	104.35	10.45	30.21	*19	*501.4	*47.12	*3.40
% of Calories				*9.20%		*16.02 %	*1.25%	*29.6%	*0.0%		55.3%		16.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

Thursday - 05/28/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990291 Kielbasa, Turkey FC on WG Bun	each	200	280	2.00	880	7.00	6.00	9.00	0.00	60	32.00	4.00	18.00	*N/A*	*60.0	*0.00	*1.08
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp, 16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			695	*5.72	*1183	*31.35	*2.58	*21.86	*0.00	*61	96.30	12.52	30.89	*59	*435.5	*49.28	*3.40
% of Calories				*7.41%		*18.04 %	*1.48%	*28.3%	*0.0%		55.4%		17.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Friday - 05/29/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	200	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990033 Marinara Sauce	1/2 cup	200	54	0.00	441	*N/A*	*N/A*	0.90	0.00	0	9.90	2.70	1.80	*N/A*	36.0	8.10	0.97
000687 Salad, Small Caesar	Serving	400	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp, 16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			752	*7.78	*1242	*28.89	*0.00	*27.54	*0.00	*40	95.45	11.41	33.66	*207	*718.9	*54.60	*3.45
% of Calories					*9.31%		*15.37 %	*0.00%	*33.0%	*0.0%		50.8%		17.9%			
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	767	*7.11	*1033	*30.92	*0.43	*23.94	*0.00	*70	105.68	*12.67	*35.13	*70	*537.0	*57.49	*3.50
% of Calories		*8.34%		*16.13 %	*0.22%	*28.1%	*0.0%		55.1%		*18.3%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.