Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Nov 2, 2026 thru Nov 30, 2026

Menu Name: NORTHFIELD ELEMENTARY LUNCH
Include Cost: No
Site: All Sites
Use Alternate Menu Name: No

Monday - 11/02/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	350	500	5.25	1015	*0.00	*N/A*	21.50	0.00	82	40.00	4.50	35.50	*N/A*	160.0	0.00	2.86
000567 Veg Medley	1/2 cup	200	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	200	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.18	2.02	6.08	*N/A*	0.0	0.00	0.81
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			773	*5.62	*1237	*22.73	*0.00	*27.51	*0.00	*80	87.49	10.74	44.16	*124	*451.3	*34.28	*3.93
% of Calories				*6.54%		*11.76 %	*0.00%	*32.0%	*0.0%		45.3%		22.9%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Tuesday - 11/03/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9.00	*N/A*	13.00	0.00	35	27.00	3.00	17.00	*N/A*	450.0	0.00	2.70
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	300	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	30	435	5.56	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			597	*6.15	*730	*35.01	*0.00	*17.64	*0.00	*53	81.94	10.22	30.68	*89	*775.4	*72.28	*3.77
% of Calories				*9.27%		*23.46 %	*0.00%	*26.6%	*0.0%		54.9%		20.6%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Wednesday - 11/04/2026 **Reimbursable Meal Total 410**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000637 Taco in a Bag	serving	300	476	*7.25	940	*1.16	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	*N/A*	306.6	2.40	2.24
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000699 Assorted Taco Toppings	1/2 cup	350	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	100	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	25	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			790	*7.47	1294	*27.78	*0.00	*28.19	*0.00	*77	91.32	*11.92	*40.79	*25	*621.5	*43.35	*3.93
% of Calories				*8.51%		*14.07 %	*0.00%	*32.1%	*0.0%		46.2%		*20.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Thursday - 11/05/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990206 Chicken Drumstick, WG	piece	300	219	2.99	527	0.00	*N/A*	12.94	0.00	60	5.97	1.00	18.91	*N/A*	*N/A*	*N/A*	*N/A*
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000860 Potatoes OR Rosemary Garlic R	1/2 CUP	300	135	0.00	445	*N/A*	*N/A*	4.05	0.00	0	20.25	2.70	2.70	*N/A*	0.0	3.24	0.49
000526 Corn	1/2 cup	150	67	0.08	1	2.53	0.00	0.55	0.00	0	15.92	1.98	2.10	8	2.5	2.89	0.39

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001095 Bread,WG dinner roll	roll	200	70	0.00	125	3.00	*N/A*	1.00	0.00	0	14.00	1.00	3.00	*N/A*	20.0	0.00	1.08
000573 SALAD SIDE	serving	100	244	3.11	277	7.90	*0.00	19.47	0.00	15	15.11	*5.52	*2.63	*1002	85.0	44.66	1.88
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	25	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			617	*3.91	*1022	*24.40	*0.00	*22.46	*0.00	*57	76.20	*8.96	*28.70	*272	*327.7	*41.55	*2.26
% of Calories				*5.70%		*15.82 %	*0.00%	*32.8%	*0.0%		49.4%		*18.6%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Friday - 11/06/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Monday - 11/09/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	300	150	0.50	280	10.00	*N/A*	3.00	0.00	40	19.00	0.00	11.00	*N/A*	0.0	1.20	0.70
990133 Teriyaki Chicken, Yang	3 oz	300	144	1.25	413	7.50	*N/A*	4.38	0.00	88	7.50	0.00	18.76	*N/A*	*N/A*	*N/A*	*N/A*
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	300	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	*N/A*	30.0	1.20	1.08
000433 Mixed Vegetables	1/2 cup	200	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
001095 Bread,WG dinner roll	roll	100	70	0.00	125	3.00	*N/A*	1.00	0.00	0	14.00	1.00	3.00	*N/A*	20.0	0.00	1.08
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	25	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			680	*2.58	*1061	*40.64	*0.00	*13.47	*0.00	*103	102.05	8.54	38.92	*126	*423.4	*49.15	*2.96
% of Calories				*3.41%		*23.91 %	*0.00%	*17.8%	*0.0%		60.0%		22.9%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Tuesday - 11/10/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	3 tenders	350	260	2.00	520	0.00	*N/A*	11.00	0.00	60	15.00	1.00	24.00	*N/A*	0.0	0.00	1.60
990029 Sauces Assorted *RESIZED*	2 oz	150	46	0.06	672	*3.34	*N/A*	1.25	0.00	0	8.48	0.28	1.33	*N/A*	23.8	0.00	0.57
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000704 Pasta Salad,Vegetarian	serving(1/2c)	250	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
000977 Potato Crinkle Sweet Potato	oz	100	50	0.33	57	*N/A*	*N/A*	2.00	0.00	0	7.34	1.00	0.33	*N/A*	0.0	5.40	0.66
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	20	435	5.56	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			589	*3.00	*1173	*23.09	*0.00	*18.35	*0.00	*68	70.64	*5.48	*34.95	*47	*363.7	*39.72	*2.98
% of Calories				*4.58%		*15.68 %	*0.00%	*28.0%	*0.0%		48.0%		*23.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Wednesday - 11/11/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000692 Hamburger/Cheeseburger/ Veggie Elementary	sandwich	350	180	3.18	376	*0.12	*0.06	8.11	*0.00	29	17.28	1.99	11.80	*N/A*	*93.6	*0.00	*0.91

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000939 Veggie Burgers,Black Bean Spicy	Sandwich	5	306	1.67	615	*2.34	*1.17	7.35	0.00	6	46.73	8.85	20.39	*N/A*	150.2	0.00	2.96
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	250	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	20	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			516	*3.75	*737	*29.46	*0.06	*12.79	*0.00	*38	78.29	9.15	25.27	*39	*446.7	*39.94	*2.68
% of Calories				*6.54%		*22.84 %	*0.05%	*22.3%	*0.0%		60.7%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Thursday - 11/12/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990174 Pasta w/red sauce only Elem	serving	100	122	*0.00	133	*6.67	*N/A*	0.49	0.00	0	24.46	4.65	5.63	*N/A*	39.0	54.00	1.64
000673 Pasta w/Meatsauce Elem	serving	200	295	*4.22	619	*6.67	*N/A*	10.77	0.36	45	27.17	6.02	23.04	*N/A*	76.0	*54.00	4.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001035 Pasta w/Meatballs, WG Rot Elem	Serving	200	274	*4.80	309	*7.47	*N/A*	11.69	0.00	28	27.66	5.45	16.83	*N/A*	71.0	54.96	2.79
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	200	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000612 Garlic Breadstick 6"	1 stick	350	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	*N/A*	0.0	0.00	0.00
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	25	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			687	*5.85	*850	*32.06	*0.00	*20.13	*0.16	*48	94.30	12.46	35.62	*65	*431.7	*110.47	*4.67
% of Calories				*7.66%		*18.67 %	*0.00%	*26.4%	*0.2%		54.9%		20.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Friday - 11/13/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990302 Pancake, Maple pouch	each	200	200	1.00	210	10.00	10.00	6.00	0.00	0	35.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
990301 Pancake, WG 3.75"	2 each	200	140	0.00	367	5.30	4.00	2.00	0.00	7	27.30	2.78	2.78	*N/A*	*N/A*	*N/A*	*N/A*

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001027 Strawberries, fresh	serving(1/2c)	200	36	0.02	1	5.54	*N/A*	0.34	0.00	0	8.71	2.27	0.76	*N/A*	22.7	101.38	0.82
000834 Toppings fruit	Servings 2TB	100	12	0.00	0	2.90	*N/A*	0.02	0.00	0	3.25	0.31	0.07	*0	1.3	3.22	0.06
000548 Yogurt	4 oz	300	90	0.00	50	14.00	*N/A*	0.00	0.00	3	19.00	0.00	3.00	*N/A*	300.0	1.20	0.00
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000558 Potato Choice	1/2 cup	325	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	25	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			597	*1.97	*691	*39.69	*6.36	*13.51	*0.00	*19	102.42	10.19	18.82	*31	*518.8	*90.60	*1.64
% of Calories				*2.97%		*26.59 %	*4.26%	*20.4%	*0.0%		68.6%		12.6%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Monday - 11/16/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000763 Beef Nachos w/Tostitos	Serving	300	426	*8.97	755	*0.00	*N/A*	*20.43	*0.00	*97	25.00	*2.00	*30.90	*N/A*	220.0	2.40	2.17

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000699 Assorted Taco Toppings	1/2 cup	300	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000519 Black Bean & Corn Salsa	1/2 CUP	100	63	0.20	97	*1.03	*0.00	2.42	*0.01	*0	9.28	2.37	2.16	*7	15.0	4.64	0.81
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			707	*8.33	1131	*22.40	*0.00	*26.58	*0.00	*81	79.78	*9.81	*35.06	*43	*477.1	*35.60	*3.33
% of Calories				*10.60 %		*12.67 %	*0.00%	*33.8%	*0.0%		45.1%		*19.8%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Tuesday - 11/17/2026 **Reimbursable Meal Total 505**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001036 Pasta,Alfredo&Chic,WG rot Elem	cup	350	322	*8.81	987	*N/A*	*N/A*	18.51	0.00	71	21.06	6.31	16.83	*N/A*	*11.7	*0.40	*1.05
000920 Breadsticks Whole Wheat, New York	1 stick	300	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
001115 PBJ, meal elem	entree	65	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	25	435	5.56	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			579	*7.50	*1099	*23.03	*0.00	*20.24	*0.00	*69	73.75	11.55	27.36	*231	*340.2	*40.67	*2.53
% of Calories				*11.66 %		*15.91 %	*0.00%	*31.5%	*0.0%		50.9%		18.9%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Wednesday - 11/18/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9.00	*N/A*	13.00	0.00	35	27.00	3.00	17.00	*N/A*	450.0	0.00	2.70
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	300	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			591	*6.09	*679	*34.83	*0.00	*17.21	*0.00	*45	82.05	10.19	29.88	*51	*765.6	*71.88	*3.77
% of Calories				*9.27%		*23.57 %	*0.00%	*26.2%	*0.0%		55.5%		20.2%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Thursday - 11/19/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	350	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	250	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	30	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			645	*2.38	*1048	*30.95	*0.00	*13.10	*0.00	*63	101.28	11.53	35.69	*76	*438.0	*43.02	*3.33
% of Calories				*3.32%		*19.19 %	*0.00%	*18.3%	*0.0%		62.8%		22.1%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Friday - 11/20/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001215 Shrimp Poppers, WG RIch's	3/4c	350	230	2.00	490	1.00	*N/A*	11.00	0.00	60	22.00	3.00	12.00	*N/A*	31.0	1.00	2.30
000487 French Fries	4 oz serving	300	101	0.00	12	*N/A*	*N/A*	0.00	0.00	0	23.81	2.24	3.40	*N/A*	20.9	14.62	1.19
000557 Carrot Coins	1/2 cup	200	27	0.09	43	2.98	0.00	0.50	0.00	0	5.64	2.41	0.42	618	25.6	1.68	0.39
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990193 Cucumber Ranch Salad	1/4 CUP	250	188	3.00	171	*1.00	*N/A*	19.00	0.00	15	3.00	*0.00	*0.00	*N/A*	20.6	1.34	0.24
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	25	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			683	*4.52	*790	*27.23	*0.00	*26.46	*0.00	*72	88.94	*10.25	*25.22	*314	*407.3	*55.73	*4.05
% of Calories				*5.96%		*15.95 %	*0.00%	*34.9%	*0.0%		52.1%		*14.8%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Monday - 11/23/2026 **Reimbursable Meal Total 390**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990175 Chicken Parmesan, Elementary	Serving	300	290	4.46	875	*0.13	*0.00	15.32	*0.00	51	19.43	2.35	21.27	*32	221.6	4.65	0.97
000534 Pasta Rotini, Elem	4 oz Serving	300	69	*N/A*	7	*N/A*	*N/A*	0.49	0.00	0	14.46	1.31	2.30	*N/A*	5.7	0.00	0.44
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.12	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	150	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	150	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	300	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			548	*5.06	*985	*17.90	*0.00	*19.88	*0.00	*55	64.85	8.19	31.06	*73	*506.0	*37.15	*2.30
% of Calories				*8.31%		*13.07 %	*0.00%	*32.6%	*0.0%		47.3%		22.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Tuesday - 11/24/2026 **Reimbursable Meal Total 435**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	250	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	150	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	*N/A*	0.0	0.00	0.36
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.08	0.00	0	19.24	2.02	2.02	*N/A*	10.1	0.00	0.61
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000634 Chef Salad	serving	25	435	5.56	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			541	*2.86	*757	*27.41	*0.00	*13.90	*0.00	*39	79.64	9.04	25.27	*97	*460.3	*43.90	*2.18
% of Calories				*4.76%		*20.27 %	*0.00%	*23.1%	*0.0%		58.9%		18.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Wednesday - 11/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Thursday - 11/26/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Friday - 11/27/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

Monday - 11/30/2026 **Reimbursable Meal Total 440**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	350	500	5.25	1015	*0.00	*N/A*	21.50	0.00	82	40.00	4.50	35.50	*N/A*	160.0	0.00	2.86
000567 Veg Medley	1/2 cup	200	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	200	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.18	2.02	6.08	*N/A*	0.0	0.00	0.81
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

Nov 2, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			773	*5.62	*1237	*22.73	*0.00	*27.51	*0.00	*80	87.49	10.74	44.16	*124	*451.3	*34.28	*3.93
% of Calories				*6.54%		*11.76 %	*0.00%	*32.0%	*0.0%		45.3%		22.9%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30									

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		642	*4.86	*972	*28.31	*0.38	*19.94	*0.01	*62	84.85	*9.94	*32.45	*107	*482.7	*51.97	*3.19
% of Calories			*6.81%		*17.64 %	*0.24%	*28.0%	*0.0%		52.9%		*20.2%				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.