

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Menu Name: NORTHFIELD ELEMENTARY LUNCH **Include Cost:** Yes
Site: **Report Style:** Detailed
Use Alternate Menu Name: No

Wednesday - 05/01/2024 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	300	150	0.50	280	10	*N/A*	3.00	0.00	40	19.00	0.00	11.00	100	0.0	1.20	0.70	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	300	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	1150	30.0	1.20	1.08	\$0.000
000433 Mixed Vegetables	1/2 cup	200	59	0.03	32	3	*N/A*	0.14	0.00	0	11.91	4.00	2.60	3892	22.8	2.91	0.75	\$0.000
001095 Bread,WG dinner roll	roll	100	70	0.00	125	3	*N/A*	1.00	0.00	0	14.00	1.00	3.00	0	20.0	0.00	1.08	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	410	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	410	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*1	*N/A*	12.37	*0.00	58	32.66	4.75	25.14	6798	206.0	10.29	2.85	\$0.000
Weighted Daily Average			570	*3.19	*756	*33	*0	*9.81	*0.00	*45	95.38	8.34	26.35	*5708	*422.3	*49.68	*3.04	\$0.000
% of Calories				*5.04%		*23.2%	*0%	*15.5%	*0.0%		66.9%		18.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Thursday - 05/02/2024

Reimbursable Meal Total 410

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000637 Taco in a Bag	-serving	300	476	*7.25	940	*1	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	579	306.6	2.40	2.24	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000699 Assorted Taco Toppings	1/2 cup	350	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
000515 Beans Refried	1/4 CUP	100	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	0	51.3	0.00	2.16	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990110 Salad, Crispy Chicken	salad	30	278	2.92	488	*3	*N/A*	9.31	0.00	35	32.48	4.88	19.29	11291	104.5	13.18	2.32	\$0.000
Weighted Daily Average			780	*8.90	1296	*26	*0	*28.12	*0.00	*77	89.43	*11.71	*40.53	3417	616.6	*43.68	*3.92	\$0.000
% of Calories				*10.27%		*13.3%	*0%	*32.4%	*0.0%		45.9%		*20.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Friday - 05/03/2024

Reimbursable Meal Total 435

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000695 Sandwich, Turkey or Combo Sub	sandwich	250	250	2.00	650	5	*N/A*	6.50	0.00	30	30.00	4.00	18.00	325	161.5	0.00	1.25	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	150	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	0	0.0	0.00	0.36	\$0.000
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	101	10.1	0.00	0.61	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000426 Veg Green Beans	1/2 cup	200	19	0.03	1	1	*N/A*	0.11	0.00	0	4.35	2.02	1.01	283	28.4	2.77	0.45	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
001252 Salad, Mandarin Chicken	serving	25	381	3.51	*637	*12	*N/A*	17.68	0.00	50	33.40	3.81	24.19	*6524	*48.6	*29.58	*2.50	\$0.000
Weighted Daily Average			539	*4.23	*733	*26	*0	*14.02	*0.00	*33	79.59	9.42	25.14	*3174	*457.2	*45.21	*2.29	\$0.000
% of Calories				*7.06%		*19.3%	*0%	*23.4%	*0.0%		59.1%		18.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Monday - 05/06/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000692 Hamburger/Cheeseburger/Veggie	sandwich	350	308	4.66	606	*0	*N/A*	12.38	*0.00	58	30.10	3.15	22.32	162	130.2	0.00	3.45	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000
000529 Fresh Vegetables	1/2 cup	250	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*1	*N/A*	26.77	*0.00	49	22.82	3.78	23.52	6295	266.4	2.97	1.98	\$0.000
Weighted Daily Average			618	*6.55	*958	*28	*0	*17.37	*0.00	*62	85.91	9.75	33.74	*3275	*483.0	*39.67	*4.68	\$0.000
% of Calories				*9.54%		*18.1%	*0%	*25.3%	*0.0%		55.6%		21.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Tuesday - 05/07/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990206 Chicken Drumstick, WG	piece	300	219	2.99	527	0	*N/A*	12.94	0.00	60	5.97	1.00	18.91	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000860 Potatoes OR Rosemary Garlic R	Serving 3 oz	300	100	0.00	330	*N/A*	*N/A*	3.00	0.00	0	15.00	2.00	2.00	0	0.0	2.40	0.36	\$0.000
000526 Corn	1/2 cup	300	67	0.08	1	3	*N/A*	0.55	0.00	0	15.92	1.98	2.10	164	2.5	2.89	0.39	\$0.000
001095 Bread,WG dinner roll	roll	200	70	0.00	125	3	*N/A*	1.00	0.00	0	14.00	1.00	3.00	0	20.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	300	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	300	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
000634 Chef Salad	serving	30	435	5.55	1289	*4	*N/A*	18.77	*0.00	176	30.84	5.28	36.80	11588	349.2	16.10	2.80	\$0.000
Weighted Daily Average			567	*4.64	*940	*22	*0	*18.26	*0.00	*64	73.05	7.76	29.64	*2424	*327.1	*32.15	*1.94	\$0.000
% of Calories				*7.37%		*15.5%	*0%	*29.0%	*0.0%		51.5%		20.9%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Wednesday - 05/08/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990174 Pasta w/red sauce only Elem	serving	75	213	*0.00	143	*7	*N/A*	1.20	0.00	0	45.20	8.93	8.93	4500	47.1	54.00	2.27	\$0.000
000673 Pasta w/Meatsauce Elem	serving	300	386	*4.22	628	*7	*N/A*	11.47	0.36	45	47.92	10.30	26.34	4545	84.2	*54.00	4.63	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000426 Veg Green Beans	1/2 cup	250	19	0.03	1	1	*N/A*	0.11	0.00	0	4.35	2.02	1.01	283	28.4	2.77	0.45	\$0.000

Base Menu Spreadsheet

Northfield Public Schools ISD 659

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000612 Garlic Breadstick 6"	1 stick	350	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	0	0.0	0.00	0.00	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*1	*N/A*	12.37	*0.00	58	32.66	4.75	25.14	6798	206.0	10.29	2.85	\$0.000
Weighted Daily Average			697	*6.19	*855	*28	*0	*18.17	*0.24	*47	102.68	14.41	35.46	*6202	*431.8	*79.45	*4.82	\$0.000
% of Calories				*7.99%		*16.1%	*0%	*23.5%	*0.3%		58.9%		20.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Thursday - 05/09/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001138 Chicken tenders, WG crispy	serving(2)	350	230	2.00	400	2	*N/A*	11.00	0.00	45	12.00	1.00	20.00	0	0.0	0.00	1.60	\$0.000
990029 Sauces Assorted *RESIZED*	2 oz	150	46	0.06	672	*3	*N/A*	1.25	0.00	0	8.48	0.28	1.33	500	23.8	0.00	0.57	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000704 Pasta Salad, Vegetarian	serving(1/2c)	250	152	*0.16	406	*2	*N/A*	4.01	*0.00	*0	24.13	*1.44	*4.44	*376	*16.0	*23.51	*1.01	\$0.000
000258 Broccoli	1/2 cup	200	26	0.02	10	1	*N/A*	0.11	0.00	0	4.92	2.76	2.85	930	30.4	36.89	0.56	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
000529	Fresh Vegetables	1/2 cup	100	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571	Fruit Choice	1/2 cup	250	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803	Fruit Fresh Choice	Serving 1/2cup	250	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445	MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990110	Salad, Crispy Chicken	salad	30	278	2.92	488	*3	*N/A*	9.31	0.00	35	32.48	4.88	19.29	11291	104.5	13.18	2.32	\$0.000
Weighted Daily Average				558	*4.27	*1043	*24	*0	*17.73	*0.00	*51	68.12	*6.41	*32.53	*3045	*368.7	*55.43	*3.12	\$0.000
% of Calories					*6.89%		*17.2%	*0%	*28.6%	*0.0%		48.8%		*23.3%					
Weekly Nutrient Guideline				550 - 650	<10	1110			<=30										

Friday - 05/10/2024

Reimbursable Meal Total 445

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost	
990196	Quesadilla, Pizza, WG, Cheese	each	300	300	3.00	670	3	*N/A*	10.00	0.00	10	39.00	4.00	16.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000699	Assorted Taco Toppings	1/2 cup	300	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
001115	PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572	SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000567	Veg Medley	1/2 cup	250	59	0.03	32	3	*N/A*	0.14	0.00	0	11.91	4.00	2.60	3892	22.8	2.91	0.75	\$0.000
000529	Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571	Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
001252 Salad, Mandarin Chicken	serving	30	381	3.51	*637	*12	*N/A*	17.68	0.00	50	33.40	3.81	24.19	*6524	*48.6	*29.58	*2.50	\$0.000
Weighted Daily Average			610	*5.29	*982	*28	*0	*18.22	*0.00	*23	89.05	12.88	26.24	*5595	*366.0	*55.36	*2.13	\$0.000
% of Calories				*7.80%		*18.4%	*0%	*26.9%	*0.0%		58.4%		17.2%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Monday - 05/13/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001259 Sampler Platter, Mini	portion	350	360	4.25	808	*4	*N/A*	15.83	0.00	39	35.67	4.17	18.17	*200	*160.0	*0.00	*1.26	\$0.000
000977 Potato Crinkle Sweet Potato	oz	250	50	0.33	57	*N/A*	*N/A*	2.00	0.00	0	7.34	1.00	0.33	33	0.0	5.40	0.66	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000571 Fruit Choice	1/2 cup	300	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	300	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*1	*N/A*	26.77	*0.00	49	22.82	3.78	23.52	6295	266.4	2.97	1.98	\$0.000
Weighted Daily Average			581	*6.19	952	*22	*0	*20.82	*0.00	*46	72.51	7.31	26.15	*1770	*434.9	*25.42	*2.19	\$0.000
% of Calories				*9.59%		*15.1%	*0%	*32.3%	*0.0%		49.9%		18.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Tuesday - 05/14/2024

Reimbursable Meal Total 505

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001036 Pasta,Alfredo&Chic,WG rot Elem	cup	350	413	*8.81	997	*N/A*	*N/A*	19.22	0.00	71	41.81	10.60	20.13	*36	*19.9	*0.40	*1.68	\$0.000
000920 Breadsticks Whole Wheat, New York	stick	300	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	0	0.0	0.00	0.70	\$0.000
001115 PBJ, meal elem	entree	65	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3	*N/A*	0.34	0.00	0	8.10	2.48	2.47	7611	18.4	6.48	0.75	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000634 Chef Salad	-serving	25	435	5.55	1289	*4	*N/A*	18.77	*0.00	176	30.84	5.28	36.80	11588	349.2	16.10	2.80	\$0.000
Weighted Daily Average			634	*8.71	*1105	*21	*0	*20.72	*0.00	*69	86.27	14.29	29.53	*6492	*345.8	*40.67	*2.96	\$0.000
% of Calories				*12.36 %		*13.2%	*0%	*29.4%	*0.0%		54.4%		18.6%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Wednesday - 05/15/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9	*N/A*	13.00	0.00	35	27.00	3.00	17.00	400	450.0	0.00	2.70	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000258 Broccoli	1/2 cup	300	26	0.02	10	1	*N/A*	0.11	0.00	0	4.92	2.76	2.85	930	30.4	36.89	0.56	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	410	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	410	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*1	*N/A*	12.37	*0.00	58	32.66	4.75	25.14	6798	206.0	10.29	2.85	\$0.000
Weighted Daily Average			580	*7.62	*678	*33	*0	*17.21	*0.00	*45	79.57	9.88	29.73	*4039	*765.6	*71.88	*3.77	\$0.000
% of Calories				*11.82 %		*22.8%	*0%	*26.7%	*0.0%		54.9%		20.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Thursday - 05/16/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000306 Sandwich, Chicken crispy filet	Sandwich	350	360	2.50	620	*N/A*	*N/A*	11.50	0.00	50	42.00	4.00	26.00	0	100.0	0.00	2.88	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	1	*N/A*	0.08	0.00	0	1.61	0.65	0.39	2047	9.8	1.61	0.25	\$0.000
000505 Baked Beans, Veg LS	1/2 Cup	250	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990110 Salad, Crispy Chicken	salad	30	278	2.92	488	*3	*N/A*	9.31	0.00	35	32.48	4.88	19.29	11291	104.5	13.18	2.32	\$0.000
Weighted Daily Average			668	*4.57	*976	*29	*0	*15.48	*0.00	*55	99.95	11.26	37.15	*3666	*453.9	*43.02	*4.48	\$0.000
% of Calories				*6.16%		*17.4%	*0%	*20.9%	*0.0%		59.9%		22.2%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Friday - 05/17/2024

Reimbursable Meal Total 435

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001145 WG cheese bread, Tony's	each	350	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	300	400.0	0.00	1.80	\$0.000
990030 Marinara sauce, RG, NE *RESIZED*	2 oz	300	27	0.00	222	2	*N/A*	1.13	0.00	0	4.08	0.91	0.91	0	12.7	0.00	0.45	\$0.000
000687 Salad, Small Caesar	Serving	300	121	2.58	370	1	*N/A*	10.60	*0.00	5	3.29	1.14	3.49	4153	110.9	1.96	0.58	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001252 Salad, Mandarin Chicken	-serving	30	381	3.51	*637	*12	*N/A*	17.68	0.00	50	33.40	3.81	24.19	*6524	*48.6	*29.58	*2.50	\$0.000
Weighted Daily Average			637	*7.24	*1144	*25	*0	*23.07	*0.00	*32	76.12	8.12	33.03	*5287	*750.5	*34.90	*3.17	\$0.000
% of Calories				*10.23 %		*15.7%	*0%	*32.6%	*0.0%		47.8%		20.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Monday - 05/20/2024

Reimbursable Meal Total 390

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990175 Chicken Parmesan, Elementary	Serving	300	290	4.46	875	*0	*N/A*	15.33	*0.00	51	19.43	2.35	21.27	8658	221.6	4.65	0.97	\$0.000
000534 Pasta Rotini, Elem	4 oz Serving	300	162	0.00	0	*N/A*	*N/A*	0.81	0.00	0	32.40	0.81	5.67	0	0.0	0.00	1.17	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1	*N/A*	0.11	0.00	0	4.35	2.02	1.01	283	28.4	2.77	0.45	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	150	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	150	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	300	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*1	*N/A*	26.77	*0.00	49	22.82	3.78	23.52	6295	266.4	2.97	1.98	\$0.000
Weighted Daily Average			615	*6.22	*980	*17	*0	*20.13	*0.00	*55	77.62	7.67	33.59	*9413	*501.6	*37.15	*2.85	\$0.000
% of Calories				*9.10%		*11.1%	*0%	*29.5%	*0.0%		50.5%		21.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Tuesday - 05/21/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001182 Hotdog, all beef on WG bun	each	350	302	6.48	788	1	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*0	*59.8	*0.00	*1.36	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12	*N/A*	0.00	0.00	0	30.00	5.00	6.00	0	40.0	0.00	1.80	\$0.000
001197 Coleslaw	1/2 cup	100	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	162	48.6	35.96	0.58	\$0.000
000529 Fresh Vegetables	1/2 cup	150	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	250	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990110 Salad, Crispy Chicken	salad	30	278	2.92	488	*3	*N/A*	9.31	0.00	35	32.48	4.88	19.29	11291	104.5	13.18	2.32	\$0.000
Weighted Daily Average			637	*7.95	*1185	*29	*0	*22.92	*0.79	*42	84.46	9.27	23.66	*2606	*387.9	*41.28	*3.40	\$0.000
% of Calories				*11.23 %		*18.2%	*0%	*32.4%	*1.1%		53.0%		14.9%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Wednesday - 05/22/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990208 Pancake, WG Bake Crafters	2 each	350	180	0.00	220	10	*N/A*	4.00	0.00	*N/A*	30.00	2.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
990209 syrup, No HFCS	each	350	80	*N/A*	10	12	*N/A*	*N/A*	*N/A*	*N/A*	21.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000548 Yogurt	4 oz	300	90	0.00	50	14	*N/A*	0.00	0.00	3	19.00	0.00	3.00	0	300.0	1.20	0.00	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000558 Potato Choice	1/2 cup	325	127	0.44	183	*N/A*	*N/A*	4.57	*0.00	*0	19.79	2.05	1.99	*N/A*	*4.8	*5.31	*0.39	\$0.000
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	250	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	250	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*1	*N/A*	12.37	*0.00	58	32.66	4.75	25.14	6798	206.0	10.29	2.85	\$0.000
Weighted Daily Average			624	*2.81	*609	*45	*0	*12.69	*0.00	*17	108.65	*7.50	*18.79	*2762	*519.4	*42.78	*1.31	\$0.000
% of Calories				*4.05%		*28.8%	*0%	*18.3%	*0.0%		69.6%		*12.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Thursday - 05/23/2024

Reimbursable Meal Total 410

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001214 Burrito Bowl, chicken MS/E	serving	300	532	*4.25	988	*1	*N/A*	*10.84	*0.20	*58	76.92	*10.00	*29.69	411	247.0	0.51	2.66	\$0.000
000601 Brown Rice	1/2 cup	200	109	0.16	1	*N/A*	*N/A*	0.81	*N/A*	0	22.92	1.76	2.26	0	9.8	0.00	0.52	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000699 Assorted Taco Toppings	1/2 cup	350	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
990125 Black beans, Taco Fiesta	serving(1/2c)	100	110	0.00	470	2	*N/A*	1.00	0.00	0	20.00	4.00	5.00	0	40.0	0.00	1.80	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
990110 Salad, Crispy Chicken	salad	30	278	2.92	488	*3	*N/A*	9.31	0.00	35	32.48	4.88	19.29	11291	104.5	13.18	2.32	\$0.000
Weighted Daily Average			866	*6.78	1411	*26	*0	*21.11	*0.15	*59	131.20	*17.14	*38.47	3294	575.0	*42.30	*4.39	\$0.000
% of Calories				*7.05%		*12.0%	*0%	*21.9%	*0.2%		60.6%		*17.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Friday - 05/24/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000145 No School																		
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%	0%		0%		0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Monday - 05/27/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000145 No School																		
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
% of Calories				0%		0%	0%	0%	0%		0%		0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Tuesday - 05/28/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9	*N/A*	13.00	0.00	35	27.00	3.00	17.00	400	450.0	0.00	2.70	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000258 Broccoli	1/2 cup	300	26	0.02	10	1	*N/A*	0.11	0.00	0	4.92	2.76	2.85	930	30.4	36.89	0.56	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	410	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	410	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
000634 Chef Salad	serving	30	435	5.55	1289	*4	*N/A*	18.77	*0.00	176	30.84	5.28	36.80	11588	349.2	16.10	2.80	\$0.000
Weighted Daily Average			586	*7.68	*729	*33	*0	*17.64	*0.00	*53	79.44	9.91	30.52	*4366	*775.4	*72.27	*3.77	\$0.000
% of Calories				*11.80 %		*22.5%	*0%	*27.1%	*0.0%		54.2%		20.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Wednesday - 05/29/2024

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	300	150	0.50	280	10	*N/A*	3.00	0.00	40	19.00	0.00	11.00	100	0.0	1.20	0.70	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	300	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	1150	30.0	1.20	1.08	\$0.000
000433 Mixed Vegetables	1/2 cup	200	59	0.03	32	3	*N/A*	0.14	0.00	0	11.91	4.00	2.60	3892	22.8	2.91	0.75	\$0.000
001095 Bread, WG dinner roll	roll	100	70	0.00	125	3	*N/A*	1.00	0.00	0	14.00	1.00	3.00	0	20.0	0.00	1.08	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	410	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	410	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*1	*N/A*	12.37	*0.00	58	32.66	4.75	25.14	6798	206.0	10.29	2.85	\$0.000
Weighted Daily Average			570	*3.19	*756	*33	*0	*9.81	*0.00	*45	95.38	8.34	26.35	*5708	*422.3	*49.68	*3.04	\$0.000
% of Calories				*5.04%		*23.2%	*0%	*15.5%	*0.0%		66.9%		18.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Thursday - 05/30/2024

Reimbursable Meal Total 410

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000637 Taco in a Bag	serving	300	476	*7.25	940	*1	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	579	306.6	2.40	2.24	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000
000699 Assorted Taco Toppings	1/2 cup	350	105	0.98	346	*2	*N/A*	6.80	*0.00	0	11.02	4.40	1.24	838	17.0	15.49	0.90	\$0.000
000515 Beans Refried	1/4 CUP	100	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	0	51.3	0.00	2.16	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
990110 Salad, Crispy Chicken	salad	30	278	2.92	488	*3	*N/A*	9.31	0.00	35	32.48	4.88	19.29	11291	104.5	13.18	2.32	\$0.000
Weighted Daily Average			780	*8.90	1296	*26	*0	*28.12	*0.00	*77	89.43	*11.71	*40.53	3417	616.6	*43.68	*3.92	\$0.000
% of Calories				*10.27%		*13.3%	*0%	*32.4%	*0.0%		45.9%		*20.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

Friday - 05/31/2024

Reimbursable Meal Total 435

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000695 Sandwich, Turkey or Combo Sub	sandwich	250	250	2.00	650	5	*N/A*	6.50	0.00	30	30.00	4.00	18.00	325	161.5	0.00	1.25	\$0.000
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	150	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	0	0.0	0.00	0.36	\$0.000
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	101	10.1	0.00	0.61	\$0.000
001115 PBJ, meal elem	entree	50	502	7.68	670	*13	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	248	248.7	0.00	1.52	\$0.000
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2	*N/A*	7.30	0.00	38	30.02	4.00	19.59	202	248.1	*0.00	*1.64	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000426 Veg Green Beans	1/2 cup	200	19	0.03	1	1	*N/A*	0.11	0.00	0	4.35	2.02	1.01	283	28.4	2.77	0.45	\$0.000
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*1	*N/A*	0.07	0.00	0	4.46	1.68	0.77	*1582	*13.4	*23.33	*0.28	\$0.000
000571 Fruit Choice	1/2 cup	350	63	0.00	7	*2	*N/A*	0.06	*0.00	0	15.79	1.40	0.32	107	8.3	5.59	0.28	\$0.000
000803 Fruit Fresh Choice	Serving 1/2cup	350	65	*0.03	4	*8	*N/A*	*0.20	*0.00	*0	16.60	2.45	0.87	967	16.5	24.09	0.42	\$0.000
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12	*N/A*	2.50	0.00	10	13.00	0.00	8.00	500	300.0	2.40	0.00	\$0.000
001252 Salad, Mandarin Chicken	serving	25	381	3.51	*637	*12	*N/A*	17.68	0.00	50	33.40	3.81	24.19	*6524	*48.6	*29.58	*2.50	\$0.000
Weighted Daily Average			539	*4.23	*733	*26	*0	*14.02	*0.00	*33	79.59	9.42	25.14	*3174	*457.2	*45.21	*2.29	\$0.000
% of Calories				*7.06%		*19.3%	*0%	*23.4%	*0.0%		59.1%		18.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=30										

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	631	*5.97	*958	*28	*0	*18.35	*0.06	*49	87.78	*10.12	*30.58	*4230	*499.0	*47.18	*3.21	\$0.000
% of Calories		*8.52%		*17.7%	*0%	*26.2%	*0.1%		55.6%		*19.4%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.