

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

Menu Name: NORTHFIELD ELEMENTARY LUNCH **Include Cost:** No
Site:
Use Alternate Menu Name: No

Friday - 05/01/2026 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	350	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990030 Marinara sauce, RG, NE *RESIZED*	2 oz	300	27	0.00	222	2.27	0.45	1.13	0.00	0	4.08	0.91	0.91	*N/A*	12.7	0.00	0.45
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000687 Salad, Small Caesar	Serving	300	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	30	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			639	*5.76	*1131	*26.16	*0.31	*22.81	*0.00	*32	77.38	8.30	32.79	*181	*742.0	*34.50	*3.13
% of Calories				*8.11%		*16.38 %	*0.19%	*32.1%	*0.0%		48.4%		20.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 05/04/2026 Reimbursable Meal Total 440

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	350	312	3.88	621	*0.63	*N/A*	13.96	0.00	37	28.78	3.82	17.79	*N/A*	160.0	0.00	1.76
990028 Potato Crinkle Sweet Potato, waffle	3.2 oz (11each)	100	200	1.33	227	*N/A*	*N/A*	8.00	0.00	0	29.35	4.00	1.33	*N/A*	0.0	21.61	2.64
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	200	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			642	*4.82	*961	*21.94	*0.00	*23.27	*0.00	*44	79.82	9.29	29.19	*36	*441.0	*37.87	*3.31
% of Calories				*6.76%		*13.67 %	*0.00%	*32.6%	*0.0%		49.7%		18.2%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 05/05/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9.00	*N/A*	13.00	0.00	35	27.00	3.00	17.00	*N/A*	450.0	0.00	2.70

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	300	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	30	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			597	*6.15	*730	*35.01	*0.00	*17.64	*0.00	*53	81.94	10.22	30.68	*89	*775.4	*72.28	*3.77
% of Calories				*9.27%		*23.46 %	*0.00%	*26.6%	*0.0%		54.9%		20.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 05/06/2026

Reimbursable Meal Total 410

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000637 Taco in a Bag	serving	300	476	*7.25	940	*1.16	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	*N/A*	306.6	2.40	2.24
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000699 Assorted Taco Toppings	1/2 cup	350	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90

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Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000515 Beans Refried	1/2 CUP	100	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	25	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			790	*7.47	1294	*27.78	*0.00	*28.19	*0.00	*77	91.32	*11.92	*40.79	*25	*621.5	*43.35	*3.93
% of Calories				*8.51%		*14.07 %	*0.00%	*32.1%	*0.0%		46.2%		*20.7%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 05/07/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	300	150	0.50	280	10.00	*N/A*	3.00	0.00	40	19.00	0.00	11.00	*N/A*	0.0	1.20	0.70
990133 Teriyaki Chicken, Yang	3 oz	300	144	1.25	413	7.50	*N/A*	4.38	0.00	88	7.50	0.00	18.76	*N/A*	*N/A*	*N/A*	*N/A*
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	300	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	*N/A*	30.0	1.20	1.08
000433 Mixed Vegetables	1/2 cup	200	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
001095 Bread, WG dinner roll	roll	100	70	0.00	125	3.00	*N/A*	1.00	0.00	0	14.00	1.00	3.00	*N/A*	20.0	0.00	1.08

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	25	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			672	*2.36	*1029	*40.73	*0.00	*12.48	*0.00	*102	102.60	8.60	38.68	*137	*414.2	*49.73	*2.98
% of Calories				*3.16%		*24.24 %	*0.00%	*16.7%	*0.0%		61.1%		23.0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 05/08/2026

Reimbursable Meal Total 435

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	250	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	150	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	*N/A*	0.0	0.00	0.36
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	*N/A*	10.1	0.00	0.61
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000426 Veg Green Beans	1/2 cup	200	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	25	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			543	*2.75	*719	*28.20	*0.00	*13.85	*0.00	*32	81.04	9.59	24.83	*40	*451.5	*45.21	*2.25
% of Calories				*4.56%		*20.77 %	*0.00%	*23.0%	*0.0%		59.7%		18.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 05/11/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990174 Pasta w/red sauce only Elem	serving	100	213	*0.00	143	*6.67	*N/A*	1.20	0.00	0	45.20	8.93	8.93	*N/A*	47.1	54.00	2.27
000673 Pasta w/Meatsauce Elem	serving	200	386	*4.22	628	*6.67	*N/A*	11.47	0.36	45	47.92	10.30	26.34	*N/A*	84.2	*54.00	4.63
001035 Pasta w/Meatballs, WG Rot Elem	Serving	200	365	*4.80	319	*7.47	*N/A*	12.40	0.00	28	48.40	9.73	20.13	*N/A*	79.1	54.96	3.42
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	200	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000612 Garlic Breadstick 6"	1 stick	350	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	*N/A*	0.0	0.00	0.00
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

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Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	25	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			798	*6.07	*893	*31.96	*0.00	*21.93	*0.16	*49	117.32	17.26	39.61	*53	*450.1	*109.89	*5.37
% of Calories				*6.85%		*16.02 %	*0.00%	*24.7%	*0.2%		58.8%		19.9%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 05/12/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	serving(2)	350	230	2.00	400	2.00	*N/A*	11.00	0.00	45	12.00	1.00	20.00	*N/A*	0.0	0.00	1.60
990029 Sauces Assorted *RESIZED*	2 oz	150	46	0.06	672	*3.34	*N/A*	1.25	0.00	0	8.48	0.28	1.33	*N/A*	23.8	0.00	0.57
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000704 Pasta Salad,Vegetarian	serving(1/2c)	250	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
000977 Potato Crinkle Sweet Potato	oz	100	50	0.33	57	*N/A*	*N/A*	2.00	0.00	0	7.34	1.00	0.33	*N/A*	0.0	5.40	0.66
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	20	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			565	*3.00	*1077	*24.68	*0.00	*18.35	*0.00	*56	68.26	*5.48	*31.76	*47	*363.7	*39.72	*2.98
% of Calories				*4.78%		*17.47 %	*0.00%	*29.2%	*0.0%		48.3%		*22.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 05/13/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000692 Hamburger/Cheeseburger/Veggie Elementary	sandwich	350	180	3.18	376	*0.12	*0.06	8.11	*0.00	29	17.28	1.99	11.80	*N/A*	*93.6	*0.00	*0.91
000939 Veggie Burgers,Black Bean Spicy	Sandwich	5	306	1.67	615	*2.34	*1.17	7.35	0.00	6	46.73	8.85	20.39	*N/A*	150.2	0.00	2.96
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	250	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990109 Salad, Taco - Chicken or Beef entree	Serving	20	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			516	*3.75	*737	*29.46	*0.06	*12.79	*0.00	*38	78.29	9.15	25.27	*39	*446.7	*39.94	*2.68
% of Calories				*6.54%		*22.84 %	*0.05%	*22.3%	*0.0%		60.7%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 05/14/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990302 Pancake, Maple pouch	each	200	200	1.00	210	10.00	10.00	6.00	0.00	0	35.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
990301 Pancake, WG 3.75"	2 each	200	140	0.00	367	5.30	4.00	2.00	0.00	7	27.30	2.78	2.78	*N/A*	*N/A*	*N/A*	*N/A*
001027 Strawberries, fresh	serving(1/2c)	200	36	0.02	1	5.54	*N/A*	0.34	0.00	0	8.71	2.27	0.76	*N/A*	22.7	101.38	0.82
000834 Toppings fruit	Servings 2TB	100	12	0.00	0	2.90	*N/A*	0.02	0.00	0	3.25	0.31	0.07	*0	1.3	3.22	0.06
000548 Yogurt	4 oz	300	90	0.00	50	14.00	*N/A*	0.00	0.00	3	19.00	0.00	3.00	*N/A*	300.0	1.20	0.00
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000558 Potato Choice	1/2 cup	325	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	25	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			591	*1.94	*683	*39.13	*6.36	*13.03	*0.00	*18	102.37	10.25	18.54	*45	*521.9	*89.67	*1.63
% of Calories				*2.95%		*26.48 %	*4.30%	*19.8%	*0.0%		69.3%		12.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 05/15/2026

Reimbursable Meal Total 435

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990042 Bosco WG Cheese Breadstick *RESIZED*	2 each	350	300	5.00	440	2.00	*N/A*	10.00	0.00	30	34.00	4.00	20.00	*N/A*	400.0	0.00	2.16
990030 Marinara sauce, RG, NE *RESIZED*	2 oz	300	27	0.00	222	2.27	0.45	1.13	0.00	0	4.08	0.91	0.91	*N/A*	12.7	0.00	0.45
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000687 Salad, Small Caesar	Serving	300	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001252 Salad, Mandarin Chicken	-serving	30	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			654	*7.03	*1040	*28.07	*0.31	*23.07	*0.00	*44	82.29	9.20	32.36	*183	*750.5	*34.90	*3.45
% of Calories				*9.67%		*17.17 %	*0.19%	*31.7%	*0.0%		50.3%		19.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 05/18/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000763 Beef Nachos w/Tostitos	Serving	300	426	*8.97	755	*0.00	*N/A*	*20.43	*0.00	*97	25.00	*2.00	*30.90	*N/A*	220.0	2.40	2.17
000699 Assorted Taco Toppings	1/2 cup	300	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000519 Black Bean & Corn Salsa	1/2 CUP	100	63	0.20	97	*1.03	*0.00	2.42	*0.01	*0	9.28	2.37	2.16	*7	15.0	4.64	0.81
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			707	*8.33	1131	*22.40	*0.00	*26.58	*0.00	*81	79.78	*9.81	*35.06	*43	*477.1	*35.60	*3.33
% of Calories				*10.60 %		*12.67 %	*0.00%	*33.8%	*0.0%		45.1%		*19.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 05/19/2026

Reimbursable Meal Total 505

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001036 Pasta,Alfredo&Chic,WG rot Elem	cup	350	413	*8.81	997	*N/A*	*N/A*	19.22	0.00	71	41.81	10.60	20.13	*N/A*	*19.9	*0.40	*1.68
000920 Breadsticks Whole Wheat, New York	1 stick	300	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
001115 PBJ, meal elem	entree	65	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000634 Chef Salad	serving	25	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			642	*7.50	*1105	*23.03	*0.00	*20.72	*0.00	*69	88.13	14.52	29.65	*231	*345.8	*40.67	*2.96
% of Calories				*10.51 %		*14.35 %	*0.00%	*29.0%	*0.0%		54.9%		18.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 05/20/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9.00	*N/A*	13.00	0.00	35	27.00	3.00	17.00	*N/A*	450.0	0.00	2.70
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	300	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			591	*6.09	*679	*34.83	*0.00	*17.21	*0.00	*45	82.05	10.19	29.88	*51	*765.6	*71.88	*3.77
% of Calories				*9.27%		*23.57 %	*0.00%	*26.2%	*0.0%		55.5%		20.2%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 05/21/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	350	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	250	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990110 Salad, Crispy Chicken	salad	30	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			645	*2.38	*1048	*30.95	*0.00	*13.10	*0.00	*63	101.28	11.53	35.69	*76	*438.0	*43.02	*3.33
% of Calories				*3.32%		*19.19 %	*0.00%	*18.3%	*0.0%		62.8%		22.1%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 05/22/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 05/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

Tuesday - 05/26/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990317 SANDWICH,TURKEY HAM & CHEESE WG Pretzel Bun	SANDWICH	200	328	5.03	523	5.52	*3.50	11.80	0.00	15	32.52	3.00	21.84	*0	194.1	*0.00	*2.32
001232 Fritos,CornChip,RF, Frito Lay	1/2 cup	200	140	1.00	170	*N/A*	*N/A*	6.00	0.00	0	20.00	2.00	2.00	*N/A*	*N/A*	0.00	0.36
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000034 LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	100	5	0.01	2	0.75	0.00	0.06	0.00	0	1.11	0.36	0.26	12	3.4	3.51	0.09
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	25	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			520	*4.03	*619	*26.24	*1.59	*14.82	*0.00	*29	72.89	6.91	24.42	*48	*445.1	*32.87	*2.22
% of Calories				*6.98%		*20.18 %	*1.22%	*25.6%	*0.0%		56.1%		18.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 05/27/2026

Reimbursable Meal Total 440

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001198 French Toast Sticks WG FR 37722	4 each	300	258	1.49	298	8.94	7.95	9.94	0.00	0	37.76	2.98	5.96	*N/A*	233.5	0.00	1.99
990114 Sausage Link, Chkn, Jones	2 each	300	80	2.00	270	0.00	*N/A*	5.00	0.00	40	0.00	0.00	8.00	*N/A*	0.0	0.00	0.00
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000558 Potato Choice	1/2 cup	325	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			594	*4.01	*782	*25.46	*5.42	*19.73	*0.00	*42	82.52	8.15	23.19	*15	*474.1	*41.99	*2.67
% of Calories				*6.08%		*17.14 %	*3.65%	*29.9%	*0.0%		55.6%		15.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 05/28/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001182 Hotdog, all beef on WG bun	each	350	302	6.48	788	1.00	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*N/A*	*59.8	*0.00	*1.36
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	100	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	150	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	30	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			643	*6.76	*1186	*29.89	*0.00	*22.92	*0.79	*42	85.98	9.46	23.75	*51	*388.0	*41.28	*3.40
% of Calories				*9.46%		*18.59 %	*0.00%	*32.1%	*1.1%		53.5%		14.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 05/29/2026

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	350	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990030 Marinara sauce, RG, NE *RESIZED*	2 oz	300	27	0.00	222	2.27	0.45	1.13	0.00	0	4.08	0.91	0.91	*N/A*	12.7	0.00	0.45
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000687 Salad, Small Caesar	Serving	300	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	0.00	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	30	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			639	*5.76	*1131	*26.16	*0.31	*22.81	*0.00	*32	77.38	8.30	32.79	*181	*742.0	*34.50	*3.13
% of Calories				*8.11%		*16.38 %	*0.19%	*32.1%	*0.0%		48.4%		20.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	631	*5.05	*946	*29.06	*0.76	*19.23	*0.05	*50	85.93	*9.90	*30.47	*83	*529.2	*49.41	*3.17
% of Calories		*7.20%		*18.42 %	*0.48%	*27.4%	*0.1%		54.5%		*19.3%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.