

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

Menu Name:	NORTHFIELD ELEMENTARY LUNCH	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 12/01/2025 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990174 Pasta w/red sauce only Elem	serving	100	213	*0.00	143	*6.67	*N/A*	1.20	0.00	0	45.20	8.93	8.93	*N/A*	47.1	54.00	2.27
000673 Pasta w/Meatsauce Elem	serving	200	386	*4.22	628	*6.67	*N/A*	11.47	0.36	45	47.92	10.30	26.34	*N/A*	84.2	*54.00	4.63
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	200	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000612 Garlic Breadstick 6"	1 stick	350	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	*N/A*	0.0	0.00	0.00
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	25	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			632	*5.28	*748	*28.57	*0.00	*16.29	*0.16	*36	95.32	12.84	30.46	*53	*414.1	*84.91	*3.81
% of Calories				*7.52%		*18.08 %	*N/A*	*23.2%	*0.2%		60.3%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

Tuesday - 12/02/2025 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	serving(2)	350	230	2.00	400	2.00	*N/A*	11.00	0.00	45	12.00	1.00	20.00	*N/A*	0.0	0.00	1.60
990029 Sauces Assorted *RESIZED*	2 oz	150	46	0.06	672	*3.34	*N/A*	1.25	0.00	0	8.48	0.28	1.33	*N/A*	23.8	0.00	0.57
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000704 Pasta Salad,Vegetarian	serving(1/2c)	250	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
000977 Potato Crinkle Sweet Potato	oz	100	50	0.33	57	*N/A*	*N/A*	2.00	0.00	0	7.34	1.00	0.33	*N/A*	0.0	5.40	0.66
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	20	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			565	*4.39	*1077	*24.68	*0.00	*18.35	*0.00	*56	68.26	*5.48	*31.76	*47	*363.7	*39.72	*2.98
% of Calories				*6.99%		*17.47 %	*N/A*	*29.2%	*0.0%		48.3%		*22.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 12/03/2025 Reimbursable Meal Total 440

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000692 Hamburger/Cheeseburger/Veggie Elementary	sandwich	350	180	3.18	376	*0.12	*0.06	8.11	*0.00	29	17.28	1.99	11.80	*N/A*	*93.6	*0.00	*0.91
000939 Veggie Burgers,Black Bean Spicy	Sandwich	5	306	1.67	615	*2.34	*1.17	7.35	0.00	6	46.73	8.85	20.39	*N/A*	150.2	0.00	2.96
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	250	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	20	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			516	*5.15	*737	*29.46	*0.06	*12.79	*0.00	*38	78.29	9.15	25.27	*39	*446.7	*39.94	*2.68
% of Calories				*8.98%		*22.84 %	*0.05%	*22.3%	*0.0%		60.7%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 12/04/2025

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990302 Pancake, Maple pouch	each	200	200	1.00	210	10.00	10.00	6.00	0.00	0	35.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990301 Pancake, WG 3.75"	2 each	200	140	0.00	367	5.30	4.00	2.00	0.00	7	27.30	2.78	2.78	*N/A*	*N/A*	*N/A*	*N/A*
001027 Strawberries, fresh	serving(1/2c)	100	36	0.02	1	5.54	*N/A*	0.34	0.00	0	8.71	2.27	0.76	*N/A*	22.7	101.38	0.82
000098 STRAWBERRIES: frozen	1/2 CUP	100	122	0.01	4	30.61	*N/A*	0.17	0.00	0	33.05	2.42	0.68	1	14.0	52.78	0.75
000834 Toppings fruit	Servings 2TB	100	12	0.00	0	2.90	*N/A*	0.02	0.00	0	3.25	0.31	0.07	*0	1.3	3.22	0.06
000541 Cheese Omelet	serving 2.1 oz	200	130	4.00	300	*N/A*	*N/A*	10.00	0.00	180	2.00	0.00	7.00	*N/A*	80.0	0.00	0.70
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000558 Potato Choice	1/2 cup	325	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	25	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			608	*4.95	*786	*35.28	*6.36	*17.54	*0.00	*98	95.86	10.29	19.66	*45	*351.8	*77.81	*1.94
% of Calories				*7.33%		*23.21 %	*6.58%	*26.0%	*0.0%		63.1%		12.9%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 12/05/2025

Reimbursable Meal Total 440

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000530 Sandwich Grilled Cheese, K-8	Sandwich	350	273	5.80	760	*1.52	*N/A*	13.97	0.00	23	28.04	3.57	14.20	*N/A*	375.2	0.00	1.29
000352 Tomato Soup,Campbells HR, K-8	1/2 cup	200	80	0.50	414	10.00	*0.00	1.00	0.00	0	16.00	1.00	1.00	*0	3.6	6.00	0.40
000310 Goldfish Snack Crackers Chedda	.75 oz	250	100	1.00	180	*N/A*	*N/A*	3.50	0.00	5	14.00	1.00	2.00	*N/A*	20.0	0.00	0.36
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	30	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			618	*8.02	*1169	*29.96	*0.00	*20.41	*0.00	*37	86.81	8.38	25.98	*33	*650.9	*35.90	*2.40
% of Calories				*11.68 %		*19.39 %	*N/A*	*29.7%	*0.0%		56.2%		16.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 12/08/2025

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000763 Beef Nachos w/Tostitos	Serving	300	426	*8.97	755	*0.00	*N/A*	*20.43	*0.00	*97	25.00	*2.00	*30.90	*N/A*	220.0	2.40	2.17
000699 Assorted Taco Toppings	1/2 cup	300	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000519 Black Bean & Corn Salsa	1/2 CUP	100	63	0.20	97	*1.03	*0.00	2.42	*0.01	*0	9.28	2.37	2.16	*7	15.0	4.64	0.81
000571 Fruit Choice	1/2 cup	300	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	300	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			707	*9.52	1131	*22.40	*0.00	*26.58	*0.00	*81	79.78	*9.81	*35.06	*43	*477.1	*35.60	*3.33
% of Calories				*12.12 %		*12.67 %	*N/A*	*33.8%	*0.0%		45.1%		*19.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 12/09/2025

Reimbursable Meal Total 505

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001036 Pasta,Alfredo&Chic,WG rot Elem	cup	350	413	*8.81	997	*N/A*	*N/A*	19.22	0.00	71	41.81	10.60	20.13	*N/A*	*19.9	*0.40	*1.68
000920 Breadsticks Whole Wheat, New York	1 stick	300	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
001115 PBJ, meal elem	entree	65	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000634 Chef Salad	serving	25	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			642	*8.71	*1105	*23.03	*0.00	*20.72	*0.00	*69	88.13	14.52	29.65	*231	*345.8	*40.67	*2.96
% of Calories				*12.21 %		*14.35 %	*N/A*	*29.0%	*0.0%		54.9%		18.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 12/10/2025 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001229 Pizza, WG Primo Cheese, 10 ct	each	350	290	6.00	480	9.00	*N/A*	13.00	0.00	35	27.00	3.00	17.00	*N/A*	450.0	0.00	2.70
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000258 Broccoli	1/2 cup	300	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	410	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	410	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			591	*7.62	*679	*34.83	*0.00	*17.21	*0.00	*45	82.05	10.19	29.88	*51	*765.6	*71.88	*3.77
% of Calories				*11.60 %		*23.57 %	*N/A*	*26.2%	*0.0%		55.5%		20.2%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 12/11/2025

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	350	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	250	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
990110 Salad, Crispy Chicken	salad	30	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			645	*3.78	*1048	*30.95	*0.00	*13.10	*0.00	*63	101.28	11.53	35.69	*76	*438.0	*43.02	*3.33
% of Calories				*5.27%		*19.19 %	*0.00%	*18.3%	*0.0%		62.8%		22.1%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 12/12/2025

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001215 Shrimp Poppers, WG Rich's	3/4c	350	230	2.00	490	1.00	*N/A*	11.00	0.00	60	22.00	3.00	12.00	*N/A*	31.0	1.00	2.30
000487 French Fries	4 oz serving	300	101	0.00	12	*N/A*	*N/A*	0.00	0.00	0	23.81	2.24	3.40	*N/A*	20.9	14.62	1.19
000557 Carrot Coins	1/2 cup	200	27	0.09	43	2.98	0.00	0.50	0.00	0	5.64	2.41	0.42	618	25.6	1.68	0.39
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
990193 Cucumber Ranch Salad	1/4 CUP	250	188	3.00	171	*1.00	*N/A*	19.00	0.00	15	3.00	*0.00	*0.00	*N/A*	20.6	1.34	0.24
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001252 Salad, Mandarin Chicken	serving	25	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			683	*5.91	*790	*27.23	*0.00	*26.46	*0.00	*72	88.94	*10.25	*25.22	*314	*407.3	*55.73	*4.05
% of Calories				*7.79%		*15.95 %	*N/A*	*34.9%	*0.0%		52.1%		*14.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 12/15/2025

Reimbursable Meal Total 390

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990175 Chicken Parmesan, Elementary	Serving	300	290	4.46	875	*0.13	*0.00	15.33	*0.00	51	19.43	2.35	21.27	*32	221.6	4.65	0.97
000534 Pasta Rotini, Elem	4 oz Serving	300	162	0.00	0	*N/A*	*N/A*	0.81	0.00	0	32.40	0.81	5.67	*N/A*	0.0	0.00	1.17
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	150	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	150	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	300	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990132 Salad,Caesar Chicken	Serving	30	423	6.75	1048	*0.97	*0.00	26.77	*0.00	49	22.82	3.78	23.52	*340	266.4	2.97	1.98
Weighted Daily Average			619	*6.22	*980	*17.90	*0.00	*20.13	*0.00	*55	78.65	7.80	33.65	*73	*501.6	*37.15	*2.85
% of Calories				*9.04%		*11.57 %	*0.00%	*29.3%	*0.0%		50.8%		21.7%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 12/16/2025 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001214 Burrito Bowl, chicken or beef MS/E	serving	300	390	*4.25	798	*2.38	*0.00	*10.59	*0.20	*58	48.12	*4.99	*24.06	*72	237.9	0.51	2.69
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000699 Assorted Taco Toppings	1/2 cup	300	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000519 Black Bean & Corn Salsa	1/2 CUP	100	63	0.20	97	*1.03	*0.00	2.42	*0.01	*0	9.28	2.37	2.16	*7	15.0	4.64	0.81
990237 Brown Rice with salsa	1/2 cup	100	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000634 Chef Salad	serving	25	435	5.55	1289	*3.60	*0.00	18.77	*0.00	176	30.92	5.31	36.81	*583	349.5	16.14	2.80
Weighted Daily Average			681	*6.33	1142	*27.06	*0.00	*19.29	*0.14	*62	95.85	*11.74	*31.61	*104	*532.5	*38.73	*3.67
% of Calories				*8.37%		*15.89 %	*0.00%	*25.5%	*0.2%		56.3%		*18.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 12/17/2025 Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001198 French Toast Sticks WG FR 37722	4 each	300	258	1.49	298	8.94	7.95	9.94	0.00	0	37.76	2.98	5.96	*N/A*	233.5	0.00	1.99
990114 Sausage Link, Chkn, Jones	2 each	300	80	2.00	270	0.00	*N/A*	5.00	0.00	40	0.00	0.00	8.00	*N/A*	0.0	0.00	0.00
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000558 Potato Choice	1/2 cup	325	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	250	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990109 Salad, Taco - Chicken or Beef entree	Serving	30	343	4.68	541	*0.96	*0.00	12.37	*0.00	58	32.66	4.75	25.14	*21	206.0	10.29	2.85
Weighted Daily Average			594	*5.20	*782	*25.46	*5.42	*19.73	*0.00	*42	82.52	8.15	23.19	*15	*474.1	*41.99	*2.67
% of Calories				*7.88%		*17.14 %	*5.35%	*29.9%	*0.0%		55.6%		15.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 12/18/2025

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001182 Hotdog, all beef on WG bun	each	350	302	6.48	788	1.00	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*N/A*	*59.8	*0.00	*1.36
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH, TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	100	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	150	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990110 Salad, Crispy Chicken	salad	30	278	2.92	489	*2.62	*0.00	9.31	0.00	35	32.56	4.90	19.30	*545	104.8	13.22	2.32
Weighted Daily Average			643	*7.95	*1186	*29.89	*0.00	*22.92	*0.79	*42	85.98	9.46	23.75	*51	*388.0	*41.28	*3.40
% of Calories				*11.13 %		*18.59 %	*N/A*	*32.1%	*1.1%		53.5%		14.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 12/19/2025

Reimbursable Meal Total 440

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	350	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990030 Marinara sauce, RG, NE *RESIZED*	2 oz	300	27	0.00	222	2.27	0.45	1.13	0.00	0	4.08	0.91	0.91	*N/A*	12.7	0.00	0.45
001115 PBJ, meal elem	entree	50	502	7.68	670	*13.00	*N/A*	25.76	*0.00	21	46.71	4.00	20.08	*N/A*	248.7	0.00	1.52
000572 SANDWICH,TURKEY & CHEESE WG	SANDWICH	10	246	3.03	638	*2.02	*N/A*	7.30	0.00	38	30.02	4.00	19.59	*N/A*	248.1	*0.00	*1.64
000687 Salad,Small Caesar	Serving	300	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	410	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001252 Salad, Mandarin Chicken	serving	30	381	3.51	*637	*12.48	*0.00	17.68	0.00	50	33.40	3.81	24.19	*307	*48.6	*29.58	*2.50
Weighted Daily Average			639	*7.15	*1131	*26.16	*0.31	*22.81	*0.00	*32	77.38	8.30	32.79	*181	*742.0	*34.50	*3.13
% of Calories				*10.07 %		*16.38 %	*N/A*	*32.1%	*0.0%		48.4%		20.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 12/22/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 12/23/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 12/24/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Thursday - 12/25/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Friday - 12/26/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Monday - 12/29/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Tuesday - 12/30/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

Wednesday - 12/31/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 No School																	
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	1110		<10	<=30									

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		626	*6.41	*966	*27.52	*0.81	*19.62	*0.07	*55	85.67	*9.86	*28.91	*90	*486.6	*47.92	*3.13
% of Calories			*9.22%		*17.58 %	*N/A*	*28.2%	*0.1%		54.7%		*18.5%				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.