

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

**Menu Name:** NORTHFIELD HIGH SCHOOL LUNCH **Include Cost:** No

**Site:**

**Use Alternate Menu Name:** No

**Wednesday - 04/01/2026**

**Reimbursable Meal Total 465**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001146 WG cinnamon roll, BakerBoy	each	250	219	2.01	291	*4.48	*4.38	5.02	0.00	15	38.67	3.02	5.06	*N/A*	*22.7	*0.02	*1.44
000541 Cheese Omelet	serving 2.1 oz	250	130	4.00	300	*N/A*	*N/A*	10.00	0.00	180	2.00	0.00	7.00	*N/A*	80.0	0.00	0.70
990281 potato, halves rst herb and parm seasoned	1/2 cup	200	120	1.00	190	1.00	0.00	3.50	0.00	0	17.00	2.00	4.00	*N/A*	30.0	2.00	0.90
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			755	*9.17	*948	*30.24	*2.36	*24.81	*0.00	*134	104.35	10.45	30.21	*19	*501.4	*47.12	*3.40
% of Calories				*10.93 %		*16.02 %	*1.25%	*29.6%	*0.0%		55.3%		16.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Thursday - 04/02/2026

### Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001182 Hotdog, all beef on WG bun	each	200	302	6.48	788	1.00	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*N/A*	*59.8	*0.00	*1.36
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			705	*8.78	*1143	*28.77	*0.00	*25.78	*0.43	*48	92.70	11.29	27.29	*59	*435.4	*49.28	*3.52
% of Calories				*11.21 %		*16.32 %	*0.00%	*32.9%	*0.5%		52.6%		15.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

## Friday - 04/03/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001145 WG cheese bread, Tony's	each	200	290	3.50	570	*N/A*	*N/A*	10.00	0.00	15	29.00	3.00	21.00	*N/A*	400.0	0.00	1.80
990033 Marinara Sauce	1/2 cup	200	54	0.00	441	*N/A*	*N/A*	0.90	0.00	0	9.90	2.70	1.80	*N/A*	36.0	8.10	0.97
000687 Salad, Small Caesar	Serving	400	121	2.58	370	0.60	*0.00	10.60	*0.00	5	3.29	1.14	3.49	*216	110.9	1.96	0.58
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			752	*9.24	*1242	*28.89	*0.00	*27.54	*0.00	*40	95.45	11.41	33.66	*207	*718.9	*54.60	*3.45
% of Calories				*11.06 %		*15.37 %	*0.00%	*33.0%	*0.0%		50.8%		17.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Monday - 04/06/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001259 Sampler Platter, Mini	portion	200	312	3.88	621	*0.63	*N/A*	13.96	0.00	37	28.78	3.82	17.79	*N/A*	160.0	0.00	1.76
000567 Veg Medley	1/2 cup	300	59	0.03	32	2.84	0.00	0.14	0.00	0	11.91	4.00	2.60	195	22.8	2.91	0.75
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			660	*7.19	*836	*26.78	*0.00	*21.27	*0.00	*45	88.17	11.47	31.13	*143	*512.9	*44.25	*2.98
% of Calories				*9.80%		*16.23 %	*0.00%	*29.0%	*0.0%		53.4%		18.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

**Tuesday - 04/07/2026**

**Reimbursable Meal Total 515**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	250	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	400	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			699	*9.51	*801	*30.84	*0.00	*22.39	*0.00	*52	94.65	11.77	33.69	*115	*583.1	*74.46	*2.96
% of Calories				*12.24 %		*17.65 %	*0.00%	*28.8%	*0.0%		54.2%		19.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Wednesday - 04/08/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000637 Taco in a Bag	serving	200	476	*7.25	940	*1.16	*N/A*	*21.12	*0.00	*83	33.57	*2.00	*32.61	*N/A*	306.6	2.40	2.24
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	350	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
000529	Fresh Vegetables	1/2 cup	100	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571	Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803	Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445	MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161	Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241	Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491	SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410	UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305	Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118	Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695	Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average				864	*9.05	*1143	*30.89	*0.00	*26.13	*0.00	*65	115.46	*17.42	*42.17	*25	*610.7	*50.29	*4.69
% of Calories					*9.43%		*14.30 %	*0.00%	*27.2%	*0.0%		53.5%		*19.5%				
Weekly Nutrient Guideline				750 - 850	<10	1280		<10	<=30									

Thursday - 04/09/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990133	Teriyaki Chicken, Yang	3 oz	200	144	1.25	413	7.50	*N/A*	4.38	0.00	88	7.50	0.00	18.76	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000782 Chicken FC Mandarin Orange Yang's	Serving 3.6 oz	200	150	0.50	280	10.00	*N/A*	3.00	0.00	40	19.00	0.00	11.00	*N/A*	0.0	1.20	0.70
000607 Oriental Vegetables	1/2 cup	380	17	0.00	10	0.00	*N/A*	0.00	0.00	0	2.66	1.33	0.66	*N/A*	11.3	8.33	0.17
000919 Rice Vegetable Fried Brown Asi	Serving 4oz	400	137	0.00	341	*N/A*	*N/A*	1.00	0.00	0	28.00	1.00	4.00	*N/A*	30.0	1.20	1.08
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
001243 Egg Roll, Veg WG	each	200	140	1.00	240	3.00	*N/A*	4.50	0.00	0	21.00	3.00	4.00	*N/A*	30.0	11.00	1.10
000571 Fruit Choice	1/2 cup	380	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	320	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			769	*6.68	*1183	*32.52	*0.00	*19.59	*0.00	*84	110.44	9.46	38.72	*14	*472.5	*46.74	*3.31
% of Calories				*7.82%		*16.92 %	*0.00%	*22.9%	*0.0%		57.4%		20.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

Friday - 04/10/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001136 Sandwich, shredded pork	each	200	333	4.05	646	*4.00	*N/A*	11.62	0.00	51	39.22	3.00	20.20	*N/A*	40.0	0.00	2.25
001197 Coleslaw	1/2 cup	300	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	100	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	*N/A*	0.0	0.00	0.36
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	*N/A*	10.1	0.00	0.61
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			863	*9.14	*1030	*35.00	*0.00	*29.29	*0.00	*65	119.29	14.17	34.04	*32	*573.6	*80.64	*3.71
% of Calories				*9.53%		*16.22 %	*0.00%	*30.5%	*0.0%		55.3%		15.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Monday - 04/13/2026

Reimbursable Meal Total 515

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990107 Pasta w/Meatballs, WG Rotini Secondary	Serving	200	483	*6.00	371	*7.67	*N/A*	15.80	0.00	35	66.80	12.73	25.73	*N/A*	94.0	55.20	4.25
000667 Pasta w/Sauce Sec	1 serving	50	293	*0.00	151	*6.67	*N/A*	1.80	0.00	0	62.80	11.73	11.73	*N/A*	54.0	54.00	2.81
001248 Vegetable, Zucchini	1/2 cup	200	16	0.10	8	2.45	*N/A*	0.30	0.00	0	3.00	1.00	1.20	*N/A*	15.0	17.40	0.27
000529 Fresh Vegetables	1/2 cup	450	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000612 Garlic Breadstick 6"	1 stick	450	115	0.75	170	*N/A*	*N/A*	4.50	0.00	0	16.00	0.50	3.00	*N/A*	0.0	0.00	0.00
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SANDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			780	*8.01	*757	*30.48	*0.00	*22.78	*0.00	*40	117.01	14.61	33.27	*21	*445.1	*84.87	*3.70
% of Calories				*9.24%		*15.63 %	*0.00%	*26.3%	*0.0%		60.0%		17.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

## Tuesday - 04/14/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001138 Chicken tenders, WG crispy	serving(2)	100	230	2.00	400	2.00	*N/A*	11.00	0.00	45	12.00	1.00	20.00	*N/A*	0.0	0.00	1.60
990313 Tender, Chicken Spicy FC WG	3 tenders	100	220	1.00	380	2.00	0.00	10.00	0.00	60	17.00	4.00	17.00	*N/A*	*N/A*	*N/A*	*N/A*
000942 Sauces Assorted	1 oz	200	23	0.03	336	*1.67	*N/A*	0.62	0.00	0	4.24	0.14	0.67	*N/A*	11.9	0.00	0.28
000704 Pasta Salad, Vegetarian	serving(1/2c)	200	152	*0.16	406	*2.49	*0.00	4.01	*0.00	*0	24.13	*1.44	*4.44	*19	*16.0	*23.51	*1.01
990280 sweet potato waffle, Redstone Canyon	3 oz( 11 pieces	200	160	1.50	320	0.00	0.00	10.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	*N/A*	0.40
990074 Roll, Sister Shuber WG	1 each	200	160	0.00	200	5.00	*N/A*	2.00	0.00	5	30.00	3.00	5.00	*N/A*	0.0	0.00	1.80
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			782	*6.88	*1199	*30.46	*0.00	*25.35	*0.00	*54	108.35	*10.74	*33.80	*27	*444.1	*55.67	*3.49
% of Calories				*7.92%		*15.58 %	*0.00%	*29.2%	*0.0%		55.4%		*17.3%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Wednesday - 04/15/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001231 Hamburger/Cheese/Veggie Secondary	sandwich	200	310	5.28	586	*0.12	*0.06	14.00	*0.01	51	29.75	3.32	19.73	*N/A*	*128.8	*0.00	*1.54
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
000529	Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571	Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803	Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445	MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161	Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241	Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491	SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410	UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305	Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118	Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695	Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average				699	*7.78	*980	*33.73	*0.03	*19.74	*0.00	*51	101.68	12.20	33.16	*63	*517.5	*46.25	*3.57
% of Calories					*10.02 %		*19.30 %	*0.02%	*25.4%	*0.0%		58.2%		19.0%				
Weekly Nutrient Guideline				750 - 850	<10	1280		<10	<=30									

Thursday - 04/16/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
001146	WG cinnamon roll, BakerBoy	each	250	219	2.01	291	*4.48	*4.38	5.02	0.00	15	38.67	3.02	5.06	*N/A*	*22.7	*0.02	*1.44

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990260 Egg Bite, Pork Bacon and Cheese	2 each	250	220	7.00	620	2.00	0.00	16.00	0.00	230	4.00	0.00	16.00	*N/A*	140.0	*N/A*	1.20
000558 Potato Choice	1/2 cup	200	128	0.45	186	*N/A*	*N/A*	4.62	*0.00	*0	19.97	2.07	2.00	*N/A*	*4.8	*5.35	*0.40
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
001038 Hummus, red pepper GrecDel	serving(2T)	50	50	0.00	120	*N/A*	*N/A*	3.50	0.00	0	4.00	1.00	1.00	*N/A*	0.0	2.40	0.36
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			814	*10.56	*1075	*33.37	*2.36	*27.44	*0.00	*161	112.10	11.23	33.37	*23	*529.6	*57.71	*3.50
% of Calories				*11.68 %		*16.40 %	*1.16%	*30.3%	*0.0%		55.1%		16.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Friday - 04/17/2026

Reimbursable Meal Total 465

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990314 Grilled Cheese, WG, RS	sandwich	100	280	5.56	581	5.65	*N/A*	9.91	0.00	32	30.96	3.00	18.55	*N/A*	*N/A*	*N/A*	*N/A*
000681 Sandwich,Grilled Cheese WG Spi	sandwich	100	342	8.50	993	*N/A*	*N/A*	14.00	0.00	41	34.00	4.00	20.00	*N/A*	380.0	1.20	1.44
001197 Coleslaw	1/2 cup	300	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000304 SUN CHIPS HARVEST CHEDDAR	1 OZ	100	140	1.00	160	*N/A*	*N/A*	6.00	0.00	0	19.00	2.00	2.00	*N/A*	0.0	0.00	0.36
000354 SUN CHIPS ORIGINAL 1 OZ	1 PKG 1 OZ	100	142	0.51	111	*N/A*	*N/A*	6.07	0.00	0	19.24	2.02	2.02	*N/A*	10.1	0.00	0.61
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	550	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			854	*10.43	*1091	*34.50	*0.00	*29.44	*0.00	*59	116.39	14.38	33.64	*32	*638.1	*80.90	*3.05
% of Calories				*10.99 %		*16.16 %	*0.00%	*31.0%	*0.0%		54.5%		15.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Monday - 04/20/2026

Reimbursable Meal Total 460

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001257 Pork Nachos w/Tostitos	Serving	300	310	6.75	500	*0.00	*N/A*	14.00	0.00	65	20.50	2.00	18.00	*N/A*	230.0	0.00	0.90
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
990108 Bean, Tx Ranchero Pinto	1/2 cup	300	96	0.00	427	0.87	*N/A*	0.44	0.00	0	17.45	4.36	5.23	*N/A*	*N/A*	*N/A*	*N/A*
990237 Brown Rice with salsa	1/2 cup	100	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	500	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			794	*10.17	*1148	*29.56	*0.00	*23.75	*0.00	*73	104.56	12.42	37.52	*85	*626.2	*42.98	*2.51
% of Calories				*11.53 %		*14.89 %	*0.00%	*26.9%	*0.0%		52.7%		18.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

## Tuesday - 04/21/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990274 Chicken Parmesan Alfredo (Secondary)	4 oz scoop	200	197	4.50	887	1.00	1.00	8.67	0.00	80	6.00	0.00	23.33	*N/A*	*170.0	*N/A*	*0.00
990275 Pasta, FC WG rotini, Marz	6 oz scoop	200	200	*N/A*	20	*N/A*	*N/A*	1.50	0.00	0	44.00	7.00	7.00	*N/A*	17.2	0.00	1.34
000920 Breadsticks Whole Wheat, New York	1 stick	200	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	16.00	2.00	3.00	*N/A*	0.0	0.00	0.70
990034 PEAS & CARROTS: frozen,boiled *RESIZED*	1/2 CUP	250	38	0.06	54	3.49	0.00	0.34	0.00	0	8.10	2.48	2.47	381	18.4	6.48	0.75
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	350	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			680	*7.47	*973	*26.45	*0.43	*18.63	*0.00	*63	97.32	11.84	36.07	*221	*518.4	*43.34	*2.82
% of Calories				*9.89%		*15.56 %	*0.25%	*24.7%	*0.0%		57.2%		21.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

## Wednesday - 04/22/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	250	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	250	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000845 Assorted Veggie Toppings	1/2 cup	300	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000258 Broccoli	1/2 cup	400	26	0.02	10	1.35	0.00	0.11	0.00	0	4.92	2.76	2.85	47	30.4	36.89	0.56
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000571 Fruit Choice	1/2 cup	500	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	500	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			762	*10.37	*873	*32.86	*0.00	*24.52	*0.00	*56	103.42	13.03	36.45	*127	*613.6	*82.21	*3.27
% of Calories				*12.25 %		*17.25 %	*0.00%	*29.0%	*0.0%		54.3%		19.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

### Thursday - 04/23/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000306 Sandwich, Chicken crispy filet	1 Sandwich	200	320	1.50	710	*0.00	*0.00	8.50	0.00	60	41.00	4.00	24.00	*N/A*	*80.0	*0.00	*1.44
000845 Assorted Veggie Toppings	1/2 cup	100	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000774 Vegetables Squash	1/2 cup	150	149	2.46	99	*N/A*	*N/A*	8.69	*0.00	0	19.48	3.40	2.16	*N/A*	63.5	27.90	1.32
000505 Baked Beans, Veg LS	1/2 Cup	200	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			762	*6.96	*987	*35.08	*0.00	*20.24	*0.00	*55	116.83	13.54	34.67	*44	*512.9	*61.97	*3.71
% of Calories				*8.22%		*18.41 %	*0.00%	*23.9%	*0.0%		61.3%		18.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

**Friday - 04/24/2026**

**Reimbursable Meal Total 465**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990313 Tender, Chicken Spicy FC WG	3 tenders	200	220	1.00	380	2.00	0.00	10.00	0.00	60	17.00	4.00	17.00	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990183 Three Cheese Mac (Cavatappi)	6 oz Serving	200	321	9.20	803	3.00	*N/A*	16.00	0.00	47	27.00	2.00	16.00	*N/A*	*N/A*	*N/A*	*N/A*
000557 Carrot Coins	1/2 cup	300	27	0.09	43	2.98	0.00	0.50	0.00	0	5.64	2.41	0.42	618	25.6	1.68	0.39
990193 Cucumber Ranch Salad	1/4 CUP	100	188	3.00	171	*1.00	*N/A*	19.00	0.00	15	3.00	*0.00	*0.00	*N/A*	20.6	1.34	0.24
000529 Fresh Vegetables	1/2 cup	350	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	550	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	550	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			808	*10.61	*1066	*34.17	*0.00	*29.36	*0.00	*78	103.35	*12.75	*35.54	*422	*461.0	*56.51	*2.17
% of Calories				*11.82 %		*16.92 %	*0.00%	*32.7%	*0.0%		51.2%		*17.6%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Monday - 04/27/2026

Reimbursable Meal Total 465

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001020 Chicken Parmesan, Secondary	Serving	200	290	4.46	875	*0.13	*0.00	15.33	*0.00	51	19.43	2.35	21.27	*32	221.6	4.65	0.97
990177 Pasta Rotini, Secondary	6 oz scoop	200	243	0.00	0	*N/A*	*N/A*	1.22	0.00	0	48.60	1.22	8.50	*N/A*	0.0	0.00	1.75
000426 Veg Green Beans	1/2 cup	300	19	0.03	1	1.27	0.00	0.11	0.00	0	4.35	2.02	1.01	14	28.4	2.77	0.45
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000803 Fruit Fresh Choice	1/2cup portion	175	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000571 Fruit Choice	1/2 cup	175	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	200	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			721	*8.93	*986	*22.02	*0.00	*24.18	*0.00	*59	90.77	8.54	37.86	*35	*629.0	*32.48	*3.31
% of Calories				*11.15 %		*12.22 %	*0.00%	*30.2%	*0.0%		50.4%		21.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

Tuesday - 04/28/2026

Reimbursable Meal Total 465

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000851 Chicken Fajita	-serving(2)	200	281	3.85	837	*0.00	*N/A*	11.28	0.00	64	27.00	4.00	21.99	*N/A*	128.4	2.40	0.77
001218 Fajita Peppers and Onions	1/2 cup	100	30	0.02	3	*2.45	*0.00	0.06	0.00	0	7.05	1.71	1.00	*0	16.8	44.47	0.25
000699 Assorted Taco Toppings	1/2 cup	200	105	0.98	346	*2.40	*0.00	6.80	*0.00	0	11.02	4.40	1.24	*14	17.0	15.49	0.90
000515 Beans Refried	1/2 CUP	300	144	*N/A*	144	*N/A*	*N/A*	0.51	*N/A*	*N/A*	24.63	9.24	9.24	*N/A*	51.3	0.00	2.16
990237 Brown Rice with salsa	1/2 cup	200	124	0.16	177	*1.00	0.00	0.81	*0.00	0	24.92	2.76	2.26	*0	*9.8	*0.00	*0.52
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	400	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	400	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			784	*7.65	*1160	*27.33	*0.00	*22.13	*0.00	*57	111.87	17.85	37.53	*22	*531.2	*55.29	*3.94
% of Calories				*8.78%		*13.94 %	*0.00%	*25.4%	*0.0%		57.1%		19.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

**Wednesday - 04/29/2026**

**Reimbursable Meal Total 465**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001146 WG cinnamon roll, BakerBoy	each	250	219	2.01	291	*4.48	*4.38	5.02	0.00	15	38.67	3.02	5.06	*N/A*	*22.7	*0.02	*1.44
000541 Cheese Omelet	serving 2.1 oz	250	130	4.00	300	*N/A*	*N/A*	10.00	0.00	180	2.00	0.00	7.00	*N/A*	80.0	0.00	0.70
990281 potato, halves rst herb and parm seasoned	1/2 cup	200	120	1.00	190	1.00	0.00	3.50	0.00	0	17.00	2.00	4.00	*N/A*	30.0	2.00	0.90
000529 Fresh Vegetables	1/2 cup	300	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
990126 Hummus, Grecin	2 oz	100	142	0.00	283	2.02	*N/A*	7.09	0.00	0	14.17	2.02	6.08	*N/A*	0.0	0.00	0.81
000571 Fruit Choice	1/2 cup	450	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	450	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	450	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SANDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			755	*9.17	*948	*30.24	*2.36	*24.81	*0.00	*134	104.35	10.45	30.21	*19	*501.4	*47.12	*3.40
% of Calories				*10.93 %		*16.02 %	*1.25%	*29.6%	*0.0%		55.3%		16.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

## Thursday - 04/30/2026

Reimbursable Meal Total 465

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001182 Hotdog, all beef on WG bun	each	200	302	6.48	788	1.00	*N/A*	18.11	0.99	30	23.62	1.16	9.62	*N/A*	*59.8	*0.00	*1.36
000845 Assorted Veggie Toppings	1/2 cup	200	8	0.01	2	0.66	0.00	0.08	0.00	0	1.61	0.65	0.39	102	9.8	1.61	0.25
000505 Baked Beans, Veg LS	1/2 Cup	300	140	0.00	370	12.00	*N/A*	0.00	0.00	0	30.00	5.00	6.00	*N/A*	40.0	0.00	1.80
001197 Coleslaw	1/2 cup	200	165	1.89	267	*N/A*	*N/A*	11.34	0.00	19	13.09	3.24	1.62	*N/A*	48.6	35.96	0.58
000529 Fresh Vegetables	1/2 cup	200	20	0.02	*20	*0.99	*0.00	0.07	0.00	0	4.46	1.68	0.77	*7	*13.4	*23.33	*0.28
000571 Fruit Choice	1/2 cup	250	75	0.00	7	*4.80	*0.00	0.06	*0.00	0	18.45	1.74	0.49	*N/A*	*8.3	*5.59	*0.28
000803 Fruit Fresh Choice	1/2cup portion	350	65	*0.03	4	*8.30	*0.00	*0.20	*0.00	*0	16.60	2.45	0.87	*14	16.5	24.09	0.42
000445 MILK (skim, 1% and NF Choc)	8 oz	350	110	1.50	135	12.00	*N/A*	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001161 Pizza, WG Primo Cheese, 8ct	slice	100	360	7.00	600	9.00	*N/A*	16.00	0.00	35	34.00	3.00	21.00	*N/A*	450.0	0.00	2.70
990241 Pizza Big Daddys Pepp,16" Primo Par Baked 8 cut	slice	100	370	8.00	560	*N/A*	*N/A*	17.00	0.00	50	35.00	4.00	19.00	*N/A*	*N/A*	0.00	*N/A*
000491 SANDWICH UNCRUST PB STWBR LG	5.3 OZ SANDWICH	25	600	6.00	540	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	*N/A*	2.00
000410 UNCRUSTABLE PB&J GR WHEAT SMUC	1 SNDWICH 5.3	25	600	7.00	530	*N/A*	*N/A*	34.00	0.00	0	64.00	7.00	18.00	*N/A*	88.0	0.00	2.00
990305 Sub sandwich, MS/HS ham	sandwich	5	273	3.18	1078	*2.34	*0.00	7.26	0.00	38	32.82	4.43	19.50	*70	*109.9	*6.64	*1.17
001118 Sub sandwich, MS/HS turkey	sandwich	5	267	2.67	635	*1.32	*0.00	7.49	0.00	30	31.81	4.43	18.88	*70	109.9	6.64	1.37
000695 Sandwich, Turkey or Combo Sub	sandwich	5	250	2.00	650	5.00	*N/A*	6.50	0.00	30	30.00	4.00	18.00	*N/A*	161.5	0.00	1.25
Weighted Daily Average			705	*8.78	*1143	*28.77	*0.00	*25.78	*0.43	*48	92.70	11.29	27.29	*59	*435.4	*49.28	*3.52
% of Calories				*11.21 %		*16.32 %	*0.00%	*32.9%	*0.5%		52.6%		15.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280		<10	<=30									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	762	*8.75	*1032	*30.59	*0.34	*24.32	*0.04	*69	104.60	*12.38	*34.15	*82	*536.9	*56.54	*3.36
% of Calories		*10.33%		*16.06 %	*0.18%	*28.7%	*0.0%		54.9%		*17.9%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.