

## COMMON CONCERNS IN SCHOOL-AGE CHILDREN

*Disease:* **Hand, Foot and Mouth Disease**

*Symptoms:* Lesions (blisters) in mouth, on palms of hand, soles of feet with low grade fever.

*Incubation Period:* 3-5 days

*Usual School Action and Comments on Communicability:*

- 1.Exclude from school till fever is normal for 24 hours . Lesions may still be present
- 2.Use non-aspirin products to treat fever.

*Source of Infection and Mode of Transmission:* Spread via oral-fecal route. Good hand washing . Cover nose and mouth when coughing and sneezing.

Note: Children and adolescents should not be given aspirin containing medications unless specifically prescribed by physician. Good hand washing is the best prevention of disease