COMMON CONCERNS IN SCHOOL-AGE CHILDREN

Disease: **Hand, Foot and Mouth Disease**

*Symptoms:* Lesions (blisters) in mouth, on palms of hand, soles of feet with low grade fever.

*Incubation Period:* 3-5 days

*Usual School Action and Comments on Communicability:*
1. Exclude from school till fever is normal for 24 hours. Lesions may still be present
2. Use non-aspirin products to treat fever.

*Source of Infection and Mode of Transmission:* Spread via oral-fecal route. Good hand washing. Cover nose and mouth when coughing and sneezing.

*Note:* Children and adolescents should not be given aspirin containing medications unless specifically prescribed by physician. Good hand washing is the best prevention of disease.