

Community Resource Directory

Transition is the time to plan for:

Independent Living Employment Post-secondary Education and Training

CTIC Mission

Helping transitional age young people with disabilities to develop life-long self-advocacy and life skills for reaching their future successes within the community setting

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About CTIC

CTIC's were organized to assist students with disabilities by helping to provide a smoother transition from high school to the adult world. The focus is on students ages 14-21 and their families. Our committee consists of parents, students, staff from Faribault and Northfield school districts and members of agencies providing services for Rice County.

Meetings are generally held on the third Wednesday of every month at 3:15 pm. Visitors are welcome anytime. For more meeting information including dates, times and locations, contact co-chairpersons Mary Magnuson at 507-645-3409 or Lisa Evert at 507-645-6800.

CTIC members work to provide information, referral, and services in the three areas of transition: Independent Living (which includes Community Participation, Recreation and Leisure, and Home Living); Employment; and Post-Secondary Education and Training.

CTIC Committee Members

Pat Dudley, Exec. Director *Cannon River Enterprises* 507-332-2033 <u>patrick.j.dudley@state.mn.us</u>

Lisa Evert*, Parent/Vocational *Epic Enterprise* 507-645-6800 <u>levert@epicenterpriseinc.org</u>

Joe Dragich, Work Coordinator Secondary Transition Education Program (STEP) 507-333-6458 jdragich@faribault.k12.mn.us

Cheryl Hall, Dir. Of Special Services Northfield Public Schools 507-645-3441 chall@northfieldschools.org

Amy Lofquist Workforce Development, Inc. 507-456-1840 amylofquist@workforcedevelopmentinc. org

*chairperson(s)

Mary Magnuson*, Special Ed. Teacher Northfield High School 504-645-3409 mmagnuson@northfieldschools.org

Joe Jorgensen, Work Coordinator Northfield High School 507-664-3396 jjorgensen@northfieldschools.org

Vikki McCullough, Case Manager *Rice County Social Services* 507-332-6723 (Fbo) 507-321-4973 (Nfld) <u>vmccullough@co.rice.mn.us</u>

Shelli Linders Vocational Rehabilitation Services 507-332-5486 Shelli.linders@state.mn.us

Sarah Bardenwerper, Parent Sarah.bardenwerper@gmail.com

Multi-Program Agencies

<u>City</u>

Northfield Community Action Center *Housing—Intervention--Clothing—Food—Dental—Crisis Intervention—Transportation* 1651 Jefferson Parkway, Suite HS 200, Northfield, MN 55057 507-664-3550 <u>northfieldcac.org/</u>

County

Disability Linkage Line *Minnesota's connection to disability-related information and assistance regarding employment, disability benefits, housing, personal care assistance, transportation, and assistive technology* 866-333-2466 <u>www.MinnesotaHelp.info</u>

Rice County Social Services Provides community supported social services and financial assistance for eligible people to promote their dignity and independence Crisis Line (after hours) 1-800-422-1286 <u>www.co.rice.mn.us</u>

Faribault branch office 320 3rd Street NW, PO Box 718, Faribault, MN 55021 507-332-6115

Northfield branch office 801 Washington Street, Northfield, MN 55057 507-645-3090

Federal

Social Security Administration *All social security issues* 12 Civic Center Plaza, Suite 1550 Mankato Place, Mankato, MN 56001 1-877-457-1734 TTY 507-345-5389 <u>www.ssa.gov/</u>

<u>Nonprofit</u>

Catholic Charities Works with individuals, families, and communities to help them meet their needs, address their issues, eliminate oppression, and build a just and compassionate society www.catholiccharitiesinfo.org/about/

Lutheran Social Services Nonprofit social services agency, multiple counseling services 416 Heritage Place, Faribault, MN 55021 1-800-582-5260 www.lssmn.org/

Independent Living

(Community Participation, Recreation and Leisure, and Home Living)

Community Participation

Provide students with information on services available in the community as they become adults. Assist students in learning how to access services and businesses in the community.

Chemical Dependency

AA of Minnesota Help and support for those struggling with alcoholism 952-922-0880 www.aaminneapolis.org

Al-Anon Help and support for the families of those struggling with alcoholism www.minnesotasouth-al-anon.org/

Domestic Violence

Hope Center 1003 7th St. NW, Faribault, MN 55021 Safe Line: 800-607-2330 (24/7/365) Weblog: <u>hopecentermn.org</u>

Business: 507-332-0882

Minnesota Coalition for Battered Women 60 E. Plato Blvd, Suite 130, St. Paul, MN 55107 800-289-6177 or 651-646-6177 24 hr hotline: 866-223-1111 www.mcbw.org/dvall.htm

Day One Minnesota Domestic Violence Crisis Line1000 E. 80th St., Bloomington, MN 55420Office: 952-884-0376Crisis Hotline: 866-223-1111www.dayoneservices.orgsafety@dayoneservices.org

Advocacy and Support

ARC Southeastern Minnesota Provides support, education, and advocacy to persons with developmental disabilities and their families 6301 Bandel Rd. NW, Rochester, MN 55901 507-287-2032 or 888-732-8520 <u>www.arcse-mn.org/wp/</u>

Department of Human Services Deaf and Hard of Hearing Offices-Mankato DHHS Southwest, 12 Civic Center Plaza, Suite 1670, Mankato, MN 56001 507-389-1626 Fax: 507-389-1703 TTY 1-866-266-2461 Video phone: 507-322-3578 <u>dhhs.mankato@state.mn.us</u> **Disability Linkage Line**

Minnesota's connection to disability-related information and assistance regarding employment, disability benefits, housing, personal care assistance, transportation, and assistive technology 866-333-2466 www.MinnesotaHelp.info

Down Syndrome Association of MN 656 Transfer Road, St. Paul, MN 55114 651-603-0720 or 800-511-3696

www.dsamn.org/

Minnesota State Council on Disability Info on quality of life and empowerment for individuals with disabilities 121 E. 7th Place, Suite 107, St. Paul, MN 55101 651-361-7800 (V/TTY) or 800-945-8913 (V/TTY) <u>www.council.disability.state.mn.us</u>

Pacer Center, Inc. Provides support, education, and advocacy to persons with developmental disabilities and their families 8161 Normandale Boulevard, Minneapolis, MN 55437 952-838-9000 or 800-537-2237 <u>www.pacer.org</u>

SEMCIL – Southeastern Minnesota Center for Independent Living 2200 2nd St. SW, Rochester, MN 55902 888-460-1815 or 507-285-1815 <u>www.semcil.org/</u>

State Services for the Blind-Mankato Office 12 Civic Center Plaza, Suite 1600B, Mankato, MN 56001-7797 800-657-3821 Fax: 507-389-6097 TTY: 507-389-3257

State Services for the Blind-Rochester Office 300 11th Ave. NW, Rochester, MN 55901-1801 507-285-7282 or 800-366-2715 Fax: 507-280-5592

Financial Counseling

Lutheran Social Services of MN-Financial Counseling888-577-2227www.lssmn.org/

Food and Clothing

Clothes Closet-Faribault 325 Central Ave. N, Faribault, MN 55021 507-334-9242 www.faribaultseniorcenter.org/clothes-closet/

Clothes Closet-Northfield 600 Water Street S., Northfield, MN 55057 507-645-1389 <u>www.communityactioncenter.org/programs/clothing</u> Faribault Area Food Shelf Faribo West Mall-outside entrance between PetSmart and JoAnn Fabric 200 Western Ave. NW, Faribault, MN 55021 507-334-2137

Northfield Food Shelf-Community Action Center 1651 Jefferson Parkway, Suite HS200, Northfield, MN 55057 507-664-3550 <u>www.communityactioncenter.org/programs/feeding</u> Email: <u>info@communityactioncenter.org</u>

Migrant

Northfield Community Action Center 1651 Jefferson Parkway, Northfield, MN 55057 507-664-3550 <u>www.communityactioncenter.org</u> Email: <u>info@communityactioncenter.org</u>

National Hotline for Migrant Families-United Way 211 Information and referral services for Health and Social Services 800-543-7709

Volunteer Opportunities

Faribault High School Volunteer/Service Opportunities *A variety of volunteer opportunities for high school students* 330 9th Ave. SW, Faribault, MN 55021 507-333-6160

Carleton College-ACT Center Volunteer organization Sayles-Hill Hall, Room 150, One North College St, Northfield, MN 55057 507-222-7020 Email: ccce@carleton.edu

Northfield Shares

Volunteer, donor-focused organization whose mission is to enhance individual and community life in Northfield by encouraging the habits of volunteerism and philanthropy 205 Water St., Northfield, MN 55057 507-581-3017 www.northfieldshares.org

Legal Resources

www.LawHelpMN.org

Minnesota Disability Law Center 430 1st Ave. N, Suite 359, Minneapolis, MN 55401-1780 612-332-8151 www.mndlc.org Minnesota Legal Services Coalition (MLSC) *On-line legal information* Midtown Commons, Suite 101B, 2324 University Ave. W, St. Paul, MN 55114 651-228-9105 <u>www.mnlegalservices.org</u>

Southern Minnesota Regional Legal Services Free legal assistance on critical legal problems for refugees, immigrants, and migrants 450 N. Syndicate St. Suite 285, St. Paul, MN 55104 www.smrls.org Email: rims@smrls.org

Legal-Guardianships

ARC Southeastern Minnesota 6301 Bandel Rd. NW, Suite 605, Rochester, MN 55901 507-287-2032 or 888-732-8520 <u>www.arcse-mn.org</u>

Mental Health Resources

Friendship House A drop-in center for all people in Rice County who struggle with mental illness 212B Central Ave, Faribault, MN 55021 507-333-5840

Infants Remembered in Silence 218 3rd Ave. NW, Faribault, MN 55021 507-334-4748 <u>www.irisremembers.com</u> Email: <u>support@irisremembers.com</u>

Physical Health Resources

Northfield Women's Center *Pregnancy resource center* 200 Division St, Suite 140, Northfield, MN 55057 507-645-7638 <u>www.northfieldwomenscenter.org</u>

Planned Parenthood of MN/ND/SD *Counseling involving parenthood* 582 Prairie Center Dr., Eden Prairie, MN 55344 800-230-7526 <u>www.plannedparenthood.org</u>

Planned Parenthood - Mankato Clinic 201 Victory Dr. N, Suite 211, Mankato, MN 56001 507-387-5581

Planned Parenthood - Owatonna Clinic 111 Main Street W, Owatonna, MN 55060 507-451-0184 Planned Parenthood - Red Wing Clinic 212 Bush St, Suite 205, Red Wing, MN 55066 651-388-8715

Rice County Public Health Nursing 320 3rd St. NW, Faribault, MN 55021 507-332-6111

Southern Cities Community Health Clinic 400 4th St. NW, Faribault, MN 55021 507-384-6830

Transportation Providers

Northfield Lines, Inc. 1034 Gemini Road, Eagan, MN 55121 888-670-8068 or 651-203-8888 <u>www.northfieldlines.com</u>

Benjamin Bus, Inc. 32611 Northfield Blvd, Northfield, MN 55057 507-645-5720 www.benjaminbus.net/

Hiawathaland Transit-Northfield and Faribault 866-623-7505 <u>www.threeriverscap.org</u>

JJ Fairbo Taxi 412 Prairie Ave, Faribault, MN 55021 507-333-4452

R & S Transport 7201 22nd Ave SW, Rochester, MN 55902 507-289-5080 or 800-656-5080

Senior Centers

Faribault Area Senior Center 19 Division St W, Faribault, MN 55021 507-332-7357 www.faribaultseniorcenter.org

Northfield Senior Center1651 Jefferson Parkway, Northfield, MN 55057507-664-3700www.northfieldseniorcenter.org

Recreation and Leisure

Give students the opportunity to explore several options in the recreation and leisure areas to assist in determining their adult needs

Community Action Center of Northfield 1651 Jefferson Parkway, Northfield, MN 55057 507-664-3550 www.northfieldcac.org

Faribault Parks and RecreationRecreational options throughout Faribault and surrounding areas15 Division St. W, Faribault, MN 55021507-334-2064TDD: 507-384-0500www.faribault.org/departments/parks

Faribault Community Center 15 Division St. W, Faribault, MN 55021 507-334-2064 www.faribault.org/parks/communitycenter

Faribault Family Aquatic Center1830 Alexander Dr., Faribault, MN 55021507-334-2184www.faribault.org/404/faribault-family-aquatics-center

Faribault Public Library-Buckman Memorial Library11 Division St. E, Faribault, MN 55021507-334-2089Fax: 507-384-0503www.faribault.org/library

Ice Arenas

Faribault : 1816 2nd Ave. NW, Faribault, MN 55021507-332-0372www.faribault.org/225/ice-arenaNorthfield : 1280 Bollenbacher Dr, Northfield, MN 55057507-645-3017www.ci.northfield.mn.us

Northfield Public Library 210 Washington St, Northfield, MN 55057 507-645-5604 <u>www.ci.northfield.mn.us/library/</u>

Paradise Center for the Arts 321 Central Ave. N, Faribault, MN 55021 507-332-7372 www.paradisecenterforthearts.org

Project A.B.L.E.Serving people with disabilities by Achieving a Better Life through EducationFaribault Community CenterNorthfield NCRC Building507-333-6017507-664-3649

River Bend Nature Center PO Box 186, 1000 Rustad Rd, Faribault, MN 55021 507-332-7151 www.rbnc.org

Special Olympics Faribault and Northfield Faribault: Penny Malecha: 612-382-4603

Northfield: Kathy Lean: 612-747-5229

Home Living

Assists students and their families in determining the best living situation for them. Help young adults learn the skills needed to live as independently as possible.

Emergency

Hope Center 24 Hour Crisis Line, daytime drop-in center, legal advocacy, confidential and supportive listening, and tempoary safe housing for victims of domestic violence, sexual assault and child abuse 7003 7th St. NW, Faribault, MN 55021 507-332-0882 and 800-607-2330

Supportive and Subsidized

Adult Foster Care Rice County Social Services 320 3rd St. NW, PO Box 718, Faribault, MN 55021 Faribault: 507-332-6115 Northfield: 507-645-4723 www.co.rice.mn.us/social/adultfostercare.php

Rice County Rental Housing 208 1st Ave. NW, Faribault, MN 55021 507-334-0100

City of Faribault www.faribault.org/

HeatShare Winter Energy Assistance Program--An Xcel Energy and Salvation Army collaboration 800-842-7279 or 507-334-0100

Rice County HRA and Faribault HRA Housing Choice Voucher Program (Section 8) *Rental assistance to low-income families* MURL Program *Opportunity for qualified first-home buyers to purchase rehabilitated homes* Rice County Social Services 320 3rd St. NW, Faribault, MN 55021 507-333-3787 Three Rivers Community Action Homeless Response Network Home Weatherization Assist to reduce energy needs, including caulking, weather stripping, and/or repair or replacement of windows and doors 201 Lyndale Ave. S, Faribo Town Square, Faribault, MN 55021 507-732-7391 and 800-277-8418 Fax: 507-384-3530 threeriverscap.org

US Dept. of Agriculture Rural Housing Improvement Loans & Grants Home improvement loans for low income homeowners in Rice County 1400 Cannon Circle, Faribault, MN 55021 507-332-7418

Transitional

Chamomile Transitional Housing Program Three Rivers Community Action *Help homeless people from homelessness into affordable housing* 201 Lyndale Ave. S, Faribo Town Square, Faribault, MN 55021 507-732-7391 and 800-277-8418 Fax: 507-384-3530 <u>threeriverscap.org</u>

Ruth's House of Hope *A safe healing place for women who are struggling from oppressive life situations* 124 1st Ave. SW, Faribault, MN 55021 507-332-2236 Email: ruthshouseofhope@yahoo.com

Employment/Job Training Area

Assist students and their families in determining the best type of job and work setting the young adults will need after graduation

Cannon River Enterprises *Provides day services for adults with developmental disabilities* 1400 Cannon Circle, Faribault, MN 55021 507-332-2033

Careers.Org Career research and job hunting, includes disability issues www.careers.org

Cedar Valley Services Provides day services for adults with developmental disabilities 415 North Grove Street, Owatonna, MN 55060 507-433-2303 www.cedarvalleyservices.org **Disability Linkage Line**

Minnesota's connection to disability-related information and assistance regarding employment, disability benefits, housing, personal care assistance, transportation, and assistive technology 866-333-2466 www.MinnesotaHelp.info

Disability Linkage Line To learn how work and benefits can work together to increase your income 866-333-2466 www.db101.org

EPIC Enterprise Provides day services for adults with developmental disabilities 430 Railway St. S, Dundas, MN 55019 507-645-6800 Email: LHibbard@epicenterpriseinc.org

KCQ, Inc. *Provides day services for adults with developmental disabilities* 402 Heritage Place, Faribault, MN 55021 507-334-4347 Email: <u>krista@kcqinc.com</u>

Straight River Enterprises *Provides day services for adults with developmental disabilities* 405 1st Ave. SE, Medford, MN 55049 507-444-2427

MRCI WorkSource Provides day services for adults with developmental disabilities 15 Map Drive, Mankato, MN 56001 507-386-5600 <u>www.mrci.info</u>

Rehabilitation Services for the Deaf and Hard of Hearing for Southern MN 300 11th Ave. NW, Rochester, MN 55901 507-285-7315 Fax: 507-280-5530 TTY: 507-280-3584 www.deed.state.mn.us/rehab/vr/main_vr.htm

Rice County Day Activity Center *Provides day services for adults with developmental disabilities* 21 10th St. NE, Faribault, MN 55021 507-334-2231

State Services for the Blind-Mankato Office12 Civic Center Plaza, Suite 1600B, Mankato, MN56001-7797800-657-3821Fax: 507-389-6097TTY: 507-389-3257

State Services for the Blind-Rochester Office 300 11th Ave. NW, Rochester, MN 55901-1801 800-366-2715 Fax: 507-280-5592

Vocational Rehabilitation Services Provides individuals who have disabilities services including, but not limited to, vocational planning, employment information, referral service and guidance in maintaining employment 201 Lyndale Ave. S, Suite S1, Faribault, MN 55021-5788 507-332-5461 and 888-997-7837 Fax: 507-332-5536 http://www.deed.state.mn.us

Post Secondary Education and Training Area

Consider all the options for post-secondary education and training available to the student and assist in the process of choosing the best fit for them

The Minnesota Guide for Students Entering Post-Secondary Education Programs This guide outlines options in post-secondary education. Postsecondary education includes many kinds of educational and training programs, technical college degree and certification programs, apprenticeship experience, two-year colleges, private trade schools, on-the-job training and more. http://cticmankato.org/mnGuideToTransition.pdf

ACCESS

Youth development/Services Mankato Community Education 110 Fulton St. Mankato, MN 56001 507-387-5501

Association on Higher Education and Disability (AHEAD) 107 Commerce Center Drive, Suites 204, Huntersville, NC 28078 Voice and text: 704-947-7779 Fax: 704-948-7779 Email: <u>ahead@ahead.org</u>

Carleton College One North College St, Northfield, MN 55057 507-222-4000 www.carleton.edu

Faribault Independent School District #6562800 1st Ave. NW, Faribault, MN 55021507-333-6000www.faribault.k12.mn.us

Motivation Education & Training, Inc. (MET) Provides academic and vocational training to migrant and seasonal farm workers, with the objective of furthering economic self-sufficiency Owatonna Workforce Center P.O. Box 1838, New Caney, TX 77357 281-689-5544 Website: metinc.org Email: MET-owatonna@metinc.org

Minnesota State University, Mankato Mankato, MN 56001 800-722-0544 <u>www.mnsu.edu</u>

Office of Disability Services 132 Memorial Library, Mankato, MN 56001 800-627-3529 Fax: 507-389-1199 Director: julie.snow@mnsu.edu

Northfield Independent School District #659 1400 Division St. S, Northfield, MN 55057 507-663-0600 www.nfld.k12.mn.us

Project A.B.L.E.Serving people with disabilities by Achieving a Better Life through EducationFaribault Community CenterNorthfield NCRC Building507-333-6017507-664-3649

St. Olaf College 1520 St. Olaf Ave, Northfield, MN 55057 507-786-2222 <u>www.stolaf.edu</u> Student Accessibility Services 507-786-3288

Riverland Community College 800-247-5039 <u>www.riverland.edu</u>

Albert Lea: 2200 Riverland Drive, Albert Lea, MN 56007 507-379-3300 Austin: 1900 8th Ave. NW, Austin, MN 55912 507-433-0600 Owatonna: 965 Alexander Dr. SW, Owatonna, MN 55060 507-455-5880 South Central College-Faribault Campus 1225 3rd St. SW, Faribault, MN 55021 507-332-5800 and 800-422-0391 www.southcentral.edu

TDD 507-332-5866

South Central Technical College-North Mankato Campus 1920 Lee Blvd, North Mankato, MN 56003 507-389-7200 and 800-722-9359 TTY: 507-389-7200 www.southcentral.edu

Other Resources and Links

Association on Higher Education and Disability Organization of professionals committed to full participation in higher education for individuals with disabilities http://www.ahead.org

Center for Applied Special Technology Information on Universal Design for Learning http://www.cast.org

College Link Information on all aspects of applying to college-find your dream school and a way to pay for it www.collegelink.com www.fastweb.com

Minnesota Life College Two to four post secondary life skills training for young adults with learning disabilities http://minnesotalifecollege.com/

The Postsecondary Education Programs Network Regional centers for issues regarding education and individuals who are deaf or hard of hearing http://www.pepnet.org

Assistive Technology

Closing the Gap Computer technology in special education and rehabilitation http://www.closingthegap.com/

Recording for the Blind and Dyslexic Source for taped textbooks http://www.rfbd.org/ http://www.learningally.org