

COMMON CONCERNS IN SCHOOL-AGE CHILDREN

Disease: **Common Cold**

Symptoms: Acute upper respiratory signs, including watery eyes, sneezing, running nose, general feeling of illness.

Incubation Period: 12 hours to 3 days

Usual School Action and Comments on Communicability:

1. No restriction unless fever more than 100 degrees
2. Communicable 24 hours before onset and for five days after nasal involvement

Source of Infection and Mode of Transmission: Virus spread directly through coughing and sneezing and indirectly through articles freshly soiled by discharge of infected person.

Note: Children and adolescents should not be given aspirin containing medications unless specifically prescribed by physician. Good hand washing is the best prevention of disease