Menus are planned following the USDA Summer Food Service Program guidelines. A variety of low fat milk choices are included with each lunch. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored $1 \%$ milk.

## Summer Breakfast \&

Lunch Meru
June -Aug. 2024
Menu is subject to change without notice.


The menu is a 3-week rotating cycle with the first day of weeks 1-3 identified below.

|  | Monday | Tucsday | Wedbesday | Thuresday |
| :---: | :---: | :---: | :---: | :---: |
| Week- 6/17, 7/8, 7/29 | Cheeseburger on WG bun Baked Chips Vegetable of the Day Fruit choice <br> Breakfast: Grain, Fruit and Milk KV Snack: 2 of 3 items | Cheese Bites <br> Marinara Sauce <br> Vegetable of the Day <br> Fruit Choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items | Chicken Patty on WG Bun Vegetable of the Day Fruit Choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items | Pasta served w/Meatballs and Sauce WG Breadstick Vegetable of the Day Fruit choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items |
| Weak6/24, 7/15, 8/5 | Cheese Pizza <br> Vegetable of the Day <br> Fruit Choice <br> Breakfast: Grain, Fruit and Milk KV Snack: 2 of 3 items | Chicken Tenders Wheat Roll Vegetable of the Day Fruit Choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items | Turkey and Cheese Sub Vegetable of the Day Fruit choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items | WG Corndog Vegetable of the Day Fruit Choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items |
| Weak7/1, 7/22, 8/12 | All Beef Hotdog Baked Chips Vegetable of the Day Fruit Choice <br> Breakfast: Grain, Fruit and Milk KV Snack: 2 of 3 items | Quesadilla <br> Vegetable of the Day Fruit choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items | French Toast Sticks or Pancakes with syrup Cheese Omelet Breakfast Potato Fruit Choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items | Garlic Cheesebread Marinara Sauce Vegetable of the Day Fruit Choice <br> Breakfast: Grain, Fruit and Milk <br> KV Snack: 2 of 3 items |

Vegetable of the day may include, but not limited to: Fresh or Steamed Broccoli, Fresh or Steamed Carrots, Fresh or Steamed Cauliflower, Celery, Cherry Tomatoes, Cucumbers, Fresh or Steamed Corn, Steamed Green Beans, Jicama, Steamed Peas, Potatoes, Salsa, Sliced Tomatoes, and Sweet Potatoes.
Fruit may include, but not limited to: Apples, Applesauce, Bananas, Grapes, Or anges, Peaches, Pears, Pineapple, and Strawberries

Grain options may include, but are not limited to: Assorted types of WG crackers, assorted WG breads and muffins, assorted WG cereals,
*Early Ventures will offer no peanut containing products at their site this summer.
This institution is an equal opportunity provider.

