

## Students with Lactose Intolerance

PLEASE COMPLETE A NEW REQUEST EACH SCHOOL YEAR

Dear Parent/Guardian,

State law (Minnesota Statutes 124D.114) requires a Sponsoring Authority of school meal programs to provide one of these alternatives for a student with lactose intolerance if the parent/guardian has requested an alternative in writing:

- Lactose-reduced milk, or
- Milk fortified with lactase in liquid, tablet, granular, or other form, or
- Milk to which lactobacillus acidophilus has been added.

Please complete the form below if you need to make this request for your child. Please contact me at 507-645-3432 if you have any questions.

Respectfully,

Stephany Stromme, RDLD  
Director of Child Nutrition  
Northfield Public Schools, ISD 659

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### 2023-24 Parent/Guardian Request for Lactose Reduced Milk

Name of Student: \_\_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Drop-off or mail form to your child's school nurse. The school nurse will notify the Child Nutrition Department of your request.