

September 2025 High School Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
No School Labor Day	WG Primo Pizza Steamed broccoli Garden bar Fruit choice* Milk choice*	Beef Walking Taco Assorted taco toppings Refried beans Fruit choice* Milk choice*	Teriyaki Chicken WG veggie fried rice Steamed stir-fry veggie blend Garden Bar WG egg roll Fruit choice* Milk choice*	BBQ Pulled Pork on WG Bun Creamy coleslaw Steamed green beans WG Sunchips Garden bar Fruit choice* Milk choice*
WG Pasta with choice of Meat Sauce or Marinara Sauce Steamed zoodles Garden bar WG garlic breadstick Fruit choice* Milk choice*	WG Chicken Tenders WG Vegilicious Pasta Salad Oven baked sweet potato fries Garden bar WG Dinner roll Fruit choice* Milk choice*	Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Garden bar Fruit choice* Milk choice*	WG Cinnamon Roll Three Cheese Egg Bites Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	Bone-in Chicken Wings Oven baked onion rings Jicama slaw WG Sister Shubert roll Garden bar Fruit choice* Milk choice*
Loaded Oven Fries with Cheese Sauce Assorted vegetable toppings Ranchero pinto beans Seasoned brown rice WG dinner roll Fruit choice* Milk choice*	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	WG Primo Pizza Steamed broccoli Garden bar Fruit choice* Milk choice*	WG Chicken Sandwich Roasted squash Oven baked beans Garden bar Fruit choice* Milk choice*	WG Shrimp Poppers 19 Three Cheese Cavatappi Mac Steamed carrots Cucumber ranch salad Garden bar Fruit choice* Milk choice*
Chicken Parmesan 2: with WG Pasta Steamed green beans Garden bar Fruit choice* Milk choice*	Chicken Fajita Steamed peppers and onions Fresh fixings Refried beans Seasoned brown rice Fruit choice* Milk choice*	WG Cinnamon Roll and Cheese Omelet Breakfast potatoes Garden bar and hummus Fruit choice* Milk choice*	Vegetarian baked beans Creamy coleslaw Garden bar Fruit choice* Milk choice*	WG Garlic Cheesebread Marinara Dipping Sauce Caesar salad Garden bar Fruit choice* Milk choice*
Mini Sampler Basket 2: Oven roasted vegetable medley Garden bar with hummus Fruit choice* Milk choice*	WG Primo Pizza Steamed broccoli Garden bar Fruit choice* Milk choice*			

Alternate meals: Sandwich or Pizza Slice includes fruit choices, vegetable choices and a milk choice.

Premade Salad Meal: Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. **Global Trends Meal:** Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.



Free Meals for All Students

- ♦ Free Meals All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ♦ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.