

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>No School</b>	<b>1</b>	<b>WG Cheese Pizza</b> Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice	<b>2</b>	<b>Beef Walking Taco</b> Assorted taco toppings Refried beans Fruit choice* Milk choice*	<b>3</b>	<b>Teriyaki Chicken</b> WG veggie fried rice WG dinner roll Steamed mixed veggies Rainbow veggie bar Fruit choice* Milk choice*	<b>4</b>	<b>Turkey and Cheese on WG Sub Bun</b> Steamed green beans WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*	<b>5</b>
	<b>Labor Day</b>								
<b>WG Pasta with choice of Meat or Marinara Sauce</b> Steamed green beans Rainbow veggie bar WG garlic breadstick Fruit choice* Milk choice*	<b>8</b>	<b>WG Chicken Tenders</b> <b>WG Vegilicious Pasta Salad</b> Oven baked sweet potato fries Rainbow veggie bar Fruit choice* Milk choice*	<b>9</b>	<b>Hamburger/Cheeseburger/Veggie Burger on WG Bun</b> Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	<b>10</b>	<b>WG Pancakes with Fruit Toppings</b> Yogurt Cup Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* Milk choice*	<b>11</b>	<b>WG Bosco Sticks</b> <b>Marinara Dipping Sauce</b> Caesar salad Rainbow veggie bar Fruit choice* Milk choice*	<b>12</b>
<b>Beef Nachos Grande</b> Assorted vegetable toppings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	<b>15</b>	<b>Chicken and Alfredo Sauce with WG Pasta</b> <b>WG Garlic Breadstick</b> Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	<b>16</b>	<b>WG Cheese Pizza</b> Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	<b>17</b>	<b>WG Chicken Sandwich</b> Lettuce and tomato slices Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	<b>18</b>	<b>WG Shrimp Basket</b> Oven baked fries Steamed carrots Cucumber ranch salad Fruit choice* Milk choice*	<b>19</b>
<b>Chicken Parmesan with WG Pasta</b> Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	<b>22</b>	<b>Chicken Burrito Bowl</b> Fresh fixings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	<b>23</b>	<b>WG French Toast Sticks</b> <b>Chicken Sausage Links</b> Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	<b>24</b>	<b>All Beef Hotdog on WG Bun</b> Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	<b>25</b>	<b>Ooey Gooey WG Cheesebread</b> <b>Marinara Dipping Sauce</b> Caesar salad Rainbow veggie bar Fruit choice* Milk choice*	<b>26</b>
<b>Mini Sampler Basket</b> Oven baked sweet potato fries Rainbow veggie bar with hummus Fruit choice* Milk choice*	<b>29</b>	<b>WG Cheese Pizza</b> Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice	<b>30</b>						

**Cold Sandwich Choices:**

Wheat PBJ Uncrustable (strawberry or grape) or Turkey and Cheese Sandwich on WG bread available daily. All include a fruit choice, a vegetable choice and a milk.

**Salad Choice:** Pre-made salads are available daily.

Salad meal includes a fruit choice, a whole grain bread choice and a milk.

**Fruit Choice:** At least one fresh fruit and one canned fruit choice will be served

**Free Meals for All Students**

- ◆ **Free Meals** All students enrolled in the school district can receive a free breakfast and a free lunch every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.