

September 2024 NCEC Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday	Tuesday		Wednesday		Thursday	Friday
No School Labor Day	WG Cheese Pizza Steamed vegetable Fruit Milk		WG Chicken Tenders Steamed vegetable WG Buttered noodles Fruit Milk	4	Meatballs with Gravy Brown rice Steamed vegetable Fruit Milk	Deli Turkey and Cheese WG Dinner roll Steamed vegetable WG Goldfish crackers Fruit Milk
Cheeseburger on WG Bun Steamed vegetable Fruit Milk	WG Cheesebread 1 Marinara Sauce Fruit Milk		WG Pasta with Meat Sauce Steamed vegetable WG Garlic breadstick Fruit Milk	1	WG Mini Pancakes Yogurt Cup Breakfast potatoes Colorful garden peppers Fruit Milk	WG Chicken Tenders Steamed vegetable WG Buttered noodles Fruit Milk
Cheese Quesadilla Steamed vegetable Fruit Milk	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed vegetable Fruit Milk	17	WG Cheese Pizza Steamed vegetable Fruit Milk		WG Chicken Sandwich Oven baked beans Fruit Milk	WG Mac and Cheese Steamed vegetable Fruit Milk
Chicken Tenders 23 WG Pasta with Marinara Sauce Steamed vegetable Fruit Milk	WG Fiestada Pizza Steamed vegetable Fruit Milk		WG French Toast Sticks Chicken Sausage Links Breakfast potato Colorful garden peppers Fruit Milk		All Beef Hotdog Vegetarian baked beans Fruit Milk	WG Bosco Sticks Marinara sauce Steamed vegetable Fruit Milk
WG Corn Dog Steamed vegetable Fruit Milk						

This institution is an equal opportunity provider.



Milk Information and Meal Pricing Information

- Hand in Hand Preschool program children can get one breakfast and one lunch free of charge each day they are attending. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.
- Ages 1-2 milk portion is 4 oz; ages 3-5 is 6 oz. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%
- ♦ Childcare program children will be charged \$5.00 per lunch.