

Menus are subject to change without notice.

Week One and Three				
WG Hot Granola Round Fruit or Juice Milk Choice	WG Mini Bagel Fruit Milk Choice	Assorted WG Cereal Fruit or Juice Milk Choice	Assorted WG Snack Bread Fruit Milk Choice	WG Mini Cinni Fruit Milk Choice
Week Two and Four				
WG Benefit Bar Fruit Milk Choice	Assorted WG Snack Bread Fruit Milk Choice	Assorted WG Cereal Fruit or Juice Milk Choice	WG Frudel Fruit Milk Choice	WG Muffin Fruit Milk Choice

A meal survey form will be sent out weekly on Friday's to be completed by Monday at 2 PM. The order will include 5 school days worth of lunches for each student ordering. You can also choose to order 5 school days worth of breakfast for each student ordering. Breakfast Menu will rotate on a two week basis.

There will be ONE drive-thru pick-up location from 11:30AM - 12:30 PM on Wednesday's at Northfield High School.

IMPORTANT PAYMENT INFORMATION: Our free meal program has been extended through December 31, 2020, as provided by the United States Department of Agriculture. All students enrolled in the school district -- regardless of the learning model -- can receive free breakfast and lunch every day. It is possible that the program could end before December 31 if the funding is depleted. Even though all students will be receiving free meals during this time, it is essential that you complete the meal benefit application. Families will return to paying full price for meals on January 1, 2021 (or earlier, if the funding is exhausted) if they do not qualify for free or reduced meals.



Keys to Success with School Breakfast:

- 1) Start the day with whole grains and protein
- 2) Increase your ability to focus
- 3) Decrease lost time from school with illness
- 4) Consume 1/3 of your daily calories
- 5) Get the energy you need to perform your best at school

***All Northfield Kindergarten students receive free breakfast.**

Breakfast is important...fuel up to help your day take off.

Simple Breakfast Ideas:

- *Banana with peanut butter
- *Banana sliced into yogurt
- *Oatmeal with fruit-like apples, peaches, berries
- *Tortilla with peanut butter and any fruit
- *Breakfast smoothies-berries, milk, yogurt, ice
- *String cheese and apple slices
- *Cold cereal mixed in low-fat yogurt
- *WG granola bar and fresh fruit