

October 2025 NCEC Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
		Meatballs with Gravy Brown rice Steamed vegetable Fruit Milk	Oven Roasted Chicken Bites WG Buttered noodles Steamed vegetable Fruit Milk	Deli Turkey and Cheese on a WG Sub Bun Fresh baby carrots Fruit Milk
WG Pasta with Meatballs and Marinara Sauce Steamed vegetable WG Garlic breadstick Fruit Milk	WG Chicken Tenders 7 Steamed vegetable WG Dinner roll Fruit Milk	Cheeseburger on WG Bun Oven baked beans Fruit Milk	WG Mini Pancakes 9 Yogurt Cup Breakfast potatoes Fruit Milk	WG Bosco Sticks Marinara sauce Steamed vegetable Fruit Milk
Cheese Quesadilla 13 Steamed vegetable Fruit Milk	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed vegetable Fruit Milk	WG Cheese Pizza Steamed vegetable Fruit Milk	No School MEA Break	No School MEA Break
Chicken Tenders 20 WG Pasta with Marinara Sauce Steamed vegetable Fruit Milk	WG Fiestada Pizza 21 Steamed vegetable Fruit Milk	WG French Toast Sticks Chicken Sausage Links Breakfast potato Fruit Milk	All Beef Hotdog 23 Vegetarian baked beans Fruit Milk	WG Cheesebread Marinara Sauce Garden salad Fruit Milk
WG Corn Dog Fresh sugar snap peas Fruit Milk	WG Cheese Pizza Steamed vegetable Fruit Milk	Meatballs with Gravy Brown rice Steamed vegetable Fruit Milk	Oven Roasted Chicken Bites 30 WG Buttered noodles Steamed vegetable Fruit Milk	No School

This institution is an equal opportunity provider.



Milk Information and Meal Pricing Information

- ♦ Hand in Hand Preschool program children can get one breakfast and one lunch free of charge each day they are attending. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.
- Ages 1-2 milk portion is 4 oz; ages 3-5 is 6 oz. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%
- ♦ Childcare program children will be charged \$5.00 per lunch.