

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Beef Walking Taco</b> 1 Assorted taco toppings Refried beans Fruit choice* Milk choice*	<b>Teriyaki Chicken</b> 2 WG veggie fried rice Steamed stir-fry veggie blend Garden bar WG egg roll Fruit choice* Milk choice*	<b>BBQ Pulled Pork on WG Bun</b> 3 Creamy coleslaw Steamed green beans WG Sunchips Garden bar Fruit choice* Milk choice*
<b>WG Pasta with choice of Meat Sauce or Marinara Sauce</b> 6 Steamed zoodles Garden bar WG garlic breadstick Fruit choice* Milk choice*	<b>WG Chicken Tenders</b> 7 <b>WG Vegilicious Pasta Salad</b> Oven baked sweet potato fries Garden bar WG Dinner roll Fruit choice* Milk choice*	<b>Hamburger/Cheeseburger/Veggie Burger on WG Bun</b> 8 Assorted fresh toppings Oven baked beans Garden bar Fruit choice* Milk choice*	<b>WG Cinnamon Roll Three Cheese Egg Bites</b> 9 Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	<b>Bone-in Chicken Wings</b> 10 Oven Baked Onion Rings Jicama slaw WG Sister Shubert roll Garden bar Fruit choice* Milk choice*
<b>Loaded Oven Fries with Cheese Sauce</b> 13 Assorted vegetable toppings Ranchero pinto beans Seasoned brown rice WG dinner roll Fruit choice* Milk choice*	<b>Chicken and Alfredo Sauce with WG Pasta</b> 14 WG Garlic Breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	<b>WG Primo Pizza</b> 15 Steamed broccoli Garden bar Fruit choice* Milk choice*	<b>No School MEA Break</b> 16	<b>No School MEA Break</b> 17
<b>Chicken Parmesan with WG Pasta</b> 20 Steamed green beans Garden bar Fruit choice* Milk choice*	<b>Chicken Fajita</b> 21 Steamed peppers and onions Fresh fixings Refried beans Seasoned brown rice Fruit choice* Milk choice*	<b>WG Cinnamon Roll and Cheese Omelet</b> 22 Breakfast potatoes Garden bar and hummus Fruit choice* Milk choice*	<b>Ultimate All Beef Hotdog Bar</b> 23 Vegetarian baked beans Creamy coleslaw Garden bar Fruit choice* Milk choice*	<b>WG Garlic Cheesebread</b> 24 Marinara dipping sauce Caesar salad Garden bar Fruit choice* Milk choice*
<b>Mini Sampler Basket</b> 27 Oven roasted vegetable medley Garden bar with hummus Fruit choice* Milk choice*	<b>WG Primo Pizza</b> 28 Steamed broccoli Garden bar Fruit choice* Milk choice*	<b>Beef Walking Taco</b> 29 Assorted taco toppings Refried beans Fruit choice* Milk choice*	<b>Teriyaki Chicken</b> 30 WG veggie fried rice Steamed stir-fry veggie blend Garden bar WG egg roll Fruit choice* Milk choice*	<b>No School</b> 31

**Alternate meals: Sandwich or Pizza Slice** includes fruit choices, vegetable choices and a milk choice.

**Premade Salad Meal:** Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. **Global Trends Meal:** Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.

## Free Meals for All Students



- ◆ **Free Meals** All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.