

Monday	Tuesday	Wednesday	Thursday	Friday
		Beef Walking Taco 1 Assorted taco toppings Refried beans Fruit choice* Milk choice*	Teriyaki Chicken 2 WG veggie fried rice WG dinner roll Steamed mixed veggies Rainbow veggie bar Fruit choice* Milk choice*	Turkey and Cheese on WG Sub Bun 3 Steamed green beans WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*
WG Pasta with choice of Meat or Marinara Sauce 6 Steamed broccoli Rainbow veggie bar WG garlic breadstick Fruit choice* Milk choice*	WG Chicken Tenders 7 WG Vegilicious Pasta Salad Oven baked sweet potato fries Rainbow veggie bar Fruit choice* Milk choice*	Hamburger/Cheeseburger/Veggie Burger on WG Bun 8 Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	WG Pancakes with Fruit Toppings 9 Yogurt Cup Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* Milk choice*	WG Bosco Sticks 10 Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
Beef Nachos Grande 13 Assorted vegetable toppings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	Chicken and Alfredo Sauce with WG Pasta 14 WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	WG Cheese Pizza 15 Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	16 No School MEA Break	17 No School MEA Break
Chicken Parmesan with WG Pasta 20 Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	Chicken Burrito Bowl 21 Fresh fixings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	WG French Toast Sticks 22 Chicken Sausage Links Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	All Beef Hotdog on WG Bun 23 Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	Ooey Gooey WG Cheesebread 24 Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
Mini Sampler Basket 27 Oven baked sweet potato fries Rainbow veggie bar with hummus Fruit choice* Milk choice*	WG Cheese Pizza 28 Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice	Beef Walking Taco 29 Assorted taco toppings Refried beans Fruit choice* Milk choice*	Teriyaki Chicken 30 WG veggie fried rice WG dinner roll Steamed mixed veggies Rainbow veggie bar Fruit choice* Milk choice*	31 No School

Cold Sandwich Choices:

Wheat PBJ Uncrustable (strawberry or grape) or Turkey and Cheese Sandwich on WG bread available daily. All include a fruit choice, a vegetable choice and a milk.

Salad Choice: Pre-made salads are available daily.

Salad meal includes a fruit choice, a whole grain bread choice and a milk.

Fruit Choice: At least one fresh fruit and one canned fruit choice will be served

Free Meals for All Students

- ◆ **Free Meals** All students enrolled in the school district can receive a free breakfast and a free lunch every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.