

November 2024 NCEC Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
				No School
No School	WG Pasta with Meat Sauce 5 Steamed vegetable WG Garlic breadstick Fruit Milk	Cheeseburger on WG Bun Steamed vegetable Fruit Milk	WG Mini Pancakes 7 Yogurt Cup Breakfast potatoes Fruit Milk	WG Chicken Tenders 8 Steamed vegetable WG Buttered noodles Fruit Milk
Cheese Quesadilla Steamed vegetable Fruit Milk	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed vegetable Fruit Milk	WG Cheese Pizza 13 Steamed vegetable Fruit Milk	WG Chicken Sandwich Oven baked beans Fruit Milk	WG Mac and Cheese Steamed vegetable Fruit Milk
Chicken Tenders 18 WG Pasta with Marinara Sauce Steamed vegetable Fruit Milk	WG Fiestada Pizza 19 Steamed vegetable Fruit Milk	WG French Toast Sticks Chicken Sausage Links Breakfast potato Fruit Milk	All Beef Hotdog Vegetarian baked beans Fruit Milk	WG Bosco Sticks Marinara sauce Steamed vegetable Fruit Milk
WG Corn Dog Steamed vegetable Fruit Milk	WG Cheese Pizza 26 Steamed vegetable Fruit Milk	E-Learning No Meals	No School Thanksgiving Break	No School Thanksgiving Break

This institution is an equal opportunity provider.



Milk Information and Meal Pricing Information

- Hand in Hand Preschool program children can get one breakfast and one lunch free of charge each day they are attending. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.
- Ages 1-2 milk portion is 4 oz; ages 3-5 is 6 oz. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%
- ♦ Childcare program children will be charged \$5.00 per lunch.