

2026-27 NCEC Breakfast Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Week of September 7, 21, October 5, 19; November 2, 16, 30; December 14

WG Cereal 4 oz Juice Milk*	WG Snack Bread Fruit Milk*	WG Granola Round Fruit Milk*	WG Cereal Fruit Milk*	WG Graham Squares Fruit Milk*
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Week of September 14, 28; October 12, 26; November 9, 23; December 7, 21

WG Cereal 4 oz Juice Milk*	WG Benefit Bar Fruit Milk*	WG Snack Bread Fruit Milk*	WG Cereal Fruit Milk*	WG Muffin Fruit Milk*
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Preschool program children can get one breakfast and one lunch free of charge each day at school. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged \$.50. Childcare program children will be charged \$5.30 per lunch. Second & Adult Breakfasts cost \$2.55.

*MDE Infant and Preschool Meal Pattern Guidelines:

Milk - ages 1-2 portion is 4 fluid ounces; ages 3-5 is 6 fluid ounces. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1% milk.
Cereal - Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.
(1oz approved Whole Grain Cereals: Marshmallow Mateys, Cinnamon Toast Crunch RS, Cinnamon Chex, Cheerios, Honey Cheerios, Scooters, HoneyScooters, Kix, Rice Chex, Multi Grain Cheerios).

This institution is an equal opportunity provider.

