



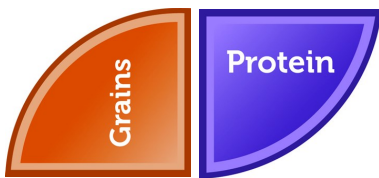
We will be offering a Raider Nation Grill'd Greats line daily at the middle school. At least 1/2 cup fruit or vegetable must be selected to make a meal. To complete your meal and give your body a nutritional boost add a milk.

Monday	Tuesday	Wednesday	Thursday	Friday
WG Cheesebread	Chicken S/W on WG Bun	Teriyaki or Orange Chicken Rice Bowl	Meatball Sub on WG Bun	WG Corndog or Mini Corndogs
WG Primo Pizza	Hamburger or Cheeseburger on WG Bun	Burrito Bowl	WG Cheese Quesadilla	WG Chicken Tenders

Choose the Entree

add 1/2 cup Fruit and/or Vegetable

for the best nutritional boost add a milk



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= Well Balanced Meal