

May/June 2024 NCEC Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
		WG Pancakes 1 Cheese Omelet Breakfast potatoes Steamed vegetable Fruit Milk	Meatballs and Gravy Brown rice Steamed vegetable Fruit Milk	Turkey and Cheese WG Dinner roll Steamed vegetable Fruit Milk
Cheeseburger on WG Bun Oven baked beans Fruit Milk	WG Popcorn Chicken Steamed corn WG Goldfish crackers Fruit Milk	WG Pasta with Meat Sauce Steamed vegetable Fruit Milk	WG Chicken Tenders WG buttered noodles Steamed vegetable Fruit Milk	WG Cheese Quesadilla Steamed vegetable Fruit Milk
WG Mini Corn Dogs 13 Steamed vegetable Fruit Milk	Chicken and Alfredo Sauce with WG Pasta WG Garlic breadstick Steamed vegetable Fruit Milk	WG Cheese Pizza Steamed vegetable Fruit Milk	WG Chicken Sandwich Oven baked beans Fruit Milk	WG Cheesebread 17 Marinara sauce Steamed vegetable Fruit Milk
WG Chicken Tenders WG Buttered noodles Steamed vegetable Fruit Milk	All Beef Hot Dog on WG Bun Steamed vegetable Fruit Milk	WG French Toast Sticks Yogurt Cup Breakfast potatoes Fruit Milk	Fiestada Pizza 23 Steamed vegetable Fruit Milk	No School Teacher Prep Day
No School Memorial Day	WG Cheese Pizza 28 Steamed vegetable Fruit Milk	WG Pancakes 29 Cheese Omelet Breakfast potatoes Steamed vegetable Fruit Milk	Meatballs and Gravy Brown rice Steamed vegetable Fruit Milk	Turkey and Cheese WG Dinner roll Steamed vegetable Fruit Milk
Cook's Choice Menu posted at each school	Cook's Choice Menu posted at each school	Cook's Choice Menu posted at each school	Cold Lunch, Variety 2 hour Early Dismissal Have a great summer!	

Free Meals for all students

- Free Meals All students enrolled in the school district can receive a free breakfast and a free lunch every day.
- Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.