

May/June 2024 Middle School Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday		Tuesday		Wednesday		Thursday		Friday	
				Teriyaki Chicken Steamed carrots Vegetable fried rice Stir-fry veggie bar WG Egg roll Fruit choice*	1	Beef Tacos Assorted taco toppings Refried beans Fruit choice*	2	Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice*	3
Beef and Cheese Pupusa Refried beans Assorted fresh toppings Curtido cabbage slaw Rainbow veggie bar Fruit choice*	6	Turkey and Gravy Mashed potatoes Rainbow veggie bar WG Dinner roll Fruit choice*	7	WG Pasta with Meat Sauce and Marinara Sauce Steamed green beans Rainbow veggie bar WG Garlic breadstick Fruit choice*	8	WG Chicken Tenders Steamed carrots WG Vegilicious Pasta Salad Rainbow veggie bar WG dinner roll Fruit choice*	9	WG Quesadilla Fresh veggie fixings Steamed mixed veggies Fruit choice* Milk choice*	10
Mini Sampler Basket Sweet potato fries Oven roasted veggie blend Rainbow veggie bar Fruit choice*	13	Chicken and Alfredo Sauce with WG Pasta WG Garlic breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice*	14	WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice*	15	WG Chicken Sandwich Lettuce and tomato slices Oven baked beans Cucumber ranch salad Rainbow veggie bar Fruit choice*	16	WG Garlic Cheesebread Marinara sauce Caesar salad Rainbow veggie bar Fruit choice*	17
Chicken Parmesan with WG Pasta Steamed green beans Rainbow veggie bar Fruit choice*	20	Ultimate All Beef Hotdog Bar Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice*	21	WG Cinnamon Roll Cheese Omelet Breakfast potatoes Colorful garden peppers Fruit choice*	22	Pork Carnita Nachos Fresh taco fixings Fiesta black beans Fruit choice*	23	No School Teacher Preparation Day	24
No School Memorial Day	27	WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice*	28	Teriyaki Chicken Steamed carrots Vegetable fried rice Stir-fry veggie bar WG Egg roll Fruit choice*	29	Beef Tacos Assorted taco toppings Refried beans Fruit choice* Milk choice*	30	Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice*	31
Cook's Choice Menu posted at each schoo	3	Cook's Choice Menu posted at each school	4	Cook's Choice Menu posted at each school	5	Cold Lunch, Variety 2 hour Early Dismissal Have a great summer!	6		

Free Meals for all students

- Free Meals All students enrolled in the school district can receive a free breakfast and a
 free lunch every day.
- Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ♦ A milk choice is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.