

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>WG Grilled Cheese Tomato Soup with WG Crackers</b> Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*
<b>Hamburger/Cheeseburger/Veggie Burger on WG Bun</b> Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Popcorn Chicken Bowl w/ Mashed Potatoes and Corn</b> WG dinner roll Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Pasta with Meat Sauce and Marinara Sauce</b> Steamed green beans Rainbow veggie bar WG Garlic breadstick Fruit choice* Milk choice*	<b>WG Chicken Tenders</b> Steamed broccoli Brown rice Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Quesadilla</b> Fresh veggie fixings Steamed mixed veggies Fruit choice* Milk choice*
<b>Nachos Grande'</b> Assorted fresh toppings Spanish rice Black bean and corn salsa Fruit choice* Milk choice*	<b>Chicken and Alfredo Sauce with WG Pasta</b> WG Garlic breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Cheese Pizza</b> Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Chicken Sandwich</b> Lettuce and tomato slices Oven baked beans Fruit choice* Milk choice*	<b>Bosco Sticks</b> Marinara sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
<b>Chicken Parmesan with WG Pasta</b> Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	<b>All Beef Hotdog on WG Bun</b> Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Pancakes with Syrup Chicken Sausage Links</b> Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	<b>Beef Softshell Taco</b> Brown rice Fresh fixings Black bean and corn salsa Fruit choice* Milk choice*	<b>Ooey-Gooey Cheesebread w/ Marinara Sauce</b> Tossed garden salad Rainbow veggie bar Fruit choice* Milk choice*
<b>No School Spring Break</b>	<b>No School Spring Break</b>	<b>No School Spring Break</b>	<b>No School Spring Break</b>	<b>No School Spring Break</b>

**Cold Sandwich Choices:**

Wheat PBJ Uncrustable (strawberry or grape) or Turkey and Cheese Sandwich on WG bread available daily. All include a fruit choice, a vegetable choice and a milk.

**Salad Choice:** Pre-made salads are available daily.

Salad meal includes a fruit choice, a whole grain bread choice and a milk.

**Fruit Choice:** At least one fresh fruit and one canned fruit choice will be served

**Healthy Kids Do Better in School**


My Plate, My Wins - Healthy Eating Solutions for Everyday Life: This time of year we start getting excited to see color outside. Find a rainbow of colors in the fruits and vegetables you eat. Eat a variety of colorful fruits and vegetables every day "whole wheat" on the food label.

**Free Meals for All Students**

- ◆ **Free Meals** All students enrolled in the school district can receive a free breakfast and a free lunch every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.