

March 2025 Middle School Menu

Menus are subject to change without notice.

LF = Low Fat WG = Whole Grain

	Tuesday		Wednesday		Thursday	Friday	
Ū	WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* Milk choice*	4	Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	5	WG Pancakes with Syrup 6 Cheese Omelet Breakfast potatoes Colorful garden peppers Rainbow veggie bar and hummus Fruit choice* Milk choice*	WG Max Cheese Sticks Marinara Sauce Steamed carrots Rainbow veggie bar Fruit choice* Milk choice*	7
10	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	11	WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	12	WG Chicken Sandwich13Baked butternut squashOven baked beansOven baked beansRainbow veggie barFruit choice*Milk choice*	WG Shrimp Poppers Three Cheese Cavatappi Mac Steamed carrots Rainbow veggie bar Fruit choice* Milk choice*	14
17	Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice*	18	WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese Breakfast potatoes Rainbow veggie bar Fruit choice* Milk choice*	19	WG Pretzel Dog Oven baked beans Onion rings Sesame ginger slaw Rainbow veggie bar20	WG Garlic Cheesebread Marinara sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*	21
24		25		26	27		28
	Spring Break		Spring Break		Spring Break	Spring Break	
31							
	10	 WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice* Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice* Spring Break 	3 WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* 4 10 Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* 11 17 Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice* 18 24 25 Spring Break 11	3WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* Milk choice*4Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*10Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*11WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*17Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice*18WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese Breakfast potatoes Rainbow veggie bar Fruit choice* Milk choice*2425Spring BreakSpring Break	3WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* Milk choice*4Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*510Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*11WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*1217Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice*18WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese Breakfast potatoes Rainbow veggie bar Fruit choice*19242526Spring BreakSpring BreakSpring Break	3 WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* 4 Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* 5 WG Pancakes with Syrup Cheese Omelet Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* 6 10 Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* 11 WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* 12 WG Chicken Sandwich Baked butternut squash Oven baked beans Rainbow veggie bar Fruit choice* 13 17 Barbacoa Street Tacos Fresh fixings Seasoned brown rice Fruit choice* 18 WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese Breakfast potatoes Rainbow veggie bar Fruit choice* 19 WG Pretzel Dog Oven baked beans Onion rings Sesame ginger slaw Rainbow veggie bar Fruit choice* 20 24 25 26 27 Spring Break Spring Break Spring Break Spring Break	3 WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* 4 Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* 5 WG Pancakes with Syrup Cheese Omelet Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* 6 WG Max Cheese Sticks Marinara Sauce Steamed carrots Rainbow veggie bar Fruit choice* 10 Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* 11 WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* 12 WG Chicken Sandwich Baked butternut squash Oven baked beans Rainbow veggie bar Fruit choice* 13 WG Shrimp Poppers Three Cheese Cavatappi Mac Steamed carrots Rainbow veggie bar Fruit choice* 17 Barbacco Street Tacos Fresh fixings Seasoned brown rice Fruit choice* Milk choice* 18 WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese Breakfast potatoes Rainbow veggie bar Fruit choice* Milk choice* 19 WG Pritzel Dog Oven baked beans Sesame ginger slaw Rainbow veggie bar Fruit choice* Milk choice* 20 WG Garlic Cheesebread Marinara sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice* 24 25 26 27 Spring Break Spring Break Spring Break

Grill'd Greats Alternative Hot Entree: Daily features listed on the School District Child Nutrition Website.



Free Meals for All Students

- Free Meals All students enrolled in the school district can receive one free breakfast meal and one free lunch meal ٠ every day.
- Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be ٠ charged \$5.00 per meal.
- Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged ٠ \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.