

January 2025 NCEC Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Monday		Tuesday		Wednesday		Thursday	Friday
				No School		Meatballs and Gravy Brown Rice Steamed vegetable Fruit Milk	Oven Roasted Chicken Bites 3 LF Ranch Dressing Goldfish crackers Steamed vegetable Fruit Milk
WG Pasta with Meatballs and Marinara Sauce Steamed vegetable WG Garlic breadstick Fruit Milk		WG Chicken Tenders Steamed vegetable WG Dinner roll Fruit Milk		Cheeseburger on WG Bun Oven baked beans Fruit Milk		WG Mini Pancakes 9 Omelet Breakfast potatoes Fruit Milk	Cheese Quesadilla 10 Steamed vegetable Fruit Milk
WG Bosco Sticks Marinara sauce Steamed vegetable Fruit Milk	13	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed vegetable Fruit Milk	-	WG Cheese Pizza Steamed vegetable Fruit Milk		WG Chicken Sandwich Oven baked beans Fruit Milk	WG Mac and Cheese 17 Steamed vegetable Fruit Milk
No School Dr. Martin Luther King Jr Day	20	No School	:1	No School		All Beef Hotdog 23 Vegetarian baked beans Fruit Milk	WG Cheesebread Marinara sauce Steamed vegetable Fruit Milk
WG Corn Dog Steamed vegetable Fruit Milk	27	WG Cheese Pizza Steamed vegetable Fruit Milk		Deli Turkey and Cheese WG Dinner roll Steamed vegetable WG Goldfish crackers Fruit Milk		Meatballs and Gravy Brown Rice Steamed vegetable Fruit Milk	Oven Roasted Chicken Bites 31 Goldfish crackers Steamed vegetable Fruit Milk

This institution is an equal opportunity provider.



Milk Information and Meal Pricing Information

- ♦ Hand in Hand Preschool program children can get one breakfast and one lunch free of charge each day they are attending. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.
- ♦ Ages 1-2 milk portion is 4 oz; ages 3-5 is 6 oz. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%
- Childcare program children will be charged \$5.00 per lunch.