

January 2025 Middle School Menu Menus are subject to change without notice. WG = Whole Grain LF = Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
		No School	Beef Walking Taco Assorted taco toppings Refried beans Fruit choice* Milk choice*	WG Orange Chicken Steamed carrots WG veggie fried rice Rainbow veggie bar WG Egg roll Fruit choice* Milk choice*
WG Pasta with choice of Meatballs and/or Marinara Sauce Steamed broccoli Rainbow veggie bar WG garlic breadstick Fruit choice* Milk choice*	Turkey and Gravy Mashed potatoes Steamed corn Rainbow veggie bar WG dinner roll Fruit choice* Milk choice*	Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Sweet potato fries Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	WG Pancakes with Syrup Cheese Omelet Breakfast potatoes Colorful garden peppers Rainbow veggie bar and hummus Fruit choice* Milk choice*	WG Cheese Quesadilla Assorted fresh toppings Steamed carrots Fruit choice* Milk choice*
WG Primo Pizza 13 Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	Assorted vegetable toppings Ranchero pinto beans Seasoned brown rice Fruit choice* Milk choice*	WG Chicken Sandwich Baked butternut squash Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	WG Shrimp Poppers 17 Three Cheese Cavatappi Mac Steamed carrots Rainbow veggie bar Fruit choice* Milk choice*
No School Dr. Martin Luther King Jr Day	No School	No School	Pretzel Dog BBQ baked beans Onion rings Sesame ginger broccoli slaw Rainbow veggie bar Fruit choice* Milk choice*	WG Garlic Cheesebread Marinara sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
Mini Sampler Basket Oven baked fries Roasted vegetable medley Rainbow veggie bar Fruit choice* Milk choice*	WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	Turkey Barbacoa Sandwich on 29 WG Bun Creamy coleslaw Oven baked beans WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*	Beef Walking Taco Assorted taco toppings Refried beans Fruit choice* Milk choice*	WG Orange Chicken Steamed carrots WG veggie fried rice Rainbow veggie bar WG Egg roll Fruit choice* Milk choice*

Sandwich/Wrap choices: Daily features listed on the School District Child Nutrition Website.

Salad Choice: Daily features listed on the School District Child Nutrition Website. Grill'd Greats Alternative Hot Entree: Daily features listed on the School District Child Nutrition Website.



Free Meals for All Students

- Free Meals All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.