

Monday	Tuesday	Wednesday	Thursday	Friday
		No School	1 <b>Beef Walking Taco</b> Assorted taco toppings Refried beans Fruit choice* Milk choice*	2 <b>Teriyaki Chicken</b> WG Veggie Fried Rice Steamed stir-fry veggie blend Garden bar WG Egg roll Fruit choice* Milk choice*
6 <b>WG Pasta with Meatballs and/or Marinara Sauce</b> Steamed zoodles Garden bar WG Garlic breadstick Fruit choice* Milk choice*	7 <b>WG Chicken Tenders</b> Sweet potato fries Steamed broccoli WG Sister Shubert roll Tossed garden salad Garden bar Fruit choice* Milk choice*	8 <b>Hamburger/Cheeseburger/Veggie Burger on WG Bun</b> Assorted fresh toppings Oven baked beans Garden bar Fruit choice* Milk choice*	9 <b>WG Cinnamon Roll Cheese Omelet</b> Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	10 <b>WG Cheese Quesadilla</b> Steamed carrots Garden bar Fruit choice* Milk choice*
13 <b>WG Corn Dog</b> Steamed green beans Garden bar with hummus Fruit choice* Milk choice*	14 <b>Chicken Alfredo with WG Pasta</b> WG Garlic Breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	15 <b>WG Primo Pizza</b> Steamed broccoli Garden bar Fruit choice* Milk choice*	16 <b>WG Chicken Sandwich</b> Roasted squash Oven baked beans Garden bar Fruit choice* Milk choice*	17 <b>WG Shrimp Poppers Three Cheese Cavatappi Mac</b> Steamed carrots Garden bar Fruit choice* Milk choice*
No School Dr. Martin Luther King Jr Day	No School	No School	22 <b>Ultimate All Beef Hotdog Bar</b> BBQ baked beans Jicama slaw Garden bar Fruit choice* Milk choice*	23 <b>WG Garlic Cheesebread Marinara Sauce</b> Caesar salad Garden bar Fruit choice* Milk choice*
20	21	22	23	24
27 <b>Mini Sampler Basket</b> Oven baked french fries Roasted vegetable medley Garden bar with hummus Fruit choice* Milk choice*	28 <b>WG Primo Pizza</b> Steamed broccoli Garden bar Fruit choice* Milk choice*	29 <b>Turkey Barbacoa Sandwich on WG Bun</b> Creamy coleslaw Oven baked beans WG Sunchips Garden bar Fruit choice* Milk choice*	30 <b>Beef Walking Taco</b> Assorted taco toppings Refried beans Fruit choice* Milk choice*	31 <b>Teriyaki Chicken</b> WG Veggie Fried Rice Steamed stir-fry veggie blend Garden bar WG Egg roll Fruit choice* Milk choice*

**Alternate meals: Sandwich or Pizza Slice** includes fruit choices, vegetable choices and a milk choice.

**Premade Salad Meal:** Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. **Global Trends Meal:** Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.

### Free Meals for All Students



- ◆ **Free Meals** All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.