

DISTRICT OFFICE

201 Orchard Street South Northfield, MN 55057 PH 507.663.0600 • Fax 507.663.0611 nnn.northfieldschools.org

COVID 19 CLOSE CONTACT NOTIFICATION-QUARANTINE & TESTING REQUIREMENTS

Dear Families,

We were notified by the Minnesota Department of Health (MDH) of a lab-confirmed case of COVID-19 (novel coronavirus) in a member of the Northfield Public School community. Your student was a close contact during their school day.

As a close contact, your child should stay home and not take part in any activities/sports for 10 days. Your child can return after 10 days as long as they do not develop symptoms or test positive during this time. Refer to <u>Close Contacts and Tracing (www.health.state.mn.us/diseases/coronavirus/close.html)</u>. Testing is recommended at least five days after the last time you or your child was close to the person with COVID-19. Others living in the home can continue to go to child care, school, youth program, camp and other community activities.

If your child has <u>recovered from COVID-19</u> in the past 90 days (illness was confirmed with a positive lab test) <u>or</u> <u>is fully vaccinated</u> (exposure was at least 14 days after their vaccination series was fully completed) your child do not need to quarantine if your child does not currently have any symptoms of COVID-19. Refer to <u>Close Contacts</u> <u>and Tracing: COVID-19 (https://www.health.state.mn.us/diseases/coronavirus/close.html#not).</u> Others living in the home can continue to go to child care, school, youth program, camp and other community activities.

Closely monitor your child for symptoms. If your child has any symptoms of COVID-19, do not attend child care, school, youth program, camp or other activities and isolate from others and get tested.

- § Fever of 100.4 degrees Fahrenheit or higher
- § New cough or a cough that gets worse
- § Difficulty/hard time breathing
- § New loss of taste or smell
- § Sore throat
- § Nasal congestion/stuffy or runny nose
- § Nausea, vomiting, or diarrhea



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- § Muscle pain
- § Extreme fatigue/feeling very tired
- § Severe/very bad headache
- § Chills

If your child tests positive for COVID-19 during quarantine, contact your school or program for next steps.

We are sorry for the problems this may cause you or your family. To stop outbreaks and protect participants and staff we need to do everything we can to stop the spread of COVID-19.

If you have questions, please contact us.

Thank you for supporting our schools. Sincerely,

Cheryl Hall, Director of Special Services District COVID-19 Coordinator chall@northfieldschools.org