

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pasta with Meatballs and/or Marinara Sauce 3 Steamed zoodles Garden bar WG Garlic breadstick Fruit choice* Milk choice*	WG Chicken Tenders 4 Sweet potato fries Steamed broccoli WG Sister Shubert roll Tossed garden salad Garden bar Fruit choice* Milk choice*	Hamburger/Cheeseburger/Veggie Burger on WG Bun 5 Assorted fresh toppings Oven baked beans Garden bar Fruit choice* Milk choice*	WG Cinnamon Roll Cheese Omelet 6 Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	WG Cheese Quesadilla 7 Steamed carrots Garden bar Fruit choice* Milk choice*
WG Corn Dog 10 Steamed green beans Garden bar with hummus Fruit choice* Milk choice*	Chicken Alfredo with WG Pasta 11 WG Garlic Breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	WG Primo Pizza 12 Steamed broccoli Garden bar Fruit choice* Milk choice*	WG Chicken Sandwich 13 Roasted squash Oven baked beans Garden bar Fruit choice* Milk choice*	WG Shrimp Poppers Three Cheese Cavatappi Mac 14 Steamed carrots Garden bar Fruit choice* Milk choice*
No School Staff Development Day	Beef Taco 17 Fresh taco fixings Refried beans Seasoned brown rice Fruit choice* Milk choice*	WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese 18 Breakfast potatoes Garden bar Fruit choice* Milk choice*	Ultimate All Beef Hotdog Bar 20 BBQ baked beans Jicama slaw Garden bar Fruit choice* Milk choice*	WG Garlic Cheesebread Marinara Sauce 21 Caesar salad Garden bar Fruit choice* Milk choice*
Mini Sampler Basket 24 Oven baked french fries Roasted vegetable medley Garden bar with hummus Fruit choice* Milk choice*	WG Primo Pizza 25 Steamed broccoli Garden bar Fruit choice* Milk choice*	Turkey Barbacoa Sandwich on WG Bun 26 Creamy coleslaw Oven baked beans WG Sunchips Garden bar Fruit choice* Milk choice*	Beef Walking Taco 27 Assorted taco toppings Refried beans Fruit choice* Milk choice*	Teriyaki Chicken 28 WG Veggie Fried Rice Steamed stir-fry veggie blend Garden bar WG Egg roll Fruit choice* Milk choice*

Alternate meals: Uncrustable WG PB Sandwich or wG Pizza Slice includes fruit choices, vegetable choices and a milk choice.

Premade Salad Meal: Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. **Global Trends Meal:** Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.

Free Meals for All Students



- ◆ **Free Meals** All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.