

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pasta with Meatballs and/ or Marinara Sauce 2 Steamed zoodles Garden bar WG Garlic breadstick Fruit choice* Milk choice*	WG Chicken Tenders 3 Sweet potato fries Steamed broccoli WG Sister Shubert roll Tossed garden salad Garden bar Fruit choice* Milk choice*	Hamburger/Cheeseburger/ Veggie Burger on WG Bun 4 Assorted fresh toppings Oven baked beans Garden bar Fruit choice* Milk choice*	WG Cinnamon Roll Cheese Omelet 5 Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	WG Cheese Quesadilla 6 Steamed carrots Garden bar Fruit choice* Milk choice*
WG Corn Dog 9 Steamed green beans Garden bar with hummus Fruit choice* Milk choice*	Chicken and Alfredo Sauce with WG Pasta 10 WG Garlic Breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	WG Primo Pizza 11 Steamed broccoli Garden bar Fruit choice* Milk choice*	WG Chicken Sandwich 12 Roasted squash Oven baked beans Garden bar Fruit choice* Milk choice*	WG Shrimp Poppers Three Cheese Cavatappi Mac 13 Steamed carrots Garden bar Fruit choice* Milk choice*
Chicken Parmesan with WG Pasta 16 Steamed green beans Garden bar Fruit choice* Milk choice*	Beef Taco 17 Fresh taco fixings Refried beans Seasoned brown rice Fruit choice* Milk choice*	WG Cinnamon Roll Egg Bites with Bacon Bits (Pork) and Cheese 18 Breakfast potatoes Colorful garden peppers Garden bar Fruit choice* Milk choice*	Ultimate All Beef Hotdog Bar 19 Vegetarian baked beans Creamy coleslaw Garden bar Fruit choice* Milk choice*	WG Garlic Cheesebread Marinara Sauce 20 Caesar salad Garden bar Fruit choice* Milk choice*
23	24	25	26	27
No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break
30	31			
No School Winter Break	No School Winter Break			

Alternate meals: Sandwich or Pizza Slice includes fruit choices, vegetable choices and a milk choice.

Premade Salad Meal: Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. **Global Trends Meal:** Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.

Free Meals for All Students



- ◆ **Free Meals** All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.