

NORTHFIELD MIDDLE SCHOOL

**Apr./May/Jun. 2019
Newsletter**

**Greg Gelineau,
Principal**

ggelineau@northfieldschools.org
507.663.0650

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Assistant Principal**

mokeefe@northfieldschools.org
507.663.0650

Attendance Office
507.663.0655

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507.645.3559

Student Support Services Office
507.663.0664

**Attendance
Line
663-0655**

Visit us on the web
www.northfieldschools.org

News from the Principal

Middle School Families:

We have finally made it to Spring and school cancellations and flexible learning days are behind us. I don't believe anyone could have imagined this past winter playing out the way that it did, but we are learning from everyone's feedback and looking to improve the process and expectations for flexible learning days.

Spring also means state testing and we will be well into this season when this addition reaches you. The way we administer state tests has evolved over the years and we feel having students test on iPads for one hour a day, is the best for our students. We do ask that you encourage your student to bring their own headphones and make sure their iPad is updated and charged each day. Please let me know if you have questions about testing.

Another part of Spring is the yearly discussion about clothing. We all have been waiting to shed the winter wardrobe and pull out the warm weather clothes, but please discuss with your student that clothes still need to be appropriate for a school setting. I use the example of "business casual" as a rule of thumb. Most jobs do not allow any straps or midriffs for the girls or muscle/tank tops for the boys. Shorts can be difficult (I have two daughters), but please check for a length that comes close to fingertips when placing arms at their side. We appreciate your assistance with this and thank you in advance for the support.

My final part of this addition is to thank all of you for partnering with all of us at NMS. We have amazing students and that is a credit to all of you. Keep monitoring your student's academics so they don't have a fourth quarter slide and know we are a phone call away to help out in any way we can. Spring is an exciting time for students with activities cranking up and the anticipation of summer. Let's continue working together to support our students all the way to the end of the school year.

Enjoy all the information in this edition of the newsletter. Please don't hesitate to contact us if you have questions.

Greg Gelineau
Northfield Middle School Principal



**Prepared
Respect
Integrity
Dependability
Excellence**

Student Support Services

Here are a few upcoming dates to keep in mind:

Registration:

We just finished registration for 6th, 7th and 8th grade students. If you have any questions about registration, please contact the school counselors.

8th Grade Fun Fest:

On **May 17 from 5-8 pm**, we will be hosting an exciting event for all 8th graders. Stay tuned for more details to come out in the next month.

Summer Self-Guided Tours:

Families are welcome to tour the building along with take their school picture.

There will be maps available near the main office. It's a great time to look around the building and find out where all your classes will be. This will take place during the last few weeks of August. Please watch for Mr. Gelineau's Skylert messages this summer for more details.

New Student Orientation: August 21, 10:30-11:30 am, Room 162/163.

The School Counselors will host an orientation session for all new 7th and 8th grade students. If you are new to our school, you will receive information more information this summer.

Grade 6 WEB Orientation, August 29:

More information about WEB is included in this newsletter. If you are requesting transportation, please fill out the gold card you received when the counselors visited the elementary schools. **Please remember to put your child's name and address on the card.**

Jenny Streefland, Counselor (A-L)
Cori Yamry, Counselor (M-Z)



Student Council

The Student Council donated to the Community Action Center of Northfield. This is a local organization that helps people in need. A donation was also made to the American Cancer Society.

The Student Council hosted two Films 4 the Food Shelf events. These two film events gave the NMS Student Council the opportunity to donate \$177 and over 100 pounds of food for the food shelf.

The last school dance will be held on **April 26**. The dance is open to students who attend the Middle School at least halftime. The cost is \$4.00, and there are

concessions for sale in the cafeteria. All school rules apply throughout this event. Students should be picked up promptly at **5:00 pm**.

A **special thank you** to the 2018-2019 Student Council members who have been dedicated to making NMS and the Northfield Community a better place. It has been a pleasure working with each of you.

8th Graders: Kiara Artley, Joey Benson, Rylee Blandin, Grayson Caron, Maya Deschamp, Marisa Devito Winget, Isaac Leer, Lucy Rand, Molly Roethler

7th Graders Olivia Ash, Sam Boardman, Gracie Freyberg, Mari Hanson, Jackson Hessian, Connor Percy, Hal Shuffelton, Parker Sneary

6th Graders: Corrie Demas, Kate Gansen, Kennedy Larsen, Ashley Schaffer, Maylee Smith, Elizabeth Tracy

Frau Burkhead and Mrs. Kuehl Student Council Advisors



Apr./May/June 2019

Volunteering at Northfield Middle School

If you would like to receive regular emails about volunteer opportunities at Northfield Middle School or to sign up for one of the opportunities listed here, please email the volunteer coordinator-amcbroom@northfieldschools.org. All volunteers are required to complete a free yearly background check. Please follow the link to complete - <http://bit.ly/VolunteerBackgroundCheck>

8TH GRADE FUN FEST Volunteers – FRIDAY, MAY 17, 2019: 5-8 pm.

Fun Fest is a safe and fun way for our 8th graders to celebrate the end of their middle school years. During Fun Fest, students enjoy games, activities, food, door prizes and more! To ensure that Fun Fest is a successful event, we NEED volunteers.

If you can help, please email amcbroom@northfieldschools.org or go to <http://signup.com/go/oTmAcwS>



Tattered Pages Volunteers – MAY 8 - 10, 2019

Volunteers are needed for the Mother's Day Tattered Pages to wrap gifts that students pick out. Shifts are available May 8-10 during school hours. Healthy Snacks/Goodies are also needed to raise funds for wrapping supplies.

Please sign up using <http://signup.com/go/LXTfGbs> or contact the volunteer coordinator at

amcbroom@northfieldschools.org

Spring Track Meet Volunteers – Thursday, April 25 and Thursday May 16 - 4:15-6:15 pm.

Volunteers are needed to time athletes, record and report results. Sign up by going to

<http://signup.com/go/SHUYQMp> or contact the volunteer coordinator at

amcbroom@northfieldschools.org



Staff Appreciation Week Activities – May 6-10

Please help show your appreciation to the staff at Northfield Middle School by volunteering to bring in items for a week full of special activities. Visit <http://signup.com/go/ZnwYSrn> or email

amcbroom@northfieldschools.org



Volunteer Appreciation Week – April 15-19

Thank you to our many volunteers that generously give their time and talent at Northfield Middle School.

Stop in during Volunteer Appreciation Week for a small thank you.



Trash for Cash Fundraiser

Our trash for cash contest takes place each fall. Keep saving that trash– BOXTOPS, HOLYLAND HUMMUS, ECONOFOODS RECEIPTS and LOAVES FOR LEARNING. Trash for Cash items can be turned in anytime to the office.

Cinco de Mayo

Northfield's annual Cinco de Mayo event is just around the corner!

Come celebrate with others in your community on **Friday, May 3, from 5:00-8:00 pm.** at Northfield Middle School as you enjoy a night of authentic Mexican food, dancing, and activities for all ages. Money raised at the event will go

towards scholarships for Northfield T.O.R.C.H. students (Tackling Obstacles Raising College Hopes).

If you would like to help with this event please visit the site listed below. We are in need of many donations including bottled water, pop, desserts, and small prizes for Bingo.

<https://goo.gl/forms/L5GhFjCQjoAqslS93>

We hope to see you there!!

For more information, contact Erin Bailey (ebailey@northfieldschools.org, 507-664-3653) or Jennyffer Barrientos (link@northfieldhcai.org, 507-664-3500).



Apr./May/June 2019

Band News

Congratulations to the 5th, 6th & 7th Grade and Middle School Jazz Band members on a fantastic concert February 11! The 8th Grade Band had an incredible concert on February 4. All that hard work by students, parents, and teachers paid off. Good job!

Congratulations to **Luke Ailabouni** for his participation in the SEMBDA 9-10 Honor Jazz Band. They rehearsed and played a concert on March 2.

Attendance at lessons has been excellent for most students. Check with your son/daughter and see how their lessons are going. The 6th and 7th grade students have practice records on Schoology that they should be filling out regularly with parent signatures at the end of the quarter.

Watch for information about summer band lessons coming out in May.

Practice makes progress! Please encourage students to spend at least twenty minutes at least three times a week working on their lesson material and their band music so that their “chops” will continue to develop. Finding a time to practice, the same time each day, works well for many people.

Upcoming concerts:

April 11 - The 8th Grade Band will be attending a concert band festival at Farmington High School. Students will leave at the beginning of the school day and be back by 1:00 pm. Watch for field trip permission forms to be coming home soon!

May 10 - Swing Dance at the Northfield Ballroom with music provided by the two high school jazz bands. Buy tickets in advance from any high school band member for \$7, or pay \$10 at the door.

May 16 - The 6th, 7th, and 8th Grade band Concert, **7:00 pm**, NMS Auditorium.

Mr. Freier



Orchestra News

At the MNSOTA Orchestra Festival on March 6, the 7th and 8th Grade Orchestras performed for 2 judges, worked with a clinician and watched a few other Middle School groups perform. Both the 7th and 8th Grade Orchestras received a superior with distinction rating from both judges, giving them an invitation to participate in Tier II of this festival. These groups have been invited to spend **April 15** at Orchestra Hall in Minneapolis, work with musicians from the Minnesota Orchestra, rehearse onstage at Orchestra Hall and perform a concert with other super with distinction orchestras. More details will be announced as they are available. Congratulations!

Orchestra students have an opportunity to participate in a Solo Festival on **Tuesday, April 23**. Participation in this

festival is open to students in grades 6-8. This optional event provides students with an opportunity to perform a solo for an adjudicator, work with another string teacher and receive constructive comments about their playing. More detailed information about this opportunity will be available to students after Spring Break.

The last NMS Orchestra Concert for this year is on **Thursday, May 23 at 7:00 pm** in the Middle School Auditorium. All students need to arrive by 6:30 pm. Students in Chamber Orchestra will meet at 6:00 pm. All groups have worked hard this year and have expanded their string skills. I hope you are looking forward to seeing their growth!

We will again be offering lessons during the first part of the summer. Students will receive summer lesson registration forms in early May. This is a great opportunity for your son or daughter to continue to build their string playing skills. Lesson time slots are scheduled in the order in which the registrations are returned. The sooner the form is returned, the better the chance of having your 1st choice lesson time.

I am proud of the progress the NMS orchestras have made this year! Thank you for supporting your child and the Northfield Orchestra Program. I look forward to more music in the fall!

See you at the concert!

Mrs. Olivier



Choir News

Hello choir parents! Despite the weather keeping us out of choir rehearsals during February, your students have been working diligently on our Spring Concert music! Please mark your calendars for the night of **Thursday, April 25**, to come and experience the hard work your students have been putting in to our music. We will be adding a few more pieces to our concert within the next week.

You should have received an email from me about a month ago regarding the postponed District Choir Festival. We have rescheduled the festival for **Friday, April 26**. Please be on the lookout for an email containing information for both dates before Spring Break begins, and please keep an eye on Schoology for updates regarding choir.

As always, please feel free to reach out via phone call or email if you have any questions or concerns. We hope to see you all on April 25!

Thank you,
Mr. Matt Laudenbach



Nurse Notes

ATTENTION 6th Grade students:

Minnesota State Immunization Law requires the following immunizations before entering 7th grade in the fall of 2019. **Please provide a copy for the Health office when shots are given so your health records can be updated at school.**

- Tdap, a new one needs to be given unless they had one after their 7th birthday.
- 2 Varicella vaccines OR proof of Chickenpox
- Meningitis (meningococcal)
- All childhood vaccines must be on file
- OR, provide a Legal Exemption, this must be notarized or signed by your physician, if a medical exemption.

You may schedule your immunization appointment now with your clinic. Get them done early since supplies become limited in August. Students who are non-compliant will not be allowed to attend public school according to Minnesota State Law.

Strep

Signs and symptoms you may have:
Sudden onset of sore throat
Fever/nausea/vomiting/stomachache
Bad headache
Inflammation of throat, tonsils, enlarged cervical lymph nodes.
May have skin rash.

Throat culture is necessary for diagnosis; antibiotics are prescribed for treatment. May return to school after 24 hours of antibiotics and fever free.

Medication

For prescription medication to be given at school a completed School Medication Administration Form must be on file. The name of the medication, dose, time of day, parent & physician signature is required. School staff are not allowed to administer any prescription medication without this on file (or another dose that is not listed on the medication form.)

End of year planning: Parents are required to pick up their student's daily medications from school. Medication such as Ritalin, Adderall, etc. are con-

trolled substances and will not be sent home with your student for safety reasons. Any unclaimed medication will be properly disposed of according to school procedure.

Sport Physicals

Middle School students who will be participating in High School sports are to provide a sport physical. Provide a copy to the Health office at NMS, a copy will be sent to NHS and another will be kept in your student's health file. They must be completed on the official High School Sport physical form and are good for 3 years. Make sure you have a copy for your home records.

Nancy Becker, RN
Middle School Health Services
nbecker@northfieldschools.org
phone: 507-663-0656 (during school year)



Apr./May/June 2019

W.E.B. - Where Everybody Belongs

Sixth graders continue to enjoy all the WEB activities of late winter/early spring. We hosted our final WEB lunch in February. We welcomed Rebecca Lorang and Amy Tacheny as additional WEB Coordinators. We are excited about the possibilities they will provide for the WEB program!

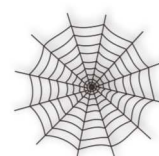
7th graders have already applied to be WEB Leaders for the 2019-2020 school year. We are in search of 70 strong leaders. 7th graders who applied will have

small group interviews on **May 2**. Thank you to all who applied!

WEB will also be hosting our incoming 5th graders on Parent Night, **April 16** at **6:00 pm**. All 5th graders are invited to come during the parent meeting and participate in a fun WEB event. We will be leading large group activities along with building tours lead by our CURRENT 8th grade WEB leaders while parents find out all the information about 6th grade.

Thank you to our 8th grade WEB leaders for all you do for NMS and the class of 2025. You have been an outstanding group this year. We will be having our WEB Leader Celebration on **May 23**. WEB Coordinators:

John Bade
Rafa Estrella
Rebecca Lorang
Amy Tacheny
Cori Yamry



Middle School Athletics

Weather permitting, the first day of practice will be **Tuesday, April 2**. Athletes should come to practice prepared for chilly weather. Dressing in layers works best.

Practices will be **3:00 pm – 4:45 pm, Monday - Friday**, unless specified otherwise by the coach. Game/Meet schedules are also available online at <http://big9.org>, as well as in the main office.

Activities Hotline: 507-645-3559
This line provides updated information regarding competitive events only. Information regarding practice schedules or changes to practice schedules ARE NOT announced on this line unless there is a cancellation due to weather.

Please contact Mr. O'Keefe or Mrs. Henriksen if you have questions.

Michael O'Keefe
Assistant Principal/Athletic Director
507-663-0680
mokeefe@northfieldschools.org

Jen Henriksen
Office Specialist
507-663-0680
jhenriksen@northfieldschools.org

Announcements and News on the Web

Middle School students start each day with televised morning announcements. These announcements are also posted on our middle school website during the school day. Parents can access the announcements by going to www.northfieldschools.org and clicking on Northfield Middle School and then announcements. Announcements usually remain posted by date for approximately two weeks. In the event that our webmaster is absent, there may be a delay in

posting. Our eight-minute long, student run morning news show is available for streaming from our website. Please check it out.

Our bi-monthly parent newsletter is also posted on the web. You can access this information by going to www.northfieldschools.org then clicking on News and Publications and then Newsletters. You will find newsletters for all buildings on this webpage.

Parents are also invited to check out the Northfield School District web page at www.northfieldschools.org. If parents have not already done so, they can create a Family Access account to view student data. You can apply for an access user name and password on line. You should receive this information back via e-mail within a couple of days.

Cell Phones and Electronics

Cellular phone use is prohibited during school hours at the Middle School. All cell phones should be turned off prior to entering the academic wings and not visible during or between classes. Students who do not follow this policy could have one or more of the following consequences:

- Cell phone will be confiscated until the end of the day.
- Parent will need to pick up the cell phone in the office.

Radios, CD Players, MP3, I-Pods are not allowed in the classrooms and/or in the hallway. If a student chooses to listen to them on the way to school or on the way home, they must turn them off and keep them out of sight.

Violation of the above policy could result in one or more of the following consequences:

- Detention
- Confiscation until the end of the day

- Confiscation until the end of the year
- Parent Conference
- School Service Project

We appreciate your support with these policies.



Attendance: (507) 663-0655

Please call the 24-hour attendance line or email Jen Henriksen, each day that your child is absent. You may reach the attendance line at 663-0655 or emailing jhenriksen@northfieldschools.org.

E-mailing teachers DOES NOT count as official notification for state attendance records. When calling or emailing the attendance, please leave your student's name, grade, reason for absence and your relationship to the child. If calling or emailing an illness, please leave information regarding symptoms. Our health services staff is required to file a report with the State Health Department if there is an unusual increase in certain illnesses. Students who are not called in

or emailed to Jen Henriksen, will be considered unexcused until a parent/guardian notifies us. If you should forget to call in, your child may turn in a note to the attendance window outside the office when he/she returns to school. Students may not call in their own absences.

If a parent knows of a student's extended absence in advance, the absence should be called into the attendance line or emailed to Jen Henriksen. Students should also connect with their teachers to assure any missed work will be posted to Schoology. Students are responsible for completing all work posted to Schoology. Students returning from an extended absence will need to schedule

arrangements with the teacher for completing any work that could not be completed during the absence. Homework will not be collected in the office for a student prior to absence.

Parents call attendance line 507-663-0655 or email Jen Henriksen at jhenriksen@northfieldschools.org to report the absence.

Students contact the teacher to assure that any missed work will be posted to Schoology and schedule arrangements to

**Attendance Line
663-0655**

Parent Phone Number and Address Changes

Has your family experienced a change in home or cell phone numbers, residence and mailing address changes, or a change in e-mail address. If so, please notify the office of any changes. You may do so by calling 663-0664 or e-mail the change to

Kimberly Tousignant:
ktousignant@northfieldschools.org

Maintaining up-to-date parent information is the best way to insure that we can contact you in a timely manner. Thank you for your assistance with this request.

Apr./May/June 2019

Community Services Division News

Northfield Public Schools Community Services registration is now open! Scholarships are available for youth and adult program offerings. You can browse all classes by visiting www.northfieldschools.org/communityservices. To register by phone, please call us at 507.664.3649.

Registration is open now for:

Red Cross Swim Lessons

M, T, Th, April 1-11, various times from 6-8:10 pm at Northfield Middle School

Open Gym Basketball

Wednesdays, through May 29th, from 7-9 pm, \$3/person with \$10/family max at Northfield High School

Taekwondo/Gumdo

Tu, Th, April 23-May 30, from 6:15-7 Tkd beginners, 6:45 - 7:45 Tkd advanced, 7:45 - 8:45 Gumdo

Registration opens April 12 for these summer classes:

Modern Band Rock Experience \$250

ages 11+

1:00-2:30 p.m., M, W June 10-July 24

Combine old and new rock/pop/blues songs into an exciting performance--no experience needed. You will audition (for placement only) on guitar, ukulele, bass, drums, keyboards, horns, and vocals. The twice a week schedule provides music learning through ear training and icon-based music charts. You will develop communication, teamwork, set list design, and performance techniques applied in performance.

Young People's Theater Workshop Session I

Entering grades 3-6: \$380/nonmember & \$342/Northfield Arts Guild member

Entering grades 7-12: \$355/nonmember & \$319.50/member

9:15 a.m.-2 p.m. M-F, June 10-28 (performances 5:30 p.m. June 26 & 27, 10 a.m. June 28)

As a young theater maker, you will be led by Guild theater artists in the unique experience of creating an original production! Mornings are filled with creative drama and dance classes, then in the afternoon you will take part in writing, rehearsing and performing an original script. The workshop will culminate with live performances for the public on the last three days of each session.

Child and Babysitting Safety Class \$59

entering grades 4-8

9:00 a.m.-Noon, M, June 24

Learn the responsibilities of being a babysitter. Topics include starting your own babysitting business, child development, proper feeding and diapering techniques, personal safety, medical emergencies, basic first aid care and fire safety. You will receive a CABS workbook and certification valid for 2 years through the American Safety and Health Institute and approved by the American Pediatrics Association.



Northfield Middle School 2018-2019

Monday, Tuesday, Thursday & Friday

Period	Schedule
1	7:57 – 8:54
2	8:58 – 9:48
3	9:52 – 10:42
4A	10:46 – 11:11
4B	11:14 – 11:39
4C/5	11:42 – 12:07 *5D Students begin 5 th hour
5D	12:10 – 12:35
5	12:38 – 1:03
6	1:07 – 1:57
7	2:01 – 2:51

Wednesday ~ Late Start Schedule

Period	Schedule
1	8:57 – 9:42
2	9:46 – 10:24
3	10:28 – 11:06
4A	11:09 – 11:34
4B	11:37 – 12:02
4C/5	12:05 – 12:30 *5D Students begin 5 th hour
5D	12:34 – 12:59
5	1:02 – 1:27
6	1:31 – 2:09
7	2:13 – 2:51

Upcoming Events ~ 2018-2019 School Year

(Calendar may be subject to change. Please check website for updates.)

April 8-12	MCA Reading testing (grades 6-8)
April 11	8th Grade Band Field trip, Farmington Band Festival 8:00 am – 1:00 pm
April 12	WEB Applications due (7 & 8 grade students)
April 15	MNSOTA 7 th & 8 th Grade Tier II Orchestra Festival, Orchestra Hall
April 15 - 19	MCA Math testing (grades 6-8)
April 15-19	Volunteer Appreciation week at NMS
April 16	5th Grade Parent Night / WEB event (incoming families), 6:00 pm, MS auditorium
April 23	MS String Solo & Ensemble Festival, 3:30 - 5:30 pm
April 29-30	MCA Science testing (grade 8 only)
April 25	MS Choir Concert, 7:30 pm, MS auditorium
April 26	MS Dance, 3:00 pm
May 2	WEB Small Group Interviews (all day)
May 3	Mid-quarter 4
May 3	Cinco de Mayo event, 5:00 pm, MS cafeteria
May 6-10	Staff Appreciation week at NMS
May 10	NHS Swing Dance (open to all), Northfield Ballroom <i>(Tickets for sale from any HS Band student)</i>
May 14	Career Exploration Day
May 16	Career Exploration Day (rain date)
May 16	MS Band Concert, 7:00 pm, MS auditorium
May 17	8th grade Fun Fest, 5:00 - 8:00 pm, Whole Building
May 21	WEB Spring Play Day (5th - 7th hours)
May 23	MS Spring Orchestra Concert, 7:00 pm, MS auditorium
May 27	No School / Memorial Day
May 28	Rep Group meetings
May 29	WEB Kickball (after 5D lunch - 7th hour)
May 31	EL Program Field Trip, Nerstrand Big Woods, 10:00 am - 2:00 pm
June 3	Grade 6 Team Two Fort Snelling Field Trip
June 4	Grade 6 Team One Fort Snelling Field Trip
June 6	Grade 8 Valleyfair Field Trip
June 7	Last Day of School / End of 4th Quarter

NMS PRIDE

Prepared
Respect
Integrity
Dependability
Excellence



8TH GRADE FUN FEST – FRIDAY, MAY 17, 2019

We are excited for our annual Fun Fest which will take place on Friday, May 17th. During the Fun Fest, students enjoy games, activities, food, door prizes and much more. It is a safe and fun way for our 8th graders to celebrate the end of their middle school years.

FunFest Prizes Needed: Students attending Fun Fest have several opportunities to win prizes. If you, or someone you know owns a business/company that would be willing to donate a prize for the Fun Fest, please contact Amy McBroom – ***amcbroom@northfieldschools.org*** about how to donate or to get involved. We welcome any prize donations that are appropriate for 8th grade students.

Examples

General: Cases of soda, Candy, Monetary donations

Small Prizes: Earbuds, Lanyards, Tumblers, Mugs, Hand lotion/Lip Balm/Facial Masks

Medium Prizes: Logo wear, Raider Gear, Novelty Gifts, T-shirts, Ball caps, New stuffed animals

Large Prizes: Gift Cards, Movie Passes, Tickets to Games/Activities

Grand Prizes: Bluetooth Speakers, Headphones, Waterpark Passes, Fitbits, Gaming Consoles

GiveMN: Northfield Middle School: Thank you again to everyone who supported our school on Give to the Max Day (Nov.). The generosity of the Northfield Middle School community helped us raise over \$7,000 to fund projects like the anti-bullying Courage Retreat for 7th Grade, the 8th Grade Fun Fest, WEB Leader training and more.



Our GiveMN page is open **year-round** so you can make a donation anytime! To learn more or to make a direct donation, please visit: **<https://givemn.org/organization/Northfield-Middle-School-7877474>**

INDIEFLIX PRESENTS

Angst

RAISING
Awareness
AROUND
Anxiety

For Dakota County families:

COMMUNITY EVENT FREE VIEWINGS OF ANGST

A 56 minute film by IndieFlix for ages 12 and up.

Trailer: <https://angstmovie.com/trailer/>

Angst is a film that explores anxiety, its causes, effects and what we can do about it. The filmmaker's goal is to have a global conversation and raise awareness around anxiety. Angst features candid interviews with kids and young adults who have had experienced anxiety and what they've learned about it.

The film includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources and tools.

A question and answer session will follow the film. Parents can ask their questions to local mental health professionals. Local mental health agencies will share resources.

REGISTER ON EVENTBRITE:

<https://dc-angst-screenings.eventbrite.com>

Registration is encouraged but not required.

Registration closes three days prior to event date.

DATES & LOCATIONS:

April 2 – Eastern Region (Hastings High School)

April 4 – Southern Region (Lakeville South High School)

April 8 – Central Region (Apple Valley High School)

April 15 – Northern Region (South St. Paul Secondary School)

TIME: 5:30 p.m. – 8:30 p.m.

Viewing starts at 6:30 p.m.

Resource fair held before and after the viewing

SPONSORED BY:

The Dakota County Safe and Drug Free School Coordinators and the Dakota County Healthy Communities Collaborative.

For more information contact Shannon Bailey, Dakota County Public Health at shannon.bailey@co.dakota.mn.us



Visit the Dakota County Healthy Community Collaborative Facebook page for more details.

ANXIETY DISORDERS ARE REAL, COMMON AND TREATABLE, LET'S TALK ABOUT IT!

For current 6th grade students (2018-19 school year), entering 7th grade in the fall of 2019.

Summer Eagle Bluff Trip through Community Services

Trip Dates: The Community Services Division of Northfield Public Schools has made arrangements with Eagle Bluff to have an environmental learning center trip take place July 24-26, 2019. Students interested in participating in this trip will leave from the Middle School at approximately 8:30 a.m. on Wednesday, July 24 and return to the Middle School at approximately 3:00 p.m. on Friday, July 26.

Cost: The cost to participate in this trip is \$230.00 per student and scholarships are available. If your family qualifies for free lunches through the child nutrition (food service) program, the cost of the trip is \$25. If your family qualifies for reduced lunches through the food service program, the cost of the trip is \$50. To receive a scholarship, please call 507.664.3649 or visit our office at 1651 Jefferson Parkway.

Registration: There are five easy ways to register:

- Go to www.northfieldschools.org and then click on the Community Services link at the top.
- Call our office at 507.664.3649. We accept Visa, MasterCard or Discover.
- Visit the Community Services office, located on the first floor of the Northfield Community Resource Center at 1651 Jefferson Parkway. Our office is open Monday through Friday, from 8 a.m. - 4:30 p.m.
- Fax the completed registration form found attached to this page and in the Middle School office to 507.664.3651.
- Mail the completed form attached to this page and in the Middle School office to Community Services, attn: CS Class Registration, 1651 Jefferson Parkway, Northfield, MN 55057.

Registrations will be accepted on a first come, first served basis. The registration deadline is May 3. Additional information, including packing lists, schedules and room assignments, will be distributed at a later date.

Questions: Contact one of the following:

Erin Bailey at 507.664.3652 or EBailey@northfieldschools.org
Joan Lizaola at 507.663.0662 or JLizaola@northfieldschools.org

Community Services Division Registration Form

Parent/Guardian Name _____ Primary email Address _____

Home Phone _____ Work Phone _____ Other Phone _____

Address _____ City _____ State _____ Zip _____

Signature _____ *(Adult participant or Parent/Guardian if under 18)* Northfield Public Schools Community Service Division does NOT provide accident insurance for participants in any of its programs or activities. Participants assume all inherent risk of injury resulting from their involvement in programs or activities.

The Northfield Public Schools Community Services Division often takes photographs of classes or programs to use in brochures and on the web. If you do not want pictures of you or your child used, please call our office at (507) 664-3649.

Cash _____ check # _____ (to Community Services Division) Discover _____ MasterCard _____ Visa _____

Credit Card # _____ - _____ - _____ Expiration Date ____/____/____ (MM/YY)

Name as it appears on card _____ Cardholder Signature _____

If you qualify for free or reduced meals provided by Northfield Public Schools, you may be eligible for a scholarship toward your Community Services classes. All participants will pay a portion of the registration fee. Call (507) 664-3649 or stop in our office for more information.

We want everyone to be able to participate in our programs — help make it possible by donating to the Northfield Public Schools Community Services Division Scholarship Fund. I'd like to contribute \$ _____ to the scholarship fund.

Class #	Class Title	Name of Participant	Birth Date	Fee
4804-S19A	Eagle Bluff Trip			\$230.00

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