

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School Teacher Prep Day	2 Turkey and Cheese Sub on WG Bun Steamed green beans WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*	3 Beef Walking Taco Assorted taco toppings Refried beans Fruit choice* Milk choice*	4 Breaded Cheese Ravioli Marinara Sauce Steamed mixed veggies Rainbow veggie bar Fruit choice* Milk choice*
7 WG Pasta with choice of Meatballs and/or Marinara Sauce Steamed green beans Rainbow veggie bar WG garlic breadstick Fruit choice* Milk choice*	8 WG Chicken Tenders WG Vegilicious Pasta Salad Oven baked sweet potato fries Rainbow veggie bar WG dinner roll Fruit choice* Milk choice*	9 Hamburger/Cheeseburger/Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	10 WG Mini Pancakes Yogurt Cup Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* Milk choice*	11 WG Max Cheese Sticks Marinara Sauce Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*
14 Loaded Beef Totchos Assorted vegetable toppings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	15 Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	16 WG Cheese Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	17 WG Chicken Sandwich Lettuce and tomato slices Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	18 WG Shrimp Basket Oven baked fries Steamed carrots Cucumber ranch salad Fruit choice* Milk choice*
21 Chicken Parmesan with WG Pasta Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	22 Chicken Softshell Tacos Fresh fixings Refried beans Seasoned brown rice Fruit choice* Milk choice*	23 WG French Toast Sticks Chicken Sausage Links Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	24 All Beef Hotdog on WG Bun Vegetarian baked beans Onion rings Rainbow veggie bar Fruit choice* Milk choice*	25 WG Ooey Goopy Cheesebread Marinara Sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
28 Mini Sampler Basket Oven baked sweet potato fries Rainbow veggie bar Fruit choice* Milk choice*	29 WG Cheese Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	30 Turkey and Cheese Sub on WG Bun Steamed green beans WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*		

Cold Sandwich Choices:

Wheat PBJ Uncrustable (strawberry or grape) or Turkey and Cheese Sandwich on WG bread available daily. All include a fruit choice, a vegetable choice and a milk.

Salad Choice: Pre-made salads are available daily.

Salad meal includes a fruit choice, a whole grain bread choice and a milk.

Fruit Choice: At least one fresh fruit and one canned fruit choice will be served

Free Meals for All Students



- ◆ **Free Meals** All students enrolled in the school district can receive a free breakfast and a free lunch every day.
- ◆ Ala Carte items and all adult meals will be charged accordingly. Adult meals will be charged \$5.00 per meal.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.