

December 2025 High School Menu

Menus are subject to change without notice.

WG=Whole Grain LF=Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pasta with choice of 1 Meatballs and/or Marinara Sauce Steamed zoodles Garden bar WG garlic breadstick Fruit choice*	WG Chicken Tenders 2 WG Vegilicious Pasta Salad Oven baked sweet potato fries Garden bar WG Dinner roll Fruit choice* Milk choice*	Veggie Burger on WG Bun Assorted Fresh Toppings Oven baked beans Garden bar	WG Cinnamon Roll 4 Three Cheese Egg Bites Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	Bone-in Chicken Wings Oven baked onion rings Creamy coleslaw WG Sister Shubert roll Garden bar Fruit choice* Milk choice*
Loaded Oven Fries w/ Cheese Assorted vegetable toppings Ranchero pinto beans Seasoned brown rice WG dinner roll Fruit choice* Milk choice*	Chicken and Alfredo Sauce 9 with WG Pasta WG Garlic Breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	Steamed broccoli Garden bar Fruit choice* Milk choice*	WG Chicken Sandwich Lettuce and tomato slices Roasted squash Oven baked beans Garden veggie bar Fruit choice* Milk choice*	WG Shrimp Poppers Three Cheese Cavatappi Mac Steamed carrots Cucumber ranch salad Garden bar Fruit choice* Milk choice*
Chicken Parmesan with 45 WG Pasta Steamed green beans Garden bar Fruit choice* Milk choice*	Chicken Fajita 16 Steamed peppers and onions Fresh fixings Refried beans Seasoned brown rice Fruit choice*	Cheese Omelet Breakfast potatoes Garden bar and hummus Fruit choice*	Ultimate All Beef Hotdog Bar Vegetarian baked beans Creamy coleslaw Garden veggie bar Fruit choice* Milk choice*	WG Garlic Cheesebread 19 Marinara dipping sauce Caesar salad Garden bar Fruit choice* Milk choice*
No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break
29	30	31		
No School Winter Break	No School Winter Break	No School Winter Break		

Alternate meals: Sandwich or Pizza Slice includes fruit choices, vegetable choices and a milk choice.

Premade Salad Meal: Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. Global Trends Meal: Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.



Free Meals for All Students

- Free Meals All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.25 per meal. Subject to change based on USDA meal charge guidelines.
- Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.