

December 2025 Middle School Menu

Menus are subject to change without notice.

WG=Whole Grain LF=Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pasta with choice of Meatballs and/or Marinara Sauce Steamed zoodles Rainbow veggie bar WG garlic breadstick Fruit choice* Milk choice*	WG Chicken Tenders WG dinner roll Oven baked sweet potato fries Rainbow veggie bar Fruit choice* Milk choice*	Hamburger/Cheeseburger/Veggie Burger on WG Bun Assorted Fresh Toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	WG Pancakes with Fruit Toppings Chicken Sausage Links Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	Bone-In Chicken Wings WG Sister Schubert dinner roll Herb roasted potatoes Jicama slaw Rainbow veggie bar Fruit choice* Milk choice*
Loaded Oven Fries with Cheese Sauce Assorted vegetable toppings Ranchero pinto beans Seasoned brown rice Fruit choice* Milk choice	Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	WG Primo Pizza Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	WG Chicken Sandwich Lettuce and tomato slices Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	WG Shrimp Basket French fries Cucumber ranch salad Rainbow veggie bar Fruit choice* Milk choice*
Chicken Parmesan with WG Pasta Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	Burrito Bowl Fresh fixings Ranchero pinto beans Seasoned brown rice Fruit choice* Milk choice*	Fresh Baked WG Cinnamon Roll Cheese Omelet Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* Milk choice*	Ultimate All Beef Hotdog Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	WG Garlic Cheesebread Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break
No School Winter Break	No School Winter Break	No School Winter Break		

Sandwich/Wrap choices: Daily features listed on the School District Child Nutrition Website.

 Salad Choice: Daily features listed on the School District Child Nutrition Website.
 Grill'd Greats Alternative Hot Entree: Daily features listed on the School District Child Nutrition Website.


Free Meals for All Students

- ◆ **Free Meals** All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.25 per meal. Subject to change based on USDA meal charge guidelines.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.