

October 2026 NCEC Menu

Menus are subject to change without notice.

WG=Whole Grain LF=Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
			All Beef Hotdog 1 Vegetarian baked beans Fruit Milk	WG Cheesebread 2 Marinara Sauce Garden salad Fruit Milk
WG Corn Dog 5 Fresh sugar snap peas Fruit Milk	WG Cheese Pizza 6 Steamed vegetable Fruit Milk	Meatballs with Gravy 7 Brown rice Steamed vegetable Fruit Milk	Oven Roasted Chicken Bites 8 WG Buttered noodles Steamed vegetable Fruit Milk	Deli Turkey Ham and Cheese on a WG Sub Bun 9 Fresh baby carrots WG Goldfish crackers Fruit Milk
WG Bosco Sticks 12 Marinara sauce Steamed vegetable Fruit Milk	WG Chicken Tenders 13 Steamed vegetable WG Dinner roll Fruit Milk	Cheeseburger on WG Bun 14 Oven baked beans Fruit Milk	No School MEA Break 15	No School MEA Break 16
Cheese Quesadilla 19 Steamed vegetable Fruit Milk	Chicken and Alfredo Sauce with WG Pasta 20 WG Garlic Breadstick Steamed vegetable Fruit Milk	WG Cheese Pizza 21 Steamed vegetable Fruit Milk	WG Chicken Sandwich 22 Oven baked beans Fruit Milk	WG Mac and Cheese 23 Steamed vegetable Fruit Milk
Chicken Tenders 26 WG Pasta with Marinara Sauce Steamed vegetable Fruit Milk	Deli Turkey and Cheese on WG Sub Bun 27 Fresh veggies Fruit choice* Milk choice*	WG French Toast Sticks 28 Chicken Sausage Links Breakfast potato Fruit Milk	All Beef Hotdog 29 Vegetarian baked beans Fruit Milk	WG Cheesebread 30 Marinara Sauce Garden salad Fruit Milk

Milk and Meal Pricing Information



• Hand in Hand Preschool program children can get one breakfast and one lunch free of charge each day they are attending. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk, they will be charged.

• Ages 1-2 milk portion is 4 oz; ages 3-5 is 6 oz. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%.

• Childcare program children will be charged \$5.30 per lunch. Subject to change based on USDA Meal charge guidelines.

This institution is an equal opportunity provider