

October 2026 Elementary Menu

Menus are subject to change without notice.

WG=Whole Grain LF=Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
			All Beef Hotdog on WG Bun 1 Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	Ooey Gooney WG Cheesebread 2 Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
Sampler Basket 5 Steamed mixed veggies Rainbow veggie bar with hummus Fruit choice* Milk choice*	WG Cheese Pizza 6 Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	Beef Walking Taco 7 Assorted taco toppings Refried beans Fruit choice* Milk choice*	Breaded Drumstick 8 WG dinner roll Herb roasted potatoes Steamed corn Rainbow veggie bar Fruit choice* Milk choice*	Turkey Ham and Cheese Sandwich on WG Pretzel Bun 9 Steamed green beans Rainbow veggie bar WG Fritos Fruit choice* Milk choice*
Teriyaki Chicken 12 WG veggie fried rice WG dinner roll Steamed mixed veggies Rainbow veggie bar Fruit choice* Milk choice*	WG Chicken Tenders 13 WG Vegilicious pasta salad Oven baked sweet potato fries Rainbow veggie bar Fruit choice* Milk choice*	Hamburger/Cheeseburger/Veggie Burger on WG Bun 14 Assorted Fresh Toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	No School MEA Break 15	No School MEA Break 16
Beef Nachos Grande 19 Assorted vegetable toppings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	Chicken and Alfredo Sauce with WG Pasta 20 WG Garlic breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	WG Cheese Pizza 21 Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	WG Chicken Sandwich 22 Lettuce and tomato slices Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	WG Breaded Shrimp Basket 23 Oven baked fries Steamed carrots Cucumber ranch salad Fruit choice* Milk choice*
Chicken Parmesan with WG Pasta 26 Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	Turkey and Cheese on WG Sub Bun 27 Romaine lettuce and tomato slices WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*	WG French Toast Sticks Chicken Sausage Links 28 Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	All Beef Hotdog on WG Bun 29 Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	Ooey Gooney WG Cheesebread 30 Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*

Cold Sandwich Choices:

Wheat PBJ Uncrustable (strawberry or grape) or Turkey and Cheese Sandwich on WG bread available daily. All include a fruit choice, a vegetable choice, and a milk.

Salad Choice: Pre-made salads are available daily.

 Salad meal includes a fruit choice, a whole grain bread choice, and a milk.
 Fruit Choice: At least one fresh fruit and one canned fruit choice will be served.

Milk and Meal Pricing Information



• **Free Meals:** All students enrolled in the district can receive a free breakfast and a free lunch every day.

• Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second Meals will be charged at \$5.30 per meal, subject to change based on USDA meal charge guidelines.

• Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk, they will be charged.

This institution is an equal opportunity provider.