

September 2026 NCEC Menu

Menus are subject to change without notice.

WG=Whole Grain LF=Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
No School Labor Day	7 WG Cheese Pizza Steamed vegetable Fruit Milk	8 Meatballs with Gravy Brown rice Steamed vegetable Fruit Milk	9 Oven Roasted Chicken Bites WG Buttered noodles Steamed vegetable Fruit Milk	10 Deli Turkey Ham and Cheese on a WG Sub Bun Fresh baby carrots WG Goldfish crackers Fruit Milk
WG Bosco Sticks Marinara sauce Steamed vegetable Fruit Milk	14 WG Chicken Tenders Steamed vegetable WG Dinner roll Fruit Milk	15 Cheeseburger on WG Bun Oven baked beans Fruit Milk	16 WG Pasta with Meatballs and Marinara Sauce Steamed vegetable WG Garlic breadstick Fruit Milk	17 WG Mini Pancakes Yogurt Cup Breakfast potatoes Fruit Milk
Cheese Quesadilla Steamed vegetable Fruit Milk	21 Chicken and Alfredo Sauce with WG Pasta WG Garlic Breadstick Steamed vegetable Fruit Milk	22 WG Cheese Pizza Steamed vegetable Fruit Milk	23 WG Chicken Sandwich Oven baked beans Fruit Milk	24 WG Mac and Cheese Steamed vegetable Fruit Milk
Chicken Tenders WG Pasta with Marinara Sauce Steamed vegetable Fruit Milk	28 Deli Turkey and Cheese on WG Sub Bun Fresh veggies Fruit choice* Milk choice*	29 WG French Toast Sticks Chicken Sausage Links Breakfast potato Fruit Milk		

Milk and Meal Pricing Information



• Hand in Hand Preschool program children can get one breakfast and one lunch free of charge each day they are attending. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk, they will be charged.

• Ages 1-2 milk portion is 4 oz; ages 3-5 is 6 oz. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%.

• Childcare program children will be charged \$5.30 per lunch. Subject to change based on USDA Meal charge guidelines.

This institution is an equal opportunity provider