

2025-26 NCEC Breakfast Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Week of Sept 1, 15, 29; Oct 13, 27; Nov 10, 24; Dec 8, 29; Jan 5, 19; Feb 2, 16; Mar 2, 16; Apr 6, 20; May 4, 18; June 1

WG Cereal 4 oz Juice Milk*	WG Snack Bread Fruit Milk*	WG Granola Round Fruit Milk*	WG Cereal Fruit Milk*	WG Graham Squares Fruit Milk*
----------------------------------	----------------------------------	------------------------------------	-----------------------------	-------------------------------------

Week of Sept 8, 22; Oct 6, 20; Nov 3, 17; Dec 1, 15; Jan 12, 26; Feb 9, 23; Mar 9, 30; Apr 13, 27; May 11, 25

WG Cereal 4 oz Juice Milk*	WG Benefit Bar Fruit Milk*	WG Snack Bread Fruit Milk*	WG Muffin Fruit Milk*	WG Snack Bread Fruit Milk*
----------------------------------	----------------------------------	----------------------------------	-----------------------------	----------------------------------

Preschool program children can get one breakfast and one lunch free of charge each day at school. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged \$.50. Childcare program children will be charged \$5.00 per lunch. Second & Adult Breakfasts cost \$2.50.

***MDE Infant and Preschool Meal Pattern Guidelines:**

Milk - ages 1-2 portion is 4 fluid ounces; ages 3-5 is 6 fluid ounces. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1%

Cereal - Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. (1oz approved Whole Grain Cereals: Marshmallow Mateys, Cinnamon Toast Crunch RS, Cinnamon Chex, Cheerios, Honey Cheerios, Scooters, HoneyScooters, Kix, Rice Chex, Multi Grain Cheerios).

