

2025-26 NCEC Breakfast Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Week of Sept 1, 15, 29; Oct 13, 27; Nov 10, 24; Dec 8, 29; Jan 5,19; Feb 2,16; Mar 2,16; Apr 6, 20; May 4,18; June 1

WG Cereal 4 oz Juice Milk* WG Snack Bread Fruit Milk* WG Granola Round Fruit Milk*

WG Cereal Fruit Milk*

WG Graham Squares
Fruit
Milk*

Week of Sept 8, 22; Oct 6, 20; Nov 3, 17; Dec 1, 15; Jan 12, 26; Feb 9, 23; Mar 9, 30; Apr 13, 27; May 11, 25

WG Cereal 4 oz Juice Milk*

WG Benefit Bar Fruit Milk*

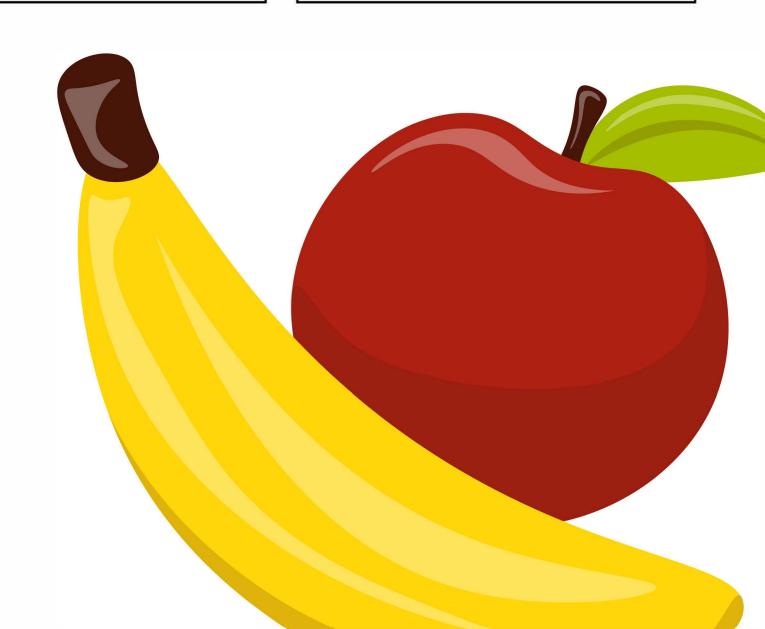
WG Snack Bread Fruit Milk* WG Muffin Fruit Milk*

WG Snack Bread Fruit Milk*

Preschool program children can get one breakfast and one lunch free of charge each day at school. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged \$.50. Childcare program children will be charged \$5.00 per lunch. Second & Adult Breakfasts cost \$2.50.

*MDE Infant and Preschool Meal Pattern Guidelines:

Milk - ages 1-2 portion is 4 fluid ounces; ages 3-5 is 6 fluid ounces. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1% Cereal - Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. (1oz approved Whole Grain Cereals: Marshmallow Mateys, Cinnamon Toast Crunch RS, Cinnamon Chex, Cheerios, Honey Cheerios, Scooters, HoneyScooters, Kix, Rice Chex, Multi Grain Cheerios).



This institution is an equal opportunity provider.