

## 2024-25 NCEC Breakfast Menu

Menus are subject to change without notice.

WG = Whole Grain LF = Low Fat

Week of Sept 2, 16, 30; Oct 14, 28; Nov 11, 25; Dec 9, 30; Jan 13, 27; Feb 10, 24; Mar 10, 31; Apr 14, 28; May 12, 26

WG Cereal 4 oz Juice Milk\* WG Snack Bread Fruit Milk\* WG Granola Round Fruit Milk\*

WG Cereal Fruit Milk\*

WG Graham Squares
Fruit
Milk\*

Week of Sept 9, 23; Oct 7, 21; Nov 4, 18; Dec 2, 16; Jan 6, 20; Feb 3, 17; Mar 3, 17; Apr 7, 21; May 5, 19; June 2

WG Cereal 4 oz Juice Milk\*

WG Benefit Bar Fruit Milk\*

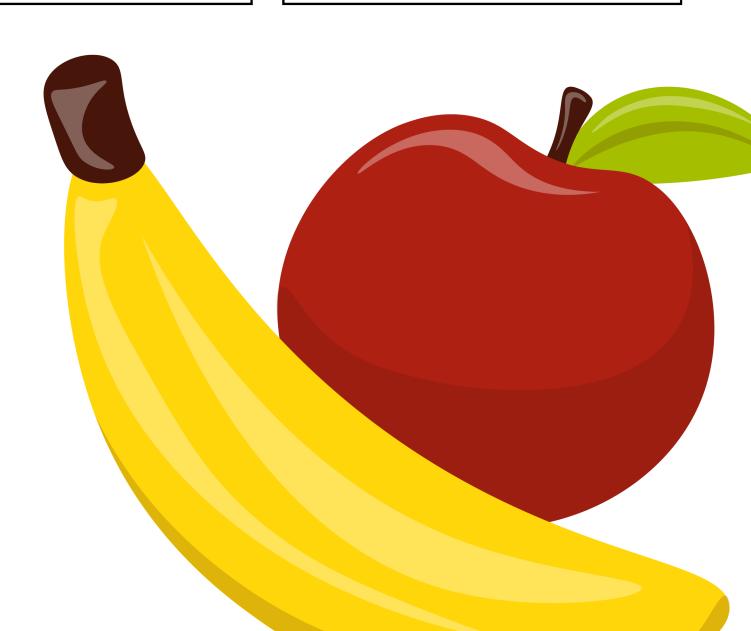
WG Snack Bread Fruit Milk\* WG Muffin Fruit Milk\*

WG Snack Bread Fruit Milk\*

Preschool program children can get one breakfast and one lunch free of charge each day at school. Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged \$.50. Childcare program children will be charged \$5.00 per lunch. Second & Adult Breakfasts cost \$2.50.

## \*MDE Infant and Preschool Meal Pattern Guidelines:

Milk - ages 1-2 portion is 4 fluid ounces; ages 3-5 is 6 fluid ounces. Children 12-24 months are served unflavored whole milk; children 2 and up are served unflavored 1% Cereal - Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. (1oz approved Whole Grain Cereals: Marshmallow Mateys, Cinnamon Toast Crunch RS, Cinnamon Chex, Cheerios, Honey Cheerios, Scooters, HoneyScooters, Kix, Rice Chex, Multi Grain Cheerios).



This institution is an equal opportunity provider.