

The responses contained in this document were collected via a parent survey following the two parent-focused listening sessions held on November 18 and 21, 2019. The questions were the same questions asked during the in-person listening session. The survey was emailed to district parents via Skylert on November 25, 2019. The survey was available through December 6, 2019. There were 298 responses. The following responses were copied verbatim from the Google spreadsheet associated with the form. Blanks have been eliminated. You will see some random quotation marks (“). These circumstances are where there were extra spaces included in the response. In an effort to truly provide raw data, they have been left in place.

Parents identified more sleep/energy as the greatest benefits of a later start time to the school day. They also identified improved health and academic performance among the top benefits. Notably, 96 respondents (32%) indicated a later start time has very little or no benefit at all. Parents identified scheduling concerns (specifically with a later release time), including challenges associated with athletics, family time, and childcare among the biggest problems. Transportation, with concern about the difference in benefit between the impact on rural and city students, as another top concern. Again, notably, 46 respondents (15%) responded that a later start time to the school day would pose little or no problem for them. This was similar to the number of respondents who identified childcare as a problem. Finally, a smaller but passionate set of responses worry that moving the start time later will adversely impact students' preparation for life after high school.

School	School Day				Bus Trip Time												
	Current start	Current End	Proposed Start	Proposed End	AL	Austin	Faribo	East	West	NF	Owat	Red Wing	Century	JMHS	Mayo	Winona	
Albert Lea	8:00	2:50			X	25 min	45 min	60 min	1 hr 10 min	1 hr 5 min	40 min	1 hr 45 min	1 hr 15 min	1 hr 10 min	1 hr 10 min	1 hr 45 min	
Austin	7:55	3:00			25	X	45	1 hr 20 min	1 hr 20 min	1 hr 14 min	35	1 hr 29 min	51 min	45 min	42 min	1 hr 21 min	
Faribault	8:15	3:05			45	55	X	50	50	22	20	60	60	60	60	1 hr 45 min	
Mankato East	8:15	3:05	8:35	3:25	60	80	45	X	0	65	45	2 hr	1 hr 30 min	1 hr 30 min	1 hr 30 min	2 hr 30 min	
Mankato West	8:15	3:05	8:35	3:25	60	80	45	0	X	65	45	2 hr	1 hr 30 min	1 hr 30 min	1 hr 30 min	2 hr 30 min	
Northfield	7:51	2:45	8:45	3:39	65	74	22	65	65	X	35	50	75	75	75	1 hr 50 min	
Owatonna	8:10 AM	2:40 PM			40	40	20	50	50	35	X	70	60	50	50	100	
Red Wing	8:00 AM	2:40 PM	8:10	3:20 PM	1h 55 min	1h 35 min	60 min	2 h 10 min	2h 10 min	50 min	1h 10 min	X	55 min	50 min	60 min	70 min	
Rochester Century	7:40 AM	3:03 PM			90 min	75 min	75 min	90 min	105 min	75 min	60 min	60 min	X	20 min	15 min	60 min	
Rochester John Marshall	7:40 AM	3:03 PM											20 min	X	20 min		
Rochester Mayo	7:40 AM	3:03 PM											15 min	20 min	X		
Winona	9:00 AM	3:30 PM	NA	NA	1h 45 min	1 h 30 min	1h 45min	2h 20 min	2h 25 min	1h 50 min	1h 40 min	1h 15min	60 min	1h 10 min	60 min	X	

Fall

Activity	Type	Day	Date	Time	Dismiss	Location
Chess: Varsity	Match	Mon	09/16/2019	4:00pm		2:30pm Eastview High School
Chess: Varsity	Match	Mon	09/30/2019	4:00pm		Eastview High School
Chess: Varsity	Match	Mon	10/07/2019	4:00pm		3:00pm Eagan High School
Chess: Varsity	Match	Mon	10/14/2019	4:00pm		Eastview High School
Chess: Varsity	Match	Mon	10/28/2019	4:00pm		Apple Valley High School
Cross Country: Boys JV	Game	Fri	08/30/2019	8:00am		3:00pm Rosemount High School
Cross Country: Boys JV	Invite	Fri	09/06/2019	3:30pm	2:10pm	3:10pm Faribault North Alexander Park
Cross Country: Boys JV	Invite	Fri	09/13/2019	4:45pm		Faribault North Alexander Park
Cross Country: Boys JV	Game	Thu	09/19/2019	4:30pm		Nicollet Middle School - Burnsville
Cross Country: Boys JV	Invite	Thu	10/03/2019	4:00pm		Owatonna Brooktree Golf Course
Cross Country: Boys JV	Big 9 Conf	Tue	10/15/2019	5:00pm		Owatonna Brooktree Golf Course
Cross Country: Boys Varsity	Game	Fri	08/30/2019	8:00am		3:45pm Rosemount High School
Cross Country: Boys Varsity	Invite	Fri	09/06/2019	3:30pm	2:10pm	3:00pm Faribault North Alexander Park
Cross Country: Boys Varsity	Invite	Thu	09/12/2019	4:00pm		Rochester Eastwood Golf Course
Cross Country: Boys Varsity	Invite	Fri	09/13/2019	4:45pm		Faribault North Alexander Park
Cross Country: Boys Varsity	Invite	Tue	09/17/2019	4:00pm		Rochester Eastwood Golf Course
Cross Country: Boys Varsity	Game	Thu	09/19/2019	5:00pm		2:20pm Nicollet Middle School - Burnsville
Cross Country: Boys Varsity	Invite	Fri	09/27/2019	4:00pm		Red Wing High School
Cross Country: Boys Varsity	Big 9 Conf	Tue	10/15/2019	3:55pm		Owatonna Brooktree Golf Course
Cross Country: Boys Varsity	Section M	Thu	10/24/2019	3:35pm		Owatonna Brooktree Golf Course
Cross Country: Girls JV	Game	Fri	08/30/2019	8:00am		2:15pm Rosemount High School
Cross Country: Girls JV	Invite	Fri	09/13/2019	4:45pm		3:15pm Faribault North Alexander Park
Cross Country: Girls JV	Game	Thu	09/19/2019	4:00pm		Nicollet Middle School - Burnsville
Cross Country: Girls JV	Big 9 Conf	Tue	10/15/2019	4:25pm		Owatonna Brooktree Golf Course
Cross Country: Girls Varsity	Game	Fri	08/30/2019	8:00am		3:00pm Rosemount High School
Cross Country: Girls Varsity	Invite	Fri	09/06/2019	3:30pm		3:00pm Faribault North Alexander Park
Cross Country: Girls Varsity	Invite	Thu	09/12/2019	4:00pm		Rochester Eastwood Golf Course
Cross Country: Girls Varsity	Invite	Fri	09/13/2019	4:45pm		Faribault North Alexander Park
Cross Country: Girls Varsity	Game	Thu	09/19/2019	5:00pm		2:20pm Nicollet Middle School - Burnsville
Cross Country: Girls Varsity	Invite	Fri	09/27/2019	4:00pm		2:15pm Red Wing High School
Cross Country: Girls Varsity	Big 9 Conf	Tue	10/15/2019	3:25pm		Owatonna Brooktree Golf Course
Cross Country: Girls Varsity	Section M	Thu	10/24/2019	2:55pm		4:30pm Owatonna Brooktree Golf Course

Football: 9A	Game	Thu	08/29/2019	4:30pm	2:30pm	12:20pm	Rochester Mayo High School
Football: 9A	Game	Mon	09/16/2019	6:00pm		3:15pm	Mankato West High School
Football: 9A	Game	Mon	09/30/2019	4:30pm			Lakeville South High School
Football: Boys 7th grade	Game	Thu	09/12/2019	4:00pm		2:35pm	Faribault Middle School
Football: Boys 7th grade	Game	Fri	09/13/2019	4:00pm			Faribault Middle School
Football: Boys 7th grade	Game	Thu	09/26/2019	4:30pm		3:45pm	Rochester John Adams Middle School
Football: Boys 7th grade	Game	Thu	09/26/2019	5:00pm			Rochester Kellogg Middle School
Football: Boys 7th grade	Game	Mon	10/14/2019	4:00pm		3:25pm	New Prague High School
Football: Boys 7th grade	Game	Mon	10/14/2019	5:30pm		5:40pm	New Prague High School
Football: Boys 8th grade	Game	Tue	09/17/2019	4:00pm			New Prague High School
Football: Boys 8th grade	Game	Tue	09/17/2019	5:30pm			New Prague High School
Football: Boys 8th grade	Game	Thu	10/03/2019	4:15pm			Owatonna Middle School
Football: Boys 8th grade	Game	Tue	10/08/2019	4:15pm			Owatonna Middle School
Football: Boys 8th grade	Game	Thu	10/10/2019	4:30pm			Rochester Mayo High School
Football: JV	Game	Mon	09/09/2019	6:00pm		2:30pm	Owatonna High School
Football: JV	Game	Mon	09/23/2019	7:00pm			Rochester John Marshall High School
Football: JV	Game	Mon	09/30/2019	6:00pm			Rochester Century High School
Football: JV	Game	Tue	10/15/2019	6:00pm			New Prague High School
Football: Varsity	Game	Fri	08/30/2019	7:00pm			Rochester Mayo High School
Football: Varsity	Game	Fri	09/13/2019	7:00pm			Mankato West High School
Football: Varsity	Game	Fri	10/04/2019	7:00pm	3:15pm	3:45pm	Winona Paul Giel Field
Football: Varsity	Game	Fri	10/11/2019	7:00pm			Austin Wescott Sports Complex
Football: Varsity	Section To	Tue	10/22/2019	7:00pm		4:30pm	Rochester John Marshall High School
Soccer: Boys B	Game	Tue	09/10/2019	5:00pm			Rochester Fuad Mansour Complex
Soccer: Boys B	Game	Thu	09/12/2019	5:00pm			Rochester Century High School
Soccer: Boys B	Game	Mon	09/16/2019	5:00pm			Rochester Century High School
Soccer: Boys B	Game	Tue	09/24/2019	5:00pm			Rochester Mayo High School
Soccer: Boys B	Game	Wed	09/25/2019	5:00pm		3:45pm	Rochester Mayo High School

Soccer: Boys B	Game	Thu	10/03/2019	5:00pm		Faribault Soccer Complex
Soccer: Boys JV	Game	Tue	08/27/2019	4:30pm	1:45pm	Hiawatha Collegiate- HS Campus
Soccer: Boys JV	Game	Wed	08/28/2019	4:30pm		Hiawatha Collegiate- HS Campus
Soccer: Boys JV	Game	Tue	09/10/2019	5:00pm		Rochester John Marshall High School
Soccer: Boys JV	Game	Thu	09/12/2019	5:00pm		Rochester Century High School
Soccer: Boys JV	Game	Mon	09/16/2019	5:00pm		Rochester Century High School
Soccer: Boys JV	Game	Thu	09/19/2019	5:00pm	3:55pm	Jim Gustafson Field
Soccer: Boys JV	Game	Tue	09/24/2019	5:00pm		Rochester Mayo High School
Soccer: Boys JV	Game	Wed	09/25/2019	5:00pm	3:45pm	Rochester Mayo High School
Soccer: Boys JV	Game	Thu	10/03/2019	5:00pm		Faribault Soccer Complex
Soccer: Boys Middle School	Game	Mon	09/09/2019	4:00pm	11:30am	Century Middle School
Soccer: Boys Middle School	Game	Mon	09/09/2019	4:00pm		Lakeville - Century Jr. High
Soccer: Boys Middle School	Game	Thu	09/12/2019	4:00pm	4:10pm	Faribault Middle School
Soccer: Boys Middle School	Game	Thu	09/12/2019	4:00pm		Faribault Middle School
Soccer: Boys Middle School	Game	Fri	09/13/2019	4:30pm	3:15pm	Austin Todd Park
Soccer: Boys Middle School	Game	Mon	09/16/2019	4:00pm		Levi Dodge Middle School
Soccer: Boys Middle School	Game	Tue	09/17/2019	4:00pm	3:50pm	Faribault Middle School
Soccer: Boys Middle School	Game	Tue	09/17/2019	4:00pm		Faribault Middle School
Soccer: Boys Middle School	Game	Mon	09/23/2019	4:00pm	3:20pm	McGuire Middle School
Soccer: Boys Middle School	Game	Mon	09/23/2019	4:00pm		McGuire Middle School
Soccer: Boys Middle School	Game	Thu	10/03/2019	4:00pm	4:00pm	Lakeville Kenwood Trail Junior High
Soccer: Boys Middle School	Game	Thu	10/03/2019	4:00pm	4:45pm	Lakeville Kenwood Trail Junior High
Soccer: Boys Middle School	Game	Mon	10/07/2019	4:00pm	4:00pm	New Prague High School
Soccer: Boys Middle School	Game	Mon	10/07/2019	5:30pm		New Prague High School
Soccer: Boys Varsity	Game	Tue	08/27/2019	6:00pm	2:10pm	Hiawatha Collegiate- HS Campus
Soccer: Boys Varsity	Game	Tue	09/10/2019	7:00pm	4:10pm	Rochester John Marshall High School
Soccer: Boys Varsity	Game	Thu	09/12/2019	7:00pm		Rochester Century High School
Soccer: Boys Varsity	Game	Mon	09/16/2019	7:00pm	3:15pm	Rochester Century High School
Soccer: Boys Varsity	Game	Thu	09/19/2019	7:00pm	3:55pm	Jim Gustafson Field
Soccer: Boys Varsity	Game	Tue	09/24/2019	7:00pm	3:45pm	Rochester Mayo High School

Soccer: Boys Varsity	Game	Wed	09/25/2019	7:00pm			Rochester Mayo High School
Soccer: Boys Varsity	Game	Thu	10/03/2019	7:00pm		3:15pm	Faribault Soccer Complex
Soccer: Boys Varsity	Section To	Thu	10/10/2019	7:00pm		4:50pm	Rochester Mayo High School
Soccer: Girls 9A	Game	Tue	08/27/2019	4:00pm	2:00pm		Rosemount High School
Soccer: Girls 9A	Game	Thu	08/29/2019	5:00pm		2:15pm	Winona Senior High School
Soccer: Girls 9A	Game	Thu	09/05/2019	5:00pm	3:00pm	2:30pm	Red Wing High School
Soccer: Girls 9A	Game	Mon	09/16/2019	5:30pm			Farmington High School
Soccer: Girls 9A	Game	Tue	09/17/2019	5:00pm			Mankato Kennedy Elementary School
Soccer: Girls 9A	Game	Thu	09/26/2019	5:00pm	2:45pm	3:15pm	Mankato Caswell North Soccer Complex
Soccer: Girls JV	Game	Tue	08/27/2019	5:30pm	2:00pm	1:45pm	Rosemount High School
Soccer: Girls JV	Game	Thu	08/29/2019	5:00pm		2:15pm	Winona Paul Giel Field
Soccer: Girls JV	Game	Thu	09/05/2019	5:00pm	3:00pm	9:15am	Red Wing High School
Soccer: Girls JV	Game	Mon	09/16/2019	5:30pm			Farmington High School
Soccer: Girls JV	Game	Tue	09/17/2019	5:00pm			Mankato Kennedy Elementary School
Soccer: Girls JV	Game	Thu	09/26/2019	5:00pm	2:45pm	3:15pm	Mankato Caswell North Soccer Complex
Soccer: Girls JV	Game	Tue	10/01/2019	5:00pm		3:00pm	Austin Wescott Sports Complex
Soccer: Girls Middle School	Game	Mon	09/09/2019	4:00pm		2:20pm	Century Middle School
Soccer: Girls Middle School	Game	Mon	09/09/2019	4:00pm		2:20pm	Kenwood Trail Middle School
Soccer: Girls Middle School	Game	Mon	09/16/2019	4:00pm			Kenwood Trail Middle School
Soccer: Girls Middle School	Game	Mon	09/16/2019	4:15pm		2:30pm	Shakopee East Jr. High
Soccer: Girls Middle School	Game	Thu	09/19/2019	4:00pm		2:35pm	Kenwood Trail Middle School
Soccer: Girls Middle School	Game	Thu	09/19/2019	4:00pm			Shakopee East Jr. High
Soccer: Girls Middle School	Game	Mon	09/23/2019	4:00pm		3:55pm	Levi Dodge Middle School
Soccer: Girls Middle School	Game	Mon	09/23/2019	4:00pm			Century Middle School
Soccer: Girls Middle School	Game	Fri	09/27/2019	4:00pm		2:15pm	Bloomington Olson Middle School, 4551 W 102nd Street
Soccer: Girls Middle School	Game	Mon	09/30/2019	4:00pm			McGuire Middle School
Soccer: Girls Middle School	Game	Mon	09/30/2019	4:00pm			New Prague High School
Soccer: Girls Middle School	Game	Tue	10/01/2019	4:30pm			Austin Todd Park
Soccer: Girls Middle School	Game	Mon	10/07/2019	4:00pm		5:30pm	Levi Dodge Middle School
Soccer: Girls Middle School	Game	Mon	10/07/2019	4:15pm			New Prague Middle School

Soccer: Girls Varsity	Scrimmage	Tue	08/20/2019	5:00pm	3:20pm		Red Wing High School
Soccer: Girls Varsity	Game	Tue	08/27/2019	7:00pm	4:50pm		Rosemount High School
Soccer: Girls Varsity	Game	Thu	08/29/2019	7:00pm		2:15pm	Winona Paul Giel Field
Soccer: Girls Varsity	Game	Thu	09/05/2019	7:00pm		3:10pm	Red Wing High School
Soccer: Girls Varsity	Game	Mon	09/16/2019	7:00pm			Farmington High School
Soccer: Girls Varsity	Game	Tue	09/17/2019	5:00pm			Mankato Kennedy Elementary School
Soccer: Girls Varsity	Game	Thu	09/26/2019	7:00pm	2:45pm	2:50pm	Mankato Caswell North Soccer Complex
Soccer: Girls Varsity	Game	Tue	10/01/2019	7:00pm		4:00pm	Austin Wescott Sports Complex
Soccer: Girls Varsity	Section To	Tue	10/08/2019	7:00pm	4:40pm		Owatonna High School
Swim & Dive: Girls JV	Meet	Thu	08/29/2019	6:00pm		2:00pm	Rochester Mayo High School
Swim & Dive: Girls JV	Meet	Thu	09/05/2019	6:00pm		9:15am	Mankato Minnesota State University
Swim & Dive: Girls JV	Meet	Thu	09/26/2019	6:00pm	2:05pm	2:50pm	Winona High School
Swim & Dive: Girls JV	Meet	Thu	10/03/2019	6:00pm		3:15pm	Owatonna Middle School
Swim & Dive: Girls JV	Invite	Tue	10/22/2019	5:00pm			Austin Ellis Middle School
Swim & Dive: Girls Varsity	Meet	Thu	08/29/2019	6:00pm		2:00pm	Rochester Mayo High School
Swim & Dive: Girls Varsity	Meet	Thu	09/05/2019	6:00pm		9:15am	Mankato Minnesota State University
Swim & Dive: Girls Varsity	Meet	Thu	09/26/2019	6:00pm	2:00pm		Winona High School
Swim & Dive: Girls Varsity	Meet	Thu	10/03/2019	6:00pm		3:45pm	Owatonna Middle School
Swim & Dive: Girls Varsity	Section Tri	Fri	10/11/2019	7:00pm	5:30pm		Levi Dodge Middle School
Swim & Dive: Girls Varsity	Big 9 Conf	Fri	10/25/2019	5:15pm		3:15pm	Northfield Middle School
Tennis: Girls JV	Match	Tue	08/20/2019	9:00am			Owatonna High School
Tennis: Girls JV	Match	Mon	08/26/2019	4:00pm		Leave	Levi Dodge Middle School
Tennis: Girls JV	Match	Tue	08/27/2019	3:30pm		9:15am	Hastings High School
Tennis: Girls JV	Match	Thu	08/29/2019	2:00pm		2:10pm	Rochester Mayo High School
Tennis: Girls JV	Match	Thu	08/29/2019	2:00pm			Rochester Mayo High School
Tennis: Girls JV	Match	Thu	08/29/2019	2:00pm		2:30pm	Rochester Mayo High School
Tennis: Girls JV	Match	Tue	09/03/2019	3:30pm			Hastings High School
Tennis: Girls JV	Match	Wed	09/04/2019	4:00pm	2:20pm		Owatonna High School
Tennis: Girls JV	Match	Wed	09/04/2019	4:00pm			Owatonna High School
Tennis: Girls JV	Match	Tue	09/10/2019	4:30pm	2:20pm		Austin Wescott Sports Complex

Tennis: Girls JV	Match	Wed	09/11/2019	4:00pm	2:25pm	4:10pm	Faribault High School
Tennis: Girls JV	Match	Mon	09/16/2019	3:30pm	2:20pm		Lakeville South High School
Tennis: Girls JV	Match	Mon	09/16/2019	4:00pm	2:20pm		Lakeville South High School
Tennis: Girls JV	Match	Wed	09/18/2019	4:00pm		2:45pm	Levi Dodge Middle School
Tennis: Girls JV	Match	Wed	09/18/2019	4:00pm		3:00pm	Levi Dodge Middle School
Tennis: Girls JV	Match	Wed	09/18/2019	4:00pm	2:25pm	2:45pm	Levi Dodge Middle School
Tennis: Girls JV	Match	Thu	09/19/2019	4:30pm	2:10pm		Mankato Prairie Winds Middle School
Tennis: Girls Middle School	Match	Thu	09/12/2019	4:00pm		2:35pm	Lakeville McGuire Jr. High
Tennis: Girls Middle School	Match	Mon	09/16/2019	4:15pm			Shakopee West Junior High School
Tennis: Girls Middle School	Match	Tue	09/17/2019	4:00pm			Lakeville McGuire Jr. High
Tennis: Girls Middle School	Match	Mon	09/23/2019	4:00pm		3:55pm	Robert Boeckman Middle School
Tennis: Girls Middle School	Match	Fri	09/27/2019	4:15pm		2:50pm	Shakopee West Junior High School
Tennis: Girls Middle School	Match	Mon	09/30/2019	4:15pm			Twin Oaks Middle School
Tennis: Girls Middle School	Match	Thu	10/03/2019	4:00pm			McGuire Middle School
Tennis: Girls Middle School	Match	Mon	10/07/2019	4:00pm		3:45pm	Kenwood Trail Middle School
Tennis: Girls Middle School	Match	Tue	10/08/2019	4:15pm			New Prague Middle School
Tennis: Girls Middle School	Match	Fri	10/11/2019	4:00pm			McGuire Middle School
Tennis: Girls Varsity	Match	Tue	08/20/2019	9:00am			Owatonna High School
Tennis: Girls Varsity	Match	Mon	08/26/2019	4:00pm		9:15am	Robert Boeckman Middle School
Tennis: Girls Varsity	Match	Tue	08/27/2019	3:30pm		3:10pm	Hastings High School
Tennis: Girls Varsity	Match	Thu	08/29/2019	2:00pm		5:00pm	Rochester Century High School
Tennis: Girls Varsity	Match	Thu	08/29/2019	2:00pm		12:20pm	Rochester Century High School
Tennis: Girls Varsity	Match	Tue	09/03/2019	3:30pm			Hastings High School
Tennis: Girls Varsity	Match	Wed	09/04/2019	4:00pm	2:20pm	1:45pm	Owatonna High School
Tennis: Girls Varsity	Match	Wed	09/04/2019	4:00pm		1:45pm	Owatonna High School
Tennis: Girls Varsity	Match	Mon	09/09/2019	4:00pm	2:20pm		Lakeville North High School
Tennis: Girls Varsity	Match	Tue	09/10/2019	4:30pm	2:20pm		Austin Wescott Sports Complex
Tennis: Girls Varsity	Match	Wed	09/11/2019	4:00pm	2:25pm	4:10pm	Faribault High School
Tennis: Girls Varsity	Match	Tue	09/17/2019	4:00pm		5:20pm	Robert Boeckman Middle School
Tennis: Girls Varsity	Match	Wed	09/18/2019	4:00pm			Robert Boeckman Middle School
Tennis: Girls Varsity	Match	Wed	09/18/2019	4:00pm			Robert Boeckman Middle School

Tennis: Girls Varsity	Match	Wed	09/18/2019	4:00pm	2:25pm	Robert Boeckman Middle School
Tennis: Girls Varsity	Match	Thu	09/19/2019	4:30pm	2:10pm	Mankato East High School
Tennis: Girls Varsity	Section Te	Wed	10/02/2019	4:00pm	4:00pm	Rochester Mayo High School
Tennis: Girls Varsity	Section Te	Thu	10/03/2019	4:00pm	4:00pm	Rochester Mayo High School
Tennis: Girls Varsity	Section Inc	Wed	10/09/2019	9:00am		Rochester Athletic Club
Tennis: Girls Varsity	Section Inc	Thu	10/10/2019	9:00am		Rochester Athletic Club
Volleyball: Girls 9A	Match	Thu	08/29/2019	4:00pm	12:20pm	Prior Lake High School
Volleyball: Girls 9A	Match	Tue	09/10/2019	5:45pm	2:30pm	Owatonna Middle School
Volleyball: Girls 9A	Match	Thu	09/19/2019	4:30pm	2:35pm	Rochester John Marshall High School
Volleyball: Girls 9A	Match	Tue	09/24/2019	5:30pm		Rochester Century High School
Volleyball: Girls 9A	Match	Tue	10/01/2019	5:45pm	4:15pm	Albert Lea High School
Volleyball: Girls 9A	Match	Thu	10/03/2019	5:00pm		Rochester Mayo High School
Volleyball: Girls 9A	Match	Tue	10/15/2019	5:30pm		Faribault High School
Volleyball: Girls 9B	Match	Thu	08/29/2019	5:30pm	2:15pm	Prior Lake High School
Volleyball: Girls 9B	Match	Tue	09/10/2019	6:30pm	3:15pm	Owatonna Middle School
Volleyball: Girls 9B	Match	Thu	09/19/2019	5:30pm		Rochester John Marshall High School
Volleyball: Girls 9B	Match	Tue	09/24/2019	6:15pm	3:15pm	Rochester Century High School
Volleyball: Girls 9B	Match	Tue	10/01/2019	6:30pm	2:45pm	Albert Lea High School
Volleyball: Girls 9B	Match	Thu	10/03/2019	6:00pm	3:45pm	Rochester Mayo High School
Volleyball: Girls 9B	Match	Tue	10/15/2019	6:30pm	4:30pm	Faribault High School
Volleyball: Girls B	Match	Thu	08/29/2019	4:00pm	12:20pm	Prior Lake High School
Volleyball: Girls B	Match	Tue	09/10/2019	5:45pm	2:30pm	Owatonna High School
Volleyball: Girls B	Match	Thu	09/19/2019	5:45pm	3:15pm	Rochester John Marshall High School
Volleyball: Girls B	Match	Tue	09/24/2019	5:45pm	3:15pm	Rochester Century High School
Volleyball: Girls B	Match	Tue	10/01/2019	5:45pm		Albert Lea High School
Volleyball: Girls B	Match	Thu	10/03/2019	5:00pm		Rochester Mayo High School
Volleyball: Girls B	Match	Tue	10/15/2019	5:30pm		Faribault High School
Volleyball: Girls JV	Match	Thu	08/29/2019	4:00pm	1:00pm	Prior Lake High School
Volleyball: Girls JV	Match	Tue	09/10/2019	5:45pm	3:15pm	Owatonna High School
Volleyball: Girls JV	Match	Thu	09/19/2019	5:45pm		Rochester John Marshall High School
Volleyball: Girls JV	Match	Tue	09/24/2019	5:45pm		Rochester Century High School
Volleyball: Girls JV	Match	Tue	10/01/2019	5:45pm		Albert Lea High School

Volleyball: Girls JV	Match	Thu	10/03/2019	6:00pm	3:15pm	Rochester Mayo High School
Volleyball: Girls JV	Invite	Fri	10/11/2019	5:00pm	6:45am	Lakeville North High School
Volleyball: Girls JV	Match	Tue	10/15/2019	5:30pm		Faribault High School
Volleyball: Girls Middle School	Match	Tue	09/10/2019	4:15pm		New Prague Middle School
Volleyball: Girls Middle School	Match	Tue	09/17/2019	4:00pm		Kenwood Trail Middle School
Volleyball: Girls Middle School	Match	Tue	09/24/2019	4:00pm		Faribault Middle School
Volleyball: Girls Middle School	Match	Tue	10/01/2019	4:00pm		Century Middle School
Volleyball: Girls Middle School	Match	Mon	10/07/2019	4:15pm		Shakopee East Jr. High
Volleyball: Girls Middle School	Match	Mon	10/14/2019	4:00pm	3:25pm	Robert Boeckman Middle School
Volleyball: Girls Varsity	Match	Thu	08/29/2019	5:30pm	2:00pm	Prior Lake High School
Volleyball: Girls Varsity	Invite	Fri	09/06/2019	5:00pm	5:00pm	Marshall High School
Volleyball: Girls Varsity	Match	Tue	09/10/2019	7:00pm	4:10pm	Owatonna High School
Volleyball: Girls Varsity	Match	Thu	09/19/2019	7:00pm		Rochester John Marshall High School
Volleyball: Girls Varsity	Invite	Fri	09/20/2019	8:00am	3:55pm	Apple Valley High School
Volleyball: Girls Varsity	Match	Tue	09/24/2019	7:00pm	3:45pm	Rochester Century High School
Volleyball: Girls Varsity	Match	Tue	10/01/2019	7:00pm	4:00pm	Albert Lea High School
Volleyball: Girls Varsity	Match	Thu	10/03/2019	7:15pm	4:00pm	Rochester Mayo High School
Volleyball: Girls Varsity	Game	Fri	10/11/2019	5:00pm		Lakeville North High School
Volleyball: Girls Varsity	Match	Tue	10/15/2019	7:00pm	4:30pm	Faribault High School

Winter

Activity	Type	Day	Date	Time	Dismiss	Leave	Location
Alpine Ski: Boys Varsity	Meet	Thu	01/03/2019	4:30pm	1:50pm	2:00pm	Welch Mountain Ski Area
Alpine Ski: Boys Varsity	Meet	Thu	01/03/2019	5:00pm	1:50pm	2:00pm	Welch Mountain Ski Area
Alpine Ski: Boys Varsity	Invite	Fri	01/11/2019	9:30am		6:45am	Welch Mountain Ski Area
Alpine Ski: Boys Varsity	Big 9 Conference Meet	Fri	01/25/2019	TBD	12:15pm	12:30pm	Mankato Mount Kato
Alpine Ski: Boys Varsity	Big 9 Conference Meet	Fri	01/25/2019	3:00pm	12:15pm	12:30pm	Mankato Mount Kato
Alpine Ski: Boys Varsity	Invite	Thu	01/31/2019	5:00pm		3:05pm	Welch Mountain Ski Area
Alpine Ski: Boys Varsity	Section Meet	Tue	02/05/2019	TBD		6:30am	Buck Hill Ski Area
Alpine Ski: Boys Varsity	State Tournament	Wed	02/13/2019	TBD			Giant's Ridge-Biwabik
Alpine Ski: Boys Varsity	Meet	Tue	12/18/2018	5:00pm	1:50pm	2:00pm	Mankato Mount Kato
Alpine Ski: Boys Varsity	Invite	Fri	12/21/2018	9:00am		6:30am	Wild Mountain
Alpine Ski: Girls Varsity	Meet	Thu	01/03/2019	4:30pm	1:50pm	2:00pm	Welch Mountain Ski Area
Alpine Ski: Girls Varsity	Meet	Thu	01/03/2019	5:00pm	1:50pm	2:00pm	Welch Mountain Ski Area
Alpine Ski: Girls Varsity	Invite	Fri	01/11/2019	9:30am		6:45am	Welch Mountain Ski Area
Alpine Ski: Girls Varsity	Big 9 Conference Meet	Fri	01/25/2019	TBD	12:15pm	12:30pm	Mt. Kato
Alpine Ski: Girls Varsity	Big 9 Conference Meet	Fri	01/25/2019	3:00pm	12:15pm	12:30pm	Mankato Mount Kato
Alpine Ski: Girls Varsity	Invite	Thu	01/31/2019	5:00pm		3:05pm	Welch Mountain Ski Area
Alpine Ski: Girls Varsity	Section Meet	Tue	02/05/2019	TBD		6:30am	Buck Hill Ski Area
Alpine Ski: Girls Varsity	State Tournament	Wed	02/13/2019	TBD			Giant's Ridge-Biwabik
Alpine Ski: Girls Varsity	Meet	Tue	12/18/2018	5:00pm	1:50pm	2:00pm	Mankato Mount Kato
Alpine Ski: Girls Varsity	Invite	Fri	12/21/2018	9:00am		6:30am	Wild Mountain
Basketball: Boys 9A	Game	Tue	01/08/2019	6:00pm		4:05pm	Mankato Dakota Meadows Middle School
Basketball: Boys 9A	Game	Fri	01/11/2019	6:00pm		4:00pm	Austin High School
Basketball: Boys 9A	Game	Tue	01/29/2019	6:00pm		4:05pm	Rochester Gage Elementary School
Basketball: Boys 9A	Game	Fri	02/01/2019	4:45pm		2:55pm	Rochester Century High School
Basketball: Boys 9A	Game	Fri	02/08/2019	5:45pm			Albert Lea High School
Basketball: Boys 9A	Game	Tue	02/12/2019	6:00pm		4:05pm	Rochester Bamber Valley Elementary
Basketball: Boys 9A	Game	Thu	02/14/2019	6:00pm		4:05pm	Rochester Gage Elementary School
Basketball: Boys 9A	Game	Thu	02/21/2019	4:30pm		3:30pm	Faribault High School
Basketball: Boys 9A	Game	Tue	02/26/2019	5:00pm		3:15pm	Winona Middle School
Basketball: Boys 9A	Scrimmage	Wed	11/28/2018	3:00pm			Farmington High School
Basketball: Boys 9A	Game	Thu	12/06/2018	4:45pm		3:10pm	Red Wing High School
Basketball: Boys 9A	Game	Tue	12/18/2018	6:00pm		4:00pm	Mankato Prairie Winds Middle School
Basketball: Boys 9B	Game	Tue	01/08/2019	7:00pm		4:05pm	Mankato Dakota Meadows Middle School

Basketball: Boys 9B	Game	Fri	01/11/2019	7:00pm	4:00pm	Austin High School
Basketball: Boys 9B	Game	Tue	01/29/2019	7:00pm	4:05pm	Rochester Gage Elementary School
Basketball: Boys 9B	Game	Fri	02/01/2019	6:00pm	2:55pm	Rochester Century High School
Basketball: Boys 9B	Game	Fri	02/08/2019	5:45pm	4:00pm	Albert Lea High School
Basketball: Boys 9B	Game	Tue	02/12/2019	7:00pm	4:05pm	Rochester Bamber Valley Elementary
Basketball: Boys 9B	Game	Thu	02/14/2019	7:00pm	4:05pm	Rochester Gage Elementary School
Basketball: Boys 9B	Game	Thu	02/21/2019	4:30pm	3:30pm	Faribault High School
Basketball: Boys 9B	Game	Tue	02/26/2019	6:00pm	3:15pm	Winona Middle School
Basketball: Boys 9B	Scrimmage	Wed	11/28/2018	3:00pm		Farmington High School
Basketball: Boys 9B	Game	Thu	12/06/2018	6:15pm	3:10pm	Red Wing High School
Basketball: Boys 9B	Game	Tue	12/18/2018	7:00pm	4:00pm	Mankato Prairie Winds Middle School
Basketball: Boys B	Game	Tue	01/08/2019	4:45pm	2:55pm	Mankato West High School
Basketball: Boys B	Game	Fri	01/11/2019	4:45pm	2:45pm	Austin High School
Basketball: Boys B	Game	Tue	01/29/2019	4:45pm	2:55pm	Rochester John Marshall High School
Basketball: Boys B	Game	Fri	02/01/2019	4:45pm	2:55pm	Rochester Century High School
Basketball: Boys B	Game	Fri	02/08/2019	4:30pm	2:45pm	Albert Lea High School
Basketball: Boys B	Game	Tue	02/12/2019	4:45pm	2:55pm	Rochester Mayo High School
Basketball: Boys B	Game	Thu	02/14/2019	4:45pm	2:15pm	Rochester John Marshall High School
Basketball: Boys B	Game	Thu	02/21/2019	6:00pm	3:30pm	Faribault High School
Basketball: Boys B	Game	Tue	02/26/2019	4:45pm	2:00pm	Winona Senior High School
Basketball: Boys B	Scrimmage	Wed	11/28/2018	3:00pm		Farmington High School
Basketball: Boys B	Game	Thu	12/06/2018	4:45pm	3:10pm	Red Wing High School
Basketball: Boys B	Game	Tue	12/18/2018	4:45pm	2:55pm	Mankato East High School
Basketball: Boys JV	Game	Tue	01/08/2019	6:00pm	4:05pm	Mankato West High School
Basketball: Boys JV	Game	Fri	01/11/2019	6:00pm	4:00pm	Austin High School
Basketball: Boys JV	Game	Tue	01/29/2019	6:00pm	4:05pm	Rochester John Marshall High School
Basketball: Boys JV	Game	Fri	02/01/2019	6:00pm	4:15pm	Rochester Century High School
Basketball: Boys JV	Game	Fri	02/08/2019	6:00pm	4:00pm	Albert Lea High School
Basketball: Boys JV	Game	Tue	02/12/2019	6:00pm	4:05pm	Rochester Mayo High School
Basketball: Boys JV	Game	Thu	02/14/2019	6:00pm	4:05pm	Rochester John Marshall High School
Basketball: Boys JV	Game	Thu	02/21/2019	5:30pm	3:45pm	Rochester Mayo High School
Basketball: Boys JV	Game	Fri	02/22/2019	4:30pm	3:15pm	Faribault High School

Basketball: Boys JV	Game	Tue 02/26/2019	6:00pm	3:15pm	Winona Senior High School
Basketball: Boys JV	Scrimmage	Wed 11/28/2018	3:00pm		Farmington High School
Basketball: Boys JV	Game	Thu 12/06/2018	6:15pm	4:30pm	Red Wing High School
Basketball: Boys JV	Game	Tue 12/18/2018	6:00pm	4:00pm	Mankato East High School
Basketball: Boys Varsity	Game	Tue 01/08/2019	7:30pm	4:05pm	Mankato West High School
Basketball: Boys Varsity	Game	Fri 01/11/2019	7:30pm	4:00pm	Austin High School
Basketball: Boys Varsity	Game	Tue 01/29/2019	7:30pm	4:05pm	Rochester John Marshall High School
Basketball: Boys Varsity	Game	Fri 02/01/2019	7:30pm	4:15pm	Rochester Century High School
Basketball: Boys Varsity	Game	Fri 02/08/2019	7:30pm	4:00pm	Albert Lea High School
Basketball: Boys Varsity	Game	Tue 02/12/2019	7:30pm	4:05pm	Rochester Mayo High School
Basketball: Boys Varsity	Game	Thu 02/14/2019	7:30pm	4:05pm	Rochester John Marshall High School
Basketball: Boys Varsity	Game	Thu 02/21/2019	7:00pm	3:45pm	Rochester Mayo High School
Basketball: Boys Varsity	Game	Fri 02/22/2019	7:45pm	4:15pm	Faribault High School
Basketball: Boys Varsity	Game	Tue 02/26/2019	7:30pm	3:15pm	Winona Senior High School
Basketball: Boys Varsity	Scrimmage	Wed 11/28/2018	3:00pm		Farmington High School
Basketball: Boys Varsity	Game	Thu 12/06/2018	7:30pm	4:30pm	Red Wing High School
Basketball: Boys Varsity	Game	Tue 12/18/2018	7:30pm	4:00pm	Mankato East High School
Basketball: Boys Varsity	Invite	Thu 12/27/2018	5:45pm	2:00pm	Rochester Civic Center
Basketball: Boys Varsity	Invite	Fri 12/28/2018	12:00pm	9:00am	Rochester Civic Center
Basketball: Girls 9A	Game	Fri 01/04/2019	4:45pm	3:00pm	Rochester Mayo High School
Basketball: Girls 9A	Game	Fri 01/18/2019	4:45pm	2:00pm	Winona Senior High School
Basketball: Girls 9A	Game	Thu 01/24/2019	4:45pm	3:15pm	Red Wing High School
Basketball: Girls 9A	Game	Tue 02/05/2019	6:00pm	4:00pm	Mankato Prairie Winds Middle School
Basketball: Girls 9A	Game	Mon 02/11/2019	4:45pm	2:00pm	Winona Senior High School
Basketball: Girls 9A	Game	Fri 02/15/2019	6:00pm	4:00pm	Mankato Dakota Meadows Middle School
Basketball: Girls 9A	Game	Tue 02/19/2019	6:00pm	4:00pm	Austin High School
Basketball: Girls 9A	Game	Thu 02/21/2019	6:00pm	3:30pm	Faribault High School
Basketball: Girls 9A	Game	Tue 12/04/2018	4:45pm	3:25pm	Owatonna High School
Basketball: Girls 9A	Game	Tue 12/11/2018	4:45pm	3:05pm	Rochester John Marshall High School
Basketball: Girls 9A	Game	Fri 12/14/2018	4:45pm	3:00pm	Rochester Century High School
Basketball: Girls 9A	Game	Fri 12/21/2018	4:30pm	2:40pm	Albert Lea High School

Basketball: Girls JV	Game	Fri	01/04/2019	6:00pm	3:00pm	Rochester Mayo High School
Basketball: Girls JV	Game	Tue	01/15/2019	6:00pm		Faribault High School
Basketball: Girls JV	Game	Fri	01/18/2019	6:00pm	2:00pm	Winona Senior High School
Basketball: Girls JV	Game	Thu	01/24/2019	6:00pm	3:15pm	Red Wing High School
Basketball: Girls JV	Game	Tue	02/05/2019	6:00pm	4:00pm	Mankato East High School
Basketball: Girls JV	Game	Mon	02/11/2019	5:45pm	2:00pm	Winona Senior High School
Basketball: Girls JV	Game	Fri	02/15/2019	6:00pm	4:00pm	Mankato West High School
Basketball: Girls JV	Game	Tue	02/19/2019	6:00pm	4:00pm	Austin High School
Basketball: Girls JV	Game	Thu	02/21/2019	5:00pm	2:00pm	Winona Senior High School
Basketball: Girls JV	Game	Thu	02/21/2019	5:45pm	2:00pm	Winona Senior High School
Basketball: Girls JV	Game	Fri	02/22/2019	4:30pm	3:15pm	Faribault High School
Basketball: Girls JV	Game	Tue	12/04/2018	6:00pm	3:25pm	Owatonna High School
Basketball: Girls JV	Game	Tue	12/11/2018	6:00pm	3:05pm	Rochester John Marshall High School
Basketball: Girls JV	Game	Fri	12/14/2018	6:00pm	3:00pm	Rochester Century High School
Basketball: Girls JV	Game	Fri	12/21/2018	5:00pm	2:40pm	Albert Lea High School
Basketball: Girls JV	Invite	Thu	12/27/2018	2:45pm		St. Olaf College
Basketball: Girls JV	Invite	Fri	12/28/2018	4:30pm		St. Olaf College

Basketball: Girls Varsity	Game	Fri	01/04/2019	7:30pm	3:00pm	Rochester Mayo High School
Basketball: Girls Varsity	Game	Fri	01/18/2019	7:30pm	2:00pm	Winona Senior High School
Basketball: Girls Varsity	Game	Thu	01/24/2019	7:30pm	3:15pm	Red Wing High School
Basketball: Girls Varsity	Game	Tue	02/05/2019	7:30pm	4:00pm	Mankato East High School
Basketball: Girls Varsity	Game	Mon	02/11/2019	7:00pm	2:00pm	Winona Senior High School
Basketball: Girls Varsity	Game	Fri	02/15/2019	7:30pm	4:00pm	Mankato West High School
Basketball: Girls Varsity	Game	Tue	02/19/2019	7:30pm	4:00pm	Austin High School
Basketball: Girls Varsity	Game	Thu	02/21/2019	6:30pm	2:00pm	Winona Senior High School
Basketball: Girls Varsity	Game	Thu	02/21/2019	7:00pm	2:00pm	Winona Senior High School
Basketball: Girls Varsity	Game	Fri	02/22/2019	6:00pm	4:15pm	Faribault High School
Basketball: Girls Varsity	Scrimmage	Fri	11/16/2018	8:00am		Park High School
Basketball: Girls Varsity	Game	Tue	12/04/2018	7:30pm	3:25pm	Owatonna High School
Basketball: Girls Varsity	Game	Tue	12/11/2018	7:30pm	3:05pm	Rochester John Marshall High School
Basketball: Girls Varsity	Game	Fri	12/14/2018	7:30pm	3:00pm	Rochester Century High School
Basketball: Girls Varsity	Game	Fri	12/21/2018	6:30pm	2:40pm	Albert Lea High School
Basketball: Girls Varsity	Invite	Wed	12/26/2018	4:45pm		St. Olaf College

Basketball: Girls Varsity	Invite	Thu	12/27/2018	4:45pm		St. Olaf College
Basketball: Girls Varsity	Invite	Fri	12/28/2018	6:30pm		St. Olaf College
Gymnastics: Girls JV	Meet	Thu	01/10/2019	6:30pm	4:00pm	Owatonna Gymnastics Club
Gymnastics: Girls JV	Meet	Thu	01/17/2019	6:30pm		Red Wing
Gymnastics: Girls JV	Meet	Thu	01/17/2019	6:30pm	2:30pm	Winona Middle School
Gymnastics: Girls JV	Meet	Fri	01/18/2019	6:30pm	3:45pm	Red Wing TNT Gymnastics
Gymnastics: Girls JV	Meet	Thu	12/06/2018	6:30pm		Winona Middle School
Gymnastics: Girls JV	Meet	Fri	12/21/2018	6:30pm	4:00pm	Faribault Gymnastics Center
Gymnastics: Girls Varsity	Meet	Thu	01/10/2019	6:30pm	4:00pm	Owatonna Gymnastics Club
Gymnastics: Girls Varsity	Meet	Tue	01/15/2019	6:30pm	2:50pm	Mankato K & G Gymnastics
Gymnastics: Girls Varsity	Meet	Thu	01/17/2019	6:30pm		Red Wing TNT Gymnastics
Gymnastics: Girls Varsity	Meet	Thu	01/17/2019	6:30pm	2:30pm	Winona Middle School
Gymnastics: Girls Varsity	Meet	Fri	01/18/2019	6:30pm	3:45pm	Red Wing TNT Gymnastics
Gymnastics: Girls Varsity	Section Tournament	Fri	02/15/2019	6:00pm	10:40am 1:30pm	Farmington High School
Gymnastics: Girls Varsity	Meet	Thu	12/06/2018	6:30pm		Winona Middle School
Gymnastics: Girls Varsity	Meet	Fri	12/21/2018	6:30pm	4:00pm	Faribault Gymnastics Center
Ice Hockey: Boys JV	Game	Thu	01/03/2019	5:30pm	3:30pm	Rochester Recreation Center
Ice Hockey: Boys JV	Game	Thu	01/10/2019	5:30pm	3:15pm	Austin Riverside Arena
Ice Hockey: Boys JV	Game	Thu	01/24/2019	5:30pm	3:30pm	Rochester Graham Arena Complex
Ice Hockey: Boys JV	Game	Thu	02/07/2019	5:15pm	4:00pm	New Prague Community Center/Arena
Ice Hockey: Boys JV	Game	Tue	02/12/2019	5:30pm	3:30pm	Albert Lea City Arena
Ice Hockey: Boys JV	Game	Wed	02/13/2019	5:30pm	3:15pm	Albert Lea City Arena
Ice Hockey: Boys JV	Game	Thu	12/06/2018	5:30pm	3:15pm	Mankato All Seasons Arena
Ice Hockey: Boys JV	Game	Tue	12/18/2018	5:00pm	3:30pm	Owatonna Four Seasons Centre
Ice Hockey: Boys JV	Game	Thu	12/20/2018	5:00pm	3:00pm	Victoria Ice Arena
Ice Hockey: Boys Varsity	Game	Thu	01/03/2019	7:15pm	3:30pm	Rochester Recreation Center
Ice Hockey: Boys Varsity	Game	Thu	01/10/2019	7:15pm	3:15pm	Austin Riverside Arena
Ice Hockey: Boys Varsity	Game	Thu	01/24/2019	7:15pm	3:30pm	Rochester Graham Arena Complex
Ice Hockey: Boys Varsity	Game	Thu	02/07/2019	7:15pm	4:00pm	New Prague Community Center/Arena
Ice Hockey: Boys Varsity	Game	Tue	02/12/2019	7:15pm	3:30pm	Albert Lea City Arena
Ice Hockey: Boys Varsity	Game	Wed	02/13/2019	7:15pm	3:15pm	Albert Lea City Arena
Ice Hockey: Boys Varsity	Game	Thu	12/06/2018	7:15pm	3:15pm	Mankato All Seasons Arena

Ice Hockey: Boys Varsity	Game	Tue 12/18/2018	7:00pm	3:30pm	Owatonna Four Seasons Centre
Ice Hockey: Boys Varsity	Game	Thu 12/20/2018	7:00pm	3:00pm	Victoria Ice Arena
Ice Hockey: Girls JV	Game	Thu 01/17/2019	5:15pm	3:50pm	New Prague Community Center/Arena
Ice Hockey: Girls JV	Game	Mon 01/21/2019	6:00pm		Red Wing
Ice Hockey: Girls JV	Game	Tue 01/29/2019	6:10pm	4:15pm	Dodge County - Four Seasons Arena
Ice Hockey: Girls JV	Game	Thu 01/31/2019	5:00pm	3:30pm	Owatonna Four Seasons Centre
Ice Hockey: Girls JV	Game	Fri 02/01/2019	4:50pm	4:15pm	Dodge County - Four Seasons Arena
Ice Hockey: Girls JV	Game	Mon 02/04/2019	3:00pm	2:00pm	Mound - Thaler Hockey Arena
Ice Hockey: Girls JV	Game	Tue 11/13/2018	5:15pm	3:15pm	Mound - Thaler Hockey Arena
Ice Hockey: Girls JV	Game	Thu 11/15/2018	5:30pm	4:00pm	Hastings Civic Arena
Ice Hockey: Girls JV	Game	Mon 11/19/2018	6:30pm	4:00pm	Rochester Recreation Center
Ice Hockey: Girls JV	Tournament	Fri 11/23/2018	7:00pm	12:00pm	St. Cloud - MAC Arena
Ice Hockey: Girls JV	Game	Tue 11/27/2018	5:15pm	4:00pm	Red Wing Prairie Island Arena - PI - Ice
Ice Hockey: Girls JV	Game	Thu 11/29/2018	5:45pm	3:45pm	Dodge County - Four Seasons Arena
Ice Hockey: Girls JV	Game	Tue 12/04/2018	5:15pm	3:45pm	Richfield Ice Arena
Ice Hockey: Girls JV	Game	Mon 12/10/2018	6:30pm	4:30pm	Rochester Recreation Center
Ice Hockey: Girls JV	Tournament	Wed 12/26/2018	8:00am	6:50am	Ames Arena
Ice Hockey: Girls JV	Game	Thu 12/27/2018	10:00am	8:15am	Ames Arena
Ice Hockey: Girls JV	Game	Fri 12/28/2018	12:00pm	10:15am	Ames Arena
Ice Hockey: Girls Varsity	Game	Thu 01/03/2019	7:30pm	5:00pm	Rochester Graham Arena Complex
Ice Hockey: Girls Varsity	Game	Thu 01/17/2019	7:15pm	3:50pm	New Prague Community Center/Arena
Ice Hockey: Girls Varsity	Game	Thu 01/31/2019	7:00pm	3:30pm	Owatonna Four Seasons Centre
Ice Hockey: Girls Varsity	Game	Tue 11/13/2018	7:00pm	3:15pm	Mound - Thaler Hockey Arena
Ice Hockey: Girls Varsity	Game	Thu 11/15/2018	7:30pm	4:00pm	Hastings Civic Arena
Ice Hockey: Girls Varsity	Tournament	Fri 11/23/2018	5:15pm	12:00pm	St. Cloud - MAC Arena
Ice Hockey: Girls Varsity	Game	Tue 11/27/2018	7:15pm	4:00pm	Red Wing Prairie Island Arena - PI - Ice
Ice Hockey: Girls Varsity	Game	Thu 11/29/2018	7:15pm	5:45pm	Faribault Ice Arena
Ice Hockey: Girls Varsity	Game	Tue 12/04/2018	7:00pm	3:45pm	Richfield Ice Arena
Ice Hockey: Girls Varsity	Game	Tue 12/11/2018	7:00pm	4:30pm	Rochester Recreation Center
Ice Hockey: Girls Varsity	Game	Thu 12/13/2018	7:30pm	5:00pm	Rochester Graham Arena Complex
Ice Hockey: Girls Varsity	Tournament	Wed 12/26/2018	7:30pm	11:00am	Schmitz-Maki Ice Arena
Ice Hockey: Girls Varsity	Tournament	Thu 12/27/2018	7:30pm	4:00pm	Schmitz-Maki Ice Arena
Ice Hockey: Girls Varsity	Tournament	Fri 12/28/2018	6:00pm	1:30pm	Mankato West High School

Knowledge Bowl: N/A	Section Meet	Fri	02/15/2019	TBD		7:00am	TBD
Knowledge Bowl: N/A	Section Meet	Fri	02/22/2019	TBD			TBD
Knowledge Bowl: Varsity	Meet	Tue	01/22/2019	8:30am	7:20am	7:30am	Southeast Coop
Knowledge Bowl: Varsity	Meet	Wed	02/06/2019	8:30am		7:20am	Southeast Coop
Knowledge Bowl: Varsity	Meet	Tue	12/18/2018	8:30am		7:40am	Southeast Coop
Math Team: Varsity	Meet	Mon	01/28/2019	TBD		2:45pm	Shakopee High School
Math Team: Varsity	Meet	Mon	02/11/2019	TBD		2:00pm	Shakopee High School
Math Team: Varsity	Meet	Mon	11/26/2018	4:00pm		2:30pm	Shakopee High School
Math Team: Varsity	Meet	Mon	12/17/2018	4:00pm		2:30pm	Shakopee High School
Mock Trial: Varsity	Meet	Thu	01/10/2019	9:00am		6:55am	Albert Lea Courthouse
Mock Trial: Varsity	Scrimmage	Fri	11/30/2018	3:00pm	1:50pm	2:00pm	Lakeville South High School
Nordic Ski: Boys Varsity	Meet	Wed	01/02/2019	3:45pm	1:05pm	1:15pm	Theodore Wirth Park
Nordic Ski: Boys Varsity	Meet	Tue	01/08/2019	3:45pm	1:15pm	1:25pm	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Tue	01/15/2019	3:30pm			Battle Creek
Nordic Ski: Boys Varsity	Meet	Wed	01/16/2019	3:45pm	1:05pm	1:15pm	Theodore Wirth Park
Nordic Ski: Boys Varsity	Meet	Fri	01/18/2019	6:00pm		4:00pm	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Tue	01/22/2019	3:00pm			Valleywood Golf Course
Nordic Ski: Boys Varsity	Meet	Wed	01/23/2019	3:30pm		1:15pm	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Thu	01/24/2019	3:30pm			Kenwood Trail Middle School
Nordic Ski: Boys Varsity	Meet	Mon	01/28/2019	9:30am		7:30am	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Tue	01/29/2019	9:30am		7:30am	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Thu	01/31/2019	3:30pm	1:10pm	1:20pm	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Section Meet	Tue	02/05/2019	10:30am		8:10am	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Thu	02/07/2019	3:45pm	1:15pm	1:25pm	Hyland Hills Ski Area
Nordic Ski: Boys Varsity	State Tournament	Thu	02/14/2019	9:30am			Giant's Ridge-Biwabik
Nordic Ski: Boys Varsity	Meet	Tue	12/04/2018	3:30pm			Hyland Hills Ski Area
Nordic Ski: Boys Varsity	Meet	Mon	12/10/2018	3:30pm	1:10pm	1:20pm	Theodore Wirth Park
Nordic Ski: Boys Varsity	Meet	Tue	12/18/2018	3:30pm			Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Meet	Wed	01/02/2019	3:45pm	1:05pm	1:15pm	Theodore Wirth Park
Nordic Ski: Girls Varsity	Meet	Tue	01/08/2019	3:45pm	1:15pm	1:25pm	Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Meet	Tue	01/15/2019	3:30pm			Battle Creek

Nordic Ski: Girls Varsity	Meet	Wed 01/16/2019	3:45pm	1:05pm	1:15pm	Theodore Wirth Park
Nordic Ski: Girls Varsity	Meet	Fri 01/18/2019	6:00pm		4:15pm	Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Meet	Tue 01/22/2019	3:00pm			Valleywood Golf Course
Nordic Ski: Girls Varsity	Meet	Wed 01/23/2019	3:30pm			Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Meet	Mon 01/28/2019	9:30am		7:30am	Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Meet	Tue 01/29/2019	9:30am		7:30am	Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Section Meet	Tue 02/05/2019	9:30am			Hyland Hills Ski Area
Nordic Ski: Girls Varsity	State Tournament	Thu 02/14/2019	9:30am			Giant's Ridge-Biwabik
Nordic Ski: Girls Varsity	Meet	Tue 12/04/2018	3:30pm			Hyland Hills Ski Area
Nordic Ski: Girls Varsity	Meet	Mon 12/10/2018	3:30pm			Theodore Wirth Park
Nordic Ski: Girls Varsity	Meet	Tue 12/18/2018	3:30pm			Hyland Hills Ski Area
Swim & Dive: Boys JV	Meet	Thu 01/03/2019	6:00pm		3:30pm	Albert Lea High School
Swim & Dive: Boys JV	Meet	Thu 01/17/2019	6:00pm		4:00pm	Owatonna Middle School
Swim & Dive: Boys JV	Meet	Thu 01/24/2019	6:00pm		4:20pm	Faribault High School
Swim & Dive: Boys JV	Big 9 Conference Meet	Tue 02/05/2019	6:00pm			Northfield Middle School
Swim & Dive: Boys JV	Meet	Thu 12/20/2018	6:00pm		3:20pm	Austin Ellis Middle School
Swim & Dive: Boys Varsity	Meet	Thu 01/03/2019	6:00pm		3:30pm	Albert Lea High School
Swim & Dive: Boys Varsity	Meet	Thu 01/17/2019	6:00pm		4:00pm	Owatonna Middle School
Swim & Dive: Boys Varsity	Meet	Thu 01/24/2019	6:00pm			Faribault High School
Swim & Dive: Boys Varsity	Big 9 Conference Meet	Fri 02/08/2019	5:00pm			Northfield Middle School
Swim & Dive: Boys Varsity	Section Meet	Wed 02/20/2019	TBD		7:50am	Rochester Recreation Center
Swim & Dive: Boys Varsity	Section Meet	Thu 02/21/2019	12:00pm		7:50am	Rochester Recreation Center
Swim & Dive: Boys Varsity	Section Class A	Fri 02/22/2019	12:00pm			Rochester Athletic Club
Swim & Dive: Boys Varsity	State Tournament	Thu 02/28/2019	12:00pm			U of M Aquatics Center
Swim & Dive: Boys Varsity	State Tournament	Fri 03/01/2019	12:00pm			U of M Aquatics Center
Swim & Dive: Boys Varsity	State Tournament	Fri 03/01/2019	12:00pm			U of M Aquatics Center
Swim & Dive: Boys Varsity	Meet	Thu 12/20/2018	6:00pm		3:20pm	Austin Ellis Middle School
Swim & Dive: Girls Varsity	State Tournament	Wed 11/14/2018	12:00pm		7:45am	U of M Aquatics Center
Swim & Dive: Girls Varsity	State Tournament	Thu 11/15/2018	12:00pm		7:45am	U of M Aquatics Center
Swim & Dive: Girls Varsity	State Tournament	Fri 11/16/2018	12:00pm		7:45am	U of M Aquatics Center
Wrestling: JV	Triangular	Thu 01/10/2019	5:30pm		3:05pm	Rochester Century High School
Wrestling: JV	Match	Thu 02/07/2019	6:00pm		3:35pm	Albert Lea High School

Wrestling: JV	Match	Fri	02/08/2019	6:00pm		3:35pm	Albert Lea Southwest Middle School
Wrestling: JV	Match	Thu	12/06/2018	6:00pm	2:10pm	2:20pm	Austin High School
Wrestling: JV	Triangular	Thu	12/13/2018	5:00pm		2:30pm	Mankato West High School
Wrestling: JV	Invite	Thu	12/27/2018	7:00am		9:00am	Fargo Dome
Wrestling: Middle School	Match	Thu	01/03/2019	4:15pm			Faribault Middle School
Wrestling: Middle School	Match	Tue	12/04/2018	4:00pm			Lakeville - Century Jr. High
Wrestling: Middle School	Match	Thu	12/06/2018	4:15pm			New Prague Middle School
Wrestling: Middle School	Match	Thu	12/13/2018	4:00pm			Hastings Middle School
Wrestling: Middle School	Match	Tue	12/18/2018	4:15pm			Owatonna Middle School
Wrestling: Varsity	Invite	Fri	01/04/2019	9:00am	5:30am	5:40am	Rochester RCTC
Wrestling: Varsity	Triangular	Thu	01/10/2019	5:30pm		3:05pm	Rochester Century High School
Wrestling: Varsity	Match	Thu	02/07/2019	7:00pm		3:35pm	Albert Lea High School
Wrestling: Varsity	Match	Fri	02/08/2019	7:00pm		3:35pm	Albert Lea Southwest Middle School
Wrestling: Varsity	Section Individual Tournamer	Fri	02/22/2019	12:00pm		7:50am	Rochester Mayo Civic Center
Wrestling: Varsity	Triangular	Thu	12/13/2018	5:00pm		2:30pm	Mankato West High School
Wrestling: Varsity	Invite	Thu	12/27/2018	9:00am		9:00am	Fargo Dome

Spring

Activity	Type	Day	Date	Time	Leave	Dismiss	Location	Location Detail
Baseball: Boys 9A	Game	Thu	04/04/2019	5:00pm	1:55pm	1:45pm	Winona	Goodview Elementary
Baseball: Boys 9A	Game	Tue	04/09/2019	5:00pm	2:40pm	2:30pm	Red Wing	High School
Baseball: Boys 9A	Game	Tue	04/16/2019	5:00pm	2:30pm	2:20pm	Mankato	East Thomas Fields
Baseball: Boys 9A	Game	Thu	05/02/2019	5:00pm	2:25pm	2:15pm	Austin	Riverland Community College
Baseball: Boys 9A	Double Header	Fri	05/10/2019	4:00pm	1:35pm	1:25pm	Rochester	Mayo High School
Baseball: Boys 9A	Game	Thu	05/16/2019	5:00pm	2:35pm	2:25pm	Rochester	John Marshall High School
Baseball: Boys JV	Game	Thu	04/04/2019	5:00pm	1:55pm	1:45pm	Winona	Gabrych Park
Baseball: Boys JV	Game	Tue	04/09/2019	5:00pm	2:40pm	2:30pm	Red Wing	- A.P. Anderson Park
Baseball: Boys JV	Game	Tue	04/16/2019	5:00pm	2:30pm	2:20pm	Mankato	- Minnesota State University
Baseball: Boys JV	Game	Thu	04/18/2019	7:15pm			Owatonna	Dartts Park
Baseball: Boys JV	Game	Tue	04/23/2019	5:00pm	2:40pm	2:30pm	Rochester	Century High School
Baseball: Boys JV	Game	Thu	05/02/2019	5:00pm	2:25pm	2:15pm	Austin	Riverland Community College
Baseball: Boys JV	Game	Fri	05/03/2019	6:00pm	4:10pm		Alimagnet	Park
Baseball: Boys JV	Double Header	Fri	05/10/2019	4:00pm	1:35pm	1:25pm	Rochester	Mayo High School
Baseball: Boys JV	Game	Thu	05/16/2019	5:00pm	2:35pm	2:25pm	Rochester	RCTC
Baseball: Boys Varsity	Game	Thu	04/04/2019	5:00pm	1:55pm	1:45pm	Winona	Senior High School
Baseball: Boys Varsity	Game	Tue	04/09/2019	5:00pm	2:40pm	2:30pm	Red Wing	City Athletic Field
Baseball: Boys Varsity	Game	Tue	04/16/2019	5:00pm	2:30pm	2:20pm	Mankato	East High School
Baseball: Boys Varsity	Game	Thu	04/18/2019	5:00pm			Owatonna	Dartts Park
Baseball: Boys Varsity	Game	Tue	04/23/2019	5:00pm	2:40pm	2:30pm	Rochester	Hudson Field
Baseball: Boys Varsity	Game	Thu	05/02/2019	5:00pm	2:25pm	2:15pm	Austin	Riverland Community College
Baseball: Boys Varsity	Game	Fri	05/03/2019	6:00pm	4:10pm		Alimagnet	Park
Baseball: Boys Varsity	Double Header	Fri	05/10/2019	4:00pm	1:35pm	1:25pm	Rochester	Mayo Field
Baseball: Boys Varsity	Game	Thu	05/16/2019	5:00pm	2:35pm	2:25pm	Rochester	John Adams Middle School
Golf: Boys JV	Match	Tue	04/09/2019	2:30pm	12:55pm	12:45pm	Owatonna	Country Club
Golf: Boys JV	Match	Thu	04/25/2019	2:30pm	1:10pm	1:00pm	Faribault	Country Club
Golf: Boys JV	Invite	Thu	05/09/2019	2:00pm	12:45pm	12:35pm	Owatonna	Brooktree Golf Course
Golf: Boys JV	JV Invite	Fri	05/17/2019	10:00am	8:45am		Brooktree	Golf Course
Golf: Boys JV	Match	Tue	05/21/2019	2:00pm	11:50am	11:40am	Mankato	Country Club

Golf: Boys Middle School	Meet	Fri	04/26/2019	4:15pm				Cleary Lake Regional Park Golf Course
Golf: Boys Middle School	Meet	Fri	05/03/2019	4:15pm				Cleary Lake Regional Park Golf Course
Golf: Boys Middle School	Meet	Fri	05/10/2019	4:15pm				Cleary Lake Regional Park Golf Course
Golf: Boys Varsity	Match	Tue	04/09/2019	2:30pm	12:55pm	12:45pm		Owatonna Country Club
Golf: Boys Varsity	Invite	Tue	04/16/2019	1:30pm	12:25pm	12:15pm		Emerald Greens Golf Course
Golf: Boys Varsity	Match	Thu	04/25/2019	2:30pm	1:10pm	1:00pm		Faribault Country Club
Golf: Boys Varsity	Match	Mon	04/29/2019	10:00am	8:00am	7:50am		Mankato Country Club
Golf: Boys Varsity	Game	Tue	04/30/2019	10:00am	8:30am	8:20am		Lakeville- Legends Golf Club
Golf: Boys Varsity	Invite	Mon	05/06/2019	TBD	6:30am			Windsong Farms Golf Course
Golf: Boys Varsity	Invite	Wed	05/08/2019	12:00pm	10:00am	9:50am		Rochester Eastwood Golf Course
Golf: Boys Varsity	Invite	Wed	05/08/2019	12:30pm	10:00am	9:50am		Rochester Eastwood Golf Course
Golf: Boys Varsity	Invite	Thu	05/09/2019	2:00pm	12:45pm	12:35pm		Owatonna Brooktree Golf Course
Golf: Boys Varsity	Invite	Fri	05/10/2019	12:00pm	10:15am			Red Wing Mississippi National Golf Links
Golf: Boys Varsity	Invite	Wed	05/15/2019	12:00pm	10:00am	9:50am		Rochester Eastwood Golf Course
Golf: Boys Varsity	Game	Mon	05/20/2019	2:00pm	11:55am	11:45am		Lake City Jewel Golf Club
Golf: Boys Varsity	Match	Tue	05/21/2019	2:00pm	11:50am	11:40am		Mankato Country Club
Golf: Boys Varsity	Big 9 Conference Tour	Thu	05/23/2019	10:00am	7:20am			Winona Bridges Golf Club
Golf: Boys Varsity	Section Meet	Tue	05/28/2019	8:30am	6:30am			The Jewel
Golf: Boys Varsity	Section Meet	Wed	05/29/2019	8:30am	6:30am			The Jewel
Golf: Boys Varsity ?	Invite	Mon	04/15/2019	1:30pm				Emerald Greens Golf Course
Golf: Boys Varsity ?	Invite	Tue	05/07/2019	12:30pm				Rochester Eastwood Golf Course
Golf: Boys Varsity ?	Invite	Wed	05/08/2019	2:00pm				Owatonna Brooktree Golf Course
Golf: Boys Varsity ?	Section Meet	Mon	05/27/2019	8:30am				The Jewel
Golf: Boys Varsity ?	Section Meet	Tue	05/28/2019	8:30am				The Jewel
Golf: Boys Varsity ?	State Tournament	Mon	06/10/2019	TBD				Bunker Hills Golf Course
Golf: Girls JV	Match	Tue	04/16/2019	2:30pm	12:00pm	11:50am		Albert Lea - Wedgewood Golf Club
Golf: Girls JV	Invite	Wed	04/24/2019	10:00am	8:15am	8:05am		Emerald Greens Golf Course
Golf: Girls JV	Game	Wed	04/24/2019	10:00am	8:15am	8:05am		Emerald Greens Golf Course

Golf: Girls JV	Match	Mon	05/06/2019	2:30pm				Mankato Northlinks Golf Course
Golf: Girls JV	JV Invite	Thu	05/16/2019	10:00am	7:30am			Mankato Minneopa Golf Course
Golf: Girls Middle School	Meet	Fri	04/26/2019	4:15pm				Cleary Lake Regional Park Golf Course
Golf: Girls Middle School	Meet	Fri	05/03/2019	4:15pm				Cleary Lake Regional Park Golf Course
Golf: Girls Middle School	Meet	Fri	05/10/2019	4:15pm				Cleary Lake Regional Park Golf Course
Golf: Girls Varsity	Match	Tue	04/16/2019	2:30pm	12:00pm	11:50am		Albert Lea - Wedgewood Golf Club
Golf: Girls Varsity	Game	Mon	04/22/2019	1:00pm	10:35am	10:25am		Mount Frontenac Golf Course
Golf: Girls Varsity	Invite	Tue	04/23/2019	1:00pm	11:00am	10:50am		Wilds Golf Club - Prior Lake
Golf: Girls Varsity	Big 9 Conference Mee	Mon	04/29/2019	10:00am	7:30am			Austin Country Club
Golf: Girls Varsity	Match	Mon	05/06/2019	2:30pm	12:00pm	11:50am		Mankato Northlinks Golf Course
Golf: Girls Varsity	Game	Wed	05/15/2019	2:00pm	11:40am	11:30am		Lake City Jewel Golf Club
Golf: Girls Varsity	Invite	Thu	05/16/2019	1:00pm	10:15am	10:05am		Red Wing Mississippi National Golf Links
Golf: Girls Varsity	Tournament	Fri	05/17/2019	2:00pm	12:00pm	11:50am		Emerald Greens Golf Course
Golf: Girls Varsity	Invite	Fri	05/17/2019	2:00pm	12:00pm	11:50am		Emerald Greens Golf Course
Golf: Girls Varsity	Big 9 Conference Mee	Thu	05/23/2019	10:00am	7:30am			Albert Lea Wedgewood Cove Golf Course
Golf: Girls Varsity	Section Meet	Tue	05/28/2019	9:00am				Faribault Legacy Golf Course
Golf: Girls Varsity	Section Meet	Wed	05/29/2019	9:00am				Faribault Legacy Golf Course
Lacrosse: Boys JV	Game	Mon	04/22/2019	6:30pm	4:00pm			Rochester Century High School
Lacrosse: Boys JV	Game	Thu	04/25/2019	6:00pm	4:00pm			Rochester Mayo High School
Lacrosse: Boys JV	Game	Thu	05/02/2019	6:00pm	3:15pm			Rochester John Marshall High School
Lacrosse: Boys JV	Game	Mon	05/06/2019	6:00pm	4:30pm			Owatonna High School
Lacrosse: Boys JV	Game	Thu	05/16/2019	6:15pm	2:45pm			Mankato Kennedy Elementary School
Lacrosse: Boys JV	Game	Fri	05/17/2019	6:00pm	4:00pm			Park High School
Lacrosse: Boys Varsity	Game	Mon	04/22/2019	7:30pm	4:00pm			Rochester Regional Sports Stadium
Lacrosse: Boys Varsity	Game	Thu	04/25/2019	7:30pm	4:00pm			Rochester Mayo High School
Lacrosse: Boys Varsity	Game	Thu	05/02/2019	7:30pm	3:15pm			Rochester John Marshall High School
Lacrosse: Boys Varsity	Game	Fri	05/03/2019	6:00pm	4:30pm			Apple Valley High School

Lacrosse: Boys Varsity	Game	Mon	05/06/2019	7:30pm	4:30pm		Owatonna High School
Lacrosse: Boys Varsity	Game	Thu	05/16/2019	4:30pm	2:30pm		Mankato Kennedy Elementary School
Lacrosse: Boys Varsity	Game	Fri	05/17/2019	7:30pm	4:00pm		Park High School
Lacrosse: Boys Varsity	Section Tournament	Fri	05/31/2019	7:00pm	5:00pm		Lakeville South
Lacrosse: Girls JV	Game	Mon	04/15/2019	6:00pm			Owatonna High School
Lacrosse: Girls JV	Game	Tue	04/30/2019	4:30pm			Mankato Dakota Meadows Middle School
Lacrosse: Girls JV	Game	Thu	05/09/2019	6:00pm	4:00pm		Rochester Century High School
Lacrosse: Girls JV	Game	Fri	05/10/2019	4:00pm	4:00pm		Tartan High School
Lacrosse: Girls JV	Game	Fri	05/10/2019	4:00pm	2:00pm	1:50am	Tartan High School
Lacrosse: Girls JV	Game	Mon	05/13/2019	6:00pm			Rochester Mayo High School
Lacrosse: Girls JV	Game	Mon	05/20/2019	6:00pm			Rochester John Marshall High School
Lacrosse: Girls Varsity	Game	Mon	04/15/2019	7:15pm			Owatonna High School
Lacrosse: Girls Varsity	Game	Tue	04/30/2019	5:45pm			Mankato Dakota Meadows Middle School
Lacrosse: Girls Varsity	Game	Thu	05/09/2019	7:15pm	4:00pm		Rochester Century High School
Lacrosse: Girls Varsity	Game	Fri	05/10/2019	5:15pm	2:00pm	1:50am	Tartan High School
Lacrosse: Girls Varsity	Game	Fri	05/10/2019	5:15pm	4:00pm		Tartan High School
Lacrosse: Girls Varsity	Game	Mon	05/13/2019	7:15pm			Rochester Mayo High School
Lacrosse: Girls Varsity	Game	Mon	05/20/2019	7:15pm			Rochester John Marshall High School
Lacrosse: Girls Varsity	Section Tournament	Fri	05/24/2019	7:00pm	5:00pm		Rochester Mayo High School
Softball: Girls 9A	Game	Fri	04/05/2019	5:00pm	3:05pm		Robert Boeckman Middle School
Softball: Girls 9A	Game	Thu	04/18/2019	5:00pm	2:55pm		Owatonna Brown Park
Softball: Girls 9A	Game	Mon	04/29/2019	5:25pm	2:50pm		Red Wing High School
Softball: Girls 9A	Game	Tue	05/07/2019	5:30pm	2:25pm		Mankato Sibley Park Field
Softball: Girls 9A	Game	Thu	05/09/2019	5:00pm	2:35pm		Albert Lea Snyder Fields
Softball: Girls 9A	Game	Mon	05/13/2019	5:00pm	1:55pm		Winona Middle School
Softball: Girls 9A	Game	Tue	05/14/2019	5:00pm	3:15pm		Faribault North Alexander Park
Softball: Girls 9B	Double Header	Tue	04/30/2019	4:15pm	2:25am		South Saint Paul High School

Softball: Girls JV	Game	Fri	04/05/2019	5:00pm	3:05pm		Farmington HS Field 2
Softball: Girls JV	Game	Mon	04/15/2019	5:00pm			Kasson NE softball Field
Softball: Girls JV	Game	Thu	04/18/2019	5:00pm	2:55pm		Owatonna Manthey Park
Softball: Girls JV	Game	Mon	04/29/2019	4:45pm	2:50pm		Red Wing High School
Softball: Girls JV	Game	Mon	05/06/2019	4:30pm			Lonsdale Jaycee Park
Softball: Girls JV	Game	Tue	05/07/2019	4:30pm	2:25pm		Mankato Sibley Park Field
Softball: Girls JV	Game	Thu	05/09/2019	5:00pm	2:35pm		Albert Lea Snyder Fields
Softball: Girls JV	Game	Mon	05/13/2019	5:00pm	1:55pm		Winona Area Learning Center Softball Field
Softball: Girls JV	Game	Tue	05/14/2019	5:00pm	3:15pm		Faribault North Alexander Park
Softball: Girls Varsity	Game	Fri	04/05/2019	5:00pm	3:05pm		Farmington HS Field 1
Softball: Girls Varsity	Tournament	Fri	04/12/2019	TBD	1:20pm		Forest Lake Fenway Athletic Fields
Softball: Girls Varsity	Game	Mon	04/15/2019	5:00pm			Kasson NE softball Field
Softball: Girls Varsity	Game	Thu	04/18/2019	5:00pm	2:55pm		Owatonna Manthey Park
Softball: Girls Varsity	Game	Mon	04/29/2019	5:00pm	2:50pm		Red Wing High School
Softball: Girls Varsity	Game	Mon	04/29/2019	5:00pm	2:50pm		Red Wing High School
Softball: Girls Varsity	Game	Mon	04/29/2019	5:00pm	2:50pm		Red Wing High School
Softball: Girls Varsity	Game	Mon	05/06/2019	4:30pm	2:55pm		Lonsdale Jaycee Park
Softball: Girls Varsity	Game	Tue	05/07/2019	5:00pm	2:25pm		Mankato West High School
Softball: Girls Varsity	Game	Thu	05/09/2019	5:00pm	2:35pm		Albert Lea Hammer Complex
Softball: Girls Varsity	Game	Mon	05/13/2019	5:00pm	1:55pm		Winona Senior High School
Softball: Girls Varsity	Game	Tue	05/14/2019	5:00pm	3:15pm		Faribault North Alexander Park
Speech: Varsity	Big 9 Speech	Tue	03/19/2019	TBD	1:30pm	1:20pm	Rochester John Marshall High School
Speech: Varsity	Big 9 Conference Mee	Tue	03/19/2019	4:00pm	1:45pm	1:30pm	Rochester John Marshall High School
Tennis: Boys JV	Match	Tue	04/16/2019	4:30pm			Mankato Hilltop Tennis Courts
Tennis: Boys JV	Match	Mon	04/29/2019	4:00pm	2:15pm	2:05pm	Owatonna High School
Tennis: Boys JV	Match	Wed	05/01/2019	3:45pm	2:30pm	2:20pm	Hastings High School
Tennis: Boys JV	Match	Wed	05/01/2019	4:30pm			Rochester John Marshall High School
Tennis: Boys JV	Match	Tue	05/07/2019	4:30pm	2:30pm		Red Wing High School

Tennis: Boys JV	Match	Thu	05/09/2019	5:30pm				Winona Middle School
Tennis: Boys Middle School	Match	Tue	04/16/2019	4:15pm				Eagle Ridge Jr. High - Burnsville
Tennis: Boys Middle School	Match	Thu	04/18/2019	4:00pm				Lakeville - Century Jr. High
Tennis: Boys Middle School	Match	Tue	04/23/2019	4:00pm				Kenwood Trail Middle School
Tennis: Boys Middle School	Match	Thu	04/25/2019	4:15pm				New Prague Middle School
Tennis: Boys Middle School	Match	Tue	04/30/2019	4:15pm				Shakopee West Junior High School
Tennis: Boys Middle School	Match	Thu	05/02/2019	4:00pm				Levi Dodge Middle School
Tennis: Boys Middle School	Match	Tue	05/07/2019	4:00pm				Century Middle School
Tennis: Boys Middle School	Match	Tue	05/14/2019	4:15pm				Eagle Ridge Jr. High - Burnsville
Tennis: Boys Middle School	Match	Wed	05/15/2019	4:15pm				Shakopee West Junior High School
Tennis: Boys Varsity	Match	Tue	04/16/2019	4:30pm	3:00pm			Mankato West High School
Tennis: Boys Varsity	Match	Wed	05/01/2019	4:30pm	3:00pm			Rochester John Marshall High School
Tennis: Boys Varsity	Match	Fri	05/03/2019	4:00pm	2:45pm			Lakeville North High School
Tennis: Boys Varsity	Match	Mon	05/06/2019	4:00pm	3:00pm			Robert Boeckman Middle School
Tennis: Boys Varsity	Match	Tue	05/07/2019	4:30pm	2:30pm			Red Wing High School
Tennis: Boys Varsity	Match	Thu	05/09/2019	3:30pm	2:15pm			Rosemount High School
Tennis: Boys Varsity	Match	Thu	05/09/2019	5:30pm	2:45pm			Winona St. Theresa's Indoor Tennis Complex
Tennis: Boys Varsity	Match	Thu	05/09/2019	5:30pm	2:45pm			Winona St. Theresa's Indoor Tennis Complex
Tennis: Boys Varsity	Section Tournament	Thu	05/16/2019	5:30pm				Rochester Mayo High School
Tennis: Boys Varsity	Section Individual Tou	Thu	05/23/2019	9:00am	6:30am			Austin Wescott Sports Complex
Track & Field: Boys JV	Triangular	Tue	04/09/2019	4:00pm	2:05pm	1:54pm		New Prague High School
Track & Field: Boys JV	Meet	Tue	04/16/2019	4:30pm	3:10pm	3:00pm		Faribault Bruce Smith Field
Track & Field: Boys JV	Meet	Tue	04/23/2019	4:30pm	2:00pm	1:54pm		Mankato East High School
Track & Field: Boys JV	Meet	Tue	04/30/2019	4:30pm	2:20pm	2:05pm		Rochester Century High School
Track & Field: Boys Middle Sch Invite		Thu	04/18/2019	4:15pm				New Prague High School
Track & Field: Boys Middle Sch Invite		Wed	05/01/2019	4:15pm				Prior Lake High School
Track & Field: Boys Middle Sch Invite		Fri	05/10/2019	4:15pm				Burnsville High School

Track & Field: Boys Varsity	Triangular	Tue	04/09/2019	4:00pm	2:05pm	1:54pm	New Prague High School
Track & Field: Boys Varsity	Meet	Tue	04/16/2019	4:30pm	3:10pm	3:00pm	Faribault Bruce Smith Field
Track & Field: Boys Varsity	Meet	Tue	04/23/2019	4:30pm	2:00pm	1:54pm	Mankato East High School
Track & Field: Boys Varsity	Meet	Tue	04/30/2019	4:30pm	2:20pm	2:05pm	Rochester Century High School
Track & Field: Boys Varsity	Section True Team	Tue	05/07/2019	1:30pm			Lakeville South High School
Track & Field: Boys Varsity	Meet	Tue	05/14/2019	4:30pm			Red Wing High School
Track & Field: Boys Varsity	Big 9 Conference Mee	Thu	05/23/2019	10:30am	8:40am	8:20am	Owatonna High School
Track & Field: Boys Varsity	Section Meet	Thu	05/30/2019	1:00pm			Lakeville South High School
Track & Field: Girls JV	Triangular	Tue	04/09/2019	4:00pm	2:05pm	1:54pm	New Prague High School
Track & Field: Girls JV	Meet	Tue	04/16/2019	4:30pm	2:20pm	2:00pm	Mankato West High School
Track & Field: Girls JV	Meet	Tue	04/23/2019	4:30pm	1:15pm	12:55pm	Winona Paul Giel Field
Track & Field: Girls JV	Meet	Tue	04/30/2019	4:30pm	2:20pm	2:00pm	Mankato West High School
Track & Field: Girls JV	Meet	Tue	05/14/2019	4:30pm	2:30pm	2:10pm	Rochester John Marshall High School
Track & Field: Girls Middle Sch	Invite	Thu	04/18/2019	4:15pm			New Prague High School
Track & Field: Girls Middle Sch	Invite	Wed	05/01/2019	4:15pm			Prior Lake High School
Track & Field: Girls Middle Sch	Invite	Fri	05/10/2019	4:15pm			Burnsville High School
Track & Field: Girls Varsity	Triangular	Tue	04/09/2019	4:00pm	2:05pm	1:54pm	New Prague High School
Track & Field: Girls Varsity	Meet	Tue	04/16/2019	4:30pm	2:20pm	2:00pm	Mankato West High School
Track & Field: Girls Varsity	Meet	Tue	04/23/2019	4:30pm	1:15pm	12:55pm	Winona Paul Giel Field
Track & Field: Girls Varsity	Meet	Tue	04/30/2019	4:30pm	2:20pm	2:00pm	Mankato West High School
Track & Field: Girls Varsity	Section True Team	Tue	05/07/2019	1:30pm			Lakeville South High School
Track & Field: Girls Varsity	Meet	Tue	05/14/2019	4:30pm	2:30pm	2:10pm	Rochester John Marshall High School
Track & Field: Girls Varsity	Meet	Mon	05/20/2019	4:00pm	2:05pm		Red Wing High School
Track & Field: Girls Varsity	Big 9 Conference Mee	Thu	05/23/2019	10:30am	8:40am	8:20am	Owatonna High School
Track & Field: Girls Varsity	Section Meet	Thu	05/30/2019	1:00pm			Lakeville South High School
Track & Field: Girls Varsity	State Tournament	Fri	06/07/2019	9:00am			Hamline University

The responses contained in this document were collected via a staff survey following the listening sessions held at each building held in November and December 2019. The questions were the same questions asked during the in-person listening session. The survey was emailed to staff. The survey was available from December 9 through December 13, 2019. There were 100 responses. 70% of the respondents were teachers, 10% educational assistants, and the remaining 20% representing other employee groups. The following responses were copied verbatim from the Google spreadsheet associated with the form. Blanks have been eliminated. You will see some random quotation marks (“). These circumstances are where there were extra spaces included in the response. In an effort to truly provide raw data, they have been left in place.

In summary, staff members identified the extra sleep teenagers would get and the medical research supporting the change as the main benefits. The effect on after school activities, part-time jobs, transportation (especially for rural students), and child care were identified as the most significant problems.

What benefits do you see of starting school later for secondary students?

- Holistic student well-being
- If used appropriately could help students get the sleep needed - but with all schedules being pushed back they likely will be up later than before the change negating any benefit. Students will likely not be using that hour for sleep - late start Wednesday is proof to that.
- I don't really at this time although I am open to the idea.
- More alertness and student engagement during 1st hour.
- kids sleep in extra hour ... matches medical research
- I get the concept so more sleep
- Possibly less stress, depending on the family situations in the mornings.
- Could benefit students academically.
- more rested students
- Follow research
- Other than the medical evidence- none
- more sleep, ideally
- Better fit to their growing and development
- Students get more sleep
- The benefits laid out by the district are compelling. As far as i'm concerned, if it's been shown to benefit kids, I am on board with the change.
- Research shows students natural sleep cycle starts later in the night.
- None
- They MAY sleep later
- None
- Reduced anxiety, mental health, fights/violence, improved focus, attendance, etc. It's a great idea to follow natural human biology!
- biological research tells us they will be more ready to learn if we start later.
- more time in the morning for students to prepare for school
- At this time I do not feel I have enough solid research and data to support the decision of a later school start time for secondary students.
- I don't.
- Students of this age naturally want to go to bed later and wake up later. It makes sense that school would align with their natural body functions. Also, secondary students are capable of getting themselves up and off to school. Most parents need to be at work by 8 am or earlier. It would make sense for younger children who need help getting to school to start earlier and older children who can drive or put them selves on a bus could start later when parent's are potentially gone for the day.
- There are many benefits to teens getting more sleep. Hopefully a later start would facilitate teens getting more sleep.

- "I understand there is medical research support....but there's medical research for healthy eating and we still give students nasty re-heated mozzarella sticks and mini corn dogs in the lunch room. We know that specific types of interventions and reading programs are good for kids' brains, yet we default to old practices. We know kids benefit from music, but don't pipe Bach through the speakers....we know that social media isn't great for kids, but we don't have a district wide policy banning them from classrooms. So, research supporting an idea doesn't mean we do it....right/wrong/good/bad. What is it about THIS research about sleep that is so different and compelling that we would make this kind of change?"
- to be honest--I don't know. I am really asking--what exact, specific outcomes are we expecting to see? What is our ""trigger"" or threshold for further change if we don't see those outcomes manifest? What is the back up plan if the outcomes don't materialize? "
- consistency with medical research findings.
- none
- You can't argue with data. If it shows positives for a later school start time, I'm sure that is true.
- Better sleep
- Biologically appropriate
- More closely fits their biology
- Possibility of additional sleep to match sleep cycles.
- get more sleep; being able to complete homework in the morning if needed
- If students go to bed at the same time and wake up at the same time that they currently do, the students benefit from having less melatonin in their system helping them to function and learn.
- Elementary could start earlier, and get out earlier.
- More sleep for some students
- The medical evidence would seem to be correct. Proper sleep is very important for our youth.
- Zero Benefits
- I understand some research shows it is good. However, there are so many issues against now, I do not see it working.
- I don't see the benefit, our students come and still will come when they want, starting later will not benefit our students here. I have done attendance record keeping for 6 years for the district and feel my response is entirely correct and accurate.
- Sleep research
- I see lots of benefits for secondary students starting later. I think the research speaks for itself and starting later would positively influence students at the middle school and high school. It's worth a try!
- Research shows the teenage brain benefits from a later start due their sleep patterns.
- None in particular
- None
- I personally will like it better and it works better for my family's schedule.
- better learning opportunities for students
- The potential for better rest and improved attendance and academic performance, based on the research presented.
- The benefits of sleep.
- It will help some students who struggle to get to sleep at night.
- There isn't any.
- The research is clear that student brains need more time to wake up in the morning.
- Students will be more rested and ready to learn-I already see that one Weds. late start days.
- None
- I sincerely struggle to see any appreciable benefits of starting later. Over nearly two decades of teaching, I have not witnessed lesser engagement or performance in my early classes relative to their afternoon counterparts.
- -They might be more rested.
- hs students may gain additional sleep time
- sleeping in
- I believe a later start time will benefit the academic life of most secondary students. The research is clear.
- The research science...
- Better engagement from students, better mental and physical health.
- Opportunity to look at a whole new schedule at the high school.

- Some research shows positive effects
- the science says it is better for students of this age - we do it- no question.
- Students MAY get more sleep.
- More sleep which is vital to so many things.
- it will only benefit the students who live in town, HS students in the country riding the bus will still be riding the same bus as elementary students unless they drive their own cars
- later start time to ease into day to help 1st hour academics
- None
- Perhaps sleeping in.
- Safer on roads with our Ss who drive (lighter, more awake/alert). The medical research regarding sleep is obvious, however, not new.
- none
- The data is extensive.
- Students would be more alert and awake for the start of the day. Students would also benefit from a staff that is also more alert, awake and prepared for students to start a bit later. More students could seek help from teachers in the morning. More morning meetings with staff and with parents could take place.
- Assuming that we can recreate all the necessary environment to get the same results as the research, it's great to think we can improve the mental health of students.
- Our students would be learning during their optimal learning time.
- responds to circadian rhythm of high schoolers
- Absolutely NON!
- The science says it's better for their bodies.
- Students more awake for learning due to better sleep schedule
- More sleep for HS students
- Students will have the opportunity to get more rest each day.
- I see this benefiting students that cannot set limits for themselves
- HUGE - sleep cycles need to be honored!

What problems do you see with starting school later for secondary students?

- None that outweigh the importance of developing a schedule informed by research on student well-being
- Scheduling for families - parents rely on older students to help younger siblings or as a paying job helping elementary students. Later schedules for everyone as gyms will be needed later, therefore pushing the elementary practices back. Students will be missing more school when in activities since other schools will be on regular schedule.
- Busing for country kids, sports and students missing class, losing FLEX, HS students whose families depend on them to take care of younger students after school.
- It will affect after school activities, pushing everything later, sports, student jobs, youth sports may be pushed later into the evening due to facility use. Coaches will now be committing to an hour later away from their own families and into the dinner hour and will miss more instruction time in class when leaving early for activities. Student may not be able to be involved in as much or get as much academic help, some groups meet in the morning and many teachers offer help before school.
- Depends how late ... sports starting later, kids missing more school ... decrease in co curricular participation, some sports practicing in dark (example nordic ski) not safe
- I have two teenage students. It is very hard to get them to go to bed at a decent time on school nights. I guarantee high school kids will just stay up later knowing they get to sleep longer. This defeats the purpose of disrupting so many other areas. Not worth it.
- High school students being asked to take care of younger siblings before school because of parents work schedules thus negating the idea of sleeping later. I think that would affect more students than we know. Also, it compromises work schedules and after school programs which would eat into family time in the evenings. So where would we see this actually benefit families?

- The top 1/3 are going to do well no matter what time school is. The lowest performing group are probably not going to do much better in no school no matter when it starts. The middle group stands to gain the most, but is the wholesale change worth it for that group, when a later start would be very disruptive to our whole community.
- Students not going to bed earlier. Affecting the students work schedules, sports, family time. Not only affecting them also our couches, staff that lives out of town more time away family and affecting their whole family routines.
- Students will be staying up even later. Will they be ready to transition to 'Real World' schedule when they graduate?
- Sports, after school jobs, parental transportation- what happens to special needs parents who have outside jobs. They'll have to rearrange their schedule to get their kid to school. Staff that live outside the district - will they look elsewhere if their family's schedule doesn't align with ours?
- not getting more sleep. staying up later
- "Families with children in
- Different grades may find it hard with staggering the start times"
- Students in Sports have frequent absences - the middle school becoming a morning day care - a major change for a minor issue - parental headaches and costs - students being home alone in the morning
- My only concern is the repercussions of a later start on PLCs. I am hoping the district will come up with a plan that allows us to retain this important and impactful time in some form.
- Being in anything other than school will be difficult. Students in sports or who have a job will have their hours shortened. Kids who just go to school and do nothing else are the only students who will benefit from this change. For everyone else who does anything other than go to school - those experiences will be compromised.
- Sports starting later or students leaving school early and missing classes.
- Many students are up until way past 1 am. Will this really change much for them. Those that really struggle with the time is not from the natural clock but the self induced amount of screen time due to phones and video games.
- Sports and activities will be impacted. Students who participate in these sports are usually academically successful.
- Difficulties with Parent organizing transportation, Students getting to sleep at later times. Sports later, Dinner times later. Students in Sports and activities will have less class room time.
- I understand the concept of the medical findings but are we really preparing the students for real life? Once they graduate and move on to employment employers are not going to adjust start times based on medical evidence. Giving them an extra hour to "sleep in" and then another hour of flex "to relax" and then a possible release at 3:15 seems excessive. Again most employer expect a start time of 8 am and that time is getting to be earlier and earlier. Also most only provide 30 min. for lunch, not an hour or longer and the work day usually doesn't end at 3. I believe we need to prepare youth for their adult life, not coddle them through high school.
- Families schedule changes. Older children having to get younger siblings to school. Rural kids not getting any benefits from this due to having to ride the same bus as the elementary school. Farming kids who have to stay up all night to help harvest crops would still have to go to school early. Kids stay up later because they can "sleep in". Sporting events having to pull kids from school earlier. Kids having later practices. Staff going to a different district because of heavy traffic times and new schedules.
- Grumpiness from adults. :) In the Ventures program we rely on having HS students as staff, and it would make that difficult for us because they would be finishing class so long after the elementary classes are released.
- We will all be out a bit later and I suppose that can create some changes in family schedules. We will likely need a before school program or more supervision in the mornings.
- end time is later giving students less time to study, work on homework and work. After school activities are so important for students and the later these are pushed back is not good for students. Their participation might drop as there is simply less time to get everything asked of them completed.
- It could complicate many things currently in place. I do not see it as a realistic way to prepare our secondary students for the real-world. If we justify doing so now, what message is it sending our secondary students when they immediately enter the workforce or attend a 4-year university that will not accommodate this?
- It won't help my children at all. They still have to get up at 5am so I can transport them.
- The impact this would have on sports but I think the medical evidence is more important than after school activity start times.
- After school activities would be pushed back later perhaps, ultimately leading to less time at home with families, for homework, etc. possibly leading to students staying up later (and then not getting more sleep).

- Many of our students staff the essential programs (kid ventures, reading volunteers, nursing homes, etc) that our schools and community rely on. I worry about that impact and students' abilities to have jobs in the evening. It would be awful if many of our low income students began working MORE 4 am or earlier shifts to compensate for not being able to work as much in the afternoon and evening.
- ripple to other grades and jobs.
- the kids are not gonna sleep longer and it's gonna be same over all. we will still have kids at the school early in the morning because parents have to go to work at same time the parents need to be parents and get their kids to bed earlier
- That only some students will be able to use the late start time to their advantage. I am wondering about the rural high school students.
- "Students involved in activities will have later practices, thus they will have less family or down time. It sounds like the data shows that later practice doesn't equate to later bed time. If that's true, there are likely other negative things occurring in order to keep the same bedtime schedule (more quick meals on own, less quality family or down time and discussion, anxiety due to having a stricter schedule...not as much time to relax and spend time with parents, friends, and other siblings because of the need to prep for the next day's activities...bags packed, clothes washed, homework, etc.). That causes burn-out over a period of time. It is the choice of the family and child to participate in activities, however, there should still be a reasonable amount of un-scheduled time in anyone's life. Our country already has issues due to kids not engaging with family and vice versa. This is one step farther away from strengthening our families and thus the chances for our children to impact the world in a positive way. Something has to give...and it shouldn't be taking away the opportunity for family cohesiveness. My suggestion is that if there is one hour less in the evening for students to get ready for the next day, teachers should not be allowed to give homework...or should follow the model of one of the HS math teachers...where a lesson video may be accessed on the way to a game, etc. and then the actual homework takes place in class. A long day of school is enough time to force students to be on a strict schedule and to be learning. Let them learn outside of the classroom through their activities and through experiences with families. What would you do with 260 free hours a year? A family could do a lot with their child in that time...don't take that away from them.
- Kids needing money for college or their family, may not be as hire-able due to their start time availability.
- Loss of coaching staff, unwilling to coach as late and miss time with family.
- Late Community Services programming...potential loss of revenue...
- Community Services may schedule earlier gym times, right after school activities, thus pushing youth associations quite late. "
- More stress due to later after school activities
- Busing and family transportation issues
- sports and jobs
- After school supervision of for many families with younger kids getting home before their siblings. I believe more families can trust a younger child to stay home for 15 min by themselves before leaving for school than to arrive home 30 min. before their older sibling.
- Negative Trickle down effect to Sports, Sibling Care, Building Use, After School Job/Employment, Busing
- getting home even later from activities that will need to start later
- Sports, activities, jobs and homework schedules will be pushed back further into the night. Students will then have to choose what they will give up to go to bed at the same time as before the school time changed. I have no doubt that the majority of students will choose to give up completing their homework instead of sports or work.
- Not enough time after school to get everything in that high school and middle schools students need to do (work, homework, sports, activities etc.).
- Rural students who bus will not have a benefit. Sports will not be able to start as early and this will impact families, dinners, homework, etc.
- Rural students in relation to bus arrival times. The benefit seems lost to those students. Perhaps a way around it could be configured?
- The medical research is old. Students will not sleep more. Interferes with student employment, sports, child care, & parents with multiple jobs.
- Very late nights for youth programs. Kids riding the bus for an hour and a half. Bussing schedule will be a huge mess and I think it will be more money. If it is such the right thing to do... why aren't all the schools doing this??? We need to focus on lowering class sizes so needs can be met. Right now it is impossible.

- They will just continue to keep coming later in the day, Wednesdays has proven late starts does not improve attendance at the secondary level. They continue to come late on Wednesdays, it doesn't improve attendance .
- My own kids will be latch key kids after school, financial burden of BOTH before and after school care instead of having care on just one end, loss of valuable family dinner time before activities, kids end up staying up later with later activities
- I worry that sports and other after school activities would be drawn out later into the evening. But, I also think that students and families would adjust to the new schedule.
- If you have children in multiple buildings and you ride the bus, the later start time will not be of any benefit, as my understanding is the bus will not be running two routes, so there will be no late start for those students.
- "I have a teen so I see on hour late start Wednesday it only causes my child to stay up later bcz he knows he can leave one hour later. You say it helps sleep and such but what about those elementary students your going to start earlier.Nobody is thinking of them.My elementary child can't eat very early once up so it takes me till he leaves for school to get him something nutritious actually in him.Earlier start would be harder yet for him.
- Also the staff schedule would be adjusted including mine causing daycare issues after school due to needing to stay later at work acc no older child home to get him.So that'll cause financial stress for myself and possibly other staff."
- The HS will likely lose PLC time and students benefit more from a mid day break (FLEX); students' day will simply go much later; families will lose precious evening time together.
- We've started earlier for years with many successful people coming from our district. Aren't we requiring less from the students. Are we training them to not get up, dress up, show up. Responsibility is important and I wonder if a later start will give the message that it's lax around here.
- Busing issues, some issues with co-curricular activities going too late into the evening.
- Unintended byproducts that impact families and younger students. 1. For example, if secondary students finish practices later, does this impact facilities use/availability in a way that results in younger students having even later access and practice times? In that case, we would then have younger students not getting to bed in a way that research supports as best. I want to be convinced that the benefits for secondary students are not countered by drawbacks for younger students. 2. What is the impact on Kid Venture staffing or other employment options for high school students who now would not begin work until at least 4:00?
- Pushing back start times of after school activities.
- Does not work well for kids in sports and activities. Should not be assumed that these kids can just "make up" what they miss.
- Gym time conflicts for sports/sports and activities running too late each night
- Students admitted that they will stay up late. Extra 30 minutes of sleep won't make a difference. It will allow the students more time on technology (iPads, video games, phone, t.v., etc). It will affect them at their jobs as they need to work to support themselves and their families.
- "Middle school and high school staff members who need to pick up their children from elementary schools won't be able to do so since they will still be at work. This could create childcare issues in an already crunched childcare climate.
- Parents who use childcare might run into issues with their daycare not being open as late as they need if they're not getting out of the building until after 4pm. This is especially true for teachers who do not live in Northfield.
- If rural high school students are being picked up at 7:20am, they'll be spending approximately an 1 hour and 20 minutes on the bus in the morning, and getting home between 4:30 and 5. Rural elementary students would be getting on the bus at 3pm and not getting home until 4:30 or 4:45. This is a LONG time to be on the bus...much longer than the current rural elementary ride time of approx 40 minutes.
- With the end of the day being pushed back, sports get pushed back, which means homework (and there's a LOT of it) gets pushed back, which means bedtime gets pushed back. But rural kids still have to get up at approximately the same time as the current start to get on the bus in the morning. "
- I see no problems for the students, it seems like it will inconvenience adults more than students.
- Interferes with jobs, especially if an athlete, interferes with the help if there is a need to care for siblings in the afternoon. The loss of coaches. Students will not go to bed an earlier.
- The primary issues for me all center around preservation of after school time, extremely valuable for both faculty, staff, and students. We all rely heavily on after school hours for extracurricular activities, work, homework which this approach pushes further into the evening. Equally, if not more, important is the impact on time with our families to connect, enjoy dinner

together, recharge, or simply relax in preparation for getting a good night's sleep. Justifying dipping into this valuable time would require a benefit so large its merits are without question. This is not such a scenario.

- The majority of students are still going to stay up late (or even later), resulting in the same amount of sleep, or less sleep.
- Teachers with families at home and children in childcare - getting home at a reasonable time, especially for those who have a commute to and from work.
- Sports practices and clubs/activities would start later and end up going later - going into the dinner hour. I have heard from some coaches that they would quit coaching because of how late practices would go - especially those who commute to work.
- There are not enough facilities in the community to host all of the extra-curricular activities.
- Students/staff that have part-time jobs may not be able to work after school or their work hours would get pushed later into the evening.
- rural students may not benefit if the ride bus; sport events/practices impacting more of school day, transportation and morning routine nightmare for parents and families, possibly more unsupervised youth in mornings, unnecessary disruption for elementary families with earlier start time to their already too long of a school day, impact on HS students ability to secure part time jobs after school
- work schedules; later practice/game times; later release time may effect afternoon productivity (students aren't happy about being here until 3:45); students aren't happy about losing our current Wednesday late start- they see that as their break in the middle of the week.
- All activities will run later for all ages, and this is a big concern. Will younger students get less sleep?
- I'm wondering how they will actually use the new time...will overachievers just work/stay up later?
- Will this push back start times for sports, thus negating the effects of a later start?
- 1) HS students who get bussed in from outside Northfield don't get much advantage from the later start time. They'd just get to school early.
- 2) Families would have less opportunities to eat together and have family time which creates a whole new set of problems.
- 3) Many students I've talked to don't want to go to school later in the day. They'd rather be done by 2:45 like it currently is.
- 4) Commuter teachers will get home later, which many don't want.
- 5) Students have less hours to work at part-time jobs after school. This is a big deal for many of them. "
- There is a lot of students already in the caf before school waiting for school... There would be a lot more here before school! Not getting the sleep we were hoping for/reason why we are changing!
- Although the teenage "clock" is different than an adults, students still vary greatly in whether they are a "morning person," "afternoon person," or "night owls." Switching the schedule later favors greatly the students that are night owls, because it pushes back the time in the day that they complete their homework. Some students are most productive at night, however there are many students that lose productivity the later it gets. With sports and activities, it is forcing students to stay up later, even if they are a morning/afternoon person.
- The Secondary students that I have talked with are not in favor of this later start time. They perceive that this only benefits students not in activities because practices/rehearsals and potentially games/performances would be shifted later. They would then be doing homework later as well. Their preference was to keep the start time as is.
- not many - it is worth it to help students - the science is behind it
- I believe we will see good coaches leave because of needing to coach later. In addition, this will cause a trickle down affect with building use when it comes to a community ed and later time. Also, many students will have possibly. The same amount of homework and yes they may get to sleep in later, but on the flip side not go to bed until later because of when they get home from their activities.
- The backend of the schedule, everything happening later into the night.
- "Less family time parents still get up early to leave for jobs and student will arrive home later, students in sports will have to leave school earlier missing more class instruction time, HS students also help with younger sibling care after school, their schedules will be different.
- some MS students arrive as soon as the building is open (due to their parents having to leave for work earlier then school starts), they will sit her for 2 hours or more due to later start time"
- The late time getting out of school will make after school activities like jobs or sports more difficult to get there. I also worry about students missing more of their day for early release for activities.

- Elementary students who have older siblings won't be able to pick up. I don't feel like my high schoolers are going to get anymore sleep than they do now.
- After school activities will be impacted by lack of lighting and after school daycare for siblings and jobs will be delayed.
- It is not the schools job to implement healthy sleep opportunities. This is the parents/guardians job. This is a home based routine that can only truly be implemented in its full success with parents. If parents choose to let their child stay up, that is on them. Who is to stay that this late start time would change any sleep habits at home? Get up later, go to bed later could still happen. We don't force families to eat healthy, sure give them a choice, but we can't force it. I feel that is what is happening here. Student do need more sleep, everyone can agree to that. But why are they not getting the sleep they need, that is the real question here. Expectations at home? Screens in rooms/poor bedtime routine/sleep health? Too much homework? Student job hours? Commitments to other activated/athletics? All of those will just get pushed later, which would defiant the purpose. are aware and need to make sleeping a priority at home, not the schools job. We can't guarantee that kids would get an extra hour of sleep if we change the school times, it will very well just shift their bedtime to later as now their days are starting later.
- Students staying up later. Missing more school due to sports. Getting up at the same time anyway (not sleeping in) to care for younger siblings.
- The fact that we are talking about eliminating FLEX. Ending school times for HS students is a barrier.
- The impact on extracurricular activities is the most glaring question. Would practice times be cut?
- 1) There appears to be a significant number of high achieving staff members that have important and meaningful commitments outside the regular school hours who may choose a different job if these hours change (or at least choose to be less committed to the school activities).

A large attraction to working in a school is being able to have a work-life balance that enables you to contribute to the community in many different ways outside of school hours. While on paper it's potentially only about an hour being shifted each day, the reality is that an extra hour before school is nowhere near as valuable as an hour after school for community involvement outside the school. If we lose the commitment of these diversely skilled and well-connected people, I think our growing school-to-"outside of school" community relationships will suffer.

While it might not be acknowledged officially, there is a clearly a need to be at school beyond standard school hours to provide the highest quality service to our students and their families. Many staff members are happy to do this to the benefit of the students and family, but sliding back an extra hour on top of already staying later than our assigned hours will make school feel like a "9-5" job. Because of this, we may lose some very valuable and diverse/specially-skilled staff members if these hours change. (If we don't *lose* them, I think we could still lose a large portion of their true commitment, energy and inspiration)

2) I also saw that some of the homework/sports/activity timing concerns were being assuaged by considering that the students aren't losing time because they now have more time before school. But if there is an expectation for more before school activity or for students to need to shift homework and other efforts to before school, it would seem we're completely negating the research-backed decision to move the hours. I imagine that with all the great minds we have available in our community and on staff, we can find something more positively impactful with less tough tradeoffs

3) It seems like a big jump to make a big change with so many possible unintended consequences based on what appears to be a single dimension of consideration: later school hours means better mental health for students. While that may be true, I have two main concerns (sub-concerns?) about making so much of our decision based largely on this one idea: A) Will we really be able to recreate the necessary environment to get the same results as the research, considering the nuances of our geography and culture compared to the researched environments? B) Assuming we feel we can indeed get the intended benefits on the mental health front, I'm concerned that it will come at a cost that hasn't been fully appreciated, not only from a cost perspective, but also from student well-being (beyond mental health), community development/relations and staff talent and engagement perspectives.

So many things are going well in this school district, it would pain me to see all the progress we're making being set back by such an abrupt change."

- Sports. Whether it be club sports or school teams, our kids will be forced to practice much later. If we want our kids to be rested and learning this cancels out the benefit of a later start time. Our kids are well rounded when they have time for academics, social and sports.
- late after school practices, teachers getting home later, child care, too many classes missed for out-of-town athletic events
- Kids won't go to bed at the same time...they'll just stay up later to do homework, work at their job, participate in activities, etc. Kids who are in sports/activities will miss even MORE school due to away games/practices!

- Students staying up longer, not getting enough sleep, not being able to work enough, not being able to participate in sports or other activities, over participating in activities.
- Parents adjusting their schedules
- I believe that the FLEX hour at the high school is working and I know as not only a teacher but a parent of high schoolers, they really appreciate this time to work with teachers. It would be a shame if this went away because of a later start time.
- You can't address the issue of a later start time without understanding how many student this would impact who actually do participate in Northfield Extra Curricular activities. While I understand that it's best for a child to get more sleep these students would be not just going to activities later, it means they are starting homework later, and thus going to sleep even later. Thus the problem just pushed another issue that would hinder our students from getting to bed. Now my sons say well we will just have to get up earlier to make up our work. Not only that getting out of school for a sport or activity would make these student miss another hour of the learning day. One fix of a problem creates another.
- Students also work, and they will not be able to start their jobs until later.
- Also, family impact on meal time and later time of homework is draining for working parents.
- Similar to those already mentioned, particularly the impact on students who work or care for siblings. My biggest concern is that this change will disproportionately impact low income students and decrease student engagement due to conflicting responsibilities. I am also not yet convinced that students will take advantage of the opportunity to get more sleep and will simply stay up later at night.
- I see this as a problem for many families in our community and for students that are involved in many aspects of our community.
- Nothing, other than a change in work start times

What questions do you have about a potential later school start time for secondary students?

- What other options have been looked at? The homework load that is keeping students up at night, etc. could also have as much or more of a positive impact. There is also a lot of research on the effect of homework, especially too much and non quality work can have on students.
- Do students really get more sleep?
- Will students just stay up later and not benefit from the late start? What other research is out there promoting this change? Does the one benefit outweigh the many conflicts it will create? When will teachers have PLC time? Could we look at other root causes or student achievement other than a late start? Homework load given? Perhaps more engaging classroom strategies used for best practices.
- We need to see districts that have done this and have seen improvement / Are kids actually going to get extra sleep or are they just going to go to bed even later? Loss of PLC's? Loss of Flex?
- None
- What data is there to support higher test scores for students in poverty with later start times? It seems like this would only really benefit privileged students.
- Sports and activities schedules and absence from last periods of the school day.
- Is this really going to change anything regarding student performance when what happens at home stays the same?
- What data besides that of a physician supports that it will change anything. Show us data from schools before and after the time changes. Did attendance go up? Did it minimize first hour absences/tardies? Did overall grades or test scores go up? Because with out that specific data then there is no reason for the change.
- none
- Where were the studies conducted? Was any of the research from the studies you are using based upon the mid-west? What is the dates of the research? Does the school have solid data from other schools in the area that have implemented a later school start time that strongly supports what the data says? What negative consequences were a result of the schools that did implement the later school start time?
- What families will benefit and what families won't. How will we educate families about the why of this decision and how they can help support the potential benefits. Also, what kind of support can we offer those families that a later start time might negatively impact.

- Would staff be expected to stay past 4:00??? I can see that being the latest staff ending time that our commuters (and I am one of them) could reasonably handle.
- Will we look to adjust compensation for coaches to work later into the evening and miss family time?
- Would we move PLC times to an early start for staff rather than a late start for students? If so, how would we compensate and work that into union stuff?
- Are we firm about not letting ANYTHING start before 8:30???? I can see this being problematic for fitting everything in that we need, given that we lose time in the afternoons. For example, students making up tests, clubs meeting, practices, etc. "
- Is there a willingness to stop before school athletic practices/sessions for teams that already have them after school. Two-a-day sessions are contrary to the data about students and sleep; they should be banned.
- How the earlier start time for elementary will affect the teacher hours.
- Will meetings be allowed to happen prior to the start of the school day? Will flex go away? How will we do PLC?
- What is the real honest talk by other Big9 conferences about switching to later school start times? I think that will affect the outside sports most in the spring and fall
- What happens to the athletic and activities schedules? How will kids make up the hours missed for early releases which will be much more common now? Will quality coaches resign as later practices reduces their time with their families?
- Why can't the district adjust the amount of hours in the school day to accommodate a later start? For Example: High school currently has 6 hours and 54 minutes a day for 174 days which = just over 1,200 hours for the year. The state requirement is 1,020 hours in a year which in turn equals to just under 6 hours a day for a 174 day school year. If the high school went back to a rotating lunch and no flex they could start after 8:30 and still be done at 3:00, and still have days longer and more days than the state requirement.
- This subject has been a great waste of time and money
- See above.
- How much would it change the schedule at the middle school? Would class periods still be the same length of time? Would we still have PLC meetings and a shortened schedule on Wednesday? What time would teachers be expected to report in the morning?
- There is ample medical research to support other measures (I.e. reduction of screen time), yet the district continues to push 1-1 technologies. Why is some medical research more important than other?
- Is it true that if we implement the later start at the HS, that Flex will be eliminated? I would like to offer reasons to reconsider this if it is the plan. First, while it is true that offering time to slow down and take a break in the day was ONE of the reasons for implementing Flex, it was not the ONLY reason. We also implemented it to offer a place to teach the CCR standards/content. AND, the most important reason in my opinion, we also implemented it to offer time to meet with students who need more time and support for learning the content in their classes. I currently meet with students 2-4 days per week during Flex. Without this time to offer my support, my students would fall behind on their work and, in some cases they would fail my class. This time I spend with students is voluntary and they use it every week. Some days I invite them and some days they ask if I will work with them. It has become an essential part of how I support my students who struggle or who have been absent. While the current Flex schedule is perfectly set up to meet the needs of these students, if it is taken away, I strongly suggest that there be a new schedule created that will allow teachers the time in the school day to work with students who need more time and support. We NEED time for these systematic interventions!!!! The Flex period has been a great way to meet these needs!! Please remember, the time spent during Flex is not just for relaxation....we are actually using it for learning!
- What will the teaching staff contract times be?
- Where do PLCs land? I feel one reason we are a strong district is because of the commitment to our weekly PLCs. I don't see how weekly PLCs can continue with this new schedule. I've been in a district with a monthly two hour early release once per month which is not nearly as effective and creates a huge headache for parents.
- How much time would students miss of their last hour class to depart for sports? How many substitutes would be needed to cover coaches leaving early?"
- How will we compensate for the shorter amount of time available for our students after school? To our faculty and staff that coach or are advisors for activities, live outside of the Northfield area, and/or have child care arrangements that this will disrupt, etc.
- -What would be the teacher contract hours?

- -What would happen to PLC/late start mornings?
- -What would happen to FLEX?"
- does the minimal (and questionable) gain of sleep time benefit outweigh all of the disruptions/costs/stress?
- How will this affect the daily schedules---FLEX? PLC?
- I am eager to know just how the schedule will be changed both before and after school
- If practice and activity times get pushed later, high school teachers need to look at giving less homework. How would that be regulated or enforced?
- Has there been any research on homework completion with later start times? I'm curious if students get overwhelmed by starting their homework significantly later in the day.
- PLC time - will we have no PLC's? If so, does that change the EOP paperwork, requirements/expectations, etc?
- How does this impact our daily schedule? How can we include the daily schedule in this conversation so that similar concepts/issues are being addressed simultaneously.
- Will other schools in our conference also be changing? Is a reduced homework policy a better approach instead? Could we start earlier times with games? For example, instead of 7pm Varsity game time, could it start at 6pm? How do we know if the kids are actually getting more sleep and is that our place to reinforce it? Have we surveyed our HS students to see how much sleep they are actually getting now? If it is less than the recommended amount, did we ask why? I doubt that it is school starts too early and learn more that it is other commitments outside school day hours (sports, Homework, jobs, need to help support younger siblings at home, etc.).
- Looking at the feedback provided - there are many more problems and questions than benefits listed. To me, this seems like a later start time is NOT what most people want - students, parents or teachers - so why is it still being considered?
- What would the impact be for extracurricular activities? What would be the impact for busing?
- I'm fearful—students will stay up later, thus negating any potential gains in rest. I'm fearful that a late start will be as disappointing as Flex has been in terms of educational progress.
- How does this affect me as an elementary teacher.
- What's going to happen with Flex and PLC?
- Non
- Why move the time so much - why an hour?
- Why not wait until we have a new high school? Now may not be the time to do this.
- I don't think you are giving enough time for families to adjust with daycare.
- As a teacher in the district I already see our lunch room full on LATE START WEDNESDAYS, parents just drop their kids off and it is unsupervised time - - we may need to lock the doors or hire people to manage these teens roaming freely in the middle school because now they will be early everyday and unsupervised everyday. Are you going to provide morning care and support at the middle school?"
- How are we going to address facility needs?
- Is it extra time for sleep or just when the sleep happens that matters?
- Will students really be getting any extra sleep in the plan you have proposed?
- Please share any other comments you have about a potential change in our school schedule.
- It seems there are many other issues that could be looked at instead of disrupting the schedules of all schools and families.
- I would be more convinced that this was a positive change if I were given actual data. How much does it increase attendance? How much did test scores and grades rise?
- As a teacher, parent, and coach in this district, I am against it. I feel there are more negatives than positives for this change in our community.
- Maybe a compromise? Start school at 8:30 and go to 3:15. I think the negatives far outweigh the positives for a later start time .
- Elementary is fine with time change for me.
- It's been said a 100 times, but it REALLY messes up kids in sports and activities. We claim all the benefits about being involved but now our kids stand to miss more classes to make it to the sports bus on time. Also, our youth programs will suffer greatly as gym time in this town is insane already.
- Lastly, when we switched to the Big 9 our high school athletes were told charter/coach busses would be the norm so kids could use wi-fi and lights to work on schoolwork. Now more and more we are sending kids on a regular school bus and they

are leaving at 3:00 and getting home at 9:00 or 10:00pm. This is unacceptable with the length of many of these road trips. Please make logical decisions regarding our most involved and academically proud students!"

- Limitations on before school activities.
- Why do we “tackle” this and ignore class sizes, effective behavior / discipline - poor building leadership and overworked teachers. It seems as if internal issues stay hidden, while the external is given great attention. It’s window dressing on a crumbling store.
- This change would be great for the Elementary students - so if the goal is to improve the Elementary experience then this is great; however, the questions and presented research do not make it appear that the Elementary experience is the focus of this change. I am hopeful this time change does not get voted in.
- The change does not affect me in any way. However without solid data from multiple schools I am very sceptic about the switched just based on the brain research. That may have held true years ago but we have a bigger problem with the cell phones and lack of sleep and mood disorders.
- Why is the elementary school day longer than middle school and high school? If you look across the state, MOST elementary school days are 20-40 minutes shorter than ours. Do we ever look at behaviors of younger students negatively impacted by an incredibly long school day?
- I support either decision!
- Honestly, this would not personally impact me as a teacher. As a parent of a high school student, and two graduates, I cannot say a later start time would have benefited my eldest two far greater than my current student. I do not feel this is something that the district and community are prepared for. I do not think there is enough information that has convinced the teaching staff that a later school start time is in the best interest of our student population. I feel the district needs to postpone this until a later time. Right now the community is adjusting to the changes of the referendum and the relocation of some students. Additionally, the district needs to consider the increase in students moving into the district because of how well things have operated over the years. The focus should be directed to ensuring the change in the diversity of the student population is adequately supported.
- Overall, I like the idea, but I recognize the transition may be difficult for many.
- I understand timing and bussing is always an issue---but ending at 3:39 seems VERY late for our staff and students.
- Moving to a late start would be beneficial for my family; but I am just one person in a very unique situation. I don't live in NFLD and the district I do live in IS already late-start, so that's why the timing for my family, commute, and schedule WOULD really work. However, I know I am also not representative of the community at large. My comment to leave here is that I am not unsupportive--as it really would benefit me individually--but I am also not convinced the community and our families want or need this change. "
- As we should in medicine, plumbing, and poker, follow the data!
- Please don't cut the FLEX time for students at the HS just to save on dismissal time.
- I am fine with this change since I teach elementary and see the benefits of them starting earlier and getting out of school earlier in the afternoon
- I love the idea of creating healthy kids but let's be honest, the best/successful students and families are already going to bed at a decent time and waking up early. The change will only negatively impact their current schedules. The problematic/struggling kids and families you aim to fix with this will never benefit from it as they aren't responsible and disciplined to stick to the program. Instead of changing things for everyone, reach out and teach these families on the importance of sleep and routine. Help them improve their current situation instead of providing them a crutch for their poor parenting. "Only a fool can cut two inches of cloth from one end and sew it to the other and believe it's a longer cloth".
- Although the research for a later start time is overwhelmingly positive for kids, our community lacks resources to accommodate this kind of schedule. Our AD stated in the fall that close to 80% of our high school students were involved in some kind of after school activity. 80% of our students will be getting home later, eating later, staying up later to do homework, and family time will become nonexistent. Our younger students will have to take later practice times because we don't have enough facilities to accommodate them which means they will be staying up later and getting up earlier.
- Looking at other districts who have gone to a later start time, they have more practice fields, gymnasiums, and arenas to work with. They also have shorter school days then here in Northfield.
- Nobody wants the school time schedule to change.
- If we do have the schedule change, it would be better to give families a year to plan. Not start in the 2020 fall.

- Based on the information that we've been presented with, I'm in favor of later start times for middle school and high school students.
- I understand the benefits of a later start time for secondary students. Is there research about the benefits of starting earlier for Elementary Students?
- The decision to make the change to an earlier start time seems to have been made despite widespread concern. Not 1 student with whom I have spoken supports this change. It seems to be "on trend", not what's best for our unique community.
- I think it's a good idea and through creative solutions in scheduling or required minutes per day, we should make it work if indeed studies show that later start times are better for students in terms of academic, social, and mental health.
- Why is the elementary school student day longer than the high school day? Has anyone thought about the impact of such a long day on young children? Are our high school students doing that poorly that we need to make this change?
- I am for it!
- I feel very strongly that a later school start time would be detrimental to our entire community. I, for one, would quite literally be forced to carefully reconsider any extra-curricular activities I dedicate myself to going forward and would feel even less a part of Raider nation.
- Do not believe the later start time will truly benefit HS students as their families all still have jobs and other schools that start around 8. They will be awake anyway. Also believe if district truly wants to help support kids to get more/better sleep - they should look at electronic usage and target that.
- I see the reason...it will be helpful to glimpse a real schedule (PLC, FLEX, CCR, after school practices and activities schedules) changes
- Decisions need to be made considering both students and teachers. Although some research supports the decision for teenagers, the change in times can put a heavy burden on staff members. A balance between work and home is important for teachers to do their best work, and having school later into the day cuts into family time and makes travel much more difficult for the many commuting staff members.
- It will always have different pro's and con's no matter what we do. GO WITH THE SCIENCE behind it. Let's try it. The science behind it is too compelling.
- How does this impact our daily schedule? How can we include the daily schedule in this conversation so that similar concepts/issues are being addressed simultaneously.
- I feel like we are missing an opportunity here to provide flexibility for our students. We are just beginning to look at what online education can do for credit recovery and hybrid classes. If we really want to support our students options are important. I hope students who need to work right after school can still have the option of coming earlier and finishing earlier.
- "This is a terrible idea. It seems that we are putting the sleep of high school students ahead of other priorities, such as family time, all sports and activities, missed class time, retaining quality teachers that may commute. We are not preparing them for life after high school, and how the real world works. We would also be doing a major disservice in our fight for equity. We talk about closing the achievement gap and leveling the playing field for our FRP populations, yet now we are taking away their ability to work after school and in the evening to help support their families. One less hour a day at \$10/hour, would reduce their paycheck by up to \$200/month. What about after school childcare? If elementary students get home earlier than other siblings, how will families pay for that added expense?
- What about our community partners that rely on high school employees? What about programs like KV that depend on high school students to work there?
- Youth activities are another concern I have. Currently we have 12 year old practicing until 9:00 or 9:30 at night. If we push back the high school practices, this puts our youth practices finishing at 10:00 or later! And for what? This is NOT ok. Until this community has the facilities to accommodate our activities, we should not even consider this drastic of a late start.
- What about FLEX hour at the HS? Students overwhelmingly chose the FLEX hour over a late start if it has to be one or the other.
- What about the students that have early dismissal for activities? Are we really ok with them missing more class hours than they already do?
- Clearly I have many concerns, and wonder the costs that we will have to pay to get high schools students more sleep. Students have already told me that they will just stay up later knowing that they have an extra hour to sleep in the morning, much like they do now on Tuesday nights. "

- If we get rid of late start for teachers, when will PLC/Meeting time be built into our contracts?
- "I am the first one to agree that kids need more sleep. I see it in the students I work with. Sleep is the number one thing parents can control at an early age to set good sleep habits and routines. However, that is the role of the parent. We can not enforce parents to put their kids to bed at a specific time and ensure quality sleep with no screens, comfortable and safe environment/beds, recommended pediatric suggested times, etc. The impact is too big on so many in this community (work schedules, family commitments, athletics/activities tc.) to gamble on the hope that kids (and parents reinforce) more sleep to occur.
- The National Sleep Foundation recommends teenagers need between 8.5 and 9.5 hours of sleep each night. This means that teenagers should go to bed by at least 10:30pm to be able to wake up by 7:30pm (approximate) to be at school on time. This is assuming they are able to get all their homework, work, job/chores at home, activities, athletics, etc. all completed by 10:30pm. Can we also guarantee that? Can we guarantee that younger students wont be effective by later times in order to access things, like gym space, for their practices, Currently, some middle school students have practice until 9:30pm due to lack of gym space and facility use options. Could that potentially go even later? If so, you can bet parents will not be signing their child up for community activities.
- I believe that it will create more problems and cost more money than it's worth.
- Start with the current Wednesday schedule. Add time to class periods, keep FLEX at 60 minutes. End before 3:29
- What would the impact be for the PLC, late start? How would that change?
- I'm flexible and will support whatever the District decides.
- "As a coach's wife, I would HATE if my husband was gone even later! He already misses dinner with the family every night. No, no, and NO to the later start time!
- Also, my work start time will be even earlier! NO THANK YOU! I have a family that I need to get out the door! And what about daycare opening times? Will daycares have to open earlier? What do in-home providers think about that? What about US?
- I would just like to see what other benefits there are having a later start time: better attendance, better grades, better test score, less mental health, etc.
- Concern with the late time I would get out of school and still have to drive home 40 minutes.
- I am not in favor!
- I am concerned about the schedule that is proposed. From my experience in this community, people have been open to change, but I have seen them question the NEED for change. Have the actions that Northfield Public Schools have taken really made it better for ALL students? With this plan I have concerns for our students from underserved groups! I am not sure that this will benefit them as there will be needs for them to help with students that will need to get to school before they do!
- I wonder about PLC - how it will be impacted and when these meeting times could be!

The responses contained in this document were collected via a high school survey following a listening sessions held by the District Youth Council in November. The questions were the same questions asked during the in-person listening session. The survey was posted in Schoology. The survey was available from December 10 through December 13, 2019. There were 626 responses. 86% of the respondents were current 9th, 10th, or 11th grade students. The following responses were copied verbatim from the Google spreadsheet associated with the form. Blanks have been eliminated. You will see some random quotation marks (“). These circumstances are where there were extra spaces included in the response. In an effort to truly provide raw data, they have been left in place.

In summary, students identified the extra sleep teenagers would get as the main benefit. A significant number of respondents (142 or 22%) indicated they believed there would not be any benefit. The effect on after school activities, homework, part-time jobs, and transportation as the main problems. Students, overall, also believe their peers will stay up later than they do now and negate the benefits.

Students were also asked: “While there is a possibility of having both a later start time and a flex period, please select your preference if you were required to choose between the two.” Eighty-eight percent (88%) of high school students indicated they would prefer to keep flex over a later school start time should they be required to choose between the two option.

What benefits do you see of starting school later for secondary students?

- None
- Better focus, sleep, overall health
- It allows students to get more sleep after staying up all night working on homework
- Improved sleep, countless health benefits, more time for (staff or club or sport) meetings and homework help,
- More sleep
- More sleep for the morning
- Less sleepy
- Very few. I think it is a terrible idea
- Better mental health; a better night's sleep; less stress to the start of the next day
- None
- Better performance from more sleep
- More sleep
- Students get to sleep more and have more time
- It could boost individual academic performance. It allows students to cope with their academic responsibilities.
- Getting at school on time
- We have more time I t he mornings to get ready and more people don't have to get up extremely early. Plus some students can get homework done if they didn't the night before.
- More sleep
- more energy
- Sleep in more.
- None
- You get to sleep in but it all depends on if we leave school later at the end of the day because if we do then there isn't a benefit.
- None
- Nothing
- Better grades, attention in class, and mental health
- More sleep so people can work better
- There is scientific research to show that it improves test scores and Health
- None

- Increased grades for all students, increased participation during class, and increased positive thinking.
- None
- I don't have any benefits starting school later
- Not waking up when it is still dark
- None, it will just push everything back one hour not giving students extra sleep.
- Getting better sleep, higher tests scores, better health
- Sleep a few more minutes
- More relaxed students who are more apt to be ready and focused in class; also provides a way for students who wake up later to get a chance to eat a better breakfast like myself.
- Better grades
- more sleep and can be more focused
- More time to sleep
- I don't see benefits.
- I don't see any benefits
- I don't have to try and sleep earlier and keep tossing and turning and still be tired the next day. I can go to bed when my body tells me and still feel rested.
- None
- None
- Possibly better test scores, more time to sleep, students paying more attention in the earlier hours of the day.
- People will do better because they get extra sleep
- Better sleep cycle for teenagers resulting in better academic performance
- Students can get more sleep and be able to think better
- People will get more sleep and feel well rested for the school day
- "A decline in mental health issues among students.
- A decline in drug use.
- Better ability to stay focused during class which will result in better test scores."
- It would be a good idea
- They would be able to get an extra little bit of sleep
- Students have the potential to be more well rested for the school day
- More sleep
- POSSIBILITY of more sleep.
- Better sleep schedules
- More sleep
- Students will have more energy and time to do homework before school
- More sleep
- It would be easier to pay attention
- Sleep helps us focus in school
- I don't see any I like school how it is now
- Less falling asleep in class and better attention
- Getting more sleep
- Sleeping in longer, feeling much more energized, time management skills better
- I don't see any
- Being able to sleep in later.
- Benefits would be more students in after school activities would be getting more sleep each night, and it has been shown that it would increase grades all over the board.
- Healthy amount of sleep and attentiveness in class resulting in potentially better grades
- More sleep!
- extra sleep, teens need 9 hours of sleep; we sleep around 10; but we have to wake up at 6am , we don't get enough rest and that makes us irritable at school
- Some kids would get more sleep

- We get more sleep and not be tired in school
- More sleep
- Later wake up
- Sleeping in long for more rest
- Our brains are hard-wired to stay up later and sleep later than adults and it's biologically more difficult for us to function when we are forced to wake up at 6 or 6:30. If I go to sleep at 9:30 and wake up at 6:30, I'll get nine hours of sleep but i wouldn't be as focused and alert as i would had i gotten the same amount of sleep but later. Studies have shown that starting school later reduces car crashes and helps students improve grades.
- More sleep
- None
- Better test scores, less stress
- More sleep
- waking up later
- More time to sleep and waking up while it light outside
- I think because of the fact people are staying up later doing homework, doing after school activities, and other things they aren't getting much sleep as needed if by the time you are going to bed at midnight, and you wake up at 6 to get ready for the day you are getting 6 or less hours of sleep. Meaning they won't retain the information they are learning at school because they are tired. I also believe people won't be as late to school as now they have an extra hour to get ready and get to school. Having this late start every day would give students more time to spend with family and friends and have fun and actually learn better at school. This might also give teachers more time to get ready for there lesson if they need to change anything for the day. I can see many benefits to the system.
- None
- None
- Kids can sleep more. Teachers have time to sleep as well. Teachers can have more time to prepare in the mornings which would decrease the amount of work they have to do at home.
- Better performance, not tired
- None
- They get more sleep.
- Increased learning ability due to not being zombies
- being able to stay awake during class without painfully struggling to keep your eyes open
- More time in the morning for possible homework and less tired at school
- Sleeping in
- Being more awake in the morning
- Getting more sleep
- More sleep
- Nothing
- The ability to sleep in longer
- None
- Better sleep. Feeling awake.
- Nothing
- People can sleep in
- More time to sleep/wake up
- More sleep
- None
- More sleep has shown to better for students in helping the brain store information from the day prior and be more prepared
- More sleep
- None
- More energy during the day
- increases amount of sleep some students get
- Improved academic performance, mental health, and over all well being.

- None
- Better work being done
- Absolutely none. This be dumb change if occurs
- Some students possibly getting a little more rest
- No benefits
- Some will actually use it appropriately and get more sleep, it works with the natural trajectory of teenage sleep cycles
- It won't be as cold in the morning. Roads could be cleared. I always am tired in the morning.
- nothing
- Being able to sleep in longer, being more attentive at school, being able to go to bed at our "natural" time
- There is so much research showing that later start times improves alertness, grades, and relationships, and mental health. While these are often taken into account, there are other side effects that are not such as how late start times affect driving. There's been several studies released that show that later start times make students safer drivers as it's not as dark out, there's more time for snow removal, and teens are more awake and alert, reducing accidents.
- Absolutely nothing.
- None
- None id stay up later
- More sleep for students, or at least more time to do things before school. First hour is later in the day so kids will be less groggy.
- None
- The later start times will help students in a variety of areas such as concentration, happiness, and others which will provide huge benefits. While it won't necessarily give students more sleep, it will give them substantially better sleep.
- Can't think of anything.
- Health benefits, and coming from that increased academics, better sport performance, and all around healthier and superior students.
- None
- The ability to stay up later to finish homework (for night owls), possibility of being more awake by a later time in the day
- The main benefit is more sleep which would hopefully result in better school performance
- More sleep
- More refreshed when waking up and possibly more sleep
- Better rested students
- Having more sleep
- people could get more sleep and be more energized for the whole school day
- Easier to learn in class after getting more sleep and being more awake
- It won't work
- With more sleep they will be more equipped to start the day and be awake for their first few classes. Less likely to have accidents on the way to school.
- I think it should be nice to sleep in longer but it only feel like more sleep for a few days then it would just feel the same as getting up early.
- None
- Feeling better and being in a better mental space. The extra morning time to be aware or sleep. Better mental power later in the day. Extra time for meetings and practices to free up evenings
- Nothing
- Nothing
- sleeping in, better roads
- More sleep better mood
- I see no benefit
- None
- You'll be able to sleep in more, and not have to wake up super early
- Better grades
- We will be more awake and get more out of class lessons

- None
- More time to rest
- Sleeping in and being more alert during morning classes
- "-Better sleep (melatonin release from 11pm to 8am)
- -More awake in mornings"
- It allows for more sleep allowing us to be able to function better during the day
- We can sleep later or possibly have time to eat in the morning
- Less anxiety, less seasonal depression, more sleep, better sleep and breakfasts,.
- More sleep
- More sleep before coming to school
- More sleep
- Nothing I think it won't effect learning.
- More energy and attention
- Students will not necessarily get more sleep, but they will get better sleep due to their brain chemistry
- None
- Better mental health and being parallel to the circadian cycle
- Kids get to sleep in longer and stay up later which is what most adolescents bodies prefer.
- They get more time to sleep in the morning. Also if someone is a morning person it gives them more time to eat breakfast or do what they need to do such as work out or do homework. It also allows more time for the roads to be plowed on the days that there is a lot of snow.
- A little better sleep
- Students may get more sleep and potentially be more awake for the first two hours of the day.
- It will allow students to get more sleep which results in better mental health.
- More time for sleep which helps with better concentration in class
- getting more time in the morning
- None
- None I hate this idea
- More sleep
- None more sleep
- Possibly more sleep
- Theoretically students will get more sleep
- The potential of more sleep and "student athletes" not having practice or something
- More sleep, better performance in school and sports
- Give us data.
- More sleep, better focus, better mood
- Getting to sleep in (more sleep) leads to better focus, more awake in school, better moods
- More time to sleep/better health, time to do work in the morning
- More sleep, better energy in the morning
- I honestly don't think this would be beneficial because nothing in students' routines would change—everything would be pushed back an hour including the time people go to bed.
- More sleep. Better thinking ability
- None
- Sleep in
- Well, as teenagers, our hormonal/chemical balances show that we actually are more likely to go to sleep at a later time, as our melatonin production happens later at night than it does for adults. This is probably because of the extreme chemical and hormonal changes that occur in the teenage years. Not to mention that, due to all of this growth and change, more sleep is required. So we go to sleep later at night (around 11pm), but need to sleep at least 8 hours. That would have us waking up at about 7am. Currently, the grand majority of students (with no sports in the morning), wake up at at least 6:30am in order to get to school on time. So if we were to start later, it would mean a better sleep schedule for the average teenager.
- We get more sleep.

- None
- Stay up late
- In our Psychology class we learned that adolescents need more sleep compared to adults, and that we need sleep later in the morning to fit our natural sleep schedules.
- You would get more sleep which would improve your performance in school.
- Sleep
- None
- More sleep meaning more motivation to do homework
- More sleep
- No benefits
- we will be able to focus more in class
- Sleep in
- More sleep
- none
- None
- None
- Nothing
- More sleep/better grades because of good sleep
- Get more sleep, improve mental sharpness
- Nothing, kids would stay up later because they know they can sleep in later so they wouldn't be getting more sleep.
- More sleep, extra time to finish school work
- Start times that don't conflict with student's biological clocks
- We get more sleep
- None
- more sleep less stress
- I don't see any benefits to the later school start.
- More energy when at school
- More sleep
- More sleep ,help siblings
- People will get more sleep
- Students would possibly feel more awake in the morning
- It will allow students to get more sleep with could improve academic performance
- If I had a lot of homework that would keep me up until 11 or 12 (which happened last night) I would not worry about it and do it in the morning before school. I would get more and better quality of sleep. I'd also be able to focus better during the first hours of the day as I would not have had to wake up extremely early.
- Better sleep and a healthier homework schedule
- More sleep
- More rest
- Waking up later then now.
- Waking up later
- Able to get more sleep
- 30 min to an hour of extra sleep.
- None
- That we get to sleep in and we aren't tired all day and when we are learning and so we remember things better
- More sleep
- More sleep
- There are none if school ends an hour later
- That kids will be more active learners and have time to get some stuff done
- It lines up with teenage circadian rhythms, so we will get better sleep.

- They will be more focused due to possibly having more sleep but with the later start time kids will take advantage of that to stay up later on their devices.
- Safer roads and more sleep
- Better overall mental health
- None
- More sleep
- People MIGHT have more time to get ready
- Nothing
- We'll have more hours of sleep, which this will make us focus more in classes and not fall asleep.
- People are more awake and ready to learn, they can also do homework in that time so they know exactly what questions to ask when they get to school and maybe they won't forget to ask them.
- No rush to get ready, brain is more prepared for the day, more time for sleep that we lose because of other activities the night before.
- Better sleep for students
- Students won't be as tired in school and will be able to try harder
- Allows for more homework to be completed in the morning if needed. It allows for a little more sleep through ages which is very useful. A later start time would possibly allow more focus in class and more effort in the morning class hours. Thus, it may even make grades rise. Another large benefit of later start times is having a test very early can be even harder on the brain and even cause more stress for students.
- More sleep and easier to focus, teens go to sleep later naturally so it will be better for us to get more sleep
- I don't see any.
- More sleep and more alertness in morning classes
- More sleep time resulting in better grades and better attitude
- None
- sleeping in
- None
- It's been proven that high school students' brains don't start working until later in the day, so a later start time makes sense
- Theoretically, teens would get more sleep, and grades would go up
- Possibly more sleep
- It's always nice to sleep in, and recharge yourself with the right amount of rest.
- They will perform better in the earlier classes and not be late for school.
- More sleep, everyone's sleep deprived
- Brain benefits if students actually sleep
- Sleeping in
- None
- They would get a little more sleep because their "body clocks" keep them from falling asleep until later in the night
- Being more awake at the start of the day and throughout.
- None
- More time to sleep, since students get to bed late because of their after school activities, work, personal time, and homework.
- Really no benefit
- We get to sleep in.
- We would get to sleep in later
- Paying more attention in class
- People getting better sleep
- Better brain power
- Give snow plows more time to clear snow
- More time for students to wake themselves up and be ready for the school day
- More sleep
- I don't really see any
- None for me personally

- Nothing
- Sleep
- possibly more sleep, sports practices in the morning
- Better academic performance, improved mental health, less risk for car accidents attributed to drowsiness
- More sleep
- Nothing
- More sleep
- More sleep. Better work
- Less sleep deprivation.
- Students can get more sleep
- Better sleep for many students up late doing homework.
- More sleep
- More sleep
- Possibly more sleep
- It would allow me to get more sleep and be more productive and well-rested
- More sleep less stress
- More sleep but that's it
- - Don't have to go to school very early.
- None
- None
- Maybe more sleep for some students. But that is literally it. And most students would get the same amount of poor sleep anyway.
- Teenagers get better quality sleep
- Getting better sleep, extra hour for homework in morning
- Students who experience stress and have to stay up later due to homework will be able to catch up on sleep and be able to function and be productive throughout the school day
- Absolutely none
- I get to stay up later and not sleep well and then grades drop and then I don't graduate because I'm retaking all my classes and then no college would take me because I flunked out of school because of a later start time.
- Better test scores, more attention, just better mood
- More alert in class
- I feel that students have set their circadian rhythm to be later in the night, whether it be by choice or not. The later start time would greatly benefit them, as well as I.
- Students will have more time to sleep which is shown to benefit grades and students moods.
- Students will have more time to sleep which is shown to benefit grades and students moods.
- None
- My brain works better later in the morning
- None it's fine now I see no benefit. It's dumb.
- We would concentrate better. We would literally just be vibing.
- I don't see any benefits
- Mental health
- More sleep
- Students will get more sleep and be more productive during the school day and be more healthy.
- More sleep = better scores and more focused
- Sleep
- We get to sleep longer
- Non, really
- More sleep
- Sleeping in later everyday.
- More sleep

- None
- Students won't necessarily be getting more sleep, but they will be getting more quality of sleep. Students won't have to come to school as it is still dark out either.
- No benefits
- Nothing
- Potentially a little more sleep.
- None
- Nothing
- The school day will match up better to when teens are most awake
- More time for homework in the morning
- Some students can sleep an hour longer, but most likely they won't sleep the extra hour.
- Staying up later but also getting sleep
- More sleep
- None
- Kids are more awake/more rested.
- more hours of sleep
- People sleeping in more
- more sleep
- More sleep and time to prepare
- Better grades and less tired
- Kids might get more sleep
- None
- Honestly just a better, more relaxing day. I feel extremely unrested getting up at 6:00 each morning no matter how early I go to bed. I also have jazz band which meets 50 minutes before school, resulting in me getting up even earlier. I feel much better rested on Wednesday mornings.
- Focus on learning without the tiredness from before, mornings to finish homework or studying, avoiding morning commute traffic, less crashes due to being more awake
- Fewer drowsy students which could result in higher concentration.
- I don't see any
- sleeping in
- possibly more sleep
- We will be getting more sleep and more time to finish assignments
- Students get more sleep and more time to wake up in the morning
- More sleep
- None
- None
- More sleep
- None
- More, sleep and it isn't pitch black out in the winter time when students arrive.
- I personally don't really see a benefit
- Possible better sleep cycles
- More time to sleep.
- Our sleep schedules will be healthier for adolescences, more aligned with our natural sleep rhythm, which could improve our performance in school.
- Student will be more awake, and ready to work in school.
- More sleep, possibly better test scores.
- I would think that a later start would match the sleep cycles of teenagers better than the current schedule
- Most high school students get between 3 and 6 hours of sleep every night and come to school tired, including me. If the school had a later start time, I would have more time to get my homework done after sports, and I could sleep more!
- Possibly more sleep, students less stressed

- Absolutely nothing.
- People will be more well rested and ready to begin their day.
- More sleep
- Nothing
- Get to stay up later
- None
- None
- None
- More natural schedule, better sleep quality, less stress, higher grades and concentration, making school less of a burden
- Better, more natural sleep schedule
- We get more hours of sleep.
- None
- Reduce lack of sleep, increase academic performance
- More sleep
- Extra hour of sleep
- Get more sleep that is desperately needed.
- Students come to school more awake.
- Feeling mentally less stressed, more focused on my schoolwork, won't get sick as much
- It is scientifically proven that Teenagers brains don't start until later so I believe that it would be very beneficial to everyone if we started later. People would potentially get better grades and be more active in class. Also if people get more sleep they would be happier and healthier.
- Kids can sleep in later
- Students will get to sleep in
- None
- More sleep
- More Sleep
- Most people I know tend to be more awake and productive later in the day.
- You can sleep in longer, so if you finish homework or go to bed late, then you can still be adequately rested. This might also change some people's attitude toward school if they feel more prepared once they arrive.
- Get better sleep which would help students do better in school and sports
- More school work productivity. Less anxiety and tardiness. Higher testing averages.
- Getting more sleep, being able to focus better in class and improving learning and scores.
- Students will sleep in later
- They will be more awake and aware of what is happening on the roads.
- I don't really see any benefits, but thanks for thinking of ways to keep us healthy
- Students will be more likely to get enough sleep as it is biologically natural for them to go to sleep at eleven and wake up around 7:30-8:00, therefore enhancing performance. Many teenagers, myself included, don't get enough sleep because we don't feel tired until about eleven, but are woken up 7 hours later by our alarms to get ready for school. While moving a start time won't affect the total amount of time students are away from home, it will increase the amount of time they sleep each night.
- The benefits might be that students are more alert and awake. They are able to store information much quicker. Students are able to sleep the recommended amount for teens.
- Students will not be as tired during classes.
- They're able to focus more since it's not as early in the morning
- kid's will get better sleep and be more focused
- As teenagers, the natural circadian rhythms of our bodies typically predispose us to later bedtimes and later wake-up times. Having a later start time may help to result in healthier minds & bodies as it would allow us to fall in sync with these natural rhythms more effectively.
- More sleep
- Better mood
- More sleep, more productive in school. Happier mood

- Waking up later
- None
- Absolutely none
- More sleep
- The ability to sleep in.
- More sleep
- More sleep
- A more student oriented school system that correlates with when teens are better able to learn, later in the day.
- If you work better in the morning you don't have to get up as early to get your homework done.
- None
- getting more sleep.
- More sleep
- Less panic
- Sleep
- Sleep in an hour so everyone's more awake during their school day.
- *maybe* more sleep
- Students would have more time in the mornings to sleep, eat a balanced breakfast, and do their homework if they forgot to or didn't have time the night before.
- More sleep
- More sleep
- Nothing
- No benefits
- Hopefully more sleep
- Better test scores
- Kids will get more sleep and will have more energy to be able to pay attention in classes.
- None
- more sleep
- i think its really good for sleep kids come to still tired a lot right now.
- Kids would have more time to do homework while still getting a manageable amount of sleep
- More sleep
- More sleep
- Students will have more rest
- Have more positivity
- None
- "- better brain activity/extra energy from more rest
- - more time for teachers to prep"
- I feel when you're able to get a later start along with the amounts of work we have would be nice
- "- students would have more time to wake up naturally(which is proven to be better for you) as opposed to waking up with an alarm
- -students would be more functional
- -students would probably do better on tests
- - not as many students would be late for school"
- MORE SLEEP
- It could allow people to get more sleep. Students best function past 8:00 AM.
- None
- Later start times could benefit our brains and allow us to think more clearly than the current situation right now.
- More sleep
- More sleep and more time to wake up and get ready for school. Plus kids will have more time to get homework done without worrying about not getting enough sleep.
- None

- More sleep
- We would get to sleep in later and go to bed later which is more aligned with our circadian rhythms. We if we woke up early we could do homework in the morning which is nice because we wouldn't have to do it after we're tired out from sports.
- Kids can sleep in more
- No
- It improves the the amount of sleep individuals will get. There are also studies that later school times improve test scores and grades.
- Better concentration
- Able to focus better
- The extra time helps us wake up for our first hour
- Sleeping in later, and being more awake at school
- Students might be more awake
- More sleep
- Students would be more awake for school if it started later.
- More sleep
- Less tired students
- More sleep
- Possibly more sleep, but not likely
- Possibly more sleep
- More sleep
- Zero
- Sleep and more time to mentally prepare myself for hell
- Finally get enough sleep
- It's healthy, students don't get enough sleep.
- Sleep later
- We can get more sleep
- Hopefully getting better quality sleep.
- More sleep
- Getting more sleep and more efficient sleep.
- You won't be as tired and you would get your work done
- None
- Sleep in a little more
- It's been proven to improve test scores! Plus it's just better for mental health
- None
- Improved attendance records, improved mental health and improved performance
- Students won't be as tired
- More sleep
- They might get better sleep
- No benefits, it'll just encourage lazy sleeping habits
- Students would get better quality sleep which would carry over into a better quality day of learning while at school. Students would also be in a better mod throughout the school day and are therefore more like to be engaged in class.
- It would allow our brains to be more prepared for learning, because a study I had heard about said that students brains aren't ready to learn until around 10:00 o'clock.
- Zero I just gonna go to bed later
- None
- can get more sleep, which improves your overall health.
- None
- Better sleep
- You can have more sleep so then you will be able to work better during school
- I don't see anything really positive

- None
- As a teen it's really hard for me to fall asleep at night and hard for me to wake up in the morning. With the extra hour I will feel a lot better and energized for school. So the fact of getting a little more sleep would be incredibly nice, along with it will help me be more awake and focused on learning.
- Better sleep for kids
- Better attitudes and less sleep deprivation
- We would get to sleep in more
- I do not see any benefits because my schedule for my job and activities are flexible
- I think there mental health would be greater
- It might help with sleep deprivation
- Students could get more sleep or they could choose to go to bed earlier
- None
- increase in sleep, better test scores/attendance, more attentiveness in class
- Students would probably be more awake and alive throughout the day.
- I don't see any benefits for secondary students
- Sleep more
- We can get better hours of sleep
- Nothing
- More sleep
- More rest, homework time
- they are more awake in class
- None it's a terrible idea that would create more stress for student athletes or anyone in any type of activity.
- Students will be able to wake up and do the homework in the morning that they couldn't get some the night before
- All good things, mainly giving the students an actual chance to wake up
- Students will be more awake and involved in classes
- No
- None
- Better mental and physical health, better grades across the board, higher attendance, active engagement in classrooms, better performance in sports, less sleep deprivation!
- None
- Having more sleep
- I would get much more needed sleep, wensdays are great!
- more sleep
- Students will be able to sleep in. This will help the student get the rest they need in order to have a more focused mind later in the Day. Study's have shown that even with later start time kids still go to bed at a reasonable time. Also, with a later start time and a more focused mind later in the day test scores have been proven to improve. Also with a later start time the mental health of a student will improve leaving the student in a better mind set.
- Studies has shown that kids will go to bed at a reasonable time no matter the time they get up. Therefore if we change the start times this will help our brains focus. It is also known for a teenager to not be able to fall asleep until later in the night so if we were to get an extra hour of sleep this will decrease stress levels and increase focus in school.
- More Sleep
- More time to sleep
- Many students, myself definitely included, are wired as night owls and don't get tired until later in the night. With the current start time, one has to fall asleep at 10pm to get the recommended 9 hours of sleep if they wake up at 7am. Most people get up even earlier then that, meaning they have to go to bed at 9:30pm, and so on and so forth. I, personally, have never had the desire or the time to go to bed that early. The earliest time my body feels ready for bed is 11:30pm. I know the time is only adjusted by one hour, but I can definitely see it improving the quality of sleep for students in similar situations to mine. Plus, it'd be a big help to wake up after the sun has risen rather than before when it's still dark outside.
- More sleep
- "They can sleep on their biological sleep schedule

- They will have time for the roads to clear
- They will be more awake at school "
- More sleep. Better grades.
- I dont see many benefits.
- We get more time to sleep in, be more awake during classes
- Us being more refreshed in the morning and not too tired
- less stress
- People are less tired, but also people will stay up later and still get the same amount of sleep. So it's pointless.
- The sports and stuff
- I see that I could sleep more
- None
- Could be more rested
- People can work more effectively
- None
- being able to be on time more often since having more time to sleep helps people function better in the morning.
- None. There are too many negatives about it for me.
- More sleep
- Extra hour of sleep
- None
- better sleep
- Getting more sleep
- more sleep
- It will do nothing.
- More sleep
- Better rested students that would perform to the best way of their abilities.
- Students may get more sleep
- Students will get more sleep
- sleep later
- Nothing
- nothing really. students will just get used to the later times and tiredness will be the same.
- Less sleep deprived
- Not really anything
- Less time to do homework
- Nothing
- It may help teens get more sleep
- Everything is delayed by one hour
- Students would get more sleep and be better rested.
- Possibly getting more sleep, and perform better in classes.
- Absolutely nothing.
- None at all whatsoever.
- None

What problems do you see with starting school later for secondary students?

- Getting home later late practices teaching kids to be lazy
- Activites
- Students might just stay up even later
- Later end time
- Students could just stay up later

- With this later start time, after school programs will start later making children go home at a later time or have less practice if the schools plan on the same ending times.
- Parents at work, less time to do stuff, dark when getting home, unnecessary
- Time crunching. Wasted time. Not being able to watch younger kids. Sports. Amount of daylight. Hunting. Leaving town.
- It could negatively effect work hours for both students and school personnel; could negatively effect after school activities; could negatively effect out of school obligations.
- Sports and homework
- After school activities will be packed
- Later release time, later practice times for sports, less time to do homework
- School will end later and sports will start and end later
- It could encourage some teens to stay up later.
- Getting home later than usual
- Less time in class and or people will have to deal with schools ending later and reschedule their work or sports.
- Later release, later sport events, later work times and less time for home activities
- none
- People have to stay longer and they lose sleep
- The whole bus situation is messed up, there will be no benefit because kids will just go to bed later, sports and jobs will be affected which ultimately end later and won't change anything
- So many problems like we get out later. If we get out later then it messes up sports and everyone's schedules. Some teachers commute from other cities and that means they get home later every day. The people with sports will get home around like 9 instead of 7 now and everything will be out of sort. Along with the fact that if a sport team has a game then people will miss all of 7th hour and will still have to get caught up.
- Later release means later after school activities
- Sports and other after school activities will just go later which means we will go to bed later and end up getting the same amount of sleep after all. We won't have flex anymore and that's the only good part of my day. School will get out later which means it will almost be dark out when we get out of school leaving us no time to play outside and do other things.
- Maybe sports, but mostly bussing
- Less time in the afternoon for work or school stuff
- Bus system
- The school will end later, so sports will end later, so I get home even later than before tired more than ever.
- Activities will start at a later date, meets/sporting events will go later
- Less time after school before the sun goes down, people will just stay up later
- Having school end at a later time
- The school day will go on longer
- Students will stay up later knowing they won't have to get up as early, students who have sports will have later sport practices then they will have to stay up later to finish homework making them loose more sleep. Students won't have much time after school to relax or do things they like to do, they will spend there mornings sleeping in and afternoons doing school work so they won't have time for anything else. Some kids already stay up late doing homework so if school ends later they will be staying up even later to do homework.
- Rides to school for parents that have to work, after school activities
- Messes up all the timing with activities and then we have to stay at school later, I don't see a problem with the start time now
- Some people might think later start means later sleep so it will just escalate to being the same as before. No problems solved.
- sports and activities would get out later
- Less time in the day, less free time and time to spend with family, closer to bed times
- Later practice times and missing more school when you leave early for a sport, youth practice even later
- It messes up their schedule!!!! So stupid. They will miss out on after school activities because of school getting out at 4:00.
- I think it is a horrible idea because if people in the country still have to ride the same bus as little kids then they still have to get up at the same time.
- Students with sports
- Less time after school to do homework

- A lot
- Lunch time could be off, flex could be affected.
- Sports practices might have to be pushed back, and athletes will miss more school for games.
- Problems with daycare for kids after school and sports times being later
- Students who have jobs after school will have to change their schedule to fit school
- If there is a later start time, I think some students will use that as an excuse to stay up later
- Unequal benefits concerning students from rural communities
- Having to be in school later
- People getting rides to school, after school activity's, work
- If students are in sports they might not get home until late
- After school activities, sports, people that have jobs, end up getting home later, if there's a later times for high school and middle school that means elementary school will get out early and then who will take them home or watch them since parents will be at work and siblings at school
- Athletics, students would still stay up later on their phones, transportation might be harder for some students, students would have less time to do homework.
- School ending times, athletics, students with after-school jobs
- Sports would be an issue after school.
- Extracurricular activities will go later into the evening, making less time for homework
- Makes students lazy and doesn't prepare them for work
- People with after school jobs that support their families won't be able to work. Sports would be pushed back meaning elementary school kids would have practice very late. Low income parents with young or disabled children wouldn't be able to put them on the bus
- I have to drive to Burnsville for practice by 4:00 some days
- It will just mess up everyone's schedules
- Later release times
- Getting out later
- There aren't many benefits for those who live in the country. Students may start to just stay up an hour later if they can sleep in an hour later. The amount of school being missed by athletes will increase and become very hard for an athlete to make up the work. If students are already on a 24 hour cycle, or their circadian rhythm, they will potentially delay the cycle and adjust to the same schedule for the later start time.
- Getting out of school later, day will feel longer
- Some of us start work at 3
- After school sports having to leave earlier in the school day, after school sports going longer into the evening, people would not go to bed any earlier than they usually do, they would just go to bed later.
- I do see fairly many problems, it means getting out of school later meaning there would be more conflicts with sports and activities.
- None
- Later sports practices, could be too dark for students who walk home
- late start means late end time
- Many kids would still be getting the same amount of sleep, harder for parents to control and make sure problem kids get to school, some sports would get out of school earlier causing more homework which makes for less sleep, sport practices would be later in the day making kids go to bed later, some sports practice after high school and middle school sports causing elementary kids to practice later, some students have jobs and some need jobs to help support their families this would cause more stress for them and cause them to go to bed later so all in all people would just go to bed later and not get more sleep
- Less time for classes
- People will see the late start time as a chance to fall asleep later. Students who live out of town will get home when it is dark.
- People will sleep later, after school sports will be effected, people don't wanna be in school till 3:39, flex is way better, later start Wednesday are better for just one day.
- "Then we will have to do later on in the day and we have stuff to do
- What would we do on Wednesday days"

- There might be conflicts with sports and other evening activities that usually have practices and meetings right after school, but I believe starting school later will bring about more benefits than problems.
- No flex, interrupts sports and such, less time for hw for those who live far away (overall, not good)
- It won't help rural kids, especially ones in activities, get enough sleep. In the winter getting home at 4:45, will not promote outside activity.
- Interference in after school activities and sports.
- It would take out things I enjoy like flex
- getting home later from sports, routines will get messed up, flex may be gone
- It is very inconvenient for sports and other after school activities
- As much as we all love the idea of later start time it has issues. The fact that people don't have to get up as early means you can stay up later, or how about the possibility of losing flex. I support the later start time. However, if getting this later start means the loss of flex I wouldn't want it. Flex is very very important, for the kids not able to finish work or need assistance flex is the time we're they can seek out that help. Flex gives us time to do the things we want and still eat and be productive. If we took the data from grades and late work from before flex and after it was introduced. I can say with full certainty that grades have gone up and late work has gone done. Not only could we be losing flex, but the later release of school causes after school problems, everyone needs to conform to this new time for sports teams not just us. However, the fact it's only 45 minutes longer shouldn't cause many issues.
- Having time in the evening for jobs, sports and homework
- Job and sports being pushed back and later sleep time, little kids getting home earlier than high schoolers
- This may decrease class time. It may move activities around that can no go late into the night
- You are going to make school longer because you people suck
- Push back jobs and sports, little kids getting home sooner than older siblings making them home alone, just pushed back a later sleep pattern for WORSE results
- They have less time in the day to do things they want to get done.
- See above
- after school activities and family routines
- After school activities such as sports and work
- Athletes will not get home till very late. It would punch everyone's schedule forward an unnecessary hour
- Practices would be moved to the morning, and if there not in the morning they will go later I tot he evening. Making it hard to have family time and to complete homework at a decent hour of the night. You will complete your homework later so you will most likely be getting the same amount of sleep your getting now with a non later start time
- Sports being pushed back, students who work, high schoolers who take care of younger students, youth sports
- It doesn't solve the problem of kids being more awake because it just shifts everyone's schedule later
- Sports would run later giving students less time for homework stressing them out more, it would give students an excuse to stay up even later on school nights, it would make it harder for parents with jobs to get their kids to school, sports teams that have games after school will have to miss a lot of school, people on the golf team will miss over half of the day twice the week during they're season if not more, I feel all of these consequences defeat the purpose of a later start time.
- Sports/activities have less time to practice
- "Kids can't work after school
- Kids leave early for sports
- Less time after school for homework activities and jobs
- Kids will just stay up later
- "
- I am on the dance team and have three hour practices everyday. With the proposed later school start time, I would have practice until 7:30 pm every night. With AP and Honors level classes, I also have a significant amount of homework, sometimes 2-3 hours. I would also have to find time to eat, so this pushes my bedtime even later than it is now. I feel this defeats the purpose of the later start time. Furthermore, while it would not effect my sport, many sports and activities have competitions or meets after school in far away towns. With school ending later, they would likely miss more school, or get back to northfield very late at night with homework still to do. While I understand the intention of the proposed later school start time, I feel that the consequences are not worth the change.

- Sports will end much later and for winter outside sports there will not be any available light to practice
- Programs going later at night
- We can stay up later, kids can get high before, country kids won't get home till almost 5, kids who work won't be able to work that much, kids who help their family's farm, sports will go later, and the people who get dropped off in the morning? This is all stuff you all didn't think about.
- No flex, school would go later
- People go to bed later
- Practice starting times, no FLEX, parents work start time, work after school,
- School goes on to late
- Personally I would have to go to work later and work later than I do now, and could push back some of the all ready late sport practices. It could be used as a excuse for students to go to bed even later than we already do. Some students have to take their sibling to school so they are going to have to wake up early anyway
- Get out later and sports go later
- Harder for transportation if parents give kids a ride
- Sports, work, buses, etc
- getting out later would also delay sports ending times, job ending times.
- Maybe some small scheduling issues.
- Students in sports will be getting home at night very late and as a consequence of that will be staying up later.
- Stress about sports and jobs after school
- too late end time
- Kids not having homework done since we will be home around 4
- I know this is long, but I urge you to read: First off, sports and activities will end an hour later. Some sports end at 7, and with this later start time, it'll end at 8 pm, kids will be hungry and once they finally get home, it could be around 8:30, maybe even 9 when some kids get home. That's not nearly enough time to shower, eat food and do homework. If you have a lot of homework or a big test the next day, you won't have enough time do study or even finish your work. Then some would say "then just get up an hour early to study" but then that defeats the whole purpose of getting more sleep. As an athlete, I can say that this will not help me with my school work, and it may even lower my grades.
- No snow days. People stay up later. No outside time in the winter. Sports are later. Sports schedules conflict with other schools.
- Students will just stay up later, outdoor sports in the winter
- After school activities could affect family times.
- kids who live in the country will still have to get on the bus at the same time, which is unfair to us, since we have to wake up at the same time and everyone else gets to sleep in. we would still be waking up early, but getting home even later. also some people will be alone when they wake up because their parents will have left for work, also kids who have a job will have less time to work, they will get less hours, also kids who are in activities will still get home later, and then since they are getting home later, they will have to start homework later, so we would still go to bed at the same time. also, since we would start an hour later, most kids are going to think they can go to bed an hour later since they have another hour, so it would also still be the same amount of sleep. also for students who have their games, it would be hard to schedule since there are many other schools that would be getting out an hour before. plus, starting school at 7:51 is not even that early. starting later is not even going to make a big difference because we don't even start that early. i know tons of people that start a lot earlier. our bodies have adjusted to waking up that this time. we are fine with what we have right now. thank you.
- School day ending later, sports ending later, conflicting schedules with other schools
- Starting school later would cut down free time at home and affect after school activities, and this time may not be able to be made up before school starts.
- I know that there are issues with after school activities as well as bus companies.
- Sports will also go an hour later than normal. Meaning sports that end at 5 will now end at 6, and it gives students less time to do homework. Some sports, like alpine skiing, get back around 7 normally, they pull get back past 8 after the late start. If we're being completely honest, pretty much nobody will be doing homework in the morning, and most students will keep their sleeping habitat as is. I really only see this benefiting teachers, now teachers can arrive at school later than normal, meaning

teachers can get better rest. Approving the late start will be a complete disaster, and very few students will be happy with this change. It only benefits the teachers, and the teachers are the ones saying that this will work. What a coincidence!

- Later practice schedules and less time to do homework
- There's no benefit
- If school gets pushed back athletics and clubs and work might start to clash more than they already do
- It will effect sports, drop off, working students and more
- I think the main problem with the change will be the lengthening of activities that occur after school.
- There wouldn't be as much time after school to just relax and do extra stuff. If it applies to elementary school too then they'll en kids will be coming home around 4:30 or later then they don't have much daylight to play outside especially in winter times. People who have parents that work a lot with a schedule will have problems with that. Students that go to work will get extra problems with shifts. Affect the time spots start and end.
- It would push activity endings back a bit.
- Sports would get done even later
- Sport games leaving school earlier in the day (missing more periods) or sports going late into the evening (not enough available time slots at fields or arenas) which leads to students heading home later at night (darker in winter) which could be unsafe. Less of an ability to work after a school because we would get out closer to store's closing hours.
- There's a chance that it wouldn't really do much to increase the effectiveness of students
- Nothing, lame people say it won't do anything, but coming from a school that started at 9, I felt better and it was easier to wake up and I had more time to eat breakfast.
- After school activities being pushed off, having to miss more school for sports, homework still remains the same length, no flex
- Missing more school for sports
- "Changes in after school schedules
- Won't be able to pick up younger siblings "
- all after school activities would start later which means kids get home later and have to stay up later to do there homework, they get less sleep
- After school activities
- Ending late not getting work
- None
- I don't think it will help with getting more sleep. Kids that stay up late now will only stay up later if they know they don't need to get up as early for school. Families will have less time at home after school and practices will only get pushed later especially club events that get the later gym times. I just moved to Northfield this year and my old school had a late start. I still went to school before 7:45 for lifting and practices would go until 6-7 and my whole family wouldn't get home until then so we didn't eat until 8. The earlier start time here is so much better. It helps kids get there day started and allows more time after school for practices and activity meeting without messing with family time or running into bed times.
- It makes students drive to school in the middle of rush hour, so kids who want to be on time, would still have to leave at the same time as now. Plus kids will stay up later after sports doing homework and sports. It literally is pushing things and hour, and will just make kids go to bed later and get up later. Plus sports will still have to get out around 2:45 to travel for away games. So 7th hours will be missed constantly and if that's a core class kids will be behind and create more problems.
- Pushing back into evenings with sports and events and meetings. Losing evening time for all sorts of things
- Parents who work in big cities, nobody would get sleep, bus schedule, etc
- "Kids don't have time for after school jobs
- Sports will cut more into school time"
- Sports go late, everyone stays up later, loss of time after school
- nothing
- None
- People will use the start to their advantage and stay up longer And be as sleep deprived as they already are.
- If they have jobs or games
- After school sports
- None

- Affecting activities
- It would interfere with after school activities and it might end flex.
- School gets out near dark during winter
- Being overwhelmed with work after school
- "-Busing
- -Athletic schedule (late practices, even later youth sport practices, more school missed (we already miss enough))
- -Northfield adjustment (it doesn't only change the school, it changes the town)
- -Lack of preparation for real world jobs (this is not a normal schedule)"
- Students might just stay up later and get less sleep
- We would have to end later
- Transportation, late practices.
- It gets darker earlier in the winter. We couldn't have after school activities in the dark.
- After school sports and activities could be pushed back, causing problems for heavily involved students
- Sport conflicts, busing conflicts
- If we end school later it messes up schedules and makes it harder for tasks after school.
- Athletics, buses, people who don't live in Northfield, working parents
- Work schedules for students can be thrown off and sports will possibly go later due to getting out of school later
- Kids going to bed even later because they know they have an extra hour, after school jobs, youth sports would be practicing at 10 at night, bussing, many problems with this
- School would get out later and sports would go later making the night feel way more crammed because it's taking an hour at least out of your homework time
- It goes later which would make it hard for students to have a job or it would make sports run way later which may make the students sleep schedule worse
- "1. Kids with after school jobs that help support their family will lose a hour of a shift which could effect them financially.
- 2. Sports would have to be moved back later for athletes
- 3. Club teams would have to adjust timing even though they are not part of the school.
- 4. The school has been running just fine without the late start. Kids will have to wake up early for jobs anyways so at least they are getting used to it now.
- 5. Kids will go to bed late anyways because they think it they have an extra hour to sleep.
- 6. Teachers will have to adjust their schedules after school which is sometimes hard "
- Even with the late start this would not stop kids from staying up even later because they are thinking they get to "sleep in" this will just become an endless cycle. Also I personally believe that flex is a very good addition to our school and it has helped me raise my grades and have less homework because I can get most of it done during flex. If I don't have homework it's just a nice mental break from the stress of school. It is also super helpful if I miss a day because then I can do my make up work during flex instead of after school which conflicts with sports. By having an hour late start and removing flex I would no longer have those options.
- We would get out of school later which would be a problem with work because we wouldn't be able to go to work until 4 instead of 3. It would also mean later practices and games.
- Sports events would need to e moved later
- getting out of school and potentially losing flex as flex actually benefits students
- Late start times don't make sense for the Northfield Community School Students. Students may have the opportunity to sleep in, but they will probably be staying up later with homework. In addition with implanting later start times younger kids would be home before their older siblings leaving no one to watch them. Child care would be messed up for parents. Student athletes would be having practices before school or later into the night, cutting off their sleep schedule, homework and jobs. Student athletes with jobs are stretched even more thin then before.
- "So many.
- After school jobs
- Bussing
- Kids who get dropped off at school early will be waiting a whole extra hour
- Kids miss more school for sports

- Kids go to bed late anyway because they think they have another hour to sleep in
- Doesn't teach kids to manage time and get a good nights rest even when there is a lot to do
- Teachers are paid less during Wednesday plc meetings "
- Less work hours, longer sports conferences,
- Sports, less snow days, goes longer in to my day and ruins
- People will stay up later, transportation for families
- We will be up later doing homework and activities because school will end later so the extra hour of sleep won't be beneficial.
- Everyone would just stay up an hour later and get home an hour later
- Later sports practices
- Give us objective facts and statistics.
- Less time for homework at night, home later for sports, harder to get a ride from parents
- Not having flex, having less time to do homework after school, sports starting later and ending later, having to stay up later to do homework
- Logistics
- Kids might go to bed later or the late release might mess up some schedules
- Sports and extracurriculars would be super hard to schedule and be apart of because they would either be in the morning or very late. Game nights would end very late and homework would get started even later. Students would go to bed later than they do now and wake up around the same time to finish homework. Also activities that are not a part of school activities (such as music groups or sports teams in the cities) would not be changing their times so kids might have to leave school early or end up having a really late night.
- Sports
- Them going to bed later
- We will stay up later and it will not solve the issue
- We live in Minnesota. It gets dark early in the winter due to the tilt of the earth, and it generally gets dark around 5:00 or earlier in the dead of winter. I'd prefer to walk home when it's still light out. Not to mention, this change would throw off people's work schedules, sports schedules, activity clubs, etc. It would negatively effect families who drop their kids off as they're leaving for work. If this were to happen, the community will need lots of preparation and planning, and might need time to adjust to this change.
- Activities will go later into the night, or overlap with other activities.
- Not having rides to school
- Shorter/late activities, no flex,
- Extra curricular actives will go later, possibly making children miss dinner.
- You would have a longer day of school which would interfere with sports after school, and you would have less time after school to do your homework
- No FLEX, activities later, makes Wednesday normal
- A lot
- None
- Sports
- School has to go late which forces sports to go late and if people have to work after sports then nothing works out. Terrible plan!
- none
- After school activities are all screwed up
- Getting home later or losing flex, sport scheduling errors
- people will be getting home too late at night and kids will just be staying up later.
- Multiple reasons if u would like to interview me I would gladly explain all the problems with this
- Less time to do homework and sports running later
- Sports go later, then homework goes later, then bedtime gets later.
- Sports may have problems.
- Ending later in the day

- After school activities being completely disorganized and then not getting home until even later. Also FLEX is a better more effective break in the middle of the day rather than an hour later in the morning. Also, some parents have jobs that restrict them from bringing their kids to school or home, and the bus is not for everyone.
- Less/ no flex time
- Rural students that take the bus don't benefit, winter sports that practice outside will struggle with holding later practices in the dark, after school programs for elementary students depend on high schoolers to work, but there would be an overlap between elementary students finishing school, and high schoolers finishing school, and coming to the schools to work.
- We are getting out of school later and we probably wouldn't have a flex
- It will just push everything back later, the people with sports will have practice later and essentially get home at the same time because of the times just being pushed back.
- getting out later and if you take away flex less time for tests
- "It wouldn't change the sleep that student should get
- Interrupt sports schedule
- Can have problems with non student drivers to get to school"
- High school sports will miss more class time, club sports will start later causing them to be over later. Kids may realize they start later, so they have "more" time to do homework, hence stay up even later and miss more sleep. Everything will just shift to later times, nothing will change.
- After school activities would last too long
- "Work later no time with friends
- "
- Work late, no time for friends
- Sports and other after school activities will start later, and for students will miss more school when leaving for meets
- Personally, I see a lot of problems with this. Parents might not be able to bring their child to school because they have to go to work. There would be an hour less after school for homework and after school activities, such as sports, work/job, spending time with family, and any social things. Also, we'd have an hour less of daylight after school in the winter. I don't think kids would get more sleep, either. From all the people I've talked to, we don't get an hour more sleep on late start Wednesday's because we just go to bed an hour later. If the school day started later, we'd just go to bed later, so we wouldn't really be getting more sleep.
- School will end later and so will after school activities, which will make for later nights for students
- Kids may stay up later because they don't have to wake up as early
- Activities, work, and other extracurriculars would be pushed back even later. Thus, having less time for homework, which means staying up later. It cancels out the sleeping in later.
- School ending at almost 4 o'clock
- We would get out too late so we wouldn't be able to get things done
- Nothing
- After school activities such as sports. And not having the ability to eat dinner with family.
- After school activities like sports and getting home later
- "People may find the later start as a way to stay up later and not get more sleep. People that live far away will be getting home much later.
- Sports would end much later.
- Less time for people to do things after school"
- The later school start is an absolutely terrible idea. First off, the school must take into consideration of the following: parents schedules and responsibilities to their children, after school activities, and after school jobs. The later school start would challenge all of the following mentioned. Activities would go an hour later, giving no extra sleep time for those in sports. After school jobs could go an hour later, or students would lose wages, non the less, our local economy will be effected. And parents schedules would be messed up, and their work schedules as well. The later school start will be an ineffective way to help students. I would recommend the school district focus their time and resources on more pressing and urgent problems the schools face as a whole.
- Later Sport Times, school ends later.
- Games and athletics will be really late

- Getting less free time
- Sports being pushed back, getting home late, missing school for sports, more stress
- Nothings going to change. It's still the same amount of down time, or lack of downtime.
- I don't see any problems
- We might lose flex time, and working parents might have a difficult time getting their kids to school.
- Kids will just stay up even later and it won't make a difference plus if a kid has a job out of town right after school they won't be able to get there on time and they could possibly get fired which would take money out of their pockets.
- Sports and clubs having later practices
- No flex time
- "Sports activities
- Family time
- Jobs
- Teachers attitudes "
- Practice getting over later
- Firstly, people in sports will not get home until an hour later than normal, meaning that students and coaches will not be able to see their family until later. Secondly, a lot of students (in my opinion) are going to end up going to sleep at the same time, but are also going to wake up at the same time due to sleeping patterns anyway. Thirdly, teachers will have to stay longer, increasing the amount of time they need to work, and making these people less happy in the long run.
- Sports getting done later people won't go to bed at the same time they do now
- Because of all the homework we have to do, and or study for tests, we go to sleep late, and we have to wake up at 6/6:30 am to come to school, so we're tired and we don't focus in our classes and we are falling asleep.
- When you do homework, you'd be less awake, also it would be pretty easy to forget homework and sleep in.
- None
- Nothing really
- After school activities will be harder to fit in the day and students might slack off on homework
- A problem I would be concerned about is kids just staying up later on their phones and negativity taking advantage of the later morning wake time. Hopefully most students would use a later start time for the better, however, there will be some who will not.
- Sports will go a lot later and it will take a lot longer for people to get homework done so we won't get to sleep until close to midnight
- Kids that live too far away to ride the bus to school (Faribault, etc.) will have issues with parents getting them to school because of the later start time. Activities won't get done until later due to them starting later so the whole sleep schedule will just cycle back around and might even getting worse.
- Way too late of a school day. Sports and activities will go into the night. Part time jobs will become difficult to schedule and students will lose hours to work after school.
- Kids not having enough time to learn
- People sleep in and don't get stuff done in the morning. They go to bed later and wake up right before school. They go home and go to sleep.
- kids get the same amount of sleep as before, school and sports end later anyways, flex would go away
- None
- Pushing activities back, losing time for daylight, dinner, family time, etc, minimizing effects of flex, missing more school for sports or other activities that are excused earlier
- Teachers will be at school longer. Sports will go on for longer than they already do. Teens will most likely shift their sleep schedules over 1 hour like we do with Wednesday late start anyway.
- Later sports and staying up later
- With school starting later, after school activities will start later and then students will sleep later, nullifying the effect if the late start
- For me, my work shift starts at 4:00, so it will mess with outer businesses and activities in our community.
- None.
- Get out a lot later and parents need to change work times to pick up their kids

- It might not change anything because students won't sleep, could also cause problems for sports practices and parents
- You leave school when the sun starts going down, sports will be out much longer, you will have less free time because you would have to go to sleep at the same time.
- Students will just stay up later, they won't get more sleep.
- People will be leaving from school much earlier for sports and will be coming back from school at 10:00 and still be doing homework I will have less family time cause I wouldn't be getting home until 5:00
- Mostly with athletics as they would have to miss more school later in the day and some of the sports that have outdoor practice in the winter would be practicing in the dark
- later start time gives us less life time
- Some students support their family by having a job and this would mean they couldn't start until 4 or 5 pm and most businesses in town close before 8-9 leaving very limited hours to work and businesses are not likely to hire someone to work that late or that little, students are not going to get "extra sleep" they will stay up an hour later, it's how kids work. Sports now have very limited gym/ice space and are often very challenged with scheduling practices and games. Younger kids now are already having practice at 9-10pm and they'd either get pushed back even later or not be able to get time at all. Another part is that the majority of parents work before 9am and would be unable to bring their student to school or ensure that they arrived safely.
- School ends later, creating less time for after school activities, work, personal time, and homework.
- Getting out later
- We get out of school later which may conflict with work, sports, etc.
- I'm not sure about other sports, but my practice would then end at 7:30, and I would still need to do my homework, eat dinner, and take a shower, so I would just shift when my sleep was, not get any more.
- Kids staying up later
- Staying up late to do homework because some people have practice/sports after school till late
- Later end times
- It won't accomplish its purpose. Kids are just going to stay up later. Also farm kids will still get up at the same time. Activities will go longer and allow even less time for homework. winter activities will go well after sunset, which means some kids will be at school from before sunrise to after sunset. The change in start time also would not work with many parents work schedules, and they would also rely on buses or siblings to get other students home.
- Will effects kids in out of school activities because school will run late
- Later activities
- No flex means that less homework and socializing can be done
- I would have to get to school an hour earlier because I can't take the bus
- Sports will be pushed to later making it harder to do homework. And this means my sibling get done before me. It also with take away flex time, so it will be harder to get help from teachers.
- People will just stay up an hour later, practice times will be messed up, work times will be messed up, no FLEX
- everything would get pushed back in their after school schedules, including going to bed later. students stay up later because they think they will be able to catch up on sleep with the extra hour, getting the same amount of sleep anyways. not having flex period to recharge, causing stress and inability to focus as well in class. Less daylight for sports practices that occur outside. Less exposure to daylight after school, affecting overall mood of students.
- Nothing
- Athletes won't get home until late if they leave school earlier they're missing more school kids will just stay up later
- Kids with jobs, kids who need to pick up siblings, kids who need rides
- More sleep
- Later sports at night-not as much time for homework.
- I don't see any
- I believe pushing back the end time bring a few issues for after school activity's that are not directly associated with the school causing overlapping activity's.
- School ends later
- No time for extra curricular activities outside of school
- After school activities would run late and into night hours. Students will see the later start time as an excuse to stay up late.

- People who are in outdoor sports may have to practice in the dark
- Later days interfere with sports
- You get out of school a lot later and you don't get flex which is a lot more beneficial to everybody
- "- Students who work might have timing problems
- - Students in Sports
- - Parents might have problems with Kid getting home later
- - Students will have to be up later to finish homework instead of sleeping
- - Transportation Problems (especially with parents who work early)
- - Winter Time when the days turn shorter and the sun sets earlier. Students could be going home in the dark which isn't safe.
- - Students who parents depend on picking up their little siblings at the elementary and middle schools."
- After school activities will end too late in the day. Kids will just stay up later, so no one will actually get more sleep.
- All practices will run later causing students to start homework later making them stay up longer which will result in the same or less amount of sleep
- Many. we will not have a good flex time, and people will still go to bed late, thus making it completely ineffective. Also, we will stay later, and after school activities will go longer into the night too! Yay!
- After-school activities will be later in the afternoon
- After school activities get delayed an hour
- Youth sports in Northfield will have later start times, and high school sports will miss more school during traveling games.
- Will cause disruption in extra curricular activity's and force times to change out side of school.
- Practices will start after schools and I would get taken out of classes so I can go to a meet also I would get less sleep
- Students will just stay up later instead of sleeping more
- Maybe less time for sports or something
- I think students will just go to sleep later and stay up later. Not enough time for after school activities or if students work.
- Many adults would have to plan their day out differently, as well as adjust their schedule for work for the adults that pick up children from school. However, this shouldn't be much of an inconvenience.
- Later ending times.
- Later ending times.
- Sports going later
- None
- Procrastination will go up students will just start their homework later sports go later as in non school sports will go later. And could possibly be moved to morning resulting in loss of sleep instead of gain. Most students I have talked hate this as well as most parents. Parents who have to drive their kids to school on their way to work now can't because their kid starts an hour later and they have to be at school and their in the country or places where buses are accommodated. My teachers find it not smart because they have kids and not all of them live in Northfield. Making the timing hard for those who've have families outside of Northfield. Please don't do this it's fine the way it.
- We might not sleep as goodly because we would have a different mindset
- As of right now after school I go home and eat and then come right back to school (without having any time for homework) and go to practice at from 5-7, and get home at 7:30, but if the time gets pushed back I won't get home until 8:30. And when I get home I still have to do all of my homework and go to bed so I can get enough sleep. I feel like I wouldn't benefit from the later start time, because I would just do what I am doing now but an hour later, so it wouldn't change anything. Also I like how Wednesday's are shorter because it gives us a little break in the middle of the week. This could also interfere with other schools and other sporting events. I also really like flex, because I get to talk to my friends who I don't have classes with and do homework that I didn't get finish the night before. Also kids will end up using the extra hour of sleep to do homework instead of sleeping because flex could potentially be lost and their sports are going later and school is also ending later.
- busing and co-curricular times can be complicated
- Idk
- Extracurricular activities will interfere with class time, less time to spend with family, most of the people I've talked to about it don't like the idea.
- None for me
- Sports and getting home late it won't benefit sleep at all

- Most kids will see it as an excuse to stay up later anyway, and it could seriously affect a lot of people's home lives and cause them to have to completely readjust their schedules
- Everything; activities, sleep, work.
- Troubles with time management considering after school activities and homework. Loss of flex and Wednesday late start. Lots of other troubles.
- No flex, some kids won't get rides to school because of working parents, I can only work until 6:45 because I'm not 16 yet at the place I work and then I'd only be able to work for like an hour on school days, no Wednesday late starts and those are nicer than getting an extra twenty minutes everyday. Things will be more uniform and scheduled and boring.
- More stress, practices pushed back
- Many problems. Athletes will have practice later... therefore they will not have a lot of time to do homework. Some families depend on their child having a job for after school to provide for their family and that would cause issues. No flex.. which everyone loves. Overall I think students would get any more sleep.. in fact, I think they will get less.
- It will affect not only the lives of the students, but the lives of their families as well. Most parents have their work schedules revolving around their children's schedules. Some parents won't be able to drive their kids to school because of this. Yes, they can take the bus, but many students carry sports equipment and instruments to school and this is too difficult for the bus. Students will be traveling home from school in the dark and kids will be getting off the bus in low light which is extremely unsafe. Athletic activities will also be too late in the evenings. I am in three sports right now and every week we miss two hours of school for meets and races. This would change to missing even more school. Sports such as Nordic skiing and cross country running would be practicing in the dark. We have no lights where we practice. We need to still have a Nordic team and cross country team because there are over 100 kids in cross country and over 50 in Nordic. They are second families to many students. I disagree that students will be getting more sleep with the later start time. Students will have to stay up an hour later because homework will be done. Dr. Bryan Hoff believes that this is untrue, that students will go to bed when their tired. As a student, this is untrue because students care more about their grades and achievements than sleep. They will go to bed when the work is done, not when they're tired. Another reason the later start time is not a good idea is because there are many students that work after school and many small businesses rely on high school students as their employees. There will be less job opportunities because of this and this affects the whole community, not just high school students. I have also read the studies that they are using to base this evidence off of. The sources they have for these studies are not strong enough to represent accurate evidence. Northfield students are more than a study and should not be based off a study. I realize this will not affect me next year because I am a senior in high school, but I have experienced the work load and stress we have in our lives, and I know that a later start time would make that worse. I also am trying to look out for my brother who is still in high school, and all of the underclassman that are still in after school activities. The school board keeps mentioning that they're still working out the obstacles; however, there are currently too many obstacles to work out and the community is not ready for this change.
- I will miss so much more school because I will have to leave for away meets and will have barely anytime to do homework.
- The later start time wouldn't help with the sleep schedule of students. With activities and school going later into the day, it limits the homework time for students. The students would end up staying up later in order to finish their homework thus cancelling out the benefits of the later start. Activities would go later which means that open areas (like gym time) for other sports (club sports) would be limited.
- Sports practices will go much later, it will be harder to get rides from working parents, lectures will take up most of the hour and have less work time, a lot of kids will stay up later because they know they have an extra hour of sleep in the morning, a whole hour later start is a big schedule change for kids trying to find transportation. Kids who have many outside of school activities may have to drop some because there isn't enough time after school for homework, clubs, sports, and religious activities during the week.
- Getting home late from sports
- Everything is later have no time to do anything
- Most jobs, sports, activities, and clubs will have to change times.
- Sports and activities go past supper into the night
- Because of the time that school would end every day, there are some students that start work at 3:00pm and even some that start at 4:00pm which would be a problem.
- Getting out of school late so please don't do it

- People will not have rides to school and sports could potentially be pushed back.
- People will just end up staying up later and won't gain any more sleep. Hard to organize after school jobs.
- Parents who work early will have a hard time/inconvenience for parents, the buses will get even more cramped, kids who go to kid venters will stay there longer, families wont have much family time, farm kids won't be able to help more so farmers will suffer, go home in the dark which can impacted kids mental health, the town would need to pay more, because you would need more buses for more students, after school activities will start later, etc.
- after school sports
- Sports starting later, parents having trouble taking their kids to school in the morning
- ending later
- After school activities/ sports
- Later end times.
- Sports if school goes later
- Kids would stay up later, we wouldn't have as much time for homework, sports practices/games would be later, more kids would have to be pulled out of school for sports or any other extra curricular activity's
- Losing flex get out of school later
- I know this is where most people will bring up after school activities, but I honestly don't see the problem of starting an hour later. Yes, it means getting home later which is a bumner, but more time to sleep far outweighs it in my opinion.
- More students participating in sport activities such as away games miss out on more school than before, parents who have a strict work time and needs to drop their kids off with the usual school time, buses
- Certain students wouldn't utilize the longer rest hours they're given. In which they would stay up later instead of using that time for sleep.
- Lots. Parents won't be able to drop off kids at school if that's the only way they can get their kids to school and if they are able to, the buses will be overcrowded. Another reason is that kids won't be waking up later because you guys are saying sports are moved to the morning so kids will be up earlier.
- activities get pushed back later
- no flex, later school activities, driving in the dark for some students
- We would be getting home later and not having enough time to get things done
- School would go later making activities go later and homework being pushed later so kids would go to bed later and get the same amount of sleep
- Nothing I can think off
- If your an athlete, your getting less sleep, and performing worse, due to the lack of sleep.
- Sports get pushed back people will stay up a hour later anyways
- Later school that can interfere with sports and work
- Sports and activities with schedules
- Maybe they would have to change their job schedule or they would need to figure out home to get home.
- Sports and activities would have to be pushed back later, which would cause students to have to stay up later doing homework or getting out of school earlier to go to games and events.
- "Not any more hours in the day just because you push back the start times
-
- People with jobs punished
-
- Not preparing us for adult life where we might have to get up early for jobs and such
-
- Encourages falling asleep later/bad sleeping habits
-
- Unnecessary change
-
- After school activities pushed back even LATER"
- Activities scheduling. Winter snow days
- Sports and activities would be pushed back, running even later than usual, and therefore getting home later.

- Later ending times may push activities outside of school later in the evening
- After school activities will be pushed back and will give students less time to work on their homework after school, making them stay later and making the late start absolutely useless. Most jobs start at 3pm as well so very few people would be able to go to their job and would have to spend all of their weekends working because they cannot work weekdays.
- "Unless all of the other schools in the area (rice county) are on the same schedule it will definitely effect who is and isn't able to attend school- personally, my dad works in Faribault at a school that runs 7:45 - 2:45, and he has to be there half an hour before the school day even begins. NEITHER OF MY PARENTS HAVE A FLEXIBLE SCHEDULE that would allow them to drive me (my only form of transportation because I don't think the buses go out that far) to school at 8:45 daily. And since most school days I arrive on campus at 7am, it would leave me with ~2 hours of downtime daily (if the new start time is implemented)
- So if the new start time is 8:45, it would be very nice to have some sort of thing for the students that can't adjust to the schedule changes.
- sorry for writing a paragraph I wanted to be thorough because with the schedule changes I might not be able to attend nhs and I desperately want to stay"
- Sports practices would have to be shortened.
- Doing homework later into the night, the sports would miss an extra hour.
- Kids are going to stay up later. Kids will do more stupid things. Kids that work won't be able to work because of it
- Students will be kept at school longer and sports will be drug out longer in the night.
- Later sports and arts
- Not get home out in the country till 5:30 or 6
- "-Kids who live in the country only get disadvantages (get on the bus at the same time and get off when it's dark)
- -sport practices get done later so there is less time to get homework done
- -dark when we get home
- -less afternoon time at home/to do chores before dark
- -long afternoon classes
- "
- Interrupting sports schedules, parents jobs, and getting home too late in the day.
- Several... all the sports and after school activities will have to change. It's harder for parents to drop their kids off later and pick them up later. It's harder for clubs to change their schedule because many times practices are right after school. People who leave early from school would be missing even more school and it would make their lives even more stressful.
- people complaining about how school starts too early once they get used to the new schedule
- Slightly affect sports
- Well if the whole conference doesn't do it then it's pointless. Having to leave before 6th hour for sports games would just cause more stress and less sleep than before. Missing school is NOT easy. Also it may cause some issues with timing of when parents work and pick their kids up from school. I understand that pushing it later will accommodate to our natural sleep schedules better but honesty I do like 4.5 hours of homework each night and I feel tired everyday but it's just normal and I'm used to it. I know that's not normal but I don't think an hour difference will do much because I will probably just go to bed even later than I already do.
- I rather have class starts at 7:50am and the class ends 2:45pm. I want have time to do my homework and I am able go to work.
- More buses having to drive around. High school hockey players have hockey practice right after school, and many other younger kids have practice after them, and cause the fact of how we only have one sheet of ice some younger players don't get done with practice until 10:30 half the time, so if we were to push school back another hour. All the practice times would be pushed back an hour so those kids don't get done until 11:30 now, making them not get home till after 12:00am in the morning! Then once they get home they have to shower and get ready for bed. So then none of these kids would end up getting any sleep.
- Impact family schedules, students would stay up later, no time for homework, affect sleep rhythm of students
- Sports and activities after school.
- Sports and other activities having to start later which means less time for homework. Also parents that depend on their high school kids to watch their younger siblings after school.
- Conflicts with after and before school activities.

- Sports get less time, or take up the whole afternoon.
- Conflicts with extracurricular activities
- Sports would end later so many people would get home a lot later than normal. But if we had later schools times they would have more time to stay up to do homework and stuff.
- sports and other activities would go later so then kids would be staying up later
- Not a lot of time with family, less time at home, less time to work, students will stay up later with homework and activity's,
- After school activities ending very late, leading to more sleep deprivation
- Jobs, after school activities, sports playoffs, staying up later doing homework, getting home later, not much free time after school, going to bed later
- Sports going later
- Students may just stay up later and continue the same pattern they do now.
- Some students have to take care of littler siblings, whose day would end before ours.
- Sports times would be messed up
- Weird sports/extracurricular activity schedules. However, this will only be in the grace period before schedules are completely smoothed over.
- Working after school, after school sports, buses
- School getting out later so students staying up late to finish homework and not get enough sleep. Sports practices ending and games ending even later
- If we move when we get out of school back then sports may be pushed back to a later time.
- There are basically no benefits. Yes you sleep in later, but are you really. After school kids have sports, homework, working out if you do, concerts for music, some how fit family time, and above all this homework has to fit in this.
- Activities will run late into the night and overlap with meal and family times.
- Students don't want in school longer than they are supposed to. After school activities might be start later meaning jobs, schoolwork, sleep would be affected. Also if it later then flex will be affect and students might not have it anymore and flex is the only time students can relax and able to catch up with teachers, late work, etc.
- Students will go to bed an hour later knowing that they have to get up an hour later. Sport practices will get pushed back even later than they already are (They are already later than they should be for some sports). When leaving early for sports you are missing school, with a later start time you will miss even more school. When it snows the later we get out the worse the roads will be, meaning the more dangerous it will be for drivers.
- Sports will get pushed back later and overall school ending later in the day doesn't seem ideal
- the school day will end long and people who r in after school activities they will go longer which then the kids will get home late and won't have a lot of tome for homework before it gets to late
- Primarily, I just don't see any sort of effective, long-term benefit of later start times. A typical day for me usually consists of school, various activities, family obligations, and then homework until it is complete -- at which point I go to bed. For many students with similar schedules, I do not perceive any foreseeable benefit: an hour later start time, means activities start, and end, an hour later, homework is completed an hour later, and sleep comes an hour later. So, if the goal of a later start time is to help improve sleep and mental health, I don't think it will be effective in practice; I think everything will just shift an hour later. This shift is accompanied by many negative implications such as activities interfering with dinner time or household disruptions by teens still awake late at night to finish homework. Essentially, I do not believe that the later start times will have sustainable, long-term benefits.
- We will end school to late
- People will sleep at a later hour
- Sports get done really late
- Sports ending later, kids on farms will have less time to do there chores in the afternoon and won't gain any time in the morning. My bus ride is an hour now if I took the bus then I'd get home at 5, I have to work form 4-6 if I ride the bus I can't work. If people are tired it is 90% of the time because the stay up till 1:00am, parents with jobs would have a harder time bringing their kids to school, my whole day would just shift an hour I would not gain an hour.
- Sports going later
- Winter sports will either be spending more time in the dark or they will be moved to the morning when it will be colder.
- Sports will be a lot later especially if not in high school sports and no Wednesday late start and maybe no flex

- After school activities forcing students to spend so much more time away from home after school since school would be ending an hour later.
- Sports in the afternoon, balancing school and work
- Getting in the way for things, no flex
- Kids in sports and after school activities going later, giving less time for them and homework.
- "People are just going to stay up later, defeating the purpose of a later start
- Practices, games and other after school activities will be pushed back really late "
- Getting out at 4 pm
- there will be changes in sports practices
- Athletes will have later practices and games. Taking flex away
- Students staying up later
- Spots scheduling
- All schools not starting and ending at the same time.
- It ends later, so less time with my family, as it ends later so some people would just stay up later doing homework anyway
- The 3:39 end time would mess with some students' work schedules, and some students, like myself, have to be home before 3:30 to watch younger siblings while their parents are at work.
- It would mess with sports, causing some to go to 6 at night.
- Sports and activities and jobs will be at a later time if we have later school. That means that if we do this students will stay up even later because we get out of school later... they won't have time to complete homework and be productive. I don't think we should have later start times, I like getting out of school at 2:45. (More time for other things)
- After school activities running later or being in the morning defeating the purpose of a later start.
- If people have to stay later there will be less time for after school activities.
- Later times to get out of school, school activities will be heavily changed
- Kids that play sports a lot of them start at 3:30 so that would mess with a lot of stuff.
- Homework
- Later start times for school activities
- Timing of classes is shorter so less work is done, or you could extend it to end later, but now sports are effected and kids are not having enough time to eat a filling and healthy dinner while being able to do their homework and studies.
- Staying up later to get homework done, sports practice going later, sport game/events having to leave super early, people with jobs having less time to work, people having to changed their schedules.
- activities would be forced to be later, not many students would really sleep in, it would be a waste of the day
- nothing really its only a positive the one down side is ending at 3:39 that doesnt really click in my mind i think if we were to end later it should be around 3:00pm because personally i have work after school and my boss likes me there by 3:30 so it doesnt fit right
- Some kids would only stay up an hour later and continue with the same schedule
- After school sports
- Sports are later, parents have to get to work later, people will just stay up later
- School will go much to later and practices to and people won't have much time to do homework.
- We would leave more lately
- Everything
- "- getting out later for sports and other after school activities
- - jobs
- - transportation home or where ever else"
- None
- Everything
- School would end later.
- Activities after school
- It may be difficult for students who need to be dropped off by parents.
- Later time getting out for after school activities
- Starting later means ending later, which means less time for after school activities.

- Having to get home later from sports. Staying up later to get homework done.
- People will only stay up an hour later so the late start doesn't do anything, people who have part time jobs might lose the jobs due the the later school end time and finally, sports and extra curricular activities' times will be pushed back later due to the fact time school ends.
- More time at school, staying up later
- Our sports would be later most parents would already be at work so there is no chance of getting rides
- Later start means later ending time which leaves less free time for students to do extracurricular activities
- Getting out of school late
- It could push back sports, witch in turn would put back homework time make people stay up late.
- More homework
- Jobs and sports would be an issue
- People will take it as a opportunity to just stay up later
- After schools activities and sports would have to start later for Northfield. And as an athlete belonging to the Lakeville Ice Cats we have practice that starts at 4 sometimes which I wouldn't be able to go to or have to miss a Lott of school for the sport I love.
- Kids will stay up later, be more tired, and school will run later meaning sports or other activities will run later into the night.
- We are going to stay up later because of homework so we won't get more sleep
- Sports would go much later or morning practices could happen, and the disruption would be too complicated
- Less time after school
- Later sports practices
- No flex time
- After school activities will suffer incredibly. Nordic practice will cease to be possible.
- Winter sports won't start until it is dark outside. Students will just stay up later.
- Sports no one will want to do them in the morning and we won't want to stay longer than we have to. If we know we will go in two hours later we will stay up so it doesn't make much of a difference
- I get out later have less of a life
- Hmm don't know
- Later end time
- FLEX being replaced but this, many students now depend on FLEX.
- but kids will just go to bed later so you will just get the same amount in the end, activities will go later
- We get out later so less time for homework and out of school activities
- I'm concerned about how late after school sports will go if the school time is pushed back.
- The day would feel longer and drag on towards the end of the day
- After school activities will go later.
- Sports would be later
- Later after school activities, causing late nights doing homework
- How late we will get home if we have sports and homework to do
- Parents driving their kids to school who have to work.
- After school activities running later, later work times, sleep schedule just pushed back two hours in to the night, can't eat with family because sports run later and work, in regular schedule because pushes back later
- A shift from being up too early to being up too late
- Students won't be able to get to work on time cause if we start later that means later end time
- School would get out later which would take away from the already minimal amount of free time we get outside of school. So much of our lives as students are already controlled by school and taking away from this free time is one of the worst decisions that our school board could make. If it comes down to flex or later start times the answer is clear, flex is a very important part in many students lives as it gives them time to socially interact with people they might not be able to outside of school.
- Kids will stay up later, school will go an hour later and sports will go way longer
- No evening
- It would be a huge shift in the lives of the students, their families, and the members of the community. Schedules would be affected significantly.

- It would cause disruptions with our sports and kids might be getting home long after dinner and would still need time to do homework, which would then affect the amount of sleep they would get anyways.
- Sports less time to do homework
- If students have a later start time, school will also end later. Therefore practices for activities will end later and cause many problems for transportation, homework, families, and the students will still get the same amount of sleep as they will have to stay up later doing homework.
- NO FLEX?! also some students may not use the extra sleep in time for sleep.
- Miss more school for sports
- Bad for jobs, sports
- Class's are shorter so then you don't have as much time to do stuff in class
- Later practices, and it's not helping sleep if we have to stay up later to finish homework so we are getting the same amount of sleep as we did before. The times we have now help give time to do homework right after school, giving time for practice. Also we would be getting rid of flex which is another time for homework help.
- Jobs
- People will just stay up later and still get the same amount of sleep, sports will go later.
- Parents who have to get to work earlier than start time
- Transportation
- We would have to stay later which would intrude work scheduled for a lot of people.
- My job do know have shifts for me after 4
- School would end later and some people have jobs and sports and other important things
- People will want to sleep even more
- Kids parents are typically gone by 8:45 in the morning.
- Sports
- Later sports practices, later time schedule
- If you move the school start time, it's going to make people have to change their work schedules, everything will be running later including sports and work, and with as much homework we get as students, we will most likely be staying up later normal like we do now. All these problems that were facing right now are going to keep reoccurring, (I feel at least). I don't feel this will do anything to fix the problems, but only make it worse.
- I see a lot of problems because it's will be to big of a shock for students
- Sports and work times after 3
- After school activities
- Sports leaving
- Later sports
- Hard for activities, jobs impacted because teens won't get out til later
- there would either go to bed like they do now or they would stay out till 10 or 11 o'clock
- Any sports activities will interfere with school or be solace student athletes will not get enough sleep.
- It will take some getting used to and students will fall asleep later
- If starting earlier means we end later, that could be a problem for everyone in the education system
- Sport tournaments
- Getting home late from the bus, and having practice later in the day.
- Winter sports and activities running later. Outside sports and activities not having enough daylight
- Work
- Less time for homework after school because of late practice
- scheduling after school activities like sports, jobs, and child care for younger siblings.
- Being a teenager know that we have an extra hours to sleep will make me want to stay up even later and cause me not to get enough sleep so I don't see a point because it's a habit for kids at this age to stay up later and wake up early
- Sports, late return to get home, less time for homework, and most people will just stay up longer anyway
- It would be tuff for me personally, because I live out of district, so my parents drive me into school; so my parents may have to start work later. (If that is not what the question is asking, sorry)
- there being no change

- There is many student that get rides from there parents in the morning and the afternoon, but with a later start time it could affect that schedule and the students will have no way to get to school. Especially those who live outside the school district. Also, sports will become a problem and many winter sports will be canceled because it gets dark fast in the winter. Kids would get home after dark limiting there after school activities. Many kids also work and that opportunity would be taken away.
- A major problem in this scenario is adapting. Some kids won't be able to get to school that live outside of the district because there parents cannot drop them off that late. And they don't have a access to school because the busses can't go that far and they don't have a car. Another major is sports. Winter sports is a concern. The winter sports that practice out side wouldn't have practice because it would be to dark to do anything. This includes Nordic, alpine skyng, and skyng in general. Also there would be less activities that a student could do in there spare time after school because of the darkness. And it could make the student feel limited and stressed which would lead to poor decisions and tests scores at school.
- Buses run later
- School gets out later
- I can see a later start time uprooting students' rides to school in the morning. Though many upperclassmen drive to school, a large percentage of students who don't ride the bus are dropped off at school by their parents who might be on their way to work. With an hour change, students in that category would have to come up with a new plan on how to get to school. Not the worst thing ever but still a difficulty in the grand scheme of things.
- Everything after school, like sports would get all mixed up. Club sports in different towns would not change anything because of our towns change, so i Know a lot of people that this would affect
- "Bus times
- Child care
- Later sports times "
- Sports times would be pushed back and students who normally would be missing one class for a game would have to miss 2 and that would give them more stress. With the later end time it would be harder for students to get jobs or keep the jobs that they may have that start at 3:30. Even though it is a later start time, it would even out because students would be out later doing activities because all of the sports practices would go even later into the night and would get roughly the same amount of sleep. Gym space would also be an issue, even more of one than it is now and it would overall put more stress on students with now having to find a job that can fit the time change and with sports being pushed back.
- We have jobs to go to right after school, getting out later would reduce our time to make plans, it would change everyone's schedules
- School ending later and affecting work hours
- none
- A lot! with having extra things after school to do like sports, ect. It will push that back even farther and I already end my practice at 9 P.M. On top of that we have to do homework, which can take hours, no joke. I think it wouldn't be a good thing.
- If they have to do something later
- I have to have practice later for high school season soccer
- After school activity's, people that live out of town.
- Might just push back when kids go to sleep as well as after school activities going super late
- Kids might just stay up an hour later
- Outside of school activities would go later and would mess up some people's sleep schedules.
- if kids live far away and are driven to school by parents(out of school bus range) that could interfere with their parents work and being able to get to school.
- Sports would be pushed back to a later time, making athletes get home later, which would make them stay up later doing homework, so then they get the same amount of sleep of we didn't have the later start time. And I am not staying at school until 3:40. I'd rather get out at 2:45 and have that time at home.
- We have to stay at school for another hour
- Messes up literally everyone's schedule
- Messing up schedules for sports, work, and family's schedules.
- release times will be too late
- Getting home later from sports
- more sleep

- Kids will go to bed later because they have to wake up later. I live in the country and it won't benefit me or anyone in the rural areas who have to go to school at the same time as they do now which means it only benefits city kids.
- Pushed back sports
- After schools activities ending at a later time.
- We would get out later and that would interfere with afternoon and evening things
- After school activities will run later, causing students to stay up later and get less sleep
- sports and having to stay later after school
- Even if we start later we end later which doesn't mean we're gonna get anymore sleep cause we still get home an hour later and there are still sports that would run later now and people have jobs too
- all of the above
- Kids who have long bus rides or after school activities will get home later
- Sports will end later, meaning when kids go home, that's just one less hour to study, do homework, and kids even have certain jobs too. Jobs will need to go an hour later, so that's now 2 less hours to do homework. If sports are moved to the morning, then kids have to wake up significantly earlier (which defeats the purpose of getting more sleep) and they'll go to class sweaty, dirty and fatigued.
- I really don't wanna start my high school years like this, cause I want more home time to do homework and sports and activities will go later, meaning even less time for homework.
- I really don't wanna spend my last year with this schedule, I like school just the way it is, and now I'll be getting less time to do homework, and work on projects, and now my job and sports schedule will be all messed up.
- It will cause a big issue with activities, sports, bus schedules etc. people may even tend to stay up later. It is a big change for helping teens get more sleep. I feel there could be other options as to solving the problem!
- Instead of getting to work at 3, I'm getting there at 4, and I will have less working hours because my job closes at 9. Everyone in my family needs to reschedule everything.
- No flex hour, problems with activities after school.
- Some of us have little jobs, such as baby sitting or picking a sibling up from school. Some kids who babysit might lose their job as that because they don't be able to get there in time. Also since the middle school would get out almost an hour earlier, some middle school kids might have to wait over an hour just so their brother/sister can pick them up.
- Ok first off, I don't wanna end my senior year with this schedule. I feel lucky for the seniors this current year, cause they won't have to deal with this schedule change if it ever happens, but getting back to those who are staying for next year, most kids will lose their jobs whether it's working for a friend, babysitting, or if someone needs to pick up a younger brother or sister.
- I now cannot babysit at 3:30, and I am very mad about this. If this later start time passes, i will lose my babysitting job babysitting my cousin. I am very enraged by this, and I know other kids will have the same problems as me.
- It makes students drive to school in the middle of rush hour, so kids who want to be on time, would still have to leave at the same time as now. Plus kids will stay up later after sports doing homework and sports. It literally is pushing things and hour, and will just make kids go to bed later and get up later. Plus sports will still have to get out around 2:45 to travel for away games. So 7th hours will be missed constantly and if that's a core class kids will be behind and create more problems.

What questions do you have about a potential later school start time for secondary students?

- No
- Can we please implement this?
- What would happen to Wednesday late start
- How would it effect after school sports times
- How late will the start be? How will it effect PSEO students
- None really
- Can we start earlier?
- Who thinks this is a good idea
- Why do we have to end later and not just take out flex?
- Would we still have flex
- How will this affect sports or events

- Maybe transport, it should be available for everyone on a reasonable cost
- How will this affect the teachers schedules and how will this affect our flex time?
- Why do we need it?
- none
- None, I'm graduating.
- How will a late start benefit for the students in the future. Waking up early is basically part of life for all jobs and basically everything else
- Why do we want later school start and later time out of school. I'm all up for later school start but if it's interfering with when we get out of school I am opposed.
- Will flex be gone
- Will we still have flex?? I need it, it's the only good part of my day. And will it still be the same amount of time? It really needs to be.
- None
- Would Wednesdays still be a late start but end at the same time
- None
- None
- Why are they wanting to change this
- I don't have any questions
- Will we still have flex? What time will classes end?
- What will it do to sports or parents schedules?
- nothing
- Why should we change the time schedule?
- Why can't you practice before school
- Why? It makes no sense. Every kid I've talked to hates the idea. What are kids going to do that work after school?? I work 3-6 everyday and I wouldn't have a job with the later start time.
- Why can't kids just go to bed earlier? Or what about sports, jobs, and there life outside of school?
- Will we still have flex
- None
- What would happen on Wednesday's?
- Would there still be flex?
- What time would we get out
- None
- Would it push us to get out of school later
- I would only support it if there's no more flex and we get out at the same time. Also, what will happen to Wednesday's late start
- What time would we end school
- What's the school end time
- Could we still have flex?
- None
- How much later
- We should keep it the same end time
- Don't have any
- What is the point? Why not just keep it how it is?
- How would the school manage around flex and after school activitieS?
- When would it be
- n/a
- What time do we enter and if we would have the same end of school time 2:45
- How will bus rides work for families with secondary and elementary school students
- What would we do in Wednesday
- will it be district wide? what other schools would shift?

- Would it take out flex and Wednesday late starts?
- is flex going to stay
- Would we still get FLEX?
- Would we lose late start Wednesday? If not then when would school start? Does this change any of the class times (longer or shorter classes)?
- None
- Why
- Will it extend the length of school
- Why would you push back school to screw up our sleep schedule?
- How will it effect flex?
- No
- What time would it be set to and when will we be released
- How will it work if my younger siblings get home before me? Because my parents won't be home
- How would it affect elementary schools?
- No
- How do you know that students will take advantage of the late start and not postpone their bed time an hour later?
- Did you think about this at all?
- Would we still have flex?
- What happens to extra curricular activities regarding schedules?
- Will there still be flex
- Y
- It's not just the students this affects how would it affect everyone in the Northfield community and how would it affect flex
- Why
- is it needed?
- Why haven't we done it yet?
- Is there a way to make everyday a Wednesday schedule?
- Thou art have naw reply
- Why do some kids want this? I can tell you that most of the kids who do want this to happen are kids who aren't athletes, and who are in no after-school activities, and they just want more sleep.
- How would this affect buses?
- why are you thinking about doing this?
- Would we still have flex
- What would be the point in making the school day start later?
- None
- None
- -
- Would there still be Wednesday late start?
- Why hasn't it been implemented already?
- What about children at an elementary level who can't stay home alone in mornings when their parents have to leave for work? What about students who leave school early for sporting events, how much more school would they miss? Will it be safe for students who will have to drive home later at night/in the evening? How would high schoolers be able to maintain part time jobs, internships, or other types of "real world" experience?
- How many other schools in MN have done this already?
- Why wasn't it implemented sooner
- Will there still be a late start on Wednesdays?
- would we lose flex time?
- None
- What would we do with work
- Will it affect morning practice possibilities. When will the school day be over? Will it affect Wednesday start times or Flex?
- Would sports be pushed?

- Would end time be pushed back? Would it just be the high school? How are sports and after school activities predicted to work?
- Why can't we have wensday late start instead
- When would we start
- Not sure
- Would the people that have to leave early for jobs be able to leave?
- None
- None
- None
- What's a secondary student
- None
- None
- Do you think this is a good idea, how do you think practices and after school activities would go.
- Why would we do this?
- Would the school day be shorter? Would it effect after school activities?
- What happens to flex?
- Why would we do it
- How will this affect athletes and their schedules? How will this impact other schools in the district? How will this impact working parents?
- Is it possible to start later yet not get out as late? Like take twenty minutes out of flex or something like that
- None
- Have we looked in to a blocked schedule like Farmington(I think)
- Would we still have a flex hour and a Wednesday late start
- None.
- Will there still be flex or would it go back to the regular 25 minute lunch period that we used to have? How will this effect after school sports? Also, for away games wouldn't kids be leaving even earlier in the day hence missing more school?
- Will everyday be the same or Wednesday still be an hour late
- will flex still be a part of our school day at NHS
- What would child care look like for parents?
- None
- Why
- What time will we end
- Transportation: later buses?
- What about those students who are open enrolled and rely on their parents work schedule to take them to school
- Could we keep flex period, would class lengths be the same?
- Please provide us with actual data. How would this affect parents? Would this be operant conditioning, and students would just go to bed an hour later?
- Will we have flex?
- Would there still be flex?
- How would it affect flex?
- How do you schedule extracurriculars?
- None
- If there isnt a problem by change it?
- What would happen with sports games?
- How would the big boys in charge handle any of the previously stated issues? Obviously, there's no way out now without making someone angry. So are they going to take their chances against angry, sleep-deprived teens, or are they going to risk the wrath of the sports/activities kids, families with early-morning jobs, and Northfield business owners? I am quite curious to see how this all plays out.
- Why
- None

- Who would make the decision.
- What time would we get out of school? Would school sports and activities shorten because of the change?
- Why would you do that?
- How would sports be incorporated into a day if the school day stays 7/8 hours?
- Would we get out later
- Does school end at the same time? If so, it's a great idea.
- what would the time be to start and end?
- Why?
- How will the busses work, how will after school activities work
- Can school end earlier?
- None
- When/what happens with Wednesday / what will happen with sports.
- Would we end later
- None
- Would the entire school. Schedule be moved back an hour as in we would be getting out at 3:45 or would it be a Wednesday schedule sort of thing
- None
- would you take away flex and when would buses be
- None
- Would it be for next year
- Would it be for next year
- "Will the school day be the same length?"
- Will we still have flex with the later start time?"
- N/A
- Would we still have an hour later start on Wednesday?
- Would we keep the FLEX lunch?
- Will it remove Wednesday late starts and flex
- N/A
- Wednesday's? Flex?
- Wednesdays? FLEX?
- How much later would it be?
- Would Wednesday late start be removed? Why is this a concern all of a sudden? Hasn't the high school kept this schedule for 40 years +? How is this going to effect local business? When will the vote be? What about rural students? Will they get extra sleep just like city students? Is this potential policy fair to ALL students??
- None
- None
- Would it truly benefit all students?
- Do you not realize that a lot of students will just put off their work for the next morning now? The lazy people will remain lazy, the stressed people will remain stressed, the sleep deprived will remain sleep deprived, and the hard workers will remain hard workers.
- Have you considered ALL the pros and cons of a later start time?
- How much later would it start
- If this gets passed, will changes to after school activities be made
- Why??
- What time would the start of school be changed to? Would there be more buses for kids with parents at work at that time?
- When would it be implemented.
- What time would school start? When would the day end? Will we still have flex hour? How much passing time will we be allowed between classes? Will it affect busing in any way?
- Will we still get Flex or Wednesday late starts
- None

- It's stupid
- what is the purpose of starting later if it means that everything else gets pushed back?
- Nothing. I'm indifferent
- How would the schedule for activities change? How would flex be affected? How would the policy for excused activities be affected?
- What exactly is wrong with the current system we have now? I haven't really had a problem with waking up early for school
- None
- When would school end, and how does that influence after school activities?
- None really
- None
- What about Wednesday,
- None
- Would other schools do it as well? Will flex still be a thing?
- none
- What would the school gain form this, if anything?
- When will it start
- How would this work along with the elementary schools and school bus routes?
- Can we just run the normal Wednesday schedule everyday?
- This has been considered before and did not pass. Why is it being considered again if nothing has changed or will change?
- What about Wednesday will we still have a late start
- Morning practices
- Why were you guys considering this option?
- None
- What would happen with sports?
- Would it be possible to only have a Half hour late start? were their more complaints about not wanting the later start than people asking to have the later start in the first place? Where did the idea of a late start come from? Would we have shorter class periods or shortened lunch period? Would we still have flex? When would we have ccr?
- Why not
- How late and will flex and end time be affected
- How will sports be handled?
- What time will school end?
- None, thank you
- Would school end at a later time? Would we still get Wednesday late start? What about sports?
- How much later would the start be
- What time would school approx end?
- What's the plan for after school activities?
- None
- When will we have CCR?
- When would the school time be moved too?
- Why are we trying to fix something that is not broken
- Why are we doing this?
- How late would school actually start? Would after school activities go later in the day?
- What will be taken away or stuff like that
- At what time are the school days planning on starting the school days?
- Nothing
- Nothing
- Would flex go away, cause I love flex.
- Why?
- When would we have sports
- What made us think this was a good idea? Will this really benefit the students, or will it just stay the same?

- Lol
- Could start later and end at the regular time but switch classes every other day or something like that? I don't remember what it's called but I've heard of it before and it sounds like it could work.
- Would we still have flex?
- How is it acceptable to get home at 1 o'clock for games
- NA
- Why
- Flex ?
- None
- Can we have a trial week?
- Why would we have to get rid of flex if we are keeping the same schedule just an hour later?
- None right now
- Will it affect lunch times because after 4th hour would be an hour later.
- What would happen with Flex? Was people working even a concern? Why would you even come up with this idea?
- Would there still be flex hour?
- What are the benefits?
- Would Collage kids lives would get Screwed up
- None
- None
- How is the criteria going to change for snow days/2hour late start days?
- How would it effect the release time for our school.
- None.
- what would happen to sports and activities
- None
- Would there be shorter hours? Will there be late starts still?
- How would sports work?
- None
- None
- How much longer would our school day be?
- Would flex be lost? I would prefer to keep flex over a earlier start time.
- Will there still be a FLEX hour with a later start time?
- None
- How would Wednesday work
- Why would we want to do this? It's a waste of time and waaaaayyyyy more confusion than there needs to be
- How late would it go in the day
- Why do we suffer for the stupid city kid that don't go to bed till 1 or 2 in the morning
- None
- Idk
- How many other schools have done this and what results did they get?
- None
- What about sport activities? Will practice end later? How that gonna work? Will we have Wednesday late start too?
- None
- When would we end school
- What would happen with sports times.
- Have you ever considered a block schedule?
- No questions
- None
- None
- Why don't we try it and if there is no improvement among students make times the same, as they are now.
- How would sports games work

- Is flex going to be eliminated, or are we just going to shorten it?
- Is it possible to do it without affecting after school activities too much?
- Would we still have late start Wednesday's?
- Will the end time be moved back?
- Would it have to be an hour later, like wednesdays? Because I believe the ideal start time is about 30 minutes after what we have.
- How would Wednesday work? What about after school activities? Would students no longer have flex?
- Would our classes stay the same length or be shorter like a Wednesday schedule?
- What impact would the later start time have on extracurricular activities, classes/homework, and families?
- Nothing
- Do you really think this will work?
- None
- Will flex be taken away? How will sports times vary?
- Would after school activities be changed?
- How would affect sports?
- None
- Would we lose flex?
- Would teams have to get out of school really early for games because other schools get out earlier, so their game/ competition times would be earlier?
- Yah do not do it
- Why would we take flex away
- Can we make everyday a Wednesday
- Would the school day be shortened? How much later would it be?
- What about before schools programs, and late start Wednesday's.
- Who actually wants this?
- Is there any way to change the time that school ends? Could we maybe make it 3:00 or 3:15?
- Will this actually help, or will students stay up later thinking they have more time to sleep
- Why do they want to change this and will it ally pmts other schools around the area
- Will we get less homework because we have less time to do it
- What time would school end
- Would flex hour still be an hour?
- None
- why
- why the longer end time
- Would we have to get rid of Flex?
- None
- Will we get rid of flex
- Why does it have to start at 9 that's to late
- Can we have the education system that New Zealand uses
- If we started later are we planning on ending later too?
- "- how late would we push back school start time?
- - would the later start time effect the length of the rest of the classes? (same cutoff times?)
- - what do the teachers (and other school staff) and bus drivers and parents think about later school start time?"
- Nine
- 4
- If we did have a later start time, how much later would it be? And what would happen to the Wednesday late start?
- Would we lose sleep
- Why is it needed since kids would still stay up later if changed
- None really.
- will we still get late start on wednesdays

- How would after school sports work?
- Would we still have flex and late start
- Can we end at the same time (2:45)?
- Nothing
- Would we lose flex?
- Nothing
- Would it affect wensdays
- How late would we be getting out of school?
- None
- Why
- Would flex stay?
- -
- Bruh
- Can't we just use the Wednesday schedule if it does pass?
- Why
- ...
- Would flex stop
- What will happen to FLEX?
- Can't be have everyday be a Wednesday schedule
- None
- I don't have questions
- Will people riding the bus be able to sleep in, if not, wouldn't they get same amount of sleep?
- If it will affect felx
- How do we get out early to pick up our younger siblings from there school, that get out before us?
- How would having both a later start time and flex effect the schedule, would we stay later?
- It's dumb
- Why on earth did someone come up with this idea?
- None
- Why the dumb idea?
- Is it possible to have a shorter school day and a later start? For example, starting around 8:45 am and then still ending around 2:45 or 3:00 pm?
- Would we still have flex?
- None
- can we keep flex? i really appreciate having the extra time to do schoolwork, and stay in touch with all my friends.
- None
- Why would we consider it, parents and students don't like starting later.
- Would sports have to go for the same amount of time as they do now?
- Won't kids start staying up later thinking they can sleep later?
- Will it be better for our schools
- I don't have questions.
- None
- Would we lose flex? How long would the school day be? What time would school end?
- I don't have questions, I just have concerns.
- There is no point for a later start time
- Mkg8n* time opus afte4 3
- i dont like it
- What will happen to flex
- what would we do for practice before school? would flex still be the same?
- Why would they do this it will not work and almost everyone doesn't want it to happen so why are they still considering it. Why is it a survey that decides no student is going to take the time out of their day to do a survey.

- Is there going to be before school activities
- Would it mean a later end time?
- When will school day end?
- Why can't we just leave at 2:45 and still start late
- Would sports be before school
- Why can't we just use the Wednesday schedule for everyday? It would keep FLEX hour and not affect after school activities.
- I have none
- Will we still have flex, coming into the high school I love flex so I would like for it to stay apart of the program!
- none
- would sports start before school breaking the purpose of the late start time?
- Would you be getting rid of a Wednesday schedule? Would sports be moved to the mornings? If they were wouldn't that defeat the purpose of a later start time? Will buses go farther out of there range to reach the kids that can get to school because of the schedule? What will kids do with less free time and work schedules?
- Will lunch be before or after 4th hour now
- Would flex be taken out
- Would sports change the times of their practices, games, and meets to account better for the new schedule? Not all schools in the Big 9 conference, if any, have the new start time, so students in sports would miss that extra hour of school on the way to their meets.
- Would this mean that flex would be gone?
- How will sports be affected
- Would we still have Flex?
- What would happen to our Wednesday late starts?
- Why is it happening?
- none
- Would we still have flex
- Why can't we just get out at 2:45 if we start late
- Why?
- I don't have any
- if we start later what time would it be and what time would we get out of school?
- Why not just have the current Wednesday schedule everyday? Northfield already goes way over the required amount of school every year
- I already sent a email
- None
- Why would would we change our schedule when it's been work well for so long.
- none
- How much later will school start
- Why would later start times be good for working families?
- What time would we start?
- busses and how late will school be and will flex be there still
- None
- what's the point
- Why would this district even consider this? Sorry if I sound rude but I seriously see no point in this, and I really don't want it to happen.
- How do you guys think this will affect us? Do you think some kids will stay up later and not get extra sleep?
- Who's idea was this? It's a horrible idea.
- Is this very necessary? Is there other options that can be considered that aren't so effecting on so many people for the health of teens?
- Has there been any research showing this is not a good thing? What is the opposition research?
- Will we still have flex hour?
- What were the results from the study that proved this to be affective?

- Why was this even considered?
- Why would you guys even consider this?
- Would sports be pushed?

Please share any other comments you have about a potential change in our school schedule.

- Could we have later start and flex and then Marlon and gold days like in middle school and only have about 5 classes a day
- I think late start is stupid if the kids stay later because that defeats the purpose since they will be up later doing homework
- PLEASE DO NOT CHANGE
- Don't change it
- I think the best way to do it is to take out flex, start at 8:45 and end at 2:45
- It would hurt my performance in school. I would have very little to no time to do homework
- i think itd be great some of us have a busy schedule with having work and homework. some of us having our sibling to take care of, it also improve us as students to get homework in on time
- I'm glad they are asking the students. I was worried the admin were just going to decide themselves assuming most agree with it
- I think if we did have later school start the classes should get shorter and we still get out at 2:45. Or everyday could be a Wednesday schedule and that would resolve problems.
- Don't change
- Later school start time is correlated with higher average academic achievement. Just do it already.
- None
- I think this year's time schedule is better.
- Not worth changing
- I would like nothing to change
- This will not give students any extra sleep, it will just push everything back an hour and will make students more stressed out.
- I think that it is needed for the students to start later
- I feel most people would benefit from later starts including me, but if it affects teachers and students it would be more beneficial to not have one. Teachers are the bigger factor a one month sport is very minuscule to a whole year of going home late for a teacher.
- nothing
- I personally don't want to have a later start time, even though we'll get more sleep but that means less time after school.
- This will mess up a lot of schedules and cause issues with sports. Also kids will get the same amount of sleep because most will go to bed later in the evening.
- Flex is a super important part of my day and not having that is not worth "sleeping" two more hours. Pushing the whole day back would mess up sports and other activities after school.
- I think we shouldn't have it I personally need to do stuff after school and even if we still got home at five I can't do the things in the dark.
- Okay
- If it's between flex or starting later keep flex hour.
- I think that the negatives outweigh the positives
- Make the school district year round with 3 weeks off every 3 weeks
- I believe the start time should remain the same
- We should give more flex time
- If we got out of school later we'd have the same problem because we still have jobs we have to go to then we're just gonna be up later doing homework
- It's not a good idea

- I believe it should not happen because I do not think it would greatly affect the sleep for students and I think it would negatively effect many athletic programs.
- I think it would be good if we started like half an hour later then ended half an hour later it wouldn't be too bad. Otherwise I don't think we should have an earlier one
- I would prefer not to have a later school start time right now it's not that bad
- None
- Teens will do better on quizzes and tests scores will go up
- Keep all times the same
- We could do every day as a Wednesday schedule
- I don't mind getting rid of choir
- we should let anyone leave during 7th hour if they have study hall
- I believe it would only help a few students those being ones who don't have any other commitments or don't participate in activities which most students do.
- Do it
- What about Wednesday
- i think we should keep it the way it is
- I would really enjoy it if we still ended school at the same time every day and maybe added a few days to the school year to make up for the lost time
- I love the idea of later starts but if we lose flex in the process I don't want the later start.
- I like how it is.
- Take and USE information from kids and not just adults
- I like our current schedule.
- No
- Wish it was done sooner
- Pretty dumb idea
- Please don't do it
- No
- You would be practically talking money from kids that work after school to provide for themselves or even for their families and if you take away flex your putting more stress on kids
- I, and many other of my classmates, oppose this later school start time.
- It's a bad idea
- I think it really is important. I think it would be a good idea, but I do think we should consider the later practice. I do think we should do it tho
- You all are unfair to the people who live out of town or in the country.
- We should have a Wednesday schedule everyday
- N/A
- Flex is how I get through my day
- No
- I think we should keep it the same
- None
- I don't think it will help anything because students will just be staying up later instead of going to sleep at normal time.
- Nah
- Any other comments
- I really do NOT want this to take affect next year. Kids will just stay up later knowing they have an hour later the next morning. I can speak for myself here- even i stay up a little late on Wednesday nights because I know school starts an hour later. Basically, all this will do is give kids 1 less hour to study and do homework's and visit with family and friends. This will impact many students negatively.
- This would suck
- You should just do a late start like we do on Wednesdays but twice a week so on like Tuesday's and Thursdays
- I think it would be very beneficial for our Northfield high schoolers mental health.

- i think we should keep our time how it is.
- I think it might be best to have a shorter school day if possible because our school days are much longer than many other schools
- I think a later school start time would only be possible if the class hours/FLEX were shorter and dismissal time is earlier, because many students have activities that they need to do after school and a later dismissal could make this difficult. While some people may think that a later start could help students with sleep times, I believe that it won't make a huge impact on this because many students will stay up during the night regardless of the school start time. Some may say that students need more time to speak to their teachers, but I feel that the FLEX period provides this time. Overall, I don't see a huge benefit to making school time start later and would much rather have the FLEX period.
- I think that the school should work to keep FLEX as well as implementing a later start time as the improvement to students success would be worth the extra time at the end of the day.
- Please please do not allow a later start time. This change will mess everything up and most students are not happy about this potential change
- While I find this change to be incredibly beneficial, I wouldn't ever take it over flex.
- I really like it, and think I would have had a much better high school experience if we had had it
- I am anti-later school times because I think, that by shifting the start and end times of school, it affects the outside of school activities or schedules too much and it would ultimately cause a drop in participation of outside of school activities or part time jobs.
- N.A
- Being a depressed teen, waking up in the morning is incredibly hard, but Wednesday's are soooo much easier to live
- Doesn't seem worth it
- i wouldn't want later start time if we were to lose flex
- "Many students would benefit from a later start. And students with after school activities can just do them later in the afternoon.
- Late start would be awesome with only minor issues for after school activities."
- Please don't start this
- NHS needs to change the time to at least 9am. Scientific studies have shown that the later start is so beneficial to the older students that I don't understand why it hasn't been changed already. Many other schools start later and have made it work.
- We had a trimester schedule at my old school that I think would fix a lot of the problems occurring here. It would add a whole credit throughout the year and less classes per day would cut down the work load and create less homework and kids to go to bed earlier.
- I think it would be really really good and healthy for students. I disagree with the idea that students would stay up later and not get anymore sleep but students having that extra time in the morning makes. really big mental difference and its valuable. I feel better throughout the day and feel more productive on late start days despite the amount of sleep I got, and even when I have early morning practice on late starts I still feel better, mentally and physically.
- I really believe this new late start everyday Won't have a positive impact on Northfield high school students
- It is very important that students get good sleep so later start time would be very beneficial overall
- I don't understand the question
- I like it
- None
- Go for it
- None
- I think the benefits far outweigh the drawbacks.
- I am an athlete and I worry about getting home late. I also love far away a and have a parent teacher and don't know if this will impact me positively.
- Most everyone I have talked to doesn't think that this is a good idea. There are some pros but there are many cons. This school has been running just fine without school starts. If students are tired they need to manage their time better and get more sleep and go on their phones less
- I use my flex time and get large amounts of homework done, meaning I'm not up as late doing homework. So I would'nt want to get rid of flex

- I want to have flex and a late start.
- If I had to choose between flex and a later start I'd take flex. No matter what students will always want the school day to start later, but flex has been amazing for me and it makes the school day feel shorter and it helps me calm down and stay unstressed
- I don't like the idea.
- I don't think it is practical and is more trouble than it is worth because I don't believe kids will effectively use this later start time, they will just stay up later.
- It is a good idea
- I don't like the aspect of ending later because kids who have jobs would then have to start later and therefore get out later pushing back homework time and then having those kids stay up late and get less sleep anyways
- I don't think that this is wise to consider for students
- I don't think this is a good idea, people I have talked to don't support it and the district thinks that everyone is on board when people don't like the idea.
- Don't do it
- Do not change it, it is the parents fault for there kids going to bed late it isn't the schools
- Good idea in theory but it probably won't work out as well as we'd think...
- Unless teachers assign less homework it's not beneficial to have a later start time for school
- Do a zero hour instead or something
- We need data.
- I don't have any other comments
- I don't think it would be worth it if flex were to be canceled or significantly reduced
- I don't think this will make things better, it won't change anything it'll just shift EVERYTHING including school, sports, dinner, homework, and sleep.
- I'm good
- It's fine the way it is now
- I don't want it
- Unless we have a bunch of idiots leading us (still uncertain), it's not going to happen. Teens have been dealing with this bullcrap for a long time. "The good of the many, at the expense of those without a voice". I'd hope that the people in charge realize that if they tried to appeal to teens for once, they'd be screwing over a lot of other people. It's not worth it.
- DONT DO IT
- Please don't do it
- It would mess up so way more things than it would help.
- Students might start going to bed later so they might not get more sleep if that is the problem
- I think that the majority of students will no enjoy losing flex or losing time after school
- I would be fine if it ended no later than 3:15
- None
- Maybe making every class and flex get only a little bit chopped off on time would probably be the smartest idea for it.
- Don't want to end later
- I believe the only way this would work was if everyday was like our Wednesday schedule, we couldn't have school an hour later. That would mess up every bodies schedules including not just the students.
- I, along with many other students are against the later school start time. The studies that have shown the benefit of a later start time also had earlier school start times, such as 7:15. Since our school already starts later than those in the studies, our district might not see as much of the benefits since it's a smaller shift in start times
- It will just push everything back later, not benefitting anybody
- i personally think our schedule and start time now is good
- I do not think this is a good idea for everyone. A majority of the school is involved in sports/activities, whether that is inside or outside of school. As stated earlier, there won't really be an opportunity for more sleep, everything will just shift. Flex would have to go too which would demolish opportunities for many to get help with lessons and homework. If consequences were set for those who misused flex time I think that would make things a lot better regarding flex as well.
- No
- No

- I feel like the start time now would be better than the later start time
- Personally, I think we should just leave to school day how it is because I think changing the school start time would do more harm than good.
- I don't think we should start school later because we already have late starts on Wednesday.
- I think a change to the school schedule has more benefits than draw backs, and it should be implemented.
- I don't want school to start later.
- I just still want to have flex and sleep, my mom picks me up at 4 30 anyway so it's not that much of a wait, it's way shorter than the other wait.
- Stay the same
- It would increase student alertness, and activity in school
- Sleeping in is a good thing but messes with everything else.
- Sleeping in is nice but it would mess up everything else
- Me myself would be getting home at 5:00 if it was an hour later start time. I would pretty much be leaving my home before sunrise and getting home when it was pretty much dark out.
- I hope that the school board does not pass this outrageous idea. It is a waste of time and resources. DO NOT PASS THE LATER SCHOOL START.
- Don't do it
- Don't do it
- I don't think this will work because students will get home later, still making them go to bed later which still results in the same amount of sleep
- "School doesn't need to be so long. Often times, classes end way too early. It would benefit students most to have every day be like a Wednesday. It gives us enough time to do out work and get sleep, and have some downtime. A big problem with school ending an hour later is after school activities. Many students won't get home until almost 8 o'clock. And what about homework and sleep? The students won't get any more sleep, because they'll stay up later to do it. In conclusion, remove an hour from school and it will create better results. You may be wondering, what about the students not being able to learn all of it? In Europe, school times are much much shorter, they give the same amount of homework, and yet the students are doing better. Why are they doing better? Because they're not constantly stressed, they have enough downtime, and they have enough time to sleep. You can't pin all of our stress on our phones and being lazy. We are always stressed because of sleep issues and a lack of time for ourselves, and this stress makes us perform worse at school. But hey, I'm just a kid, and my opinion doesn't matter, right? Yeah, let's have adults who don't even go to school anymore decide what's best for us, because they totally know us better than we know ourselves. Its fine if we need to get rid of FLEX, but please for the love of god, school doesn't need to be so LONG. I hope you take what I said into consideration, and thank you for reading.
- You should keep flex because it really helps to destress students because they have more time to get homework done, talk to teachers, and meet with counselors, and more time to eat their food instead of feeling rushed to finish it.
- I think it should stay the same
- I personally do not feel like there is a point
- It's stupid
- I understand why the later start time is a thought, but not having flex and changing the whole schedule could cause more stress.
- If we had a shorter schedule on Wednesday's it would be nice to get sports done earlier
- I think flex is far more important than later start time. It allows students to connect with new people and peers and get teacher help.
- None
- I think that more snow days should be scheduled into the year because little to no students actually learn from them.
- If you do this it makes it worse just go to sleep at a reasonable time
- i believe that school should start at the same time and keep everything the way it has been
- Give 9th graders more elective chances
- I don't want to be swimming until 7 at night and miss dinner. We'd probably just work out in the mornings which would effectively negate the effects of the later start time
- Keep it how it is

- Don't take flex
- I think that the school should stay the same, and should NOT change the times for many reasons.
- Don't do this
- none
- I don't believe it's an effective approach to have students rest more or be less stressed. When in reality the school should be focusing on homework load, teacher attitudes, and mental health (and actually doing something about it)
- I'm fine keeping our early start time, but some students who live on farms have to do their chores, and they have to get up very early. I personally know some students who get up at 3am everyday because of their chores.
- It will do nothing because if there is a later start kids will just stay up later than they do now
- I just don't think it is very beneficial to students or families.
- Why can't we just run the Wednesday schedule everyday?
- I just think it's not a great idea. It has a meaningful purpose, but in the end it won't be able to complete it. Teenagers will see that they can sleep in more, and stay up later. They will not gain any sleep.
- Would the classes be shorter
- Students would just end up staying up later and not getting extra sleep
- None
- Bad
- I would rather have Flex, it is a time to relax and do homework. People just need to stop being stupid and use the time responsible
- I personally believe that the later start time would cause more issues than solve problems... if there were any problems with the current set up in the first place.
- None
- Don't do it
- I'd embrace it
- I would rather have flex than later start times.
- None
- I do like the idea of later start because the lord know I am not a morning person although I personally do not like the Idea of a later end time, so there is that trade off.
- It would be cool but not ideal
- There would be no time for sports or clubs after school
- I will most likely be in a better mood have more time to get ready.
- Flex provides more opportunities to get help from your teacher and understand topics
- Don't like it. Students won't get more sleep, in fact, they'll probably get less. They'll stay up later to finish homework and still have to wake up early (maybe not as early but still early) to get to school.
- I don't like it
- "Look, I work after school. If school was one hour later it I would stay at knowledge bowl until 4 and then work at 5. Sometimes I work at 4, but my availability is at 5. Even if I changed it, I would be unable to make as much money and my work would prob not be too happy. It would also disrupt my (and others) sleep schedule. People who have sports after school already are out late. If they have to stay another hour later, it would be very bad. It is already dark out by 5:00, imagine if they are practicing an hour later. I don't want to sound selfish or rude, but this would not work well for anyone involved. It sounds somewhat nice at first, but in practice it would be extremely, extremely ineffective. In fact, the consequences would be the opposite of the goal. It would only hurt the student body. Not help. All in all, it is a pretty darn horrible and idiotic idea at its core. It would be a huge mistake. I heavily advise against this.
- Thank you for your time,
- —Riley Ledman"
- This is a terrible idea and student will end up pushing everything back an hour I don't see this as a solution to get more sleep
- Why Would we do this it is a very bad decision for the school community, there could be a class that is called how to make schools worse 101. I get it sounds harsh but I'm a 3 season athlete and if I get out of school around 3:51 or whenever, practices will go later and then I still have 4 hours of homework plus studying for a test so I don't fail school. So in conclusion i would still be going to bed later and be getting less sleep and failing the classes I'm not now because our schedule now is way

better than a stupid late start. So no we should not do a later start time because I can think of way more disadvantages than benefits. Call me down to the office or to a meeting I can prove that this late start is stupid. Thank you for this survey. I hope this helped you decide it is a bad idea.

- If the administration is really interested in having the students get more sleep they should give less homework. For most kids, homework is what is keeping the students awake and the school really can't control how much sleep a student gets. If students want to get sleep they will.
- Don't take away flex
- I think that if the school wants us to get more sleep, our teachers should give us less homework. They have more control over that than when kids go to sleep. It also is going to mess up our current routines like what we do after school.
- I believe we could still get out at the same time we do now, but if we did have to push for a later end time, at the most have it be 3:00.
- This would be a party!
- This would be a party!
- I love flex
- please no
- I would be lit and epic. I would give mr hillman a hug
- Please don't do this, I still won't get enough sleep so just keep it the way it is. Procrastination will get even worse because we will think we have more time when we really don't. Basically nothing would be changing.
- Will we be looking at alternative schedules than the current 7 period day?
- Lmao
- A later start time would be really nice, but I would rather keep flex hour.
- We won't get extra sleep because everything gets pushed back.
- NA
- Don't do it
- Don't do it
- Please do not. It would affect elementary school kids too they'd have to stay up later. It's not late enough for it to be worth it.
- Don't, if we do it for all the kids. By the time elementary gets out it will be dark and it's not safe for them walking around in the dark.
- I think it would just be too hard for athletes and students
- I really think it is not a good idea and I think it should be a decision based on what the students believe is right for them.
- I personally don't think it is a good thing for our community
- It might be harder to focus later in the day.
- Keep it the way it is, it works good enough as is, and the later start time will make things much more difficult for some students.
- I don't think students are going to use this wisely I think they will just stay up later and still complain about school time.
- It's not a good idea, I mean I see what your trying to do, but I won't work out well.
- I'm not really in favor of later start times and I think it should stay the way it is so things don't get complicated
- None
- Can school end at the same time?
- We should not have later start time
- I would prefer a later start time because I myself go to bed at a reasonable 9 o'clock and wake up at about 6:30am. I still seem to be tired at school until about lunch. I think if our school could push back the start time an hour or so I like many other students would have more time to function fully. Which could ultimately result in better quality of my schoolwork.
- Its ridiculous.
- life doesn't start at 8:45, neither schools school
- please don't do it
- I'm not sure if we should or shouldn't do this because it could really help kids get sleep
- Maybe we should consider making the hours a tiny bit shorter so that we could get out of school earlier making the late start time actually mean something
- Why not have like a later start and classes could be a bit longer and have fridays off?

- Dont have late start. It's worse for every student. Your just pushing back our schedule. Were still same amount of sleep, or less.
- Please don't do it.
- None
- I would never give up flex for a later start time. Flex is just too valuable.
- I think having a late start on Wednesday is really good and I think having one day a week like that is really beneficial but if we had to stay later on Wednesday's I wouldn't like that and that's basically what the late start would do.
- A lot of class time isn't used wisely in classes. If having a school day that goes longer is an issue, we should look into shortening classes and transferring some things to do digitally.
- Overall I think I want to keep the same start time. Even though it would be better for sleep, the cost of sports and activities being later and possibly losing flex (?) is not worth the extra sleep/better quality sleep.
- I believe that a later start time will benefit students and teachers greatly. I hope FLEX is not sacrificed, because it is extremely helpful to all.
- Please don't do it. The time change will throw everyone off and ruin what we have going.
- "I would REALLY PREFER TO STICK TO THE CURRENT SCHEDULE
- also FLEX is my favorite part of the day, please please keep it"
- PLEASE!
- What about kids that live out of town. Or farm kids. They won't have time to do anything because of this.
- It is stupid
- I don't have a problem with the school start time right now.
- Please don't change it
- Just..dont
- Best idea in years!
- PLEASE READ! I think that Flex comes way before the later start time. Flex has noticeably released my stress, given me time to make things up like tests, and allowed me to have some fun during the school day with friends. Flex is really, really essential for my mental health and I would be worried about myself and others if we lost it! Sleep is important too, but learning how to manage your sleep schedule is just a skill of life, and being able to realize "hey I feel really tired, maybe I should get more sleep" is something we all just need to learn and be mature about.
- I don't feel we need to have late start.
- Many kids have jobs, or participate in after school activities, and some kids have to work in order to put food on the table. So if we were to change this school time many kids would be able to work as much, and all the kids that participate in after school activities wouldn't get done until another hour later causing them to have no time to go outside and play in the sun.
- If school start times were changed, it would only make students stay up even later because they have the same amount of homework and activities than they would with a regular start time. If FLEX was removed to account for this issue, many students would be unable to get help with teachers or finish up homework.
- We need sleep it makes people depressed and it is literally the most important thing it can extend your life or shorten it.
- I understand the benefit of more sleep, but I think kids are still going to stay up late and that hour won't have mattered. Also I think Northfield students are doing great and there's no need for this big change.
- Have you ever considered a block schedule, for instance, the 2nd most academically advanced and out performing country in the world is Finland, and they have approximately a 4-5 hour day in a block schedule. This allows for more time focused on one class and more time to comprehend materials.
- I think we should do it just for a trail and if the outcome is bad we change it back to the normal start times
- Students are still going to get the same amount of sleep. People will have to stay up later because everything will get pushed back.
- I think our school time should remain the same and keep flex
- If the start time is later, have school still end at 2:45
- no schedule change
- I think that it would be very well received and people would benefit.
- I would love to still have flex, but if necessary, I'm willing to sacrifice it.
- I think it would be very beneficial and the need for a later start time and the need for flex time are completely separate needs.

- I don't think students will get anymore sleep because sports practice wouldn't end until 6:00 and then after eating dinner and showering they have a lot of homework so they will stay up later to finish it
- Will it be like Wednesday or like a regular school day
- I would prefer to keep our current schedule over getting rid of flex, as flex is the only time I can have a moment to be relaxed, talk to my friends, and finish all my homework. Flex is extremely important, but it would still be beneficial if it was only about 40 minutes. I find myself bored and ready for class when there is 10 minutes left of flex. So although the pros and cons of having a later school start time are, in my opinion, fairly balanced, flex should be preserved no matter the start time decision.
- I think having 2 days of a Wednesday schedule would be better than all of the days being later. I don't think this is a good idea, I like how schools is right now, as is.
- I would not want our schedule to change although I do think school starts fairly early I wouldn't want to have to stay later and it would cause a number of issues for extracurricular activities
- I would like to keep my normal schedule
- I think it's just fine as is.
- Please don't lose flex I know it helps so many students and I can see my friends that I would other wise never see at school.
- It just doesn't make sense students wouldn't get any more sleep because they would see it as, school starts later that means I can go to bed later and so they are just as tired as they were before.
- I think that our start times are fine
- I think it would be a good idea if it didn't affect so many peoples lives (work, sports, etc.)
- None
- I don't think we should lose flex, as it is very important to many people.
- Mone
- i think it would be great
- Make everyday a Wednesday
- Most people don't want this. When we did a quick survey in my class, 75% didn't want this
- I would love to have a later start time, but I'm not so fond of the 3:39 end time. I would also really like to keep the flex hour.
- It's a good idea, but I don't think it is possible because it mess with after school activities schedule
- If we have a later start time that would push practices later or they would be moved to the morning which would defeat the purpose of a later start time and games would also run later. Kids would go to bed later and get the same amount if sleep as now, it wouldn't change anything.
- This is pretty cringe and this doesn't benefit anyone
- I just honestly would not like to start later because I don't want to get home later than we already do
- Just homework and the time we get out we should keep the time we get out and keep the amount of homework and add more school days
- I think it's a positive change but it has many negative side affects, later times for work.... which many kids need work to support themselves for their plans post high school
- N//a
- I do not like the idea of having to stay up later to do homework because acivities would be later
- that's the only problem since lots of high school kids have jobs and sports they stay up longer and doing homework as well, kids need sleep to learn otherwise they don't pay attention
- CCR should not be mandatory for every grade, only 11 and 12 graders should have to take it and have it be optional for the younger grades
- I think we should just start at 8, because even if it's just 9 minutes people can get up at 7 rather than 6:00 in the morning just those 9 minutes make everything easier for other people.
- Can we use the New Zealand education program.
- Starting later and ending later would effect sports a lot making us get home later, do homework later, and go to bed later, so if the point of the later start day is to get more sleep and have a more productive day it would not work if we had a later start and later end
- What if we didn't push back the time we get out. We how much time would we have to cut out to still get out at 2:45 (for most students). Would that effect curriculum and prep time for teachers?
- Ccccc

- Nope dope
- Why is it needed since kids would still stay up later if changed
- Keep it the same, don't change it
- I like the idea a lot but I value my time after school more than before school. but either way I would be happy with
- I get why it might seem like a good idea but with everything being pushed back, it will cause more problems than solve.
- Ok
- Nothing
- We need to keep Flex it helps kids calm down and get homework done if you don't have a study hall
- -
- Bruh
- I don't we should do it we are already used to waking up that early anyway so it'll just throw many things out of balance such as jobs and sports and other activities
- Don't do it
- no comments
- I don't think we should change anything
- There is research that proves that teenagers need to go to sleep later in the day and wake up later in the morning. It improves mental health, school attendance, and graduation rates.
- Flex is so important, and while later start times would be highly beneficial, it shouldn't be removed for earlier start times.
- Please just wait till at least 10th grade graduates
- I don't like the change
- Don't do it
- I would not like it because everything would go later
- It's dumb don't start school later it'll make everything go later into the day
- I think it could be successful, although it may not seem like it is at first.
- I think flex would be more beneficial than a later start time.
- I think the schedule is good as it is, flex gives a space for ccr and a break for students. Without flex students may feel more stressed and not focus as much during class.
- if we can have a later school start, keep flex, and end at the same time, i'd be ok with it.
- I like what we have now, I don't think later times are needed.
- I like the idea greatly personally it would help me do better in school when I can come in with a better sleep time for the day.
- I hope it does not happen.
- I would highly appreciate if we didn't start late and just have the schedule the way it is.
- I would still want flex because it is a really nice break from school
- I highly disagree with it it would only benefit some who are tired in the morning probably because they stay up to late
- Don't there won't be flex
- I'm against the later start time for school
- Nith8ng
- It's stupid because then we end later and school not done until 4
- i think it would be good for students but athletes wouldn't get to bed till later and some of us are already staying up till 9 because that's when practice gets done and we still have homework that needs to be done as well.
- Bad idea everyone is against it
- I just did
- I don't want to loose flex
- See above
- I don't see a reason to change anything everything seems to be fine and we will have to stay up later for homework and sport will be pushed to later in the night
- .
- Some sports practice after school, so would those be pushed back? Also for hockey we have a usual practice time of 9:15-10:15, so a little extra sleep would be genuinely appreciated.
- Just a tad bit later school start 15 minutes later than now I don't want school to go till 3:39

- I think it would be a good idea to start later so the kids would focus and become better students over all, but unfortunately school is not the only thing a kid has to worry about during the day. Like homework, sports, jobs, family, friends, and other after school activities that may get pushed farther back into the night. (If there was no flex time then students That need help may not get the help they need if flex I s taken away)
- I think this is a great thing to be doing for our school but I think we need to think of a better solution before we do anything. I know for a fact that I do homework every night for over four hours a day right after school and besides that I have to study and After school activities and work would fill up a students schedule. So they wouldn't be able to do anything. And get less sleep. I also have one more thing imagine that our time now was a later start time then when it used to be then wouldn't we doing the same thing and it would defeat the purpose because every one would get home only later?
- Honestly, it'd be pleasant, but I think it's okay the way it is. I'm sleep deprived as heck, but I'm not sure adding an hour would change that for me. I'd definitely rather have FLEX hour — a time to see my friends in the middle of the day and genuinely relax (rather than a hurried 25 minute lunch period that doesn't feel relaxing at all) — over an added hour at home in the morning and added hour at school in the afternoon.
- I would not be on board if flex is taken away as a result because of how important it has become in my daily schedule. However I do think that the later start will improve student life.
- It would put an added stress on the students and wouldn't have a positive impact.
- Besides maybe having to choose between flex and later time it's a good idea
- Would we have A, B, and C lunch again?
- none
- Flex is awesome! I know a lot of people complain about CCR., but I would rather keep that and have flex than to not have flex at all. Also, I eat very slow, so flex is really nice to have time to eat, socialize, and get homework done, so I'm not so stressed at home and I can actually relax.
- We already have too many schools hours because we are try hards
- I live out of town and have a sibling that goes to the elementary school and it will be hard on my whole secluded. Like waking up and getting picked up. And after school activity's will be affected. If kids are in sports they need like an hour of practice typically and that would mean kids would get home later and it would effect home and the student.
- I would just remove flex and end at the same time
- Do not change the schedule
- when would this be enforced?
- I would rather be home schooled then have this schedule
- I'm dropping out if we enforce this
- I know personally if I don't have to wake up as early I just stay up later.(example Wednesday late start.)
- i feel like later times wouldnt really be very beneficial
- N/A
- We should not change the school start time.
- I don't think it's a good idea and we would get out later
- I would recommend not to do it
- As an athlete, I can say that the only thing I can see come out of this if just everyone getting one less hour to do schoolwork. Some kids need to babysit after school, and some have certain chores needing to be done. Everyone will have to reschedule EVERYTHING for no reason. The only kids who want this to happen are kids who aren't in any school activities or athletics, and when the bell rings they just go right home and complain about their school work. But us athletes actually work hard for our position, and this later start crap will throw everything off.
- I know studies show that this certain sleep schedule is more affective for kids our age, but something you guys need to consider: this study was done on kids who actually went to bed at 10 pm, and woke up at around 7:30. But something you people should know, and I urge you to read: right now, kids go to bed every night at around midnight or even later. With the late start, they'll more likely to stay up later knowing they start later tomorrow, but they are still sleep deprived. I know you guys wanna do this so we get more sleep, but it's really the student's responsibility to get to bed on time, so if they're so tired, it's actually their fault.
- I beg you to please don't make this happen. The only thing that will come out of this is that everyone in the school will get one less hour to do homework and studying. It's a horrible idea, please don't actually do this, this is such a joke.

- I don't feel it school happen because it will effect so many people in our district in a big way! From teachers, to parents, students, student athletesThere will have to be extra money spent on before school care for younger kids because parents need to get off to work. It's to big of a change to jump to. There are smaller changes that could be made to help the situation. Like for example a rest time during the day, less homework etc.
- This will affect a lot of not only students, but families in a negative way.
- To go over it again, some baby sitters might need to find another job, and siblings will have to wait an hour at the middle school/elementary school just for their sibling to pick them up. If you ask me, this later start time is a horrible idea.
- I hope you realize, that the "studies" that had shown this to be more effective, keep in mind that the kids they tested this on actually got a decent 8-9 hours of sleep. Kids every school night go to bed at like past midnight, even 2 in the morning. It's the student himself who's responsible for the amount of sleep he gets. So some kids get around 4 hours of sleep each school night, no wonder they're so tired and are complaining about it all the time, it's the students fault, not the schedules!
- This will only affect students in the worse. Think, it just gives them one less hour to do homework and studying, and I heard a talk about sports being in the early morning, but that defeats the whole purpose of getting more sleep! Plus kids will still stay up later anyways. Please don't make this happen...