

Menus are subject to change without notice.

WG=Whole Grain LF=Low Fat

Monday	Tuesday	Wednesday	Thursday	Friday
		WG Cinnamon Roll and Cheese Omelet Breakfast potatoes Garden bar and hummus Fruit choice* Milk choice*	1 Ultimate All Beef Hotdog Bar Vegetarian baked beans Creamy coleslaw Garden bar Fruit choice* Milk choice*	2 WG Garlic Cheesebread Marinara dipping sauce Caesar salad Garden bar Fruit choice* Milk choice*
Mini Sampler Basket Oven roasted vegetable medley Garden bar with hummus Fruit choice* Milk choice*	6 WG Primo Pizza Steamed broccoli Garden bar Fruit choice* Milk choice*	7 Beef Walking Taco Assorted taco toppings Refried beans Fruit choice* Milk choice*	8 Teriyaki Chicken WG veggie fried rice Steamed stir-fry veggie blend Garden bar WG egg roll Fruit choice* Milk choice*	9 BBQ Pulled Pork on WG Bun Creamy coleslaw Steamed green beans WG Sunchips Garden bar Fruit choice* Milk choice*
WG Pasta with choice of Meatballs and/or Marinara Sauce Steamed zoodles Garden bar WG garlic breadstick Fruit choice* Milk choice*	13 WG Chicken Tenders WG Vegilicious pasta salad Oven baked sweet potato fries Garden bar WG dinner roll Fruit choice* Milk choice*	14 Hamburger/Cheeseburger/ Veggie Burger on WG Bun Assorted fresh toppings Oven baked beans Garden bar Fruit choice* Milk choice*	15 WG Cinnamon Roll Three Cheese Egg Bites Herb roasted potatoes Garden bar and hummus Fruit choice* Milk choice*	16 Spicy or Regular Grilled Cheese Sandwich Creamy coleslaw Steamed green beans WG Sunchips Garden bar Fruit choice* Milk choice*
Pork Carnita Loaded Nachos Assorted vegetable toppings Ranchero pinto beans Seasoned brown rice Fruit choice* Milk choice	20 Chicken and Alfredo Sauce with WG Pasta WG garlic breadstick Steamed peas and carrots Garden bar Fruit choice* Milk choice*	21 WG Primo Pizza Steamed broccoli Garden bar Fruit choice* Milk choice*	22 WG Chicken Sandwich Lettuce and tomato slices Roasted squash Oven baked beans Garden bar Fruit choice* Milk choice*	23 WG Spicy Chicen Tenders Three Cheese Cavatappi Mac Steamed carrots Cucumber ranch salad Garden bar Fruit choice* Milk choice*
Chicken Parmesan with WG Pasta Steamed green beans Garden bar Fruit choice* Milk choice*	27 Chicken Fajita Steamed peppers and onions Fresh fixings Refried beans Seasoned brown rice Fruit choice* Milk choice*	28 WG Cinnamon roll and Cheese Omelet Breakfast potatoes Garden bar and hummus Fruit choice* Milk choice*	29 Ultimate All Beef Hotdog Bar Vegetarian baked beans Creamy coleslaw Garden bar Fruit choice* Milk choice*	30

Alternate meals: Sandwich or Pizza Slice includes fruit choices, vegetable choices and a milk choice.

Premade Salad Meal: Daily features listed on the School District Website. Salad meal includes a fruit choice, a whole grain bread choice and a milk. Global Trends Meal: Daily features listed on the School District Child Nutrition Website. Includes a fruit choice, vegetable choice and a milk.

Free Meals for All Students



- ◆ **Free Meals** All students enrolled in the school district can receive one free breakfast meal and one free lunch meal every day.
- ◆ Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.25 per meal. Subject to change based on USDA meal charge guidelines.
- ◆ Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.

This institution is an equal opportunity provider.