

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>WG French Toast Sticks</b> <b>Chicken Sausage Links</b> Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	<b>All Beef Hotdog on WG Bun</b> Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	<b>Ooey Goopy WG Cheesebread</b> Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
<b>Mini Sampler Basket</b> Oven baked sweet potato fries Rainbow veggie bar with hummus Fruit choice* Milk choice*	<b>WG Cheese Pizza</b> Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	<b>Beef Walking Taco</b> Assorted taco toppings Refried beans Fruit choice* Milk choice*	<b>Orange Chicken</b> WG veggie fried rice WG dinner roll Steamed mixed veggies Rainbow veggie bar Fruit choice* Milk choice*	<b>Turkey and Cheese on WG Sub Bun</b> Steamed green beans WG Sunchips Rainbow veggie bar Fruit choice* Milk choice*
<b>WG Pasta with choice of Meatballs and/or Marinara Sauce</b> Steamed broccoli Rainbow veggie bar WG Garlic breadstick Fruit choice* Milk choice*	<b>WG Chicken Tenders</b> WG Vegiticious pasta salad Oven baked sweet potato fries Rainbow veggie bar Fruit choice* Milk choice*	<b>Hamburger/Cheeseburger/Veggie Burger on WG Bun</b> Assorted fresh toppings Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Pancakes with Fruit Toppings</b> <b>Yogurt Cup</b> Breakfast potatoes Colorful garden peppers Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Bosco Sticks</b> Marinara dipping sauce Caesar salad Rainbow veggie bar Fruit choice* Milk choice*
<b>Beef Nachos Grande</b> Assorted vegetable toppings Black bean and corn salsa Seasoned brown rice Fruit choice* Milk choice*	<b>Chicken and Alfredo Sauce with WG Pasta</b> WG Garlic breadstick Steamed peas and carrots Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Cheese Pizza</b> Steamed broccoli Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Chicken Sandwich</b> Lettuce and tomato slices Oven baked beans Rainbow veggie bar Fruit choice* Milk choice*	<b>WG Shrimp Basket</b> Oven baked fries Steamed carrots Cucumber ranch salad Fruit choice* Milk choice*
<b>Chicken Parmesan with WG Pasta</b> Steamed green beans Rainbow veggie bar Fruit choice* Milk choice*	<b>Turkey Ham and Cheese Sandwich on WG Pretzel Bun</b> Romaine lettuce and tomato slices Rainbow veggie bar WG Fritos Fruit choice* Milk choice*	<b>WG French Toast Sticks</b> <b>Chicken Sausage Links</b> Breakfast potatoes Colorful garden peppers Fruit choice* Milk choice*	<b>All Beef Hotdog on WG Bun</b> Vegetarian baked beans Creamy coleslaw Rainbow veggie bar Fruit choice* Milk choice*	

**Cold Sandwich Choices:**

Wheat PBJ Uncrustable (strawberry or grape) or Turkey and Cheese Sandwich on WG bread available daily. All include a fruit choice, a vegetable choice, and a milk.

Salad Choice: Pre-made salads are available daily.

Salad meal includes a fruit choice, a whole grain bread choice, and a milk.

Fruit Choice: At least one fresh fruit and one canned fruit choice will be served.



### Free Meals for All Students

- ◆ **Free Meals** All students enrolled in the school district can receive a free breakfast and a free lunch every day.
- ◆ **Ala Carte items, second meals, and all adult meals will be charged accordingly. Adult and Second meals will be charged \$5.25 per meal. Subject to change based on USDA meal charge guidelines.**
- ◆ **Milk is included in the price of a breakfast and lunch meal. Students who take milk only at meals will be charged \$0.50 per carton. Please know that if your child is bringing lunch from home and ordering milk they will be charged.**

This institution is an equal opportunity provider.