

COMMON CONCERNS IN SCHOOL-AGE CHILDREN

Disease: **Mononucleosis**

Symptoms: Fever, sore throat, swollen lymph glands (neck)

Incubation Period: Probably 2-6 weeks

Usual School Action and Comments on Communicability:

1. Restrict only according to doctor orders.
2. Period of communicability unknown.

Source of Infection and Mode of Transmission: Virus spread by saliva, kissing, sharing drinking glasses.

Note: Children and adolescents should not be given aspirin containing medications unless specifically prescribed by physician. Good hand washing is the best prevention of disease