

## COMMON CONCERNS IN SCHOOL-AGE CHILDREN

*Disease:* **Influenza**

*Symptoms:* Chills, body ache, headache, fever sore throat, followed by cough, running nose and possibly stomach ache.

*Incubation Period:* 24- 72 hours

*Usual School Action and Comments on Communicability:*

- 1.Exclude from school until well, usually 2-7 days. Fever of more than 100 degrees for 24 hours.
2. Use non-aspirin products to treat fever.

*Source of Infection and Mode of Transmission:* Virus spread directly through coughing, sneezing and contact with nose or throat discharges of patient. Possibly airborne.

Note: Children and adolescents should not be given aspirin containing medications unless specifically prescribed by physician. Good hand washing is the best prevention of disease